BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

26 APRIL–2 MAY 2025

TV&Satellite week

NEW

SUSPECT

THE SHOOTING OF JEAN CHARLES DE MENEZES

The true-life drama on the killing that shocked Britain

NEW

GENIUS GAME
David Tennant turns ringmaster

DOCTOR WHO
Slow Horses star **Christopher Chung** in the darkest episode ever

NEW

THE FOUR SEASONS
Tina Fey in a remake of a comedy classic

HotList This week's 28

Saturday 26

Prue Leith's Cotswold Kitchen

***COOKERY** ITV1, 11.40am*

Writer and TV host Ruby Wax joins Dame Prue Leith (above) in her country kitchen to help prepare a warm salad with beef – and a version with tofu. Also on the menu is a traditional Scottish cranachan.

FA Cup semi-final

***FOOTBALL** BBC1, kick-off 5.15pm*

The first of this weekend's semi-final ties staged at Wembley Stadium is Crystal Palace, who have never lifted the trophy in their history, against seven-time winners Aston Villa.

Doctor Who

***SCI-FI** BBC1, 7.20pm*

The TARDIS takes the Doctor and Belinda to a planet where they confront horrors beyond their imagination at a devastated mining colony where there is only one survivor left standing. *See feature, page 6*

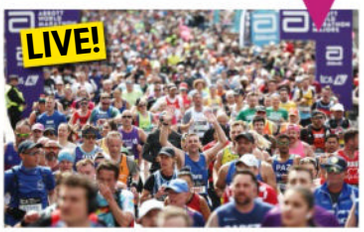
The Assembly

***FACTUAL** ITV1, 10.05pm*

Celebrities are quizzed by a panel who are neurodivergent, autistic or have a learning disability, beginning with former *EastEnders* actor Danny Dyer (above). It's David Tennant's turn on Sunday (10pm).

■ Full listings start on **p35**

Sunday 27



London Marathon

***ATHLETICS** BBC1, 8.30am, & BBC2, 2pm*

The 45th staging of this gruelling race will see elite athletes joined by runners of varying abilities, all of whom will be trying to complete the 26.2-mile course to The Mall. *See Sport Week, page 28*

FA Cup semi-final

***FOOTBALL** ITV1, kick-off 4.30pm*

Wembley Stadium hosts the second semi-final, between surprise high-flyers Nottingham Forest and Manchester City. Pep Guardiola's City have not enjoyed the best of campaigns thus far.

Grace

***CRIME DRAMA** ITV1, 8pm*

Months after dismantling a major drug-smuggling operation, Det Supt Roy Grace (John Simm, above) and his team are all set for their day in court – until a member of the jury fails to show up. *See feature, p7*

Katie Piper: Locked up in Louisiana

***DOCUMENTARY** U&W, 9pm (box set, U)*

The presenter (above, right) journeys to the US for a five-part series, meeting women behind bars in New Orleans. *See Documentaries, page 20*

■ Full listings start on **p45**

Monday 28

Trump: First 100 Days

***DOCUMENTARY** BBC1, 8.30pm (times vary)*

Since his second inauguration in January, US President Donald Trump (above) has rarely been far from controversy – this one-off takes a look at a time of tariffs and Elon Musk.

Hunting the Whisky Bandits

***DOCUMENTARY** BBC2, 9pm (times vary)*

In this one-off documentary, reporter Sam Poling goes undercover to reveal the shadowy world of scammers who are selling fraudulent investments in Scotland's £7 billion whisky industry.

The Essex Millionaire Murders

***DOCUMENTARY** ITV1, 9pm*

A look at the case of Carol and Stephen Baxter, whose 2023 deaths were originally thought to be a tragic accident. Concludes tomorrow. *See Documentaries, page 21*

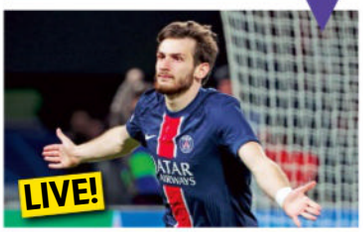
The Honesty Box

***REALITY** E4, 9pm*

Vicky Pattison and Lucinda Light host as singletons are brought together in a romantic paradise where there's £100,000 up for grabs – if the daters are completely honest. Continues to Wed.

■ Full listings start on **p55**

Tuesday 29



Champions League

***FOOTBALL** Prime Video, kick-off 8pm*

It's the opening semi-final's first leg tonight, with the second tie beginning tomorrow on TNT Sports 1 (k-o 8pm). As we went to press, Paris Saint-Germain had secured their slot.

Who Do You Think You Are?

***FACTUAL** BBC1, 9pm*

As the series continues, journalist Mishal Husain (above) travels to Visakhapatnam in India to investigate a rumour that her great-great-grandfather Thomas Quinn was a doctor to a maharaja.

Our Farm Next Door: Amanda, Clive and Kids

***DOCUMENTARY** More4, 9pm*

Follow 'Yorkshire Shepherdess' Amanda Owen, her ex-husband Clive and their nine children during the epic renovation of a dilapidated barn in Swaledale.

Joe Lycett's United States of Birmingham

***FACTUAL** Sky Max & Sky Showcase, 9pm*

The comedian (above, left) continues his whimsical North American road trip in Ohio, the US state that is home to the highest concentration of Birminghams.

■ Full listings start on **p65**

HOW TO ORDER AND ACCESS BACK ISSUES: IF YOU ARE AN ACTIVE SUBSCRIBER, YOU HAVE INSTANT ACCESS TO BACK ISSUES THROUGH YOUR iOS OR ANDROID DEVICES. YOU WILL ONLY BE ABLE TO ACCESS THE DIGITAL BACK ISSUES AS LONG AS YOU ARE AN ACTIVE SUBSCRIBER. TO PURCHASE SINGLE BACK ISSUES (PRINT FORMAT ONLY), VISIT: MAGAZINESDIRECT.COM (CLICK ON 'SINGLE ISSUES' TAB), OR EMAIL: HELP@MAGAZINESDIRECT.COM. MAGAZINESDIRECT.COM IS OWNED AND OPERATED BY FUTURE PUBLISHING LIMITED

Facebook.com/TVSatelliteWeekMagazine

best shows

NEW SUBSCRIPTION OFFER
GET SIX ISSUES FOR £1!
Visit tvsatsubs.co.uk/D67K

26 APRIL–2 MAY 2025

4 Cover story
Disney+'s hard-hitting true-life drama *Suspect: The Shooting of Jean Charles de Menezes*

6 TV Week
Rose Ayling-Ellis guest-stars in *Doctor Who*, it's the finale of *Grace*, Martin Clunes' new travelogue, action thriller *Cleaner*, and the return of *Taskmaster*

9 Soap Diary
This week's top stories

14 Your Watchlist
Comedy series *The Four Seasons*

20 Documentaries
Featuring *Katie Piper: Locked up in Louisiana* and *The Essex Millionaire Murders*

22 Films
Including Anna Kendrick comic thriller *Another Simple Favour*

28 Sport
The London Marathon

35 TV guide
Day-by-day TV listings

105 Kids' TV, Puzzle

106 Coming Soon

ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: DISNEY+, ITV, BBC, COURTESY OF NETFLIX. HOTLIST WORDS: JAMES AVANN, IAN FARRINGTON. HOTLIST PHOTOS: DISNEY+, GETTY

Wednesday 30

Suspect: The Shooting of Jean Charles de Menezes

***DRAMA** Disney+*

A harrowing four-parter telling the tragic story of the innocent Brazilian who was shot dead by police two weeks after the 7/7 bombings in 2005. *See feature, p4*

Carême

***DRAMA** Apple TV+*

This racy French-language period piece tells the story of Antonin Carême (played by Benjamin Voisin), the world's first celeb chef, who revolutionised cooking in the 19th century. *See Your Watchlist, page 17*

The Eternaut

***SCI-FI** Netflix*

This six-parter from Argentina is set following a summer's night in Buenos Aires when a mysterious, deadly snowfall kills most of the population – the opening salvo of an alien invasion. *See Your Watchlist, p16*

Genius Game

***GAME SHOW** ITV1, 9pm*

Actor David Tennant (above) challenges some of the country's most brilliant minds to take part in a series of games designed to test their intellectual acumen. Continues tomorrow. *See feature, p12*

■ Full listings start on **p75**

Thursday 1

The Four Seasons

***COMEDY** Netflix*

Based on the 1981 film, this eight-parter starring Tina Fey and Steve Carell follows the unravelling of a trio of married couples – after one of them announces plans for a divorce. *See Your Watchlist, page 14*

Another Simple Favour

***THRILLER** Prime Video*

Anna Kendrick and Blake Lively (both above) are back as vlogger Stephanie and schemer Emily. Ex-jailbird Emily asks Stephanie to be her maid of honour in Italy – but is it all a ruse? *See review, p22*

VE Day 80: We Were There

***DOCUMENTARY** BBC2, 9pm*

A special tribute marking the 80th anniversary of VE Day, when the European hostilities of World War Two were formally called to an end. Veterans share their memories of the celebrations.

Taskmaster

***ENTERTAINMENT** C4, 9pm*

Alex Horne sets tasks for podcaster Rosie Ramsey, actors Jason Mantzoukas and Mathew Baynton, and comedians Fatiha El-Ghorri and Stevie Martin. Greg Davies sits in judgement. *See feature, page 12*

■ Full listings start on **p85**

Friday 2

Cleaner

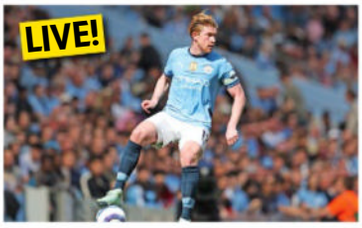
***THRILLER** Sky Premiere, 12.30pm & 8pm*

When activists take 300 people hostage, it's left to a former soldier turned window cleaner (Daisy Ridley, above) to save the day. Co-starring Clive Owen. *See feature, page 11, & review, page 23*

Beyond Paradise

***CRIME DRAMA** BBC1, 8pm*

As the latest run concludes, a nurse goes missing – could the local legend of a mound called Devil's Hump provide a clue? Meanwhile, Humphrey and Martha's happiness is under threat...



Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League, k-o 8pm*

This Friday-night top-flight encounter at the Etihad Stadium sees top-four chasing Manchester City host Wolverhampton Wanderers.

Martin Clunes' Islands of the Atlantic

***TRAVELOGUE** ITV1, 9pm (box set, ITVX)*

The *Doc Martin* actor (above) embarks upon on a three-part island-hopping adventure, which begins in São Tomé and Príncipe in West Africa. *See feature, p8*

■ Full listings start on **p95**

DON'T MISS AN ISSUE!
Download a digital issue to your tablet or phone
Available on iPad, iPhone and Android devices
You can also subscribe to the magazine at magazinesdirect.com

Mistaken identity

A true-life drama explores the shocking **police shooting of an innocent man**

NEW FROM Disney+

NEW DRAMA

Suspect: The Shooting of Jean Charles de Menezes

From Wednesday 30 April, Disney+

On 22 July 2005, at Stockwell Underground station in London, the police shot dead Brazilian electrician Jean Charles de Menezes after they wrongly believed he was a terrorist.

Now, two decades on, Disney+'s powerful factual drama *Suspect: The Shooting of Jean Charles de Menezes*, penned by Jeff Pope (*The Reckoning*), explores the lead-up to the death of the innocent 27-year-old and the complex aftermath of the police's terrible blunder.

'My initial thought was that it was a tragic accident. However, as I dug into it, I realised how much I had swallowed disinformation,' reveals Pope, 63, who was able to speak to de Menezes' family and key figures involved with the case.

'The surveillance operation that ended in Jean Charles' death was poorly executed and there was obfuscation and denial by the Met. The drama reveals what happened. This is a series about the truth.'

James Nelson-Joyce and Tom Durant Pritchard co-star as firearms officers

Edison Alcaide as de Menezes

Conleth Hill as Sir Ian Blair

MANHUNT

As the four-parter begins, the force, led by Metropolitan Police Commissioner Sir Ian Blair (Conleth Hill), investigates the 7/7 suicide bombings. Then, two weeks later, on 21 July, another terrorist cell carries out failed attacks on the capital's transport network and the perpetrators go on the run.

As the police instigate a manhunt, they are led to a block of flats in south London, where de Menezes (Edison Alcaide) lives. But the surveillance team, led from the control room by Commander Cressida Dick (Emily Mortimer), mistakes him for a suspect and firearms officers follow him to the Tube and shoot him.

'Cressida Dick is leading the mission to track down terrorists on the loose who could kill more people. It's terrifying,' explains Mortimer, 53. 'The pressure was on her and her team, and a lot went wrong. You feel the horror of what happened. It's an awful mistake. However, the series presents everything as truthfully and objectively as possible.'

In the wake of the shooting, the press is awash with claims that de Menezes was acting suspiciously, wearing bulky clothes and vaulted over the Tube turnstiles as he was being chased by the police – all of which turned out to be false. Meanwhile, Blair has questions to answer as the Met faces scrutiny over the tragedy.

WHISTLE-BLOWER

'I remember at the time taking the eyewitness accounts as gospel because why would I doubt it if it was coming through respected news outlets?' says *Game of Thrones* favourite Hill, 60. 'This series addresses how easy it was to jump to conclusions and the confusion that followed.'

The truth gradually starts to emerge when Lana Vandenberghe (Laura Aikman), a secretary at the Independent Police Complaints Commission (IPCC), turns whistle-blower and takes documents to a source at ITN.

Meanwhile, Deputy Assistant Commissioner Brian Paddick (Russell Tovey) is unhappy with the Met's handling of the case and what the public is being told and tries to shed light on what happened.

'Brian's written a brilliant book,' reveals Tovey, 43, who also met Paddick to prepare for the role. 'And he was open with me. It was amazing to understand his pursuit of the truth, and how he put his neck on the line and risked his career. I think that's admirable.'

Now, Tovey hopes that the drama will bring fresh attention to the case and justice for de Menezes and his family.

'Making shows like this holds people accountable,' he reflects. '*Mr Bates Vs The Post Office* has had incredible public support, pushing for people to get the compensation owed to them. I think this project will follow a similar process. It highlights the society we live in, and what the public is willing to accept.'

WORDS: CAREN CLARK. PHOTOS: ©2025 DISNEY & ITS RELATED ENTITIES

Jean Charles de Menezes
Edison Alcaide
The innocent Brazilian is fatally shot by the police, who incorrectly think he was involved with the failed 21/7 bombings.

WHO'S WHO

Sir Ian Blair
Conleth Hill

After the attacks, the Met Commissioner handles the force's response, but the shooting puts him under further pressure.

Andy Hayman
Max Beesley

The Assistant Commissioner reports to Sir Ian Blair and leads the investigation into the attacks.

Brian Paddick
Russell Tovey

A Deputy Assistant Commissioner, he is unsettled by the Met's response to the tragedy.

Cressida Dick
Emily Mortimer

The Commander is the Designated Senior Officer in charge of the surveillance operation on the day of the shooting.

Cliff Todd
Daniel Mays

The principal forensics investigator must establish what happened during the bombings.

Lana Vandenberghe
Laura Aikman

A secretary at the IPCC, the whistle-blower shares information about the shooting with ITN.

Michael Mansfield
Alex Jennings

The de Menezes family lawyer tries to get answers at the 2008 inquest into the death.

The Doctor (Ncuti Gatwa)

Belinda (Varada Sethu, centre) flanked by armed troopers

Firing squad

A **terrifying threat awaits the Doctor and Belinda** on a distant mining planet

SCI-FI

Doctor Who

Saturday, 7.20pm, BBC1

After last week's wonderfully bright and colourful trip to 1950s Miami, a very different world awaits the Doctor (Ncuti Gatwa) and Belinda (Varada Sethu) as they arrive on an embattled industrial planet far in the future in this week's episode, *The Well*.

As the pair get to grips with their new environment, they discover that there is only one survivor remaining in a former mining colony. Naturally, the Doctor is curious as to what happened to leave the place so ravaged – but the truth will lead them to the most terrifying foe that they have faced together so far.

The guest cast for the episode includes Christopher Chung (*Slow Horses*) as Cassio, plus former *EastEnders* star and 2021 *Strictly Come Dancing* champion Rose Ayling-Ellis as Aliss.

'Aliss is a determined mother, desperate to find her daughter,' reveals Ayling-Ellis. 'She is emotional, scared and barely holding it together. She's raw and real. I've always wanted to be part of this show, and to land a complex, layered character like Aliss made it even more exciting.'

The character of Aliss uses British Sign Language (BSL) in the episode, and Gatwa was excited to have the chance to get to grips with a new language during filming.

NEW FRONTIERS

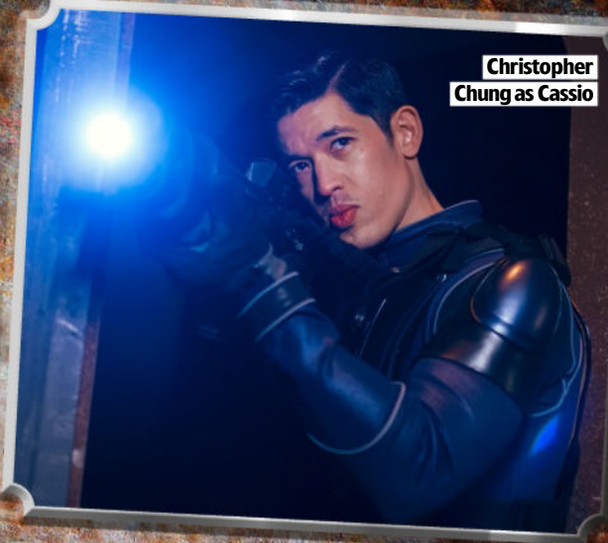
'Rose delivers such an amazing performance,' he says. 'It was really amazing to learn BSL. I feel like we should all learn it.'

Written by showrunner Russell T. Davies and *Doctor Who* newcomer Sharma Angel-Walfall (previously a writer on Sky comedy *Dreamland*), the episode has the classic Whoniverse mixture of adventure and terror, as well as some big shocks.

'Fans can expect to be wowed,' promises Angel-Walfall. 'There's an element of fear in there, and it's got that scary, edge-of-your-seat vibe. It's also got a lot of heart, warmth and beautiful characters. I was going into a world

The Doctor and Belinda suit up

WORDS: STEVEN PERKINS; SEAN MARLAND. PHOTOS: ADOBE STOCK, BBC, ITV


Christopher Chung as Cassio

Rose Ayling-Ellis plays Aliss

The mysterious mining team

I haven't done before, so I got to stretch my legs as a writer. It was all so brilliant.'

For Chung, meanwhile, the opportunity to appear in *Doctor Who* meant finally fulfilling a long-held ambition.

'It's absolutely mind-blowing to be in something as iconic as *Doctor Who*,' he says. 'Cassio is a trooper who follows the rules and does things by the book, but when the Doctor challenges that, he finds it difficult.

'The sets are mind-blowing, too, with the amount of detail that has gone into them – there is no reason why you wouldn't think you're in that space.'

The cast also includes *Industry*'s Caoilfhionn Dunne, who plays Shaya. As a long-time fan of *Doctor Who*, Dunne says she was more thrilled than anyone to land a role on the show – although she admits she didn't make the most of the opportunity.

'It's a very intense, thrilling episode. Shaya is very professional, almost to her detriment, but a good person under all of that,' she reveals. 'It was a dream come true to be on the show – I didn't go on the TARDIS, though. I saw the inside, but I didn't want to go on it. It's a weird thing. As a fan, it's almost like you have to earn your place to go on the TARDIS!'

John Simm as Roy Grace

Det Supt Grace has a **crisis of confidence** in the season finale

Played for a FOOL

LAST ONE **CRIME DRAMA**

Grace

Sunday, 8pm, ITV1

Detective Superintendent Roy Grace is still reeling as news of Cassian Pewe's betrayal sends shock waves through East Sussex Police in this week's season finale of ITV1 crime drama *Grace*.

Not only did the former Assistant Chief Constable (played by Sam Hoare) kill mental-health guru Hannah Belling in cold blood, but he did so on the orders of Benchdale, the organised-crime gang with a vice-like grip on Brighton.

Cassian Pewe (Sam Hoare)

SELF-DOUBT

Now, as the full scale of Pewe's crimes becomes apparent, Grace starts to ask himself why he didn't realise what his boss was up to...

'Grace really beats himself up over it,' says John Simm, who plays him. 'The one thing he is proud of is his ability to be a really good detective, and it's humiliating that something this big happened right under his nose, and he didn't realise.

'It was happening in front of the whole team and nobody picked up on it, so they all try to tell him it's not his fault. But Grace is such a perfectionist, and he's so good at his job, so something like this comes as a real blow.'

COURT DRAMA

Meanwhile, as Grace picks through the debris of Pewe's betrayal, he finds himself at the centre of a court case involving Terrence Maxwell (Shaun Dooley), a successful lawyer who's accused of being the head of a drug-smuggling empire.

When a key witness unexpectedly fails to show up for court, Grace is convinced that Maxwell is trying to destabilise the case and that he must have a fixer on the outside. Grace and his team begin an investigation that's more complicated than it first seems – before Pewe makes another startling confession...

'*Grace* is much darker than some other crime dramas simply because it has to be – it's a modern-day police procedural set in a vibrant city,' explains Simm, 54. 'The crimes are often horrible, and we're dealing with darker elements – and that's why I like it.'

Treasure islands

Martin Clunes explores the stunning isles of the Atlantic Ocean

WORDS: CAREN CLARK, ALISON SLADE. PHOTOS: ALAMY, BBC, GETTY, ITV

NEW TRAVELOGUE

Martin Clunes' Islands of the Atlantic

Friday, 9pm, ITV1 (box set, ITVX)

From tropical paradises on the equator to the ice sheets of Greenland, the Atlantic Ocean contains an extraordinary variety of land masses.

Now, in ITV1's three-part travelogue *Islands of the Atlantic*, Martin Clunes is showcasing the culture, history, landscape and wildlife of a range of isles across the ocean's 30 million square miles.

'I didn't know what to expect. Atlantic islands might feel less exotic because we've got an Atlantic coast ourselves, but they're all so different,' says Clunes, who has previously profiled the islands of Britain, Australia, America and the Pacific.

Here, Clunes, 63, talks us through his Atlantic adventure…

Clunes sampling drinks on São Tomé and (right) a giant Obô snail

EPISODE ONE
WEST AFRICA

'Tucked under that bulge on the left of Africa are all sorts of places,' says Clunes, who visited the island of São Tomé, where he sampled palm wine and encountered giant Obô snails, whose shells can grow to the size of a croissant.

On Príncipe, he discovered how locals are running out of sand to build with, so they're crushing up old glass bottles to use as construction material. He also visited the Bijagós Islands, a matriarchal society, where women choose their husbands and make most of the important decisions.

'The women are the bosses,' says Clunes. 'We met a priestess, and we watched an amazing tribal ritual in the middle of the forest, lit by firelight.'

A tea plantation on São Miguel Island in the Azores

EPISODE THREE
FAROE ISLANDS AND GREENLAND

Travelling to the North Atlantic, Clunes arrived on the Faroe Islands, where he learnt about its tradition of harvesting seabirds, including puffins, for food. He also went diving for horse mussels.

'On the Faroes, it's all about finding food, and you have to be resourceful,' he says.

The series ends with a trip to Greenland, which, like the Faroe Islands, is politically associated with the Kingdom of Denmark.

'It was mind-blowing. I took some time-lapse footage overnight and it was beautiful watching the moon fly through the sky,' says Clunes. 'I also saw how the glaciers break apart. My guide even stopped the boat and got ice that was thousands of years old out of the water and we all drank whisky with it.'

Knud Rasmussen Glacier in Greenland

A puffin on the Faroe Islands

EPISODE TWO
MADEIRA AND THE AZORES

On the island of Madeira, Clunes visited a flower festival and a vineyard that makes Madeira wine, and also took part in a rally-car race, assisting the driver by navigating.

'That was a laugh – every gear change was like a G-force,' he grins. 'I was fascinated by the north of Madeira, which is rocky and hard to get around, but they have built levadas, or canals [for irrigation], that are centuries old and still capture the water falling in the mountains and carry it to the crop fields.'

Moving on to the archipelago of the Azores, Clunes visited a tea plantation, saw sperm whales (above), and joined a crew to go racing in old whaling boats. 'It was a blast until I broke my oar!' he says.

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Daisy has revenge on her mind

CORONATION STREET

Daisy exits Weatherfield – leaving destruction in her wake...

» **Pint-puller Daisy** has teamed up with manipulative mum Christina to con Jenny out of her £60K windfall, and it seems all is going to plan when Jenny ploughs her money into new love interest 'Dom's' business.

But Daniel smells a rat when he catches his girlfriend's mum with two phones – one of them being the burner phone Christina has used to 'catfish' Jenny. Aware that he won't support their underhand scheme, Daisy calls time on their relationship.

Meanwhile, Daisy then has the mother of all wake-up calls when she discovers Christina is trying to cut her out of their deal. Furious that she has been betrayed yet again, she sets her mind to getting even.

As a fundraiser later takes place at the Rovers for dying Julie, Daisy finds Jenny in the back room in a panic – it looks like Christina has done her worst. But there's a twist, and as the week draws to a close, Daisy scarpers, leaving some very angry people behind. Has Ms Midgeley had the last laugh?

Scheming mum Christina

» **PLUS** Debbie is diagnosed with dementia, Carl makes a pass at Abi, Eileen is disappointed in George, Betsy pushes Carla to her limits, Gary has big ambitions, and Lauren tells Bobby that she's getting threatening text messages.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» Teddy (above) takes control after learning of Shireen's death, Avani gets bad news about her police complaint, Harry arranges a date with Gina, Johnny wants a relationship with Felix, and Joel has some troubling advice for Tommy.

EMMERDALE

» Cain (above right) vows to track down Nate, Caleb and Ruby try to stop Steph having cosmetic surgery, Sarah wants a baby, Chas and Liam discover Ella has an alibi for his attack, and Billy feels guilty when Evan takes a turn for the worse.

“It was when Iris lost interest in her favourite TV programmes.”

Norman, 82

Iris and I were married in 1963, she was 18 and I was 20. In those days we had to have written permission as we were under 21. We had 57 wonderful years together until...

It started with small things. Being forgetful. Losing interest in her favourite TV programmes. She wouldn't let me out of her sight. When she was diagnosed with Alzheimer's, I was completely and utterly devastated.

But when we were introduced to Alzheimer's Society, life became more manageable. We went on weekly excursions and took part in their Singing for the Brain sessions. We met some wonderful, understanding people who supported us. I can only describe them as angels.

After my beautiful Iris died, I decided to leave a gift in my Will to Alzheimer's Society. It gives me real comfort knowing that it will help her memory live on, and fund research that can beat dementia for good.

You can leave your own gift, and together, we can stop dementia devastating lives.

Join me and leave a gift in your Will to Alzheimer's Society.

Your gift will help end the devastation caused by dementia.

Order your FREE Will guide today:

Visit alzheimers.org.uk/willguide

Call 0800 472 5264

Return the coupon below

Scan this QR code

Alzheimer's Society

☐ **Please send me my free guide to leaving a gift in my Will**

Title First name Last name

Address

Postcode

Email Phone

Post in your own envelope to: 'FREEPOST ALZ SOC WILL GUIDE'
You do not need a stamp or any other address details.

We'd love to send you updates on our life-changing services and research, as well as our fundraising, campaigning and volunteering activities. Please tick below to let us know you're happy for us to stay in touch.

☐ **By email** ☐ **By phone**

☐ **Please don't contact me via post**

We will never sell your details to any third parties, please see **alzheimers.org.uk/privacy** for more information. If you'd like to change what you receive from us at any time, please call Supporter Care on **0330 333 0804**

Registered with FUNDRAISING REGULATOR

Registered charity no. 296645. Alzheimer's Society operates in England, Wales and Northern Ireland.

LGPRAQ425V

Daisy Ridley as Joey

Hangin' tough

Daisy Ridley battles ecoterrorists in a *Die Hard*-style thriller

NEW THRILLER

Cleaner

Fri, 12.30pm & 8pm, Sky Premiere

Cleaning the windows of a towering skyscraper is not a job for the faint-hearted. Yet when we first meet action hero Joey (Daisy Ridley) in new movie *Cleaner*, her military background means that she's unfazed by the prospect of dangling off the side of a building at a dizzying height.

But when ecoterrorists occupy the high-rise block, taking the employees of an energy company hostage, Joey finds her working day is going to be considerably more challenging than usual – especially since she's also babysitting her autistic brother Michael (Matthew Tuck).

Led by Marcus (Clive Owen), eco-group Earth Revolution is planning to reveal how fossil-fuel company Agnian Energy is contributing to climate change.

LOOSE CANNON

However, the operation is hijacked by Noah (Taz Skylar), Joey's window-cleaning partner, who turns out to be a dangerous ecoterrorist with his own, more radical agenda. As events spiral out of control, it's down to Joey to save the day…

'My character Joey is unapologetic, complicated and flawed, but also very fun,' says Ridley, who's best known for playing Rey in the Star Wars sequel trilogy. 'She loves her brother and wants to make things right for him, in among trying to save other people.'

Taz Skylar (centre) plays Noah

Ridley with Matthew Tuck

The movie, which has drawn comparisons with action classic *Die Hard*, is helmed by *GoldenEye* director Martin Campbell, who previously worked with Owen on 2003 aid-worker drama *Beyond Borders*.

'For this kind of movie, there is nobody better than Martin because he is super-experienced with action,' explains Owen. 'There is a ticking clock throughout this movie and, from the minute it starts, there's an energy and a drive. It's high stakes, intense and fast, and Martin is one of the most experienced at doing that.'

For Skylar, the role of ecoterrorist Noah was a welcome chance for him to take a deep dive into an unpredictable, ruthless character.

'Noah is an activist who is willing to go to very extreme lengths,' he reveals. 'When I was filming my scenes, it was all about trying to contain myself from going over the top just for the sake of it. That would have been a very easy thing to do.

'But Noah was so fun for me to play because you don't really get characters that are as juicy and openly volatile as him any more.'

● *See review, page 23*

WORDS: IAN MACEWAN. PHOTOS: SKY

Look Who's Back...

A familiar face appearing in a new show this week

Danny Dyer

NEW The Assembly

Sat, 10.05pm, & Sun, 10pm, ITV1

After starring in movies *Mean Machine* and *The Football Factory*, Danny Dyer joined *EastEnders* in 2013 as The Queen Vic's new landlord Mick Carter (inset), who he played until 2022. He's presented BBC game show *The Wall* and last year starred in Sky Max comedy *Mr. Bigstuff* and Disney+'s racy adaptation of Dame Jilly Cooper's *Rivals*. He'll next team up with daughter Dani to transform a holiday park for Sky reality show *The Dyers' Caravan Park*.

HIS NEW SHOW

On Saturday, Dyer is quizzed by autistic, neurodivergent and/or learning-disabled interviewers as part of four-part series *The Assembly*. He's followed by actor David Tennant on Sunday, while later interviewees are former footballer/presenter Gary Lineker and singer Jade Thirlwall. 'This was probably the most open and honest interview I've ever given,' says Dyer, 47, who is grilled on his working-class background among other topics. 'It was very emotional for me.'

Dyer gets grilled in *The Assembly*

MIND games

David Tennant hosts a challenge show for the UK's sharpest brains

NEW GAME SHOW

Genius Game

Wed & Thu, 9pm, ITV1

As one of the busiest actors and presenters around, it's no surprise that David Tennant turns up on our TV screens twice this week.

The former *Doctor Who* star is the second guest to be quizzed by a neurodivergent audience in the innovative interview show *The Assembly* on Sunday (see panel, left) before he takes the reins of brand-new challenge series *Genius Game* on Wednesday and Thursday.

The reality game show is based on a hit original series from South Korea, and sees Tennant in the role of The Creator, who appears in the studio via a large screen to guide the contestants and explain the rules of each uniquely crafted challenge.

STRATEGICALLY MINDED

Among the 11 super-bright contestants taking part across the eight-part run are a forensic scientist, a university professor, a crime writer, a business graduate and a trainee doctor – with contestants going head-to-head in tests

Greg Davies (top) and Alex Horne (right) task (from left) Ramsey, Mantzoukas, El-Ghorri, Baynton and Martin

High spirits

Ghosts' **Mathew Baynton** takes on Greg Davies' Taskmaster

NEW ENTERTAINMENT

Taskmaster

Thursday, 9pm, C4

Five more famous faces from the world of comedy accept the cheeky challenges set by Greg Davies and Alex Horne as *Taskmaster* returns this week.

The show's 19th outing sees *Brooklyn Nine-Nine*'s Jason Mantzoukas taking on Mathew Baynton, Fatiha El-Ghorri, Rosie Ramsey and Stevie Martin as they try to win the shiny golden replica of Davies' head. But which of them will show enough creativity and cunning to come out on top?

TV&Satellite Week caught up with *Ghosts* star Baynton, 44, to find out how he got on...

Did you need any persuading to sign up for *Taskmaster*? I had a

WORDS: TESS LAMACRAFT, RICHARD MCCLURE, STEVEN PERKINS, VICTORIA WILSON, CHLOE THOMAS-EVANS. PHOTOS: BBC, C4, ITV, SKY, HBO, NBC

of teamwork and deception.

'All of the players have exceptional qualities', explains Tennant, 54. 'The mind-bending games require lateral thinking and also the power of persuasion as well as intelligence.'

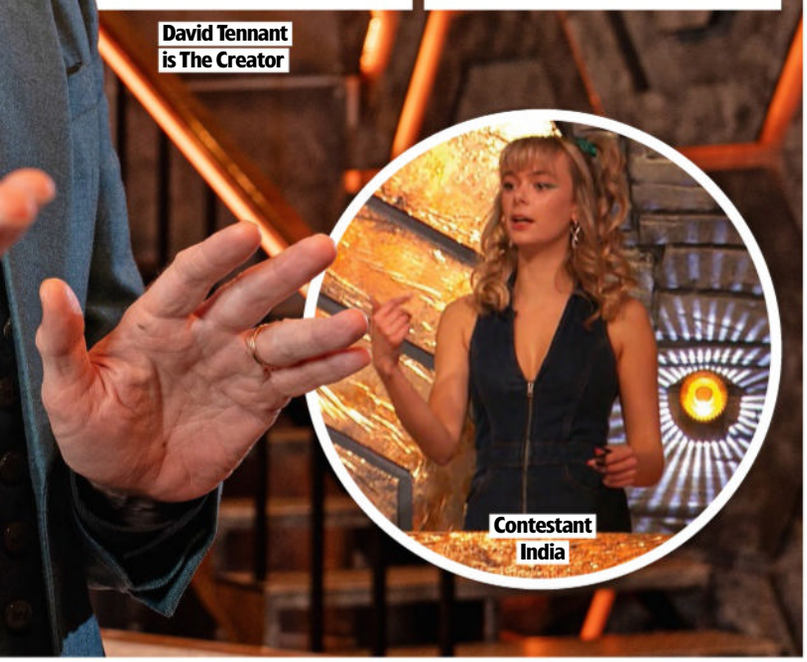
Each episode sees the contestants take part in a group game. The person who gets the lowest score is challenged to a 'Death Match' and must pick a fellow contestant as their opponent. The loser of the Death Match is then ejected from the competition, with the ultimate winner walking away with a big cash prize.

The first group game, Gold Heist, challenges the players to steal from one of three vaults. Vault A contains £1 million, Vault B contains three gold bars, each worth £3 million, and Vault C contains one gold crown worth £10 million.

BATTLE OF SURVIVAL

'They must tactically decide who is going to steal what in order to win the game. So as well as testing their intellectual acumen, the games encourage them to use the art of manipulation to get other players onside,' explains Tennant.

'Every player is brilliantly smart and tactical but they need to work with each other in order to win. Alliances will be built and broken, friendships forged and destroyed – because only one genius can leave victorious.'



David Tennant is The Creator

Contestant India

brief wobble, because I've never really said yes to doing things as myself. I asked if I could think about it for a day or two, then I texted [Series 13 contestant] Bridget Christie. She replied almost immediately, saying, 'You're crazy to even consider saying no – you'll have a great time.'

Are you a competitive person? I would describe myself as pretty competitive but not a bad loser. I'm the youngest of three boys, so I grew up in a competitive environment – but I did lose a lot, so I'm used to it!

What inspired your task outfit? I decided on approaching it like I was in the Olympics – if I'm going to make a fool of myself, it's funnier if it looks like I'm taking it seriously in a sporting way. I took the lazy route of letting the producers source it, and when I turned up for filming, the vest was really big, and the shorts were really short, so it was even more silly and undignified than I bargained for.

Were you pleased with your performance? In my mind, most of it was a disaster, but some of the disasters turned out to be fine. I enjoyed being in the studio and watching our efforts back – and seeing all the chaos that Jason caused!

Mathew Baynton in his task outfit

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Man like Mobeen

Thursday, 9pm & 9.20pm, BBC3 (box set, BBC iPlayer)

After Mobeen survived being stabbed in the prison riot, Guz Khan (above) is back as the former drug dealer in the fifth and final season of the comedy. On a mission to save his sister Aqsa (Dúaa Karim) from villainous Uncle Khan (Art Malik) in the United Arab Emirates, Mobeen is desperate to get a passport but ends up involved with an Irish gangster and the Turkish Mafia. Can he save his sister?

Brett Goldstein: The Second Best Night of Your Life

Sunday, 9pm, Sky Comedy & Sky Showcase

A stand-up special from Emmy-winning star Brett Goldstein (left), who played Roy Kent in hit comedy *Ted Lasso* and who also co-created *Shrinking*. Filmed in front of a live audience in New Jersey, his comedy routine riffs on what it's like to be a Brit living in America, his sex life, toxic masculinity as well as his appearance on *Sesame Street*.

Beyond Paradise

Friday, 8pm, BBC1

As the current series signs off, a petty criminal asks DI Humphrey Goodman (Kris Marshall, left) for help when his girlfriend goes missing. Meanwhile, Humphrey and Martha are preparing a birthday party for their foster daughter, Rosie. It's a huge success, but they're reminded of how quickly things can change when Martha gets an unexpected phone call.

Chicago Fire

Friday, 9pm, Sky Witness

As the series returns, Firehouse 51 chief Wallace Boden is replaced by tough-talking Dom Pascal (Dermot Mulroney, left), only for the newcomer to cause tension within the team. *Chicago Med* and *Chicago PD* also return to Sky Witness on Friday (8pm & 10pm), with the action-packed shows set for crossover episodes later in the run as a catastrophic gas explosion threatens the city.

Nick and Anne (top), Kate and Jack (centre) and Danny and Claude (bottom)

Broken bonds

A messy divorce tests a group of friends in a holiday romcom starring **Steve Carell and Tina Fey**

NETFLIX The Four Seasons

NEW *Available: Thursday 1 May*
Genre: Comedy Season: 1 Episodes: 8

A decades-long friendship between three married couples spirals into comedy chaos when Nick (Steve Carell) announces he's divorcing his wife Anne while on a spring holiday with their best pals to celebrate their 25th wedding anniversary.

Based on Alan Alda's 1981 big-screen romcom of the same name, *The Four Seasons* follows the old friends as they continue their regular seasonal holidays together, but now with Nick's 20-something girlfriend Ginny (Erika Henningsen) in tow.

Yet Ginny's awkward presence soon shifts the whole group dynamic, bringing old issues to the surface and forcing the pals to re-evaluate their marriages and friendships.

'If you've never seen the original movie, it has a very simple premise. It follows a group of old friends – three couples – over four vacations,' explains Tina Fey, who plays Nick and Anne's friend Kate and also co-created the series with the team behind *30 Rock*.

'We never see them at home, we never see them at work. We just see how their lives change over a year by hanging out with them on vacation.

RUFFLING FEATHERS

'With Alan Alda's permission, we've taken his movie and built it out into an eight-episode comedy series. It's like a love letter to long-term relationships, both platonic and romantic. I hope audiences feel like they're inside a big sweater with us, and that we provide some laughs for them in their home.'

Boasting a line-up full of American comedy talent, the show also stars Will Forte as Kate's husband Jack, and Colman Domingo and Marco Calvani as married gay couple Danny and Claude.

However, as spring turns to summer and autumn, and Anne (Kerri Kenney-Silver) unravels in the wake of her divorce, each couple finds themselves tested by Nick and Ginny's passionate new relationship, which seems to hold a mirror up to everything lacking in their own.

What follows is a series of hilarious holiday escapades as Ginny encourages a smitten Nick to try new things like paddleboarding and yoga, while Danny attempts to escape Claude's suffocating over-attentiveness, and Jack awkwardly tries to appear cool in front of Ginny, much to Kate's annoyance.

'Nick believes that dating somebody younger gives him a new lease of life,' says Carell. 'He knows the optics of it. He knows he looks ridiculous at times and he knows all the things everybody is saying behind his back – but he doesn't care, because it's too much fun and too invigorating. But there's also a price to pay within all of that self-discovery and joy.'

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX Pulse

Genre: Drama Season: 1 Eps: 10

Set in the busy emergency room of the fictional Maguire Hospital in Miami, Netflix's medical drama takes a leaf out of *Grey's Anatomy*'s book, mixing medical emergencies with the staff's personal troubles. It centres on the complicated relationship between third-year resident Danny Simms (Willa Fitzgerald) and her popular boss Xander Phillips (Colin Woodell, pictured with Fitzgerald). He has been suspended after she made a complaint against him but is called back to help out when a hurricane heads towards the city. Flashbacks reveal what happened between the pair.

NETFLIX Gone Girls: The Long Island Serial Killer

Genre: Documentary
Season: 1 Episodes: 3

The shocking story of how long it took for detectives to realise a serial killer was responsible for the disappearance of sex workers on Long Island.

Paramount+ MobLand

Genre: Drama
Season: 1 Episodes: 10 (released weekly)

Tom Hardy (right) gives a standout performance in a gritty gangland drama as the fixer for a crime family – headed by Conrad Harrigan (Pierce Brosnan) – who go to war with a rival family.

Now in production...

Three upcoming shows to look out for soon

NETFLIX Pride and Prejudice

Emma Corrin (above) will play spirited Elizabeth Bennet alongside Jack Lowden as brooding Mr Darcy in Netflix's six-part adaptation of Jane Austen's classic romantic novel. Olivia Colman will portray Elizabeth's match-making mother.

prime Birmingham City project

Prime Video's as-yet-untitled documentary, airing this summer and executive-produced by *Peaky Blinders* creator Steven Knight (above), will follow Birmingham City from pre-season to their promotion into the EFL Championship.

Disney+ Percy Jackson and the Olympians

A third run of Disney+'s fantasy drama, which will be based on Rick Riordan's novel *The Titan's Curse*, follows the titular young demigod (Walker Scobell, above) in an epic new adventure. The second season will air in December.

WORDS: HANNAH DAVIES, JUDY EWENS. PHOTOS: GETTY; NETFLIX; PARAMOUNT+

Kyle Soller plays Syril

Diego Luna as Cassian

SECRET Syril

Will Empire loyalist Syril Karn **get revenge** on Cassian?

Andor

Available: Wednesday 30 April
Genre: Sci-fi Season: 2 Episodes: 4-6

As space saga *Andor* continues, this week's triple bill of episodes sees the action jump forward a year – with Syril Karn now in charge at the Imperial Bureau of Standards on the planet Ghorman, which has become central to the Empire's secret plans to construct the Death Star.

A rare mineral, calcite, has been found there, and it can provide the abundant energy needed to fuel the planetary weapon. But extracting it could cause Ghorman to collapse.

Syril is heading up the Bureau's field office, but it means working away from his now wife Dedra Meero (Denise Gough), who is still the Empire's leading security supervisor back in Coruscant. Unlike Syril, Dedra knows the Empire's bigger plan to mine for calcite and also to crush opposition on Ghorman.

'Syril is always conflicted – he doesn't sleep at night,' reveals *Poldark* actor Kyle Soller, who plays him. 'His failings as a social person, in work and in family life, create this really unhealthy desire in him for recognition, power, control and order. He saw that he could succeed within the Empire using such skills and is moving up the ladder.

'His relationship with Dedra gets more complex, all due to Syril taking this new position away from her. Things are going well work-wise after his promotion. People are starting to listen to him and he's now got a bit of stature and station. While he hasn't lost any of that deep well of insecurity, his commitment to the Empire is even more severe.'

FACT-FINDING MISSION

Meanwhile, space outlaw Cassian Andor (Diego Luna) is asked by rebel leader Luthen Rael (Stellan Skarsgård) to head for Ghorman to uncover what might be going on there. As Cassian arrives, posing as a fashion designer to work with the planet's famous fabric-makers, will he cross paths with Syril again, who he humiliated during the rebellion on Ferrix in Season 1?

'The humiliation that Syril experienced on Ferrix is the thing that's driving him in Season 2,' says Soller. 'He sees Cassian as the reason anything goes wrong in his life – and he'd do anything to get at Cassian.'

Denise Gough (centre) as Dedra

Ricardo Darín as Juan Salvo

Powder KEG

A **mysterious, deadly snowfall lays waste** to Buenos Aires...

The Eternaut

NEW

Available: Wednesday 30 April
Genre: Sci-fi Season: 1 Episodes: 6

Based on a 1957 comic book, Argentinian survival thriller *The Eternaut* follows Juan Salvo (Ricardo Darín) as he hunts for his daughter against a backdrop of societal breakdown.

In the opening episode, Juan is enjoying a game of cards with friends on a sweltering evening when they're interrupted by a power cut, seemingly caused by a sudden snowstorm. But as people outside start falling down dead, they quickly realise that this is more than a freak weather incident.

SNOWBOUND SURVIVORS

'It's the height of summer, but Buenos Aires is covered by this snowfall that kills on contact,' explains Darín. 'It's a remarkable sci-fi story with a lot of grit.'

As Juan decides to venture outside to find his daughter, his friends cobble together a waterproof outfit, including an old military mask, which means he can avoid contact with the snow.

Yet, once outdoors, he discovers that the human instinct for survival is just as lethal as the killer flakes. And as the series progresses, Juan has horrifying news for his fellow survivors – the snow has alien origins…

'It's a story of survival, but it's from the perspective of ordinary people,' says director Bruno Stagnaro. 'This down-to-earth group of people go through an extraordinary event right on their doorstep.'

WORDS: NICK CANNON, CAREN CLARK, REBECCA MAHONEY, ELAINE REILLY. PHOTOS: APPLE TV+, 5, BBC, C4, ©2025 DISNEY & ITS RELATED ENTITIES, NETFLIX, LUCASFILM LTD™

Stirring up trouble

A French chef leads a **dangerous double life** in a sizzling period drama

Benjamin Voisin as Antonin Carême

tv+ Carême

NEW *Available: Wednesday 30 April*
Genre: Drama Season: 1 Episodes: 8
(first two eps from 30 April, then weekly)

Feast your eyes on a delectable period drama with a dash of espionage as eight-part series *Carême* reimagines the rise of the world's first celebrity chef in post-revolutionary France.

The racy French-language series follows suave, seductive apprentice cook Antonin Carême (Benjamin Voisin) from his humble origins in his adoptive father Bailly's Parisian patisserie to become a culinary rock star in Napoleon's Europe.

Antonin's journey to fame begins when he's called upon to save Napoleon's life and rewarded by being appointed his personal chef. But when Antonin's culinary skills catch the eye of influential politicians, including diplomat Talleyrand (Jérémie Renier), he's enlisted as a spy for France and forced to choose between duty, fame and revenge.

'I didn't know much about Carême, so I did a lot of research,' Voisin, 28, tells *TV&Satellite Week* via video link from Paris. 'He's credited with popularising the chef's toque hat and the sequencing of starters, mains and desserts. We also see his legacy in the magnificent croquembouche wedding cake.

'I play him as a young cook recruited to create beautiful dinners for Napoleon, who uses food as a "softener" during his political talks. It's an exciting ride, from the madness of the kitchen to presenting dishes to dignitaries – and it will make you hungry.'

The show blends fact and fiction by portraying Antonin as a spy, a role Voisin says his character must 'learn on the job'. Antonin's mysterious lover, Henriette (Lyna Khoudri), harbours her own dark secrets, too.

The cast also includes Alice Da Luz as Antonin's protégée Agathe, while Frank Molinaro plays Napoleon, and Maud Wyler is his iconic wife, Joséphine. Meanwhile, behind the scenes, expert patissiers produced the lavish dishes for the series.

'I did get to taste the meals on set. You must have some privileges as an actor,' laughs Voisin. 'I also went to culinary school for the role and trained with a great chef. I hope this series inspires people to take up cooking. Or if you go out to dinner, hopefully it will inspire you to eat French!'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

5 The Feud

In 5's thriller, John (Rupert Penry-Jones) and Emma (Jill Halfpenny, both above) clash with their neighbours over a kitchen extension. As dark secrets emerge, Emma is shocked when she watches unsettling CCTV footage and gets anonymous threats.

BBC iPLAYER Doctor Who

As the BBC1 sci-fi saga returns, nurse Belinda Chandra (Varada Sethu, above) is kidnapped by robots and taken to their home planet. But the Time Lord (Ncuti Gatwa) struggles to return her to Earth and is keen for her to accompany him on his travels.

4 The Piano

Jon Batiste (above, centre) joins Mika and Claudia Winkleman as they uncover the talents of more amateur pianists on C4. At London's Liverpool Street station, they are bowled over by septuagenarian John, and Keba, who used to be homeless.

BBC iPLAYER Just Act Normal

Siblings Tionne (Akins Subair), Tiana (Chenée Taylor) and Tanika (Kaydrah Walker-Wilkie) are put to the test in BBC3's comedy drama when they try to hide their mum's whereabouts, while drug dealer Dr Feelgood brings further chaos.

Don't miss out on your favourite magazines!

ON SALE EVERY WEEK!

Also available as a print or digital subscription from magazinesdirect.com

Woman's Own woman Woman's Weekly

Pick of the new releases

The best new shows to enjoy this week on streaming services...

Fake

Sunday 27 April

Australian thriller. Magazine writer Birdie (*Nine Perfect Strangers*' Asher Keddie) thinks she's found her perfect match when she meets rancher Joe (*Pieces of Her*'s David Wenham) on a dating app. But as the relationship intensifies, Birdie starts to suspect that Joe isn't all he has led her to believe.

Chef's Table: Legends

Monday 28 April

To mark the 10th anniversary of the Chef's Table franchise, four culinary figures who have changed the way the world looks at food are celebrated. Those featured are Jamie Oliver, José Andrés (the founder of World Central Kitchen), Thomas Keller and Alice Waters.

Chef's Table: Legends

Carême

Wednesday 30 April

French historical drama based on the true story of the world's first celebrity chef, Antonin Carême (Benjamin Voisin), who rose from humble beginnings in Paris to culinary stardom in Napoleon's Europe. As he chases fame and wealth, Antonin's talent and ambitions attract the attention of powerful politicians who use him as a spy for France. See feature, page 17.

The Eternaut

Wednesday 30 April

Argentinian sci-fi drama. After a devastating toxic snowfall kills millions of people, a group of survivors in Buenos Aires must work together to resist an alien invading army that is under the direction of an invisible force. See feature, page 16.

Wear Whatever the F You Want

Tuesday 29 April

Fashion makeover show. Presenters Clinton Kelly and Stacy London encourage their New York City clients to embrace personal expression and individuality over outdated style rules.

Asterix & Obelix: The Big Fight

Wednesday 30 April

French children's animation. The Romans are desperate to conquer the last independent village in Gaul and the home of Asterix and Obelix. The secret to the Gauls' battle superiority is a magic potion, but when the Druid forgets how to prepare it, the villagers are left to their own devices in the fight against the might of Rome.

Exterritorial

Wednesday 30 April

German thriller. When her son vanishes inside a US consulate, ex special-forces soldier Sara (Jeanne Goursaud) does everything in her power to find him and uncovers a dark conspiracy in the process.

Suspect: The Shooting of Jean Charles de Menezes

Wednesday 30 April

Drama about the events surrounding the fatal shooting of Brazilian man Jean Charles de Menezes by the Metropolitan Police at Stockwell Underground station on 22 July 2005 after he was wrongly identified as a terrorist responsible for failed bombings the day before. Starring newcomer Edison Alcaide, Conleth Hill, Russell Tovey, Max Beesley, Emily Mortimer, Daniel Mays and Alex Jennings. See feature, page 4.

The Four Seasons

Thursday 1 May

Comedy based on Alan Alda's 1981 film of the same name. The decades-long friendship between three couples is tested when one of the pairings breaks up, complicating their traditions of going away together in winter, spring, summer and autumn. Co-created by Tina Fey, who stars alongside Steve Carell. See feature, page 14.

Cheat: Unfinished Business

Wednesday 30 April

Reality show hosted by Amanda Holden. Eight former couples whose relationships have been torn apart by cheating reunite at a retreat. Each pair is then guided through their issues by relationship expert Paul C. Brunson in the hopes that they can face up to their past mistakes, rebuild trust and move forward – either together or apart.

Another Simple Favour

Thursday 1 May

Black-comedy mystery sequel to 2018's *A Simple Favour*, with Anna Kendrick returning as Stephanie Smothers and Blake Lively reprising her role as Emily Nelson. Stephanie is on a book tour when Emily, who was thought to be in prison, turns up and demands that Stephanie be her maid of honour at her extravagant wedding in Capri, Italy. Mayhem and murder ensue. See review, page 22.

Angi: Fake Life, True Crime

Thursday 1 May

Spanish true-crime docuseries about the murder of 35-year-old fashion designer Ana Páez, who was found dead in an apartment in Barcelona on 19 February 2008. The media dubbed it 'the almost perfect crime' but Páez's killer was eventually identified as her friend, María Ángeles Molina, AKA Angi.

The Biggest Fan

Thursday 1 May

Mexican comedy. After an incident at a premiere, actor Lana Cruz becomes an online hate figure and is cancelled by Hollywood. Lana heads back to Mexico to appear in a film there and prove that she is still a star – however, the arrival of her biggest fan turns her life upside down.

Formula E: Driver

Friday 2 May

Sports docuseries that profiles four of the biggest drivers in Formula E – Jake Dennis, António Félix da Costa, Mitch Evans and Dan Ticktum.

10 Years of Max Verstappen

Friday 2 May

Sports documentary about Dutch racing driver Max Verstappen, the winner of four Formula One world drivers' championship titles since 2021. Verstappen reflects on the highs and lows of his career as well as the relentless drive that has taken him to the top of his profession.

Werewolves

Friday 2 May

Action-horror film starring *Tulsa King*'s Frank Grillo, *Arrow*'s Katrina Law and *Prodigal Son*'s Lou Diamond Phillips. A scientist and his family find themselves in a fight for their lives when a supermoon turns humans into bloodthirsty werewolves. See review, page 27.

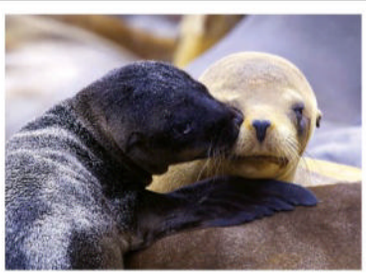
WORDS: JUDY EWENS. PHOTOS: NETFLIX, PRIME VIDEO

Documentaries

Katie Piper with Tonica

Jailhouse shock

Katie Piper spends time in a US prison to find out what drives women to kill



The Americas

Sunday, 6.15pm, BBC1

The penultimate episode takes us along the Pacific coast, where we meet four blue whales racing in the waves together. There's also footage of a sea wolf who risks everything to feast on the carcass of a humpback whale, the world's biggest gathering of seals and sea lions off San Miguel Island, and a group of sea otters feeding on mussels.

Louis Theroux: The Settlers

Sunday, 9pm, BBC2

Louis Theroux travels to the West Bank to meet some of the ultra-nationalist Israeli settlers who live there – even though the settlements are held to be illegal under international law. Along the way, Theroux (left) looks at the consequences of their activity and the role of the Israeli government and army in the land grab.

Ten Years of Darkness: Isis and the Yazidis

Friday, 8pm, Sky Documentaries

Reporter Alex Crawford (above, right) reveals the ongoing plight of the Yazidi people more than 10 years after the mass killings and abductions carried out by ISIS in Iraq. As the humanitarian crisis continues, she discovers many Yazidi women are still enslaved and follows their families' efforts to secure their release.

WORDS: HANNAH DAVIES. PHOTOS: BBC, C4, ITV, SKY, U&W

NEW FACTUAL

Katie Piper: Locked up in Louisiana

Sunday, 9pm, U&W (box set, U)

Presenter Katie Piper gets caught up in some very threatening situations for her new series *Katie Piper: Locked up in Louisiana* when she spends a month with violent female inmates inside Orleans Parish Prison, one of America's most notorious jails.

As she spends 13 hours a day alongside women awaiting trial for murder in order to find out what drove them to kill, Piper finds herself on the receiving end of some volatile behaviour.

Yet her unflinching honesty about her own experience of past violence also enables her to uncover some heartbreaking stories of domestic abuse, drug addiction and shocking cases of 'kill or be killed'.

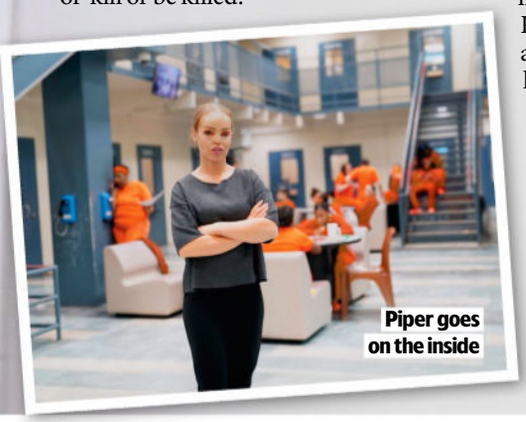
'I almost got a bit of a fast track when speaking to the women because some of my pain and past is worn on my face,' says Piper, 41, who survived an acid attack in 2008. 'They knew there was some kind of common ground and that I, too, had experienced violence.'

Across five episodes, Piper gets to know women like 47-year-old Tonica, who's facing a life sentence for second-degree murder after shooting her violent husband. She also meets a former security guard who shot dead an aggressive customer, and a sex worker who attacked a client after he raped her.

'I went in with this question of, "Is violence ever justified?"' says Piper. 'But as you get to know these women, you discover that they were often left with no choice, and many of them would rather face 100 years in prison than go out in a casket.'

As well as verbal aggression inside the jail, off camera Piper and her team were also forced to move hotels because of a nearby shooting.

'We were staying in quite a colourful area in New Orleans and there was a shooting right outside the hotel,' reveals Piper. 'It was the first time I had heard a gunshot at close range and it made my whole room shake. It was really scary.'



Piper goes on the inside

Who Do You Think You Are?

Tuesday, 9pm, BBC1

This week, broadcaster Mishal Husain (above) travels to India to discover more about a family rumour that her two-times great-grandfather was the personal physician to a maharaja. She also visits Massachusetts, where she learns how her forebears fought in the American War of Independence.

Groomed: A National Scandal

Wednesday, 9pm, C4

Reporter Anna Hall meets five women, including Jade (above), who have suffered grooming and abuse – only to be failed by police and social services. As the survivors continue their legal fight, is the UK's criminal-justice system unfit for purpose, and how can society prevent child exploitation?

Victims Carol and Stephen Baxter

Betrayal of trust

How evil double murderer **Luke D'Wit** manipulated his victims...

Luke D'Wit

NEW FACTUAL

The Essex Millionaire Murders

Monday & Tuesday, 9pm, ITV1

In April 2023, Stephen and Carol Baxter were found dead in their armchairs at their home in West Mersea, Essex, by their daughter Ellena. With no sign of a break-in, no obvious clue about cause of death and no murder weapon, the police were baffled.

But what transpired was a twisted case of control, fraud and, ultimately, murder – all committed by IT worker Luke D'Wit, a man the couple treated like a surrogate son.

'Luke was like a brother to me,' says Ellena. 'I couldn't believe how he could do anything bad. It was so unlike the Luke I knew. I just couldn't piece it together.'

Two-part ITV1 documentary *The Essex Millionaire Murders* reveals how Carol suffered with a thyroid condition called Hashimoto's disease, and that her health had deteriorated rapidly in the months leading up to her death.

Among her carers was friend and business partner D'Wit, who offered daily advice from thyroid expert Dr Andrea Bowden, who he had found online.

'Mum was a really bright, vibrant person, so it was really upsetting for her,' says Ellena. 'Her illness had taken over her life.'

DRUGGED

Unknown to the Baxter family, D'Wit was administering Carol with powerful opioid drugs, such as fentanyl, via vitamin-rich drinks recommended by 'Dr Bowden'.

In another twist, however, it later transpired that 'Dr Bowden' didn't exist and was completely fabricated by D'Wit. He'd also forged Stephen and Carol's will to make him their main beneficiary and, on the day they died, had given them fatal doses of fentanyl and promethazine.

When D'Wit was arrested, detectives found drugs and syringes at his home address, plus digital data proving he was 'Dr Bowden'. In March 2024, he was jailed for at least 37 years.

'I witnessed someone essentially kill my parents in front of me, draining the life out of my mum for years, and I just didn't see it,' says Ellena. 'It's so sad knowing he had that much control over their lives.'

Daughter Ellena speaks out

Films Our pick of this

Another Simple Favour

Blake Lively and **Anna Kendrick** return for more fun and whodunnit shenanigans

MOVIE OF THE WEEK

COMEDY THRILLER

From Thursday, Prime Video ★★★

Blake Lively and Anna Kendrick are back for another bizarrely plotted, darkly comic ride in this sequel to the chic 2018 mystery thriller *A Simple Favour*. The new film ramps up the style by swapping suburban Connecticut for the glamorous Italian island of Capri, and although this can't top its predecessor's snappy wit, Kendrick and Lively's frenemy rapport still delivers a delicious frisson.

The first movie saw Kendrick's perky mommy vlogger Stephanie turning into an unlikely amateur sleuth and ended with her duplicitous 'best' friend, Lively's Emily, going to prison for the murder of her identical twin sister and the attempted murder of her husband Sean (Henry Golding). Since then Stephanie has become a true-crime podcaster and author, but it isn't long before she is sucked back into Emily's dangerous orbit.

Released from prison thanks to some legal shenanigans, Emily ambushes Stephanie and blackmails her into being her maid of honour at her forthcoming wedding to a fantastically rich Mafia heir. No sooner have they arrived on Capri than the bodies start piling up, as do a series of outlandish plot twists. Most of these twists are ridiculous, but Kendrick's comic timing is as sharp as ever, while Lively oozes even more drop-dead cool than before. 2025, 15, 120MIN

PICTURES: ALAMY

WORDS: JASON BEST, NIGEL PIZEY

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

More premieres and Day by Day planner>>>

Week's Best Movies

ACTION THRILLER

Cleaner

Friday, 12.30pm & 8pm, Sky Premiere ★★★

Terrorists have taken over a skyscraper and are holding a party of executives hostage. There's only one person to stop them – someone who wasn't supposed to be there... *Die Hard*, you say? Not this time. This tower is in London's Canary Wharf and the outsider's window cleaner (and ex-army) Daisy Ridley. Along with her autistic brother (Matthew Tuck), they take on extreme eco-warriors Clive Owen and Taz Skylar, hampered only by vertiginous heights and a laughable script. What the movie does have, though, is a director in the shape of Martin Campbell (*Casino Royale* etc) who shapes action sequences superbly, along with Ridley, who is fast transforming into an actor of impressive range, delivering a character to root for. It's fluff, but of a surprisingly high calibre. 2025, 15, 97MIN

Sky high jinx: Daisy

Baptiste gf Bagdasarian, Ben and crew

COMEDY THRILLER

Freaky Tales

From Monday, to buy or rent from digital stores including Sky Store and Prime Video ★★★

This cult-in- the-making action comedy from film-making duo Anna Boden and Ryan Fleck tells four very offbeat tales of underdog triumph set in Oakland, California in 1987. The interlinked chapters, three of which are loosely based on real events, feature idealistic teen punks up against a gang of neo-Nazis, a female duo in a rap battle with a local hip-hop legend, a Mob debt collector (Pedro Pascal) at odds with his lethal boss, and finally a basketball star (the terrific Jay Ellis) seeking revenge – with Ben Mendelsohn's corrupt cop lurking menacingly throughout. Boden and Fleck give the movie a cool 1980s feel, complete with crackles of VHS static, plus plenty of era-specific songs and references, some animated sequences and copious amounts of kung-fu-style action and gory violence. 2024, 15, 107MIN

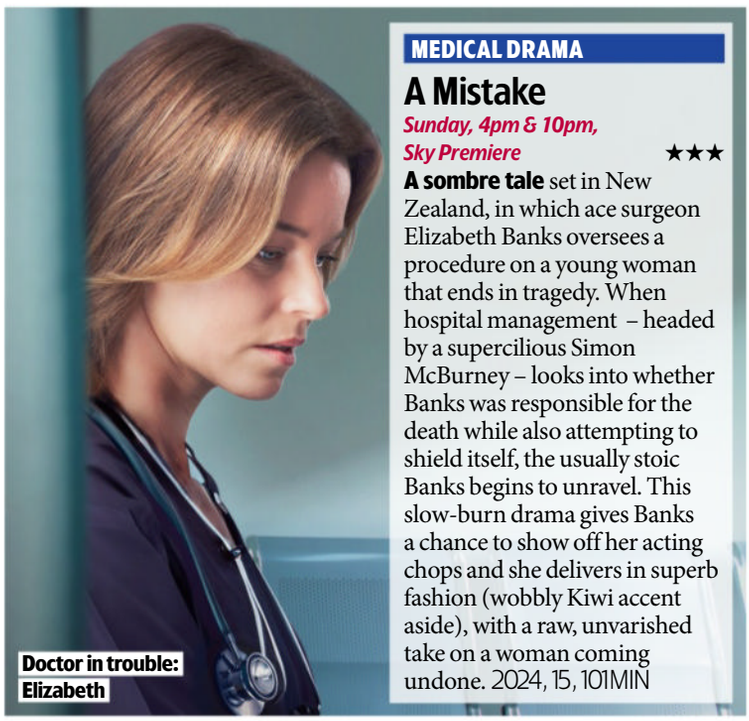
May to September: Jason and Carol

COMEDY DRAMA

Between the Temples

Saturday, 8.15am & 6pm, Sky Premiere ★★★★

Immersed in misery, widower Jason Schwartzman is struggling with life and his Jewish faith, despite being employed by his synagogue. When Carol Kane, his old music teacher, enters his life, though, he slowly begins to emerge from his self-created cocoon. An homage to 1970s cinema (especially cult classic *Harold and Maude*), this comedy drama delivers a fine example of cultivated chaos, exuding humanity in all of its messiness. Schwartzman and Kane make a thoroughly engaging couple, trying to negotiate a relationship with a sizeable age gap. 2024, 15, 107MIN



Doctor in trouble: Elizabeth

MEDICAL DRAMA

A Mistake

Sunday, 4pm & 10pm, Sky Premiere ★★★

A sombre tale set in New Zealand, in which ace surgeon Elizabeth Banks oversees a procedure on a young woman that ends in tragedy. When hospital management – headed by a supercilious Simon McBurney – looks into whether Banks was responsible for the death while also attempting to shield itself, the usually stoic Banks begins to unravel. This slow-burn drama gives Banks a chance to show off her acting chops and she delivers in superb fashion (wobbly Kiwi accent aside), with a raw, unvarished take on a woman coming undone. 2024, 15, 101MIN

Films

SPY THRILLER

Black Bag

Available now, to buy or rent from digital stores including Sky Store and Prime Video ★★★★

Steven Soderbergh's sleek spy thriller doesn't go in for the running, jumping and shooting that has become synonymous with the genre, but with charismatic stars Michael Fassbender and Cate Blanchett making the most of David Koepp's smart script, it turns out to be every bit as gripping as any action-filled blockbuster.

Fassbender's steely, single-minded George Woodhouse, a bespectacled spy with more than a touch of Len Deighton's Harry Palmer and John le Carré's George Smiley, is hunting for a mole in the British secret service. He has five suspects, and they include his own wife, fellow agent Kathryn (Blanchett). If it comes down to it, which would he put first: his country or his marriage?

Tom Burke, Marisa Abela, Regé-Jean Page and Naomie Harris play the other intriguing characters keeping George and us puzzling, with the film at its most tense in the scenes where they all gather at the same dinner table. 2024, 15, 94MIN

Trouble in style: Cate, Michael and co

Hidden gems Great movies you might have missed...

GANGSTER DRAMA

The Irishman

Netflix ★★★★★

Martin Scorsese revisits familiar gangland territory with an epic real-life crime drama starring Robert De Niro, Al Pacino and Joe Pesci. But there is none of the brio of *Mean Streets* or the flash of *Goodfellas*. Instead, the mood here is meditative and melancholy as De Niro's Mob hitman reflects on a lifetime with the Mafia. Scorsese uses CGI to de-age his stars, but it's the mesmerising acting, not the trickery, that makes the biggest impression. 2019, 15, 209MIN

CRIME DRAMA

Uncut Gems

Netflix ★★★★★

Adam Sandler leaves his familiar comic roles far behind for this clammy, nerve-wracking, relentlessly gripping thriller about a gambling-addicted New York jeweller. He is utterly compelling as the plot unfolds, with him hoping a rare black opal will turn his fortunes around. But, juggling the demands of mistress Julia Fox, estranged wife Idina Menzel, loan shark brother-in-law Eric Bogosian and client Kevin Garnett, he's in way over his head... 2019, 15, 135MIN

THRILLER

Saltburn

Prime Video ★★★★

Writer-director Emerald Fennell's follow-up to *Promising Young Woman* is another clever, blackly comic revenge thriller. At Oxford university, ignored and impoverished Barry Keoghan befriends golden boy Jacob Elordi, who whisks him off to his family's stately home, where squirming humiliations await, before things take a very dark twist. Keoghan plays his hand superbly in this fiercely funny, stylish – and increasingly unhinged – thriller. 2023, 15, 131MIN

Saturday 26 April

ACTION

Wrath of Man

9pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Doing what he does best, Jason Statham plays a security guard driving cash trucks in this violent man-on-a-mission caper written and directed by Guy Ritchie. However, after two blood-soaked incidents in a row, it becomes increasingly obvious that Statham's H has a murky past and is not who he says he is. The script is comically macho, while the plot flashes back and forth in whiplash-inducing fashion. Beyond that, though, this is an exciting and fast-paced, if highly improbable, revenge flick, with a scenery-chewing cast that includes Josh Hartnett, Holt McCallany, Eddie Marsan, Darrell D'Silva and Andy Garcia. 2021, 15, 119MIN

In the firing line: Jason

DRAMA

The Horse Whisperer

12.50pm, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

After her daughter (Scarlett Johansson) loses a leg in a horrific riding accident, New York-based Kristin Scott Thomas can't face killing their badly injured horse and instead – leaving husband Sam Neill behind – she heads out West to renowned Montana horse trainer Robert Redford. Redford the director certainly knows how to showcase Redford the star. Almost every scene he's in seems to be shot in sunset-drenched, golden light and his first, cowboy-hatted, appearance is a perfect moment. Thoroughbred entertainment. 1998, PG, 169MIN

CLASSIC MUSICAL

West Side Story

1.50pm, BBC2 (not Wales) ★★★★★

Sex ●●● Violence ●●● Language ●●●

This adaptation of the Leonard Bernstein-Stephen Sondheim musical did a famous sweep of the Oscars, picking up no fewer than 10 awards, including Best Film. The plot is essentially William Shakespeare's *Romeo and Juliet* transferred to the mean streets of New York, with Natalie Wood and Richard Beymer playing the young lovers and the Montagues and Capulets transformed into the Jets and Sharks street gangs. The film might lack any real grit, but just feel the energy during those dance sequences. 1961, PG, 152MIN

ANIMATION

Flushed Away

3.40pm, ITV2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Posh pet rat Roddy (voiced by Hugh Jackman) is unceremoniously flushed down the toilet and goes from a life of luxury to clashes and chases in the sewers below London. There he meets big-time criminal The Toad (Ian McKellen), nice rat Rita (Kate Winslet) and Le Frog (Jean Reno). Made with the utmost care and craftsmanship, this is a quality computer animation from Aardman and DreamWorks, with non-stop slapstick action and hilarious dialogue (*The Likely Lads*' Dick Clement and Ian La Frenais had a hand in the script). 2006, U, 85MIN

ACTION COMEDY

Free Guy

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Eternal optimist Guy (Ryan Reynolds) is a videogame NPC (non-playable character), but becomes an unlikely hero after kick-ass player Molotov Girl (a full-wattage Jodie Comer) prompts him to deviate from his protocols. Meanwhile, the game's developer (Taika Waititi) plans to shut it down... With a deft screenplay that takes in existential angst, corporate greed, artistic integrity, people power and living an authentic life, this is a perfectly played, upbeat slice of fun. 2020, 12, 110MIN

■ Full listings start on p35

Sunday 27 April

HORROR

MaXXXine

10.15pm, Sky Horror ★★★

Sex ●●● Violence ●●● Language ●●●

Mia Goth has roaringly good fun as Maxine in writer-director Ti West's trilogy-closing slasher tale (following *X* and prequel *Pearl*). An adult-movie success, circa 1985, Maxine is chasing a legit LA acting career. But (real-life) serial killer the Night Stalker is on the loose and killing sex workers Maxine knows. Detectives Michelle Monaghan and Bobby Cannavale aim to take him down, while relishing their roles are Kevin Bacon as an odious private eye and Elizabeth Debicki as a movie director. And if you've come for the carnage – faces are branded, eyes slashed, bodies crushed – then this should satisfy your bloodlust. 2024, 18, 100MIN

Putting on a show: Mia

COMEDY DRAMA

Uncle Buck

1.30pm, ITV1 ★★★

Sex ●●● Violence ●●● Language ●●●

John Candy's slobbish title character is drafted in to look after his brother's kids (Jean Louisa Kelly, Macaulay Culkin and Gaby Hoffman). Culkin has a couple of attention-grabbing scenes involving a letterbox and some high-speed talk with Candy, but most of the plot involves his snooty big sister Kelly who's none too impressed by her pushy uncle and his clapped-out car, while her boyfriend (Jay Underwood) is the target for some of the best gags. John Hughes' film takes itself too seriously towards the end, but it's a slick package perfectly tailored for Candy. 1989, 12, 94MIN

ANIMATION

Minions: The Rise of Gru

2.25pm, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

The adorable yellow sidekicks return for a fun, overstuffed second film. Set in the funky 1970s, it sticks to the tried-and-tested recipe of ingenious heists and hectic slapstick, with lashings of pop-culture gags for the adults, all delivered at supersonic speed. Besotted with the Vicious 6 gang, tweenager Gru (again voiced by Steve Carell) tries to impress them by stealing the infamous Zodiac jewel, which possesses world-crushing powers. But they turn on him, while the Minions scramble to the rescue in a gloriously candy-coloured San Francisco. 2022, U, 87MIN

COMEDY DRAMA

The Last Right

12.45am, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Aoife Crehan's debut movie is an entertaining Irish comedy drama – although it does take a while to get going. Big-time New York tax attorney Daniel (Michiel Huisman) travels to Ireland for his mother's funeral and ends up taking a stranger's coffin from one end of the country to the other, accompanied by his autistic younger brother, Louis (Samuel Bottomley), and lovelorn new acquaintance Mary (Niam Algar). The film has enough charm and humour to put a smile on your face by the end. 2019, 15, 107MIN

ROMANTIC DRAMA

Parachute

2.10am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

With a head full of body issues and an eating disorder, bound together with destructive self-hatred, Riley (Courtney Eaton) leaves rehab hospital a mess. When she meets the amiable, thoughtful Ethan (Thomas Mann), she discovers someone to bond with – but is he just another crutch? An engaging, sometimes funny and sometimes brutal drama, with a terrific Eaton at its core, creating someone who, regardless of their actions, we root for throughout. 2023, 15, 108MIN

■ Full listings start on p45

Weekday movies over page

Monday 28 April

PERIOD DRAMA

Emily

Available now, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

A brilliantly imagined take on the brief, little-known life of *Wuthering Heights* author Emily Brontë, played with wild intensity by Emma Mackey. Along with her siblings (Fionn Whitehead, Amelia Gething and Alexandra Dowling), anti-social, eccentric Emily lives a life of learning and freedom on the Yorkshire moors. But the arrival of a dashing new vicar (Oliver Jackson-Cohen) has her world exploding. A film that's sensual, lush and gripping with a fierce adoration for this singular woman. From 23 April. 2022, 15, 125MIN

Moor's the merrier: Emma

COMEDY

Men in Black 3

4pm, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Will Smith's wisecracking Agent J is sent back to 1969 to save Agent K (Tommy Lee Jones) – and Earth. Josh Brolin is a deadpan delight as a young, not-so-craggy, not-so-cranky K, while bad guy Boris the Animal (Jemaine Clement) and new boss O (Emma Thompson) are also good value. Full of visual and verbal gags, this is an ingenious second sequel. The previous two films precede this, starting at 12.20pm. 2012, PG, 106MIN

BIOPIC

The Danish Girl

5.55pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

In 1920s Copenhagen, landscape painter Einar Wegener (Eddie Redmayne) is happily married to artist Gerda (Alicia Vikander). But stepping in for an absent model for her one day leads him to blaze a trail for gender reassignment. Redmayne's striking as the daring social pioneer and Vikander is impressive, too. But, though the film looks ravishing, it largely departs from historical facts and is far too safe and decorous. 2015, 15, 120MIN

ACTION

Snakes on a Plane

4.30pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Huge snakes, teeny snakes and in-betweeny snakes – they are everywhere, making a meal of plane passengers as a Mob boss adopts a novel method of getting rid of FBI man Samuel L Jackson's murder witness. Jackson confidently does what a hero has to do and the film-makers gleefully play on your deepest fears. It's daft, but you'll squirm with every slithering twist and jump with every pounce of the venomous critters! 2006, 15, 105MIN

DRAMA

A Good Person

4.05am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Florence Pugh delivers a heart-wrenching, knockout performance as a woman whose life falls apart after she's the driver in a fatal car accident. Morgan Freeman also gives a stand-out turn in writer-director Zach Braff's tear-jerking drama. It is a tough watch at times but, fuelled by themes of redemption and recovery, it's absolutely gripping. 2022, 15, 129MIN

■ Full listings start on p55

Tuesday 29 April

HORROR

Saw X

Starts today, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

This 10th instalment of the seat-squirming horror saga is set between the first two films. John 'Jigsaw' Kramer (Tobin Bell) heads to Mexico for Synnøve Macody Lund's cancer treatment. But it's a scam – so he embarks on gory revenge on Lund and helpers Paulette Hernandez, Joshua Okamoto, Octavio Hinojosa and Renata Vaca. The fiendish traps that demand a series of set-piece self-surgeries are staged with gory aplomb and there's a witty line in humour, but the streak of sentimentality is a distraction. 2023, 18, 118MIN

Gore in store: Tobin

HORROR

The Crazies

4.15pm & 1.35am, Sky Apocalyptic ★★★★

Sex ●●● Violence ●●● Language ●●●

In this edgy and polished remake of George A Romero's 1973 cult chiller, people start going into mindless, murderous rampages in a small town. Timothy Olyphant's sheriff and his pregnant doctor wife Radha Mitchell try to work out what's happening but, when martial law is declared and the army takes control, he leads a band of survivors fighting back while trying to get out of town. 2010, 15, 101MIN

WESTERN

The Kid

9pm, Legend ★★★

Sex ●●● Violence ●●● Language ●●●

The oft-told tale of outlaw Billy the Kid and lawman Pat Garrett gets another roll with this gritty and bloody Western. The film's slightly off-kilter take on the legend sees a 14-year-old boy (Jake Schur) come under the gunman's sway when he goes on the run with his sister (Leila George) after killing his abusive father. Dane DeHaan makes a dangerously charismatic Billy, with Ethan Hawke a sober, straight-talking, morally upright Garrett. 2018, 15, 100MIN

ACTION

Angel Has Fallen

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Gerard Butler's maverick secret service agent Mike Banning is back for a third round of gung-ho derring-do in this sequel to *Olympus/London Has Fallen*. Here, he's taken the fall for an assassination attempt on Morgan Freeman's US president and has to go on the run to expose the real threat. It's another guilty-pleasure slice of fun, helped along by a very game Nick Nolte as Banning's crusty Vietnam veteran dad. 2019, 15, 118MIN

THRILLER

The Invisible Man

12m't, Sky Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

After meticulous planning, Elisabeth Moss flees Oliver Jackson-Cohen's abusive tech entrepreneur, who apparently commits suicide. But he's alive and invisibly terrorising her... Anchored by Moss' awesome performance, this reworking of HG Wells' classic from writer-director Leigh Whannell is a gripping thriller – and a brilliant metaphor for hidden coercive control. 2020, 15, 124MIN

■ Full listings start on p65

Wednesday

ACTION

Furiosa: A Mad Max Saga

10pm, Sky Apocalyptic ★★★★

Sex ●●● Violence ●●● Language ●●●

Determined, cunning and tough, Anya Taylor-Joy is ideal as Furiosa in this origins tale of the character played by Charlize Theron in George Miller's *Mad Max: Fury Road*. This brims with

Getting her own back: Anya

THRILLER

Hypnotic

8pm, Sky Thriller ★★★

Sex ●●● Violence ●●● Language ●●●

Ben Affleck stars as a detective whose daughter's abduction a few years earlier remains unsolved. But, while investigating a chaotic bank robbery, he discovers the sinister man at the core of the mayhem was after a picture of his daughter and is a government-trained psychic who has the ability to make people's perception of reality bend to their will. A raucous, entertaining ride from director Robert Rodriguez. 2023, 15, 93MIN

SCI-FI MYSTERY

Inception

9.45pm, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Christopher Nolan's dazzlingly clever thriller stars Leonardo DiCaprio as a spy who specialises in infiltrating people's dreams to steal ideas from their minds. But then he riskily has to implant an idea in Cillian Murphy's head with help from a crack team including Joseph Gordon-Levitt, Elliot Page and Tom Hardy. A film that stimulates the brain, quickens the pulse and plucks the heartstrings. 2010, 12, 148MIN

30 April

Miller's usual jaw-dropping action set-pieces, but is also the most fully realised of the *Mad Max* films, a spectacular opus with Taylor-Joy's beating heart at the centre of it all as Furiosa sets out to avenge the murder of her mother at the hands of bombastic, sadistic Dementus (Chris Hemsworth, delightfully OTT). 2023, 15, 148MIN

THRILLER

A Most Wanted Man

11.15pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This adaptation of John le Carré's novel stars an excellent Philip Seymour Hoffman (in his last completed film) as a weary spymaster. The dogged head of a German anti-terror unit based in Hamburg, he is trying to determine whether an illegal immigrant (Grigoriy Dobrygin) is an innocent refugee or a jihadist. Rachel McAdams, Willem Dafoe and Robin Wright do sterling work in support in an absorbing and stylish thriller. 2014, 15, 122MIN

DRAMA

The Deer Hunter

12.40am, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

The lives of three friends (Robert De Niro, Christopher Walken and John Savage) are changed forever when they leave their Pennsylvania steel town to fight in the Vietnam War. Michael Cimino's sprawling, powerful film won five Oscars and is brilliantly acted by the leads, as well as a standout supporting cast that includes Meryl Streep. 1978, 18, 183MIN

■ Full listings start on p75

Thursday 1 May

SCI-FI

Nope

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A disquieting and strange trip is in store in writer-director Jordan Peele's clever third movie (following *Get Out* and *Us*). The story gets off to a killer start before focusing on siblings Daniel Kaluuya and Keke Palmer, whose family has provided well-wrangled horses to Hollywood for generations. But something very odd and extremely scary is happening in the isolated gulch they inhabit, so they set out to record it. A shrewd melding of genres, this is full of wonderment, dread and surprises. 2022, 15, 130MIN

Riding the storm: Daniel and Keke

CLASSIC THRILLER

Notorious

4.30pm, Talking Pictures ★★★★★

Sex ●●● Violence ●●● Language ●●●

Cary Grant enjoys one of his most complex, ambiguous roles as a US agent who falls for wartime traitor's daughter Ingrid Bergman after manipulating her into an assignment that involves marrying Nazi exile Claude Rains. The sequence involving the key to the wine cellar (where secret uranium is stored) is one of Alfred Hitchcock's most celebrated set pieces. 1946, U, 101MIN

WAR DRAMA

Midway

6.15pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A genuinely stirring war movie from Roland Emmerich that is mostly faithful to the actual events of the 1942 Battle of Midway, which turned the tide in the Pacific War six months after Pearl Harbor. Ed Skrein, Luke Evans, Patrick Wilson, Nick Jonas, Aaron Eckhart and Woody Harrelson are among the familiarly cut characters, but Emmerich's attention to detail pays huge dividends, especially in the copious battle scenes. 2019, 12, 138MIN

ACTION

Mad Max 2

9pm, ITV4 ★★★★

Sex ●●● Violence ●●● Language ●●●

With a much bigger budget and non-stop eye-popping stunts, this excellent sequel sees the return of Mel Gibson as Max. Driving his V8 Interceptor car through a post-apocalyptic wilderness where petrol is in short supply, our taciturn hero takes on a gang of bikers laying siege to an isolated refinery. Bruce Spence as the Gyro Captain is a film stealer and the storyline is a marvellous blend of mythic heroism and comic-book spectacle. 1981, 18, 95MIN

SCI-FI COMEDY

Save Yourselves!

11.35pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Millennials Sunita Mani and John Reynolds decide to switch off their phones and embrace nature in this sci-fi comedy. Trouble is, their remote getaway coincides with an invasion of ravenous aliens that look like furry foot-rests... The lo-fi effects are hit-and-miss and the story gets messy towards the end, but you can't help rooting for this enjoyably clueless pair. 2020, 15, 93MIN

■ Full listings start on p85

Friday 2 May

HORROR

Werewolves

Starts today, Paramount+ ★★★

Sex ●●● Violence ●●● Language ●●●

Every time there is a super moon, the world is subjected to a night of mayhem – anyone caught in the moonlight will morph into a ravening beast. All bulging biceps and hard stares, Frank Grillo is a rapid-response guy who ends up on the run with scientist Katrina Law after Lou Diamond Phillips' lab boss tries to test a cure on some unfortunate volunteers. This sprightly, unashamed B-movie fare has enough jump scares, daft lines and grisly action to entertain, despite some not-so-special effects. 2024, 15, 94MIN

A hard act to swallow: Frank

HORROR

Crimes of the Future

11pm, BBC2 ★★★

Sex ●●● Violence ●●● Language ●●●

In a world where pain is a thing of the past, human bodies are changing and Viggo Mortensen has started to produce mysterious 'neo-organs', which his partner (Léa Seydoux) surgically removes in celebrated performance art shows. Director David Cronenberg's typically twisted chiller will please fans, even if the overly talky, oddly open-ended script doesn't hit the heights of the director's 1980s heyday. 2022, 18, 108MIN

THRILLER

The Gift

11.30pm, BBC1 (12m't Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Joel Edgerton (who also wrote and directed) is a socially awkward interloper who pesters an old school classmate (Jason Bateman) and his wife (Rebecca Hall) with unwanted gifts and visits after the three enjoy a chance encounter in an LA store. With more layers than expected, this is a cunning psychological thriller and Edgerton does a terrific job of racking up the tension. 2015, 15, 108MIN

THRILLER

Basic Instinct

12.50am, Legend ★★★

Sex ●●● Violence ●●● Language ●●●

Provocative Sharon Stone is the prime suspect in an ice-pick murder case because she's written a novel featuring an identical killing. Michael Douglas is the detective drawn to her, even though she tells him that her next book will be about a cop who falls for the 'wrong woman' and dies... A precision-tooled crowd-pleaser, the movie that made Stone a star is a stonking mix of passion, suspense and red herrings. 1992, 18, 128MIN

SCI-FI ROMCOM

I'm Your Man

1.05am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Research scientist Alma (Maren Eggert, terrific) volunteers to spend three weeks living with Dan Stevens' Tom, a robot designed to be her perfect partner. Rebuffing his romantic overtures, Alma predictably thaws towards Tom, while recognising it's his algorithms adjusting to her desires. A playfully incisive and often hilarious German romcom. Subtitled. 2021, 15, 104MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

LIVE ATHLETICS

Sunday, 8.30am, BBC1, & 2pm, BBC2

Paula Radcliffe

This year's London Marathon is set to make history on Sunday as the biggest marathon ever staged in the world.

More than 56,000 runners are expected to tackle the 26.2-mile course, which runs between Greenwich and The Mall, including four-time men's winner Eliud Kipchoge of Kenya, while thousands of spectators will line the route to create a carnival atmosphere.

We caught up with Paula Radcliffe, who's won the women's race three times in 2002, 2003 and 2005, and who'll be commentating on the event for BBC1…

Who are the favourites for the men's and women's races this year? In the women's race, you've got Dutch runner Sifan Hassan, who won it in 2023, against Ethiopian Tigst Assefa, who's a former world record holder. Ruth Chepngetich, from Kenya, will also be strong, and watch out for British runner Eilish McColgan, who's making her debut. I think the men's race is slightly more clear-cut, with Uganda's Jacob Kiplimo the strong favourite. We're expecting really good things from him.

Are there any outsiders who could challenge the favourites? It's the marathon, so sometimes it can be a complete outsider who wins. People don't race so much coming into it, so it's really hard to predict who might win, especially with the quality of the field in London. It can be whoever's in the best shape on the day.

Britain's Olympic champion triathlete Alex Yee will be taking part in his first marathon. How do you think he will do? I think he'll be really good. He's been on numerous European cross-country teams and won several British 10k trials, so he has real pedigree. We know he's an exceptional runner, although I'd expect him to be in the group behind the elite runners. But the crowds will really help him.

There are a host of celebrities running. Do you think that adds to the atmosphere of the day? Totally. Finishing the marathon is a great achievement. Every runner is going through the same ups and downs and everyone finishes with the same medal – apart from the top three! It's a really special atmosphere on the day, and we're expecting this year's race to break the record for the most finishers in a marathon and the amount of money raised for charity in one single event.

You've won the race three times – it must have a special place in your heart? I remember going along to watch my dad run it in 1985, so to be at the front of the race in 2002 and winning it was a dream come true. I actually set a world record for the marathon in Chicago later that year, but I really wanted to bring that record back to London, and I broke it again at the 2003 race. When you're in the zone like that it's an amazing feeling – you feel such confidence and control.

Alex Yee, Sifan Hassan and Eilish McColgan

THE MAIN EVENT

London Marathon

BBC expert and three-time winner **Paula Radcliffe** previews this year's history-making race

Crossing Tower Bridge

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: GETTY

Approaching Westminster

LIVE FOOTBALL

FA Cup semi-finals

Saturday & Sunday, BBC1 & ITV1

As Wembley Stadium stages the FA Cup semi-finals, the last-four action begins on Saturday with Crystal Palace versus Aston Villa (kick-off 5.15pm, BBC1). Palace have never won the FA Cup and will be trying to reach the final for the third time, with Eberechi Eze scoring one of the goals of the tournament in the 3-0 win at Fulham in the quarter-finals.

On Sunday, Nuno Espírito Santo's Nottingham Forest take on Manchester City (kick-off 4.30pm, ITV1), having made it through to the semi-finals thanks to three straight penalty-shootout wins against Exeter City, Ipswich Town and Brighton. Forest's keeper hero Matz Sels will need to be at his best again against Pep Guardiola's seven-time winners, who are targeting a place in a third consecutive final, with 20-year-old Nico O'Reilly netting three times in the campaign.

Nottingham Forest's Matz Sels

Crystal Palace's Eberechi Eze

Conor Benn

LIVE BOXING

Chris Eubank Jr v Conor Benn

Saturday, Sky Sports Box Office

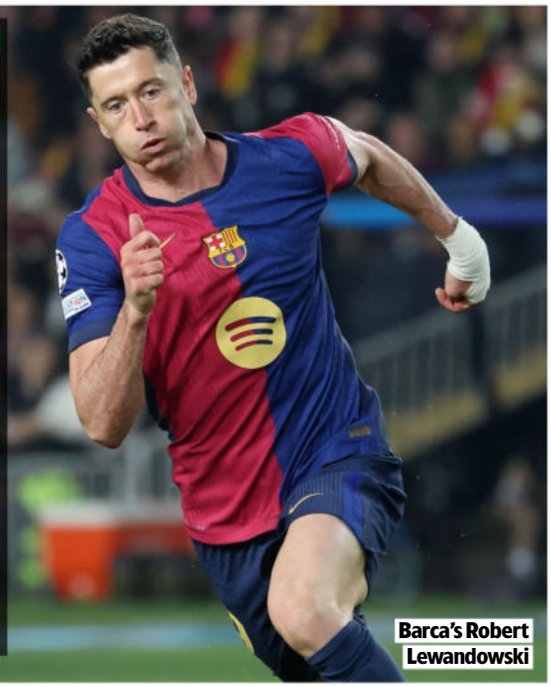
London's Tottenham Hotspur Stadium stages this showdown between the middleweight rivals, whose fathers Chris Eubank and Nigel Benn had two memorable fights in the 1990s. The bout has been rescheduled from 2022 after Benn failed a drug test, but his provisional suspension was lifted in November after a two-year legal battle. The pair made headlines at a press conference last month when Eubank Jr hit Benn in the face with an egg, landing himself with a £100,000 fine.

LIVE FOOTBALL

Champions League semi-finals

Tuesday & Wednesday, Prime Video & TNT Sports 1

Paris Saint-Germain and Barcelona had both booked their places in the last four as *TV&Satellite Week* went to press, with Arsenal looking to be in a strong position to face PSG in the semi-finals, and Inter Milan set to play Barca at the expense of Harry Kane's Bayern Munich. With Robert Lewandowski leading the line, Barcelona are in the last four for the first time since losing to Liverpool six years ago, while PSG keeper Gianluigi Donnarumma has been instrumental in the French champions reaching this stage for a second season running.


Barca's Robert Lewandowski

Faith Kipyegon

LIVE ATHLETICS

Diamond League

Sat, from 12noon, BBC iPlayer

With more prize money on offer than ever before, the Diamond League season begins in Xiamen, China, this week, with Kenya's Faith Kipyegon bidding to set a new world record in the women's 1,000m. On Friday, TNT Sports 1 features the second Grand Slam Track event from Miami (10.30pm). The inaugural round, in Jamaica, saw Team GB's Matthew Hudson-Smith win $100,000 after topping the men's long-sprints category.

Sport A-Z and football planner »»

DON'T MISS THE PERFECT TIME TO PLANT

Bring the Warm Glow of the Mediterranean to Your Garden

Just in time for spring!

Transform your patio, garden or balcony with these Stunning & Fragrant Blooms

Beautiful hot pink flowers all summer long

- ✔ Incredible Instant Impact for any garden
- ✔ Flowers May-September
- ✔ Perfect for pots on your patio or balcony!
- ✔ Easy to grow, happy in conditions down to -5°C!

Give your front door, conservatory, patio or balcony a sunny uplifting Mediterranean feel with these breathtaking 3ft tall Oleander. Easy to grow, Oleanders thrive on neglect, surviving hot, dry weather or temperatures as low as -5°C ...no wonder it's one of the UK's favourite hardy exotics!

We have a limited number of these mature, well-established plants available. Supplied at 3ft tall in 5 litre pots, they can be seen at over £40 each in garden centres.

This is a unique opportunity to buy something truly special... These plants are a genuine rarity – get yours now as stock is extremely limited!

Standard Flowering Oleander - ITEM CODE: 680156

95cm-115cm Tall Potted Plants

SAVE £10 Now **£29.99** for one plant (Was ~~£39.99~~)

SAVE £30 Buy two for **£49.98** (Was ~~£79.98~~) Just **£24.99** each!!

BONUS OFFER £6 OFF

Black Copper 'Infinity' Planter

£7.99 each

BUY 2 £9.98

Normally ~~£15.98~~

SAVE £6.00

This classic bowl-shaped planter will add a decorative touch to displays in your home and garden this season. Finished in a metallic copper paint, this 'Infinity' planter is simple yet elegant. Made from heavy duty plastic that is both UV stable and weather resistant, it's durable and can be reused year after year and also has drainage holes already inserted for ease. Supplied as an 28cm (11in) Diameter Pot.

ITEM CODE: 130283

Standard Flowering Oleander

SAVE £30!

NORMALLY ~~£79.98~~

ONLY **£24.99** Each

WHEN YOU BUY 2 FOR JUST £49.98!

SUPPLIED 3FT TALL

★★★★★

"Wonderful healthy plants and in flower. Brilliant! They've made a huge difference to my garden.!"

Trusted customer - Feefo Review

in association with TV&Satellite week

YOUGARDEN DOUBLE GUARANTEE

We've got you covered with the YOUGARDEN DOUBLE GUARANTEE

1 Unhappy with your order? Return it within 30 days and we'll replace or refund in full.

2 Should any winter hardy plants perish thereafter, we'll replace for free, you just pay the P&P.

★★★★★ **10 YEARS TRUSTED SERVICE with 136,000+ reviews** feefo

3 EASY WAYS TO ORDER

0844 502 0050

Calls cost 5p per min plus your network's access charge.

USE CODE TVSW393

Online: www.YouGarden.com/TVSW393

or by post using the coupon opposite to:

Offer TVSW393, YouGarden, PO Box 1468, Peterborough, PE1 9XL

SCAN HERE

DON'T MISS THESE LIMITED OFFERS

PLEASE SEND TO: **Offer TVSW393, YouGarden, PO Box 1468, Peterborough, PE1 9XL**

YOUR ORDER DETAILS

Item	Description	Price	Qty	Subtotal
100201	**Blooming Fast Plant Pre-Treatment** ONLY £1 ACROSS YOUR WHOLE ORDER!	£1.00		
680156	**Standard Oleander** 95-115cm plant in 18cm pot SAVE £10.00	£29.99		
680157	BUY 2 for just £24.99 EACH! SAVE £30	£49.98		
	These special offers go perfectly with your standard Oleander			
130283	Black Copper 'Infinity' Planter	£7.99		
	2 x Black Copper 'Infinity' Planters SAVE £6	£9.98		
100062	Blooming Fast Superior Soluble Fertiliser 500g SAVE £3.00	£9.99		
	Despatched within 5-7 working days. Delivery to UK only and a £3.00 surcharge may apply to the following postcode areas: AB, DD8-11, GY, HS, IM, IV, JE, KA27-28, KW, PA20-80, PH19-50, TR21-25 & ZE. Offer subject to availability and in the event that this offer is oversubscribed, we reserve the right to send suitable substitutes. Images show mature plants in situ. Following Brexit there are a number of changes that prevent us from trading in N. Ireland. See website for full product details and T&Cs. © YouGarden Limited 2025.	ADD P&P		£6.99
		TOTAL ORDER VALUE		

YOUR PAYMENT DETAILS I enclose a cheque/Postal Order payable to YouGarden (name & address on back) for £ _____

Or charge my Visa / Mastercard:

Card No. _____ Issue No. ____

Start Date ____ Exp Date ____

DELIVERY DETAILS

Mr/Mrs/Ms/Miss _____ Initial _____ Surname _____

Address _____

Postcode _____

Email _____

Tel _____

If you do not wish to receive catalogues & offers from us, please tick here ☐ We think you'd enjoy some of the latest products and selected offers by post from other trusted retailers, charities, finance, travel, FMCG and utility companies. If you do not wish to receive these, please tick here ☐ Full details at YouGarden.com/Privacy.

you garden — gardening for everyone

YOU MUST USE OFFER CODE **TVSW393** TO GET THESE EXCLUSIVE PRICES!

Sport week A-Z GUIDE

ATHLETICS

LIVE Diamond League
Sat 12noon BBC iPlayer
From Xiamen, China. See page 29.

LIVE Madrid Marathon
Sun 7.45am Premier Sports 2

LIVE London Marathon
Sun 8.30am BBC1 & 2pm BBC2
The 45th staging of the 26.2-mile race. See page 28.

LIVE Grand Slam Track
Fri 10.30pm TNT Sports 1
Action from Miami.

AUSTRALIAN RULES

LIVE Port Adelaide Power v North Melbourne Kangaroos
Sat 7am TNT Sports 1

LIVE GWS Giants v Western Bulldogs
Sat 10.30am TNT Sports 4

LIVE Gold Coast Suns v Sydney Swans
Sat 4am TNT Sports 2

LIVE Carlton Blues v Geelong Cats
Sun 6am TNT Sports 4

LIVE Hawthorn Hawks v West Coast Eagles
Sun 7.30am TNT Sports 1

LIVE Essendon Bombers v North Melbourne Kangaroos
Thu 10.15am TNT Sports 2

LIVE St Kilda Saints v Fremantle Dockers
Fri 10.30am TNT Sports 4

LIVE Western Bulldogs v Port Adelaide Power
Fri 4am TNT Sports 3

BASEBALL

LIVE San Francisco Giants v Texas Rangers
Sat 9pm TNT Sports 2
The MLB inter-league match.

LIVE Kansas City Royals v Houston Astros
Sat 12m't TNT Sports 4

LIVE Cleveland Guardians v Boston Red Sox
Sun 6.30pm TNT Sports 4

LIVE Chicago Cubs v Philadelphia Phillies
Sun 12m't TNT Sports 2

LIVE Washington Nationals v New York Mets
Mon 9pm TNT Sports 2

LIVE Colorado Rockies v Atlanta Braves
Mon 1.30am TNT Sports 2

Rugby union
England and star Zoe Harrison wrap up their Women's Six Nations campaign this week

LIVE Baltimore Orioles v New York Yankees
Tue 11.30pm TNT Sports 2

LIVE Seattle Mariners v Los Angeles Angels
Tue 2.30am TNT Sports 3

LIVE Los Angeles Dodgers v Miami Marlins
Wed 8pm TNT Sports 2

LIVE Philadelphia Phillies v Washington Nationals
Wed 11.30pm TNT Sports 2

LIVE Toronto Blue Jays v Boston Red Sox
Thu 12m't TNT Sports 1

LIVE Atlanta Braves v Los Angeles Dodgers
Fri 12m't TNT Sports 3

BASKETBALL

LIVE NBA Play-offs
Sat 11pm & Sun 8.30pm TNT Sports 3; Sun 2.30am, Mon 3am, Tue 12m't & 2.30am, Wed 12.30am TNT Sports 1; Thu 2am, Fri 12m't & 2.30am TNT Sports 2

BOXING

LIVE Chris Eubank Jr v Conor Benn
Sat 5pm Sky Sports Box Office
The middleweight bout from Tottenham Hotspur Stadium. See page 29.

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 12m't TNT Sports 1

LIVE Ian Machado Garry v Carlos Prates
Sat 2am TNT Sports 1
The welterweight bout from T-Mobile Center.

CRICKET

LIVE Kolkata Knight Riders v Punjab Kings
Sat 2.50pm Sky Sports Cricket

LIVE Lahore Qalandars v Multan Sultans
Sat 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Mumbai Indians v Lucknow Super Giants
Sun 10.50am Sky Sports Cricket

LIVE Delhi Capitals v Royal Challengers Bengaluru
Sun 3pm Sky Sports Cricket

LIVE Quetta Gladiators v Peshawar Zalmi
Sun 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Rajasthan Royals v Gujarat Titans
Mon 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Delhi Capitals v Kolkata Knight Riders
Tue 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Quetta Gladiators v Multan Sultans
Tue 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Chennai Super Kings v Punjab Kings
Wed 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Lahore Qalandars v Islamabad United
Wed 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Multan Sultans v Karachi Kings
Thu 11.20am Sky Sports Mix

LIVE Rajasthan Royals v Mumbai Indians
Thu 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Lahore Qalandars v Quetta Gladiators
Thu 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Gujarat Titans v Sunrisers Hyderabad
Fri 2.50pm Sky Sports Cricket

LIVE Peshawar Zalmi v Islamabad United
Fri 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

CYCLING

LIVE Liege Bastogne Liege
Sun 11am TNT Sports 4

LIVE Tour of Turkey
Mon-Wed & Fri 12.30pm TNT Sports 1; Thu 10.30am TNT Sports 4

LIVE Tour of Romandy
Tue, Wed & Fri 2.30pm, Thu 4.15pm TNT Sports 1; Thu 2.30pm TNT Sports 2

LIVE Eschborn Frankfurt
Thu 11am TNT Sports 1

DARTS

LIVE Premier League
Thu 7pm Sky Sports Action & 10pm Sky Sports Main Event

GAELIC GAMES

LIVE Ulster Senior Football Championship semi-final
Sun 2.45pm BBC2 (N Ireland only)

GOLF

LIVE Zurich Classic of New Orleans
Sat 2pm & Sun 3.30pm Sky Sports Golf
Days three and four at TPC Louisiana.

LIVE Chevron Championship
Sat 7.30pm & Sun 7pm Sky Sports+; Sat 8pm & Sun 7.30pm Sky Sports Main Event
Days three and four from Texas.

LIVE CJ Cup Byron Nelson
Thu & Fri 12.45pm Sky Sports Golf & Sky Sports+; Thu 11pm, Fri 1pm & 11pm Sky Sports Main Event
Days one and two staged at TPC Craig Ranch in McKinney, Texas.

LIVE Black Desert Championship
Thu & Fri 11pm Sky Sports+, 12m't Sky Sports Main Event & Sky Sports Golf
Days one and two staged at Black Desert Resort in Ivins, Utah.

LIVE LIV Golf
Thu 3am & Fri 3.30am ITV1
Days one and two from Incheon.

HORSE RACING

LIVE Sandown
Sat 1.30pm ITV1

LIVE Doncaster & Ascot
Wed 12.30pm Sky Sports Main Event

LIVE Newmarket
Fri 2pm ITV1

ICE HOCKEY

LIVE NHL Play-offs
Sat-Fri 12m't Premier Sports 1 & 2am Premier Sports 2

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
Grand Prix of Spain Moto2 & Moto3 second free practice sessions.

LIVE Grand Prix of Spain MotoGP qualifying session
Sat 9am TNT Sports 2

LIVE The Grand Prix of Spain Moto2 and Moto3 qualifying
Sat 11.45am TNT Sports 2

LIVE The Grand Prix of Spain MotoGP sprint race
Sat 1.45pm TNT Sports 2

LIVE MotoGP Rookies Cup
Sat 3pm & Sun 7.30am TNT Sports 2

LIVE MotoGP warm-up
Sun 8.30am TNT Sports 2

LIVE Moto3 Grand Prix of Spain
Sun 9am TNT Sports 2

LIVE Moto2 Grand Prix of Spain
Sun 11am TNT Sports 2

LIVE The Grand Prix of Spain MotoGP race
Sun 12.15pm TNT Sports 2
From Circuito de Jerez Angel Nieto.

LIVE British Speedway
Mon 7pm TNT Sports 1

LIVE Superbike World Championship
Fri 9.15am & 1.45pm TNT Sports 2

MOTORSPORT

LIVE World Rally Championship
Sat 9am, 4pm, 5.45pm & 9.15pm, Sun 9am & 10am TNT Sports 4; Sun 11.30am TNT Sports 1

LIVE British GT Championship
Sat 4.10pm & Sun 12.05pm Sky Sports F1

LIVE British Touring Car Championship
Sun 11am ITV4

LIVE NASCAR
Sun 6pm Premier Sports 1

LIVE Women's Circuit Racing World Championship
Fri 1pm TNT Sports 2

LIVE F1 Academy
Fri 3pm & 7pm Sky Sports F1

LIVE Formula 1
Fri 5pm Sky Sports Main Event & Sky Sports F1
The Miami Grand Prix first practice.

LIVE Indycar
Fri 8.30pm Sky Sports Mix

LIVE Formula 1
Fri 8.30pm Sky Sports F1 & 10pm Sky Sports Main Event
Miami Grand Prix sprint qualifying.

RUGBY LEAGUE

LIVE North Queensland Cowboys v Gold Coast Titans
Sat 8.30am Sky Sports Main Event & Sky Sports Action

LIVE Penrith Panthers v Manly-Warringah Sea Eagles
Sat 10.30am Sky Sports Mix

LIVE Wests Tigers v Cronulla-Sutherland Sharks
Sun 7.05am Sky Sports Main Event & Sky Sports Action

LIVE Queensland Maroons v New South Wales Sky Blues
Thu 10am Sky Sports Main Event & Sky Sports Action

LIVE Cronulla-Sutherland Sharks v Parramatta Eels
Fri 9am Sky Sports Main Event & Sky Sports Action

RUGBY UNION

LIVE Moana Pasifika v Fijian Drua
Sat 6am Sky Sports Action

LIVE Highlanders v Crusaders
Sat 8am Sky Sports Mix

LIVE Brumbies v Hurricanes
Sat 10.30am Sky Sports Action

LIVE Italy v Wales
Sat 12noon BBC1 (Wales only) (kick-off 12.15pm) The Women's Six Nations match from Parma.

Sport A-Z and football planner >>>

SUBSCRIPTION OFFER
6 issues for £1*
ONLY 17p AN ISSUE

visit: tvsatsubs.co.uk/D67K
Terms and Conditions: *Offer closes 31 October 2025. After your first six issues, your subscription will continue on at £31.25 every three months. For full T&Cs, visit magazinesdirect.com/terms.

5-day escorted tour from **£909pp**

Scottish Highland Railways

Experience some of the world's most spectacular scenery as you enjoy journeys on three of Scotland's most celebrated railways.

Tour Highlights & Inclusions

- Four nights' dinner, bed and Scottish breakfast accommodation
- Rail trip from Inverness to Kyle of Lochalsh
- Cross the Glenfinnan Viaduct, on a train ride from Fort William to Mallaig
- Journey on the steam-hauled Strathspey Railway
- Return flights to Edinburgh or Inverness, with coach travel and transfers throughout
- Fully escorted by a friendly, experienced tour manager

Departs: May 2025 to October 2026

TO BOOK 0333 344 1461 QUOTING **TVW** **TVW.NEWMARKETHOLIDAYS.CO.UK**

Please note: These holidays are organised and operated by Newmarket Holidays Ltd. ABTOT 5509. ABTA V7812. ATOL 2325. Offers are subject to availability and may be withdrawn at anytime. Single supplements apply. Standard phone charges. Prices do not include travel insurance. Prices correct at time of going to press. Prices shown are based on two people sharing a twin room

Newmarket HOLIDAYS

WINNER BRITISH TRAVEL AWARDS 2024 WINNER 12 YEARS IN A ROW! Celebrating 40 years

ABTOT Member 5509 ABTA Travel with confidence

SCAN HERE FOR CURRENT OFFERS

Trustpilot Excellent Based on more than 13,000 reviews

Football planner

LIVE Scotland v Ireland
Sat 2.15pm BBC Scotland (kick-off 2.30pm) The Women's Six Nations game at Hive Stadium.

LIVE Ospreys v Dragons
Sat 2.30pm Premier Sports 1 (kick-off 3pm) The United Rugby Championship match.

LIVE Lions v Connacht
Sat 2.55pm Premier Sports 2 (kick-off 3pm) The United Rugby Championship game.

LIVE Leicester Tigers v Harlequins
Sat 3pm TNT Sports 1 (kick-off 3.05pm) The Premiership match from Welford Road Stadium.

LIVE England v France
Sat 4.15pm BBC2 (kick-off 4.45pm) The Women's Six Nations game.

LIVE Arnold Clark Men's Premiership final
Sat 4.20pm BBC Alba

LIVE Scarlets v Leinster
Sat 5pm S4C & 5.10pm Premier Sports 2 (kick-off 5.15pm)

LIVE Stormers v Benetton
Sat 5.10pm Premier Sports 1 (kick-off 5.15pm) The United Rugby Championship match.

LIVE Northampton Saints v Bristol Bears
Sat 5.15pm TNT Sports 1 (kick-off 5.30pm) The Premiership match staged at Franklin's Gardens.

LIVE Ulster v Sharks
Sat 7.15pm BBC2 (N Ireland only) (kick-off 7.35pm) The United Rugby Championship match.

LIVE Zebre v Edinburgh
Sat 7.15pm Premier Sports 1 (kick-off 7.35pm) The United Rugby Championship game.

LIVE Gloucester v Exeter Chiefs
Sun 2.30pm TNT Sports 1 (kick-off 3pm) The Premiership match from Kingsholm Stadium.

LIVE Miami Sharks v Carolina
Sun 10.55pm Premier Sports 2

LIVE Blues v Force
Fri 8am Sky Sports Mix

LIVE Drua v Reds
Fri 3am Sky Sports Mix

SNOOKER

LIVE World Championship
Sat 10am, 1.45pm & 7pm, Sun 10am, 3pm & 7pm BBC2; Sat 10am, 2.30pm & 6.30pm, Sun 10am TNT Sports 3; Sat 1.45pm & 2.15pm BBC1; Sat 8.05pm & Sun 8.15pm BBC4; Sun 2.30pm & 6.30pm TNT Sports 2 (regions vary) Days eight and nine at the Crucible.

LIVE World Championship
Mon & Thu 1pm & 7pm, Tue & Wed 10am, 1pm & 7pm, Fri 10am, 2pm & 7pm BBC2; Mon 1pm & 6.30pm, Tue & Wed 10am, 2.30pm & 6.30pm, Thu 12.45pm & 6.30pm, Fri 10am, 2.15pm & 6.30pm TNT Sports 3; Mon 2.30pm, Tue 6.30pm TNT Sports 1; Mon-Fri 8pm BBC4 Days 10 to 14 from the Crucible.

TENNIS

LIVE Madrid Open
Sat-Tue 10am, Wed & Thu 12noon, Fri 12.30pm Sky Sports Tennis; Sat 3pm, Sun-Tue 10am Sky Sports+; Mon 10am, Tue 10am & 7pm, Thu 12.45pm & Fri 3pm Sky Sports Main Event

Saturday 26

LIVE Brisbane Roar v Wellington Phoenix
6am TNT Sports 3 (kick-off 6am) A-League game from Brisbane.

LIVE Newcastle Jets v Western Sydney Wanderers
8am TNT Sports 3 (kick-off 8am) The A-League match.

LIVE Queens Park Rangers v Burnley
11am Sky Sports Main Event, Sky Sports Football & Sky Sports+ (kick-off 12.30pm) The Championship fixture from MATRADE Loftus Road Stadium.

LIVE Chelsea v Everton
11am TNT Sports 1 (kick-off 12.30pm) The Premier League match staged at Stamford Bridge.

LIVE Dundee United v Celtic
11.30am Sky Sports Football & Sky Sports Main Event (kick-off 12.30pm) The Scottish Premiership game.

LIVE Glasgow City v Motherwell
12noon BBC1 (Scotland only) (kick-off 12.15pm) Women's Scottish Cup semi-final.

LIVE Crystal Palace v Aston Villa
4.45pm BBC1 (kick-off 5.15pm) The opening FA Cup semi-final from Wembley Stadium. Palace are looking to reach the final for the first time since 2016 and they have never lifted the trophy, whilst the Villans have won this competition on seven occasions, but the most recent of those triumphs came all the way back in 1957. See p29.

LIVE Wrexham v Charlton Athletic
5pm Sky Sports Main Event & Sky Sports Football (kick-off 5.30pm) The League One match.

LIVE Eintracht Frankfurt v RB Leipzig
5.20pm Sky Sports+ (kick-off 5.30pm) Bundesliga game at Deutsche Bank Park.

LIVE Washington Spirit v NJ/NY Gotham FC
6pm TNT Sports 2 (kick-off 6pm)

LIVE Serie A
7.45pm TNT Sports 1

LIVE Barcelona v Real Madrid
8.55pm Premier Sports 2 (kick-off 9pm) The Copa Del Rey final staged at Estadio La Cartuja in Seville.

Sunday 27

LIVE Auckland FC v Perth Glory
6am TNT Sports 3 (kick-off 6am) The A-League match in Auckland.

LIVE Western United v Sydney FC
8am TNT Sports 3 (kick-off 8am) The A-League game in Melbourne.

LIVE Bournemouth v Manchester United
1pm Sky Sports Main Event & Sky Sports Premier League (kick-off 2pm) The Premier League match staged at Vitality Stadium.

LIVE COPA DEL REY

Barcelona v Real Madrid

Sat, k-o 9pm, Premier Sports 2

This is the eighth time the Spanish Cup final has featured an El Clásico in its 122-year history and there will be a wealth of talent on display in Seville, including Madrid's Jude Bellingham. Barca have won the trophy 31 times, compared to their rival's 20 victories.

LIVE WOMEN'S CHAMPIONS LEAGUE

Chelsea v Barcelona

Sunday, kick-off 2pm, TNT Sports 3 & DAZN

Striker Aggie Beever-Jones leads the line as the Blues take on holders Barcelona in their semi-final second leg at Stamford Bridge, seeking a second Champions League final. Arsenal also travel to Lyon later in the day (k-o 5pm).

LIVE PREMIER LEAGUE

Liverpool v Tottenham Hotspur

Sunday, kick-off 4.30pm, Sky Sports Premier League & Sky Sports Main Event

Depending on Arsenal's results, Liverpool could have the chance to wrap up the title in front of the Kop on Sunday. Home fans have been buoyed by Mohamed Salah signing a contract extension.

LIVE Chelsea v Barcelona
1pm TNT Sports 3 & DAZN (kick-off 2pm) The Champions League semi-final second leg from Stamford Bridge.

LIVE Rangers v Aberdeen
2pm BBC Alba (kick-off 2.10pm) The Women's Scottish Cup semi-final staged at Hampden Park.

LIVE VfL Bochum v FC Union Berlin
2.30pm Sky Sports Football (kick-off 2.30pm) Bundesliga game at Vonovia Ruhrstadion.

LIVE Villarreal v Espanyol
3.10pm Premier Sports 2 (kick-off 3.15pm) LaLiga game from Estadio de la Ceramica.

LIVE Nottingham Forest v Manchester City
3.30pm ITV1 (kick-off 4.30pm) The second FA Cup semi-final from Wembley Stadium. Forest are looking to lift the trophy for the first time since 1959 and they have got this far the hard way, winning on penalties in each of the last three rounds. Meanwhile, City last won the cup as recently as two seasons ago and were runners-up to Manchester United last term.

LIVE Liverpool v Tottenham Hotspur
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm) The Premier League match staged at Anfield. More goals will be expected in this meeting with 23 goals coming in the last five games between the two clubs, including nine of those coming in a 6-3 thriller in the reverse fixture when Liverpool came out on top.

LIVE Werder Bremen v FC St Pauli
4.30pm Sky Sports Football (kick-off 4.30pm) Bundesliga match staged at Weserstadion.

LIVE Lyon v Arsenal
4.30pm TNT Sports 3 & DAZN (kick-off 5pm) The Champions League semi-final second leg at Groupama Stadium.

LIVE Wrexham v Cardiff City
4.45pm S4C (kick-off 5.15pm) The women's Welsh Cup final.

LIVE Serie A
7.30pm TNT Sports 1 Action from the Italian top flight.

Monday 28

LIVE VfL Wolfsburg v TSG 1899 Hoffenheim
5pm TNT Sports 1 (kick-off 5pm) Bundesliga match at AOK Stadion.

LIVE UEFA Youth League
5pm TNT Sports 2 (kick-off 5pm) The final at Colovray Stadium.

LIVE Baller League
5.15pm Sky Sports Football & Sky Sports Mix Round six of the six-a-side football league from Copper Box Arena.

LIVE Leeds United v Bristol City
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) Championship game at Elland Road.

LIVE Almeria v Ferrol
7.30pm Premier Sports 1 (kick-off 7.30pm) LaLiga 2 game staged at Power Horse Stadium.

Tuesday 29

LIVE Champions League
7pm Prime Video (kick-off 8pm) A semi-final first leg. See p29.

LIVE Burton Albion v Wigan Athletic
7.35pm Sky Sports+ (kick-off 7.45pm) The League One match.

Wednesday 30

LIVE Aston Villa v Arsenal
5.30pm Sky Sports Main Event, Sky Sports Football & Sky Max (kick-off 6pm) The Women's Super League match staged at Villa Park.

LIVE Champions League
7pm TNT Sports 1 (kick-off 8pm) A semi-final first leg. See p29.

LIVE Kilmarnock v Dundee
7.15pm BBC Scotland (kick-off 7.20pm) The Scottish Youth Cup final.

LIVE Rangers v Glasgow City
7.25pm BBC Alba (kick-off 7.35pm) SWPL game at Broadwood Stadium.

LIVE Manchester United v Chelsea
8pm Sky Sports Main Event, Sky Sports Football & Sky Showcase (kick-off 8.15pm) The Women's Super League game at Leigh Sports Village.

Thursday 1

LIVE Nottingham Forest v Brentford
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 7.30pm) The Premier League match at The City Ground. Forest have enjoyed an excellent campaign and are looking to secure qualification for the Champions League.

LIVE Europa League
7pm TNT Sports 1 (kick-off 8pm) A semi-final first leg.

LIVE Conference League
7pm TNT Sports 2 (kick-off 8pm) A semi-final first leg.

LIVE Europa League
7.45pm TNT Sports 4 (kick-off 8pm) Semi-final first leg.

Friday 2

LIVE Wellington Phoenix v Perth Glory
8.30am TNT Sports 1 (kick-off 8.30am) A-League game from Sky Stadium.

LIVE Central Coast Mariners v Brisbane Roar
10.30am TNT Sports 1 (kick-off 10.35am) A-League game from Gosford.

LIVE Manchester City v Wolverhampton Wanderers
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match at Etihad Stadium. The Citizens came back from behind to beat Wolves 2-1 in the reverse fixture, with John Stones scoring the winner in second-half stoppage time. They will expect a more comfortable victory in front of their own fans as they look to secure a place in next season's Champions League.

LIVE FC Heidenheim 1846 v VfL Bochum
7.20pm Sky Sports Football (kick-off 7.30pm) Bundesliga match at Voith Arena.

LIVE Scottish Championship
7.30pm BBC Scotland (kick-off 7.45pm)

LIVE Rayo Vallecano v Getafe
7.55pm Premier Sports 2 (kick-off 8pm) LaLiga game at Estadio de Vallecas.

PHOTOS: GETTY

6 issues for £1

NEW DIGITAL ACCESS** included with your subscription

4 easy ways to subscribe

MAIL coupon below **VISIT** tvsatsubs.com/D67J **CALL** 0330 333 1113 **SCAN** QR code

Complete this coupon and send to: FREEPOST Future Publishing Limited (No further address needed. No stamp required – for UK only)

☐ ***YES!*** *I would like to subscribe to TV & Satellite Magazine*

CODE D67J

CHOOSE FROM TWO EASY PAYMENT OPTIONS:

1. UK DIRECT DEBIT: 6 issues for £1*, followed by £31.25 every 3 months (12 issues), saving 28%†

For office use only: Originator's Reference – 173594

Name of bank:

Address of bank:

Postcode:

Name of account holder:

Sort code: ☐☐-☐☐-☐☐ Account no: ☐☐☐☐☐☐☐☐

DIRECT Debit *Instruction to your bank or building society: Please pay Magazines Direct from the account detailed on this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with Magazines Direct and, if so, details will be passed electronically to my bank or building society.*

Signature *(I am over 18)*

Date:

THE DIRECT DEBIT GUARANTEE · This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits. If there are any changes to the amount, date or frequency of your Direct Debit, Magazines Direct will notify you 3 working days in advance of your account being debited or as otherwise agreed. If you request Magazines Direct to collect a payment, confirmation of the amount and date will be given to you at the time of the request. If an error is made in the payment of your Direct Debit by Magazines Direct or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society. If you receive a refund you are not entitled to, you must pay it back when Magazines Direct instructs. You can cancel a Direct Debit at any time by simply contacting your bank or building society, please notify us in advance as written confirmation may be required

2. CREDIT/DEBIT CARD/CHEQUE/POSTAL ORDER/CASH *(Circle Option)*

PLEASE TICK OFFER THAT APPLIES:

☐ **UK 1-year** Pay Only £134.49 for 12 months, saving 23%†

☐ **UK 2-year** Pay Only £249.99 for 24 months, saving 28%†

PAYMENT DETAILS

☐ Payment Enclosed: £ _____

☐ Charge My *(please circle)*

Visa / Mastercard / Amex :£ _____ Only

Card no: ☐☐☐☐-☐☐☐☐-☐☐☐☐-☐☐☐☐

Expiry date ☐☐/☐☐

Signature *(I am over 18)*

Date:

TERMS AND CONDITIONS: Offer closes 31 October 2025. Offer open to new UK subscribers only. Direct Debit offer is available to UK subscribers only. *After your first 6 issues, your subscription will continue at £31.25 payable every 3 months (12 issues) by UK Direct Debit. †Savings based on single copy price, 51 issues per year. The subscription rate includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. Price is guaranteed for the first 6 months, please allow up to 6 weeks for the delivery of your first subscription issue (up to 8 weeks overseas). Payment is non-refundable after the 14-day cancellation period. **Access to the digital library will end with your subscription. For full terms and conditions, visit www.magazinesdirect.com/terms. For UK enquiries please call: +44 (0) 330 333 1113. Lines are open Monday-Friday 8:30am-7pm, Saturday 10am-3pm UK Time (excluding Bank Holidays) or email: help@magazinesdirect.com. Calls to 0330 numbers will be charged at no more than a national landline call, and may be included in your phone provider's call bundle.

SHIPPING DETAILS OF SUBSCRIPTION *(yourself or gift recipient)*
To give more than one subscription, please give address details on a separate sheet.

Mrs/Miss/Ms/Mr *(please circle)*

Forename:

Surname:

Address:

Postcode:

BILLING DETAILS

Mrs/Miss/Ms/Mr *(please circle)*

Forename:

Surname:

Address:

Postcode:

Home Telephone: *(inc area code)*

Mobile:

E-mail:

☐ *Please keep me up to date with special offers and news just by email from carefully selected companies. Your personal details will not be shared with those companies - we send the emails and you can unsubscribe at any time.*

*By submitting your information, you agree to our Privacy Policy available at www.futureplc.com/privacy-policy/. Please keep me up to date with special offers and news from **TV & Satellite** and other brands within the Future Publishing Ltd Group by ☐ email, ☐ post, ☐ telephone and/or ☐ SMS. You can unsubscribe at any time.*

Saturday

26 April

Evening Planner

Cookery

Prue Leith's Cotswold Kitchen
ITV1, 11.40am
Writer and TV host Ruby Wax joins Prue to help prepare a couple of warm salads.

Football

FA Cup Semi-final
BBC1, kick-off 5.15pm
The first of this weekend's semi-final ties at Wembley is Crystal Palace against the seven-time winners Aston Villa.

Sci-Fi

Doctor Who
BBC1, 7.20pm
The Time Lord and Belinda land on a devastated mining colony where there appears to be just one survivor left.

Factual

The Assembly
ITV1, 10.05pm
Danny Dyer is the first celeb quizzed by a keen panel who are neurodivergent, autistic or have a learning disability.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1		7.20 Doctor Who	8.05 Blankety Blank	8.40 Pointless Celebrities	9.25 Casualty		10.10 News	10.30 Match of the...
102 BBC2	7.00 Snooker: The World Championship – Live		8.05 Dad's Army	8.40 40 Hidden Music Treasures at the BBC: Volume 2				
103 ITV1	7.00 Britain's Got Talent: Live Semi-Final				9.05 The 1% Club		10.05 The Assembly	10.30 News
104 CHANNEL 4	7.00 New Zealand by Train		8.00 Two Men on a Bike		9.00 Film: Wrath of Man			
105 5	7.00 Inside Windsor Castle: A Royal Residence		8.00 Secrets of the Royal Traditions		9.00 The Jubilee of '77: Pomp, Pageantry & Parties			10.30 The Greatest...
106 SKY SHOWCASE	7.00 Film: Men in Black 3				9.00 Film: Aquaman			
ENTERTAINMENT								
115 BBC3	7.00 Top Gear		8.05 Doctor Who...	8.35 EastEnders	9.05 Two Pints of Lager and a Packet of Crisps			
116 BBC4	7.05 Life of a Mountain: A Year on Blencathra		8.05 Snooker: The World Championship – Live				10.00 The '85 Black Ball Final: The Final Frame	
118 ITV2	◂ 6.30 Film: Mrs Doubtfire		8.00 Film: Fast & Furious 9					
136 MORE4	◂ 6.55 Four in a Bed				9.00 24 Hours in A&E			
135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Nothing to Declare				9.00 The Cleaning Lady		10.00 Blue Bloods	
108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 The Penguin		10.00 Chernobyl	
110 U&GOLD	7.00 Only Fools and Horses							
111 U&DAVE	◂ 6.40 Would I Lie to You?		8.00 Special Ops: To Catch a Criminal		9.00 Not Going Out	9.40 Not Going Out Christmas Special		10.40 QI
119 ITV3	7.00 Midsomer Murders				9.00 Film: Downton Abbey: A New Era			
120 ITV4		7.10 Film: Jurassic Park III			9.00 English Football League Highlights			
112 COMEDY CENTRAL		7.15 Film: The Money Pit			9.00 Film: Bad Neighbours			
139 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 Stargate Origins: Catherine			
113 SKY MAX	7.00 The Walking Dead				9.00 David Blaine: Real or Magic?		10.00 David Blaine: Beyond Magic	
109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Film: Hunt for the I-5 Killer	
130 SKY ARTS		7.10 The Genesis Songbook		8.30 ELO Live at Wembley 1978		9.50 Electric Lady Studios: A Jimi Hendrix Vision		
132 U&W	◂ 6.30 Outnumbered				9.00 The Catherine Tate Show			
DOCUMENTARY								
125 DISCOVERY	◂ 6.00 Gold Rush		8.00 Gold Divers		9.00 Naked and Afraid			
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Swimming with Monsters		9.00 Rugged Justice		10.00 The Last Alaskans	
129 NAT GEO	7.00 Car S.O.S.						10.00 David Blaine Do Not Attempt	
123 SKY HISTORY	7.00 Ross Kemp: Shipwreck Treasure Hunter				9.00 The Rise and Fall of El Chapo			
155 U&YESTERDAY	7.00 James May's Man Lab				9.00 Bangers & Cash			
121 SKY DOCS	◂ 6.50 Film: The Beatles: Eight Days a Week – The Touring Years				9.00 Val			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Between the Temples		8.00 Trap				10.00 Twisters	
302 APOCALYPTIC	◂ 5.20 2012		8.00 Furiosa: A Mad Max Saga					10.30 Mad Max: Fury...
303 INDIANA JONES		7.05 Indiana Jones and the Last Crusade			9.15 Indiana Jones and the Kingdom of the Crystal Skull			
304 GREATS	◂ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
305 ANIMATION		7.10 Hotel Transylvania 2		8.45 Batman Unlimited: Animal Instincts			10.10 Mavka: The Forest Song	
306 FAMILY	◂ 5.35 The Hobbit: The Desolation of Smaug			8.20 The Hobbit: The Battle of the Five Armies				
307 ACTION	◂ 5.10 Mission: Impossible – Dead...		8.00 Aquaman					10.30 Twilight of the...
308 COMEDY	◂ 6.10 Beverly Hills Cop II		8.00 Superbad				10.00 Chalet Girl	
309 THRILLER	◂ 6.05 Extremely Wicked, Shockingly Evil...		8.00 The Firm					10.40 Wanted
310 DRAMA	◂ 6.15 Aisha		8.00 Ghost				10.15 Boyz N the Hood	
311 HORROR	◂ 6.00 Trap		8.00 A Quiet Place			9.40 Smile 2		
313 FILM4	◂ 6.45 Independence Day: Resurgence				9.00 Free Guy			
SPORT								
401 MAIN EVENT	◂ 5.00 EFL – Live		8.00 LPGA Tour Golf – Live: The Chevron Championship					
402 PREMIER LEAGUE	7.00 Gary Neville's Soccerbox			8.30 Game of the Day				10.30 PL Highlights
403 FOOTBALL	◂ 5.00 EFL – Live		8.00 Bundesliga				10.15 EFL Highlights	
404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
410 TNT SPORTS 1	◂ 5.15 Gallagher Premiership...	7.45 Serie A – Live				9.45 Match Officials...	10.15 UEFA Champions League...	
411 TNT SPORTS 2	◂ 6.00 NWSL – Live		8.15 TNT...	8.30 MotoGP	9.00 MLB – Live: San Francisco Giants v Texas Rangers (Start-time 9.05)			

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Saturday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With actor Adam Woodyatt. (S)
11.30 **Mary Berry: Love to Cook** (S)(R)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 **London Marathon: My Reason to Run** Featuring the stories of inspirational amateur runners. (S)
1.45 LIVE **Snooker: World Championship** The afternoon session on day eight at Sheffield's Crucible Theatre, featuring second-round matches. (S)
4.25 **BBC News** (S)
4.35 **Local News** (S)
4.45 LIVE **Match of the Day: The FA Cup** Crystal Palace v Aston Villa: Coverage of the opening semi-final from Wembley Stadium. Kick-off is at 5.15. (S)

8.40 Pointless Celebrities

6 PM LIVE **Match of the Day: The FA Cup** (started at 4.45pm)

7 PM
7.20 **Doctor Who** New episode *The Well:* 3/8. A mining colony is attacked. Guest stars Rose Ayling-Ellis. *See feature, page 6.* (S)(AD)
■ *Doctor Who: Unleashed* follows on BBC3

8 PM
8.05 **Blankety Blank** New edition 2/9. With Roisin Conaty, Sandi Toksvig, Fire, Desiree Burch, Joe Pasquale and Paddy McGuinness. (S)
8.40 **Pointless Celebrities** New edition 13/21. Contestants include Eva Fontaine, Milly Zero and Natalie Anderson. (S)

9 PM
9.25 **Casualty** Rida is part of a team performing emergency surgery on a colleague but it leads her into a threatening encounter with Russell that leaves her alone and under pressure. (S)(AD)

10 PM
10.10 **BBC News** (S)
10.30 **Match of the Day** Mark Chapman introduces action from the latest Premier League matches, including Newcastle United v Ipswich Town and Chelsea v Everton. (S)
■ *Match of the Day 2* is tomorrow at 10.30pm
11.40 **Ashley Cain: Into the Danger Zone** 4/6. The former footballer travels to Colombia to meet the men drawn into the country's illegal gold mining venture. (S)(R)(AD)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.25 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 LIVE **Snooker: World Championship** Coverage of the morning session on day eight from the Crucible Theatre, featuring two second-round matches. (S)
12.00 NOON **Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
1.00 PM **Nadiya Bakes** (S)(R)(AD)
1.30 **The A to Z of TV Cooking** (S)(R)
1.50 FILM **West Side Story** Bernstein-Sondheim musical starring Natalie Wood and Richard Beymer. (S) (1961, PG, 145min) ★★★★★
4.15 LIVE **Rugby Union: Women's Six Nations** England v France: All the action from the final match of this year's championship, staged at Allianz Stadium Twickenham. Kick-off is at 4.45. (S)

4.15 Rugby: Women's Six Nations

6 PM LIVE **Rugby Union: Women's Six Nation** (started at 4.15pm)

7 PM
7.00 LIVE **Snooker: World Championship** The evening session on day eight from the Crucible Theatre in Sheffield, featuring two second-round matches. (S)
■ Continues on BBC4

8 PM
8.05 **Dad's Army** *The Test:* Warden Hodges challenges Mainwaring's platoon to a cricket match. Guest stars Fred Trueman. (S)(R)
8.40 NEW **40 Hidden Music Treasures at the BBC: Volume 2** Another selection of rare archive clips, such as Bronski Beat's first BBC performance of *Smalltown Boy*, Rihanna rocking it up on *Umbrella*, Sophie Ellis-Bextor singing Pulp's *Do You Remember the First Time?* and Kate Bush pairing up for a tango during *Hounds of Love*. (S)

9 PM

10 PM
11.05 **40 Hidden Music Treasures at the BBC** Surprising songs and rare performances from the archive, featuring Jimi Hendrix, MC Hammer, Dusty Springfield and Tammy Wynette. (S)(R)
1.35 AM **Snooker: World Championship Extra** Extended highlights from day eight at the Crucible Theatre in Sheffield. (S)
3.35 **Sign Zone: This City Is Ours** (S)(R)
4.35 **to 6.20** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **A Year in the Beacons** (S)(R)
6.30 FILM **Willy Wonka and the Chocolate Factory** Musical fantasy. (S)(AD) (1971, U) ★★★★
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Julia Bradbury. (S)
11.40 **Prue Leith's Cotswold Kitchen** New edition With Ruby Wax. (S)
12.40 PM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
1.10 **ITV News** (S)
1.30 LIVE **Racing** From Sandown Park, Haydock Park and Leicester. (S)
4.00 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.30 **ITV News** (S)
4.45 **Local News** (S)
5.00 **The Chase Celebrity Special** (S)(R)

9.05 The 1% Club

6 PM **6.00** **99 to Beat** New edition Adam and Ryan Thomas host as the remaining players must find a dummy in jelly, untangle themselves from a length of rope and defrost a whistle from a block of ice. (S)

7 PM
7.00 **Britain's Got Talent: Live Semi-Final** New edition Ant and Dec host as the first eight acts that made it through the audition rounds perform in front of the judges and a live audience for the chance to win a place in the final. The golden buzzer will now appear in the live rounds, giving judges Simon Cowell, Amanda Holden, Alesha Dixon and Bruno Tonioli, as well as Ant and Dec, the power to send one act straight through to the final. (S)

8 PM

9 PM
9.05 **The 1% Club** New edition Quiz show hosted by comedian Lee Mack in which the questions are all about logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(AD)

10 PM
10.05 NEW SERIES **The Assembly** 1/4. Celebrities are interviewed by neurodivergent individuals, beginning with Danny Dyer. (S)
■ Continues tomorrow
10.30 **ITV News** (S)
10.50 **Sorry, I Didn't Know** With guests Charlene White, Shazia Mirza, Jessica Fostekew and Stephen K Amos. (S)(R)
11.20 **English Football League Highlights** The latest EFL action, including QPR v Burnley. (S)
12.40 AM **Teleshopping**
3.00 **Next Level Chef USA** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Long Lost Family: Born Without Trace** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.00 AM **Cheers** 15-19/28. (S11) (S)(R)
8.05 **Everybody Loves Raymond** (S)(R)
9.05 **Frasier** (S5) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)(AD)
12.55 PM **Come Dine with Me: The Professionals** (S)(R)
1.55 **Four in a Bed** The week's competition begins at Home Farm B&B in Milton Keynes. (S)(R)
2.25 The second visit is to the Vale Hotel in Cricklade, Wiltshire. (S)(R)
2.55 The third visit is to Cottage Lodge Hotel in Brockenhurst. (S)(R)
3.25 The final visit is to Beach Sun Retreat in Dymchurch. (S)(R)
3.55 Payment day arrives. (S)(R)
4.30 **The Piano** Claudia Winkleman, Mika and Jon Batiste take their search for amazing amateur pianists to Brighton Station. (S)(R)(AD)
5.30 **News** (S)

9.00 Wrath of Man

6 PM **6.00** **Our Dream Farm with Matt Baker** New edition The final three hopefuls must transform a disused building, unearth its treasures and breathe new life into its historic walls. (S)(AD)

7 PM
7.00 **New Zealand by Train** 1/2. Exploring three of the country's major spectacular rail journeys, with the first edition following two routes on South Island. Narrated by Julie Walters. (S)(R)(AD)

8 PM
8.00 **Two Men on a Bike** 2/4. David Baddiel and Hugh Dennis journey along the Garonne canal and discover the only Rembrandt painting that's not in a museum or a private collection. (S)(R)(AD)

9 PM
9.00 FILM PREMIERE **Wrath of Man** Crime thriller, directed by Guy Ritchie, starring Jason Statham. A newly employed security guard gets off to a rocky start with his colleagues but when he uses marksmanship skills to foil a robbery, they are left wondering what his background really is. With Josh Hartnett, Holt McCallany and Andy Garcia. (S) (2021, 15, 140min) ★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM
11.20 FILM **Carlito's Way** Brian De Palma's thriller starring Al Pacino as an ex-jailbird who is pulled back into the drugs underworld by his lawyer. With Sean Penn. (S) (1993, 18, 155min) ★★★★
1.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.45 **The Dog House** (S)(R)(AD)
3.40 **Fur Babies** (S)(SL)(R)(AD)
4.35 **to 6.15** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Bargain-Loving Brits in the Sun** Five editions. (S)(R)
2.00 PM **The Cruise: Below Deck** 1/8. Documentary series following the passengers and crew on board two ships in the Virgin Voyages fleet. (S)(R) **3.00** 2/8. *Scarlet Lady* is steaming towards its first port of call, but British First Officer Elliot notices a problem. (S)(R)
4.00 **Our Yorkshire Farm** 5/7. Reuben comes up with an entrepreneurial plan to start a digging business. (S)(R) **5.00** 6/7. Amanda and Clive enlist the help of Miles and Edith to shear their thousand-strong flock. (S)(R)

8.00 Secrets of Royal Traditions

6.00 **Our Yorkshire Farm** 7/7. Five-year-old Nancy gets ready to leave the nest and start school with her siblings, but a COVID-19 outbreak hits the farm. (S)(R)

7.00 **Inside Windsor Castle: A Royal Residence** A look at what is like to live in the castle, from King Charles' military workouts to the Princess of Wales' kale smoothies. (S)(R)

8.00 NEW SERIES **Secrets of the Royal Traditions** 1/6. The origins of traditions used by the Royal Family, beginning with some of those on display at Queen Elizabeth II's funeral in 2022. (S)

9.00 NEW **The Jubilee of '77: Pomp, Pageantry & Parties** A look at Queen Elizabeth II's Silver Jubilee, asking if the celebrations strengthened the monarchy's reputation at a time when many people questioned its existence. (S)

10.30 **The Greatest TV of the '70s** 2/3. The best programmes of the decade, featuring *Morecambe and Wise, The Good Life, The Two Ronnies* and *Fawlty Towers*. (S)(R)
12.30 AM **Friends** (S3) (S)(R)(AD)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Inside British Airways: 24/7** 1/2. Documentary. (S)(R)
3.50 **Robson Green's Coastal Fishing** The south west. (S)(R)
4.50 **The Wonderful World of Chocolate** (S)(SL)(R)
5.25 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Deep Dive Australia** (S)(R)
10.00 **The Simpsons** (S)(R)
1.00 PM FILM **The Secret Garden** Family drama starring Colin Firth. When a young girl is sent to live with her uncle on his remote country estate after her parents die, she discovers a magical garden. (S)(AD) (2020, PG, 99min) ★★★★
3.00 **Gillette Labs Soccer Saturday** Up-to-the-minute scores.
5.00 **Mysteries from Above** Strange relics forgotten by time, including familiar stone monoliths in Colombia, a lost city in Sierra Nevada and ancient ruins in Greece and Malta. (S)(R)

1.00 The Secret Garden

6.00 **Commando Missions** 2/4. The story of Operation Frankton in December 1942, which involved Royal Marines placing limpet mines on German ships in Bordeaux Harbour. (S)(R)

7.00 FILM **Men in Black 3** Sci-fi action comedy sequel starring Will Smith, Tommy Lee Jones and Josh Brolin. Wisecracking Men in Black agent J goes back in time to 1969 to save the life of the young Agent K. With Emma Thompson and Alice Eve. (2012, PG, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9.00 FILM **Aquaman** Superhero adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis embarks upon a quest to prevent a war between the worlds of ocean and land. With Amber Heard, Nicole Kidman and Willem Dafoe. (S)(AD) (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 **Alan Carr: Regional Trinket** A stand-up show by the comedian that is all about finding happiness and joy in the small things in life. (S)(R)
12.45 AM **An Idiot Abroad 2** 6/8. Karl Pilkington travels along America's Route 66. (S)(R)(AD)
1.40 **The Office (US)** (S3) (S)(R)
3.10 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.00noon LIVE Sportscene: Women's Scottish Cup Semi Final (S) **2.15-4.25pm** LIVE Snooker: The World Championship (S) **11.40** Sportscene: Premiership Highlights (S)(R) **1.10am** Ashley Cain: Into the Danger Zone (S)(R)(AD) **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
12.00noon LIVE Rugby Union: Women's Six Nations (S) **2.15pm** Marcus Wareing's Tales from a Kitchen Garden (S)(R) **3.15** Nigel Slater's Simple Cooking (S)(R) **3.25-4.25pm** Planet Earth III (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
7.00pm The Chronicles of Belfast (S)(R) **7.15** LIVE United Rugby Championship (S) **9.45** The Chronicles of Armagh (S)(R) **10.05-11.05pm** New York: America's Busiest City (S)(R)

WALES
Sky 968, Freesat 968
12.00noon Football Focus (S) **1.00pm** BBC News (S) **1.10** Weather (S) **1.15** London Marathon: My Reason to Run (S) **1.45-4.15** LIVE Snooker: The World Championship (S) **8.40** SOS: Extreme Rescues (S)(R) **9.10** Springwatch in Wales (S)(R) **9.40** Gardeners' World (S)(R) **10.40-11.05pm** Red Dwarf (S)(R)(AD)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.10** Y 'Sgubor Flodau **11.05** Dim Byd i'w Wisgo **11.30** Codi Pac **12.00noon** Richard Holt: Yr Academi Felys **12.30pm** Cais Quinnell **1.00** Sgwrs Dan y Lloer **1.30** Siwrna Scandi Chris **2.30** Am Dro! (AD) **3.30** Ysbyty **4.30** Garddio a Mwy **5.00** LIVE Clwb Rygbi **7.15** Newyddion a Chwaraeon **7.30** Cysgu O Gwmpas (AD) **8.00** Alun, Chris a Kiri yn Seland Newydd **9.00** Strip **9.45** Clwb Rygbi **11.30pm-12.05am** Y Tyrchwyr gyda Iolo Williams (AD)

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Jeremy Clarkson, Richard Hammond and James May create a street circuit in Spain.
8.00 **Corey Baker's Dance Race** The artist's films featuring dance in striking locations.
8.05 **Doctor Who: Unleashed** New edition 3/8. Behind the scenes of the sci-fi series.
8.35 **EastEnders** Phil seeks out Linda's advice after making a shocking revelation.
9.05 **Two Pints of Lager and a Packet of Crisps** 7/11. Jonny receives an offer that he cannot refuse. **9.35** 8/11. David has his wicked way with Louise. **10.05** 9/11. Gaz gives Munch some dating advice. **10.35** 10/11. Gaz has a health scare. (S3)
11.05 **Just Act Normal** (S1)
12.20 AM **John Krasinski: The Story So Far**
12.40 **Top Gear** As 7.00pm.
1.40 **Glen Powell: The Story So Far**
1.55 **to 3.55** AM **Two Pints of Lager and a Packet of...**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **London to Brighton: Side By Side** Featuring footage of the journey by train in 1953 and 1983.
7.05 **Life of a Mountain: A Year on Blencathra** Film-maker Terry Abraham returns to the Lake District.
8.05 LIVE **Snooker: World Championship** Further coverage of the evening session on day eight from the Crucible Theatre in Sheffield, featuring two second-round matches.
10.00 **The '85 Black Ball Final: The Final Frame** A replay of the famous final frame of the 1985 World Snooker Championship between Steve Davis and Dennis Taylor.
11.15 **Davis v Taylor: The '85 Black Ball Final**
12.15 AM **On Cue with Steve Davis: 1985 World Championship Final**
12.50 **Imagine: Listen to Me Marlon** An intimate portrait of actor Marlon Brando.
2.30 **to 3.30** AM **Lee Miller: A Life on the Front Line**

MORE4

136/137 127 147 18 124 15

8.55 AM **George Clarke's Amazing Spaces**
9.55 **Ugly House to Lovely House with George Clarke**
11.00 **Four in a Bed**
1.40 PM **Location, Location, Location** Double bill.
3.50 **Come Dine with Me** Five editions of the culinary contest from Gloucestershire.
6.25 **Four in a Bed** The contest kicks off at Rosaire Guest House in Llandudno. **6.55** The second visit is to the Queens Hotel in Harlech.
7.25 **Four in a Bed** The third visit is to The Mill at Glynhir. **7.55** The final visit of the week is to Hideaway Escapes in Pembrokeshire. **8.30** Payment day arrives.
9.00 **24 Hours in A&E** A woman is transferred to St George's after crashing her car into a tree, and has to have her broken ankle realigned if she is to have any hope of walking again.
10.00 **24 Hours in A&E** A 92-year-old man may have a bleed on the brain, and patients from Iran share their memories of how the revolution affected their lives.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **The Goldbergs**
8.15 **Lego Masters New Zealand** The teams build half of an everyday object.
9.20 **Ramsay's Kitchen Nightmares USA**
10.20 **Made in Chelsea**
11.20 **Married at First Sight Australia** Double bill.
2.35 PM **The Big Bang Theory**
4.25 FILM **The Devil Wears Prada** Satirical comedy starring Meryl Streep and Anne Hathaway. (2006, PG, 109min) ★★★★
6.35 **The Simpsons** *The Monkey Suit:* With Larry Hagman. **7.00** *Homer and Marge Turn a Couple Play:* Homer and Marge dispense advice. **7.30** *Bart Stops to Smell the Roosevelts:* Bart discovers a passion for American history. **8.00** *Sorry Not Sorry:* Lisa refuses to apologise for insulting Miss Hoover. **8.30** *A Springfield Summer Christmas for Christmas:* A cable channel films a festive movie in Springfield.
9.00 **Celebrity Gogglebox** Famous faces appraise *Alan Carr's Epic Gameshow*.
10.00 **Gogglebox**
11.05 **Gogglebox**
12.05 AM **Celebrity First Dates**
2.15 **Gogglebox**
4.05 **Ramsay's Kitchen Nightmares USA**
4.55 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **UK Border Force**
8.00 **Motorway Patrol**
9.00 **Caught Red Handed**
11.00 **Border Patrol** Double bill.
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **UK Border Force** Cameras follow the work of staff at the British Commission in Lagos, Nigeria, and workers at a steakhouse in London's West End are interrogated.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

10.00 Blue Bloods

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM
9.00 **The Cleaning Lady** *Bahala Na:* 4/12. Thony resorts to calling Arman for help after Fiona puts herself in danger. (S2)

10 PM
10.00 **Blue Bloods** *Where We Stand:* 15/20. A physical altercation between a school officer and a student goes viral. (S12)
11.00 **Chicago Fire** 2/13. (S12)
12.00 M'T **FBI: Most Wanted** 19/22. Remy is changed by what he discovers when he reconnects with his mother. (S3)
1.00 AM **The Good Doctor** (S3)
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
9.05 **Game of Thrones** (S5)
1.30 PM **Game of Thrones** 5/10. Jon enlists the help of an unexpected ally.
2.35 6/10. Jorah and Tyrion run into slavers, and the Sand Snakes mount an attack.
3.35 7/10. Sansa makes an attempt to talk to Theon.
4.40 8/10. Arya makes progress in her training.
5.50 9/10. Daenerys hosts a much-anticipated celebration of athleticism. (S5)

9.00 The Penguin

6.50 **Game of Thrones** *Mother's Mercy:* 10/10. Cersei seeks forgiveness, while Jon is challenged at the Wall. (S5)

8.00 **Game of Thrones** *The Red Woman:* 1/10. The fate of Jon Snow is revealed, and Ramsay sends his dogs out. (S6)

9.00 **The Penguin** *Inside Man:* 2/8. Oz attempts to play both the Falcone and Maroni families to his advantage. (S1)

10.00 **Chernobyl** *Vichnaya Pamyat:* 5/5. Legasov, Shcherbina and Khomyuk risk everything to expose the truth. (S1)
11.20 **Homicide: Life on the Street** 14/22. Kellerman returns from a family wedding to investigate a murder.
12.20 AM 15/22. A mass murderer is identified. (S4)
1.20 **Homicide: Life on the Street**
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **Supergirl** 1-4/23. (S3)
12.00 NOON **Hawaii Five-0** Four episodes, including at:
3.00 PM 7/22. McGarrett is left holding the baby. (S4)
4.00 **The Walking Dead** 8/16. Rick and his team rescue Glenn and Maggie from Woodbury.
5.00 9/16. Rick tries to rescue Daryl, and Woodbury is in disarray after the attack.
6.00 10/16. As the group debate their next move, Rick looks for a lost friend. (S3)

4.00 The Walking Dead

7.00 **The Walking Dead** *I Ain't a Judas:* 11/16. With their security threatened, Rick and the group must make a difficult choice.

8.00 **The Walking Dead** *Clear:* 12/16. The prison-based survivors set out to refresh their supply of weapons. (S3)

9.00 **David Blaine: Real or Magic?** The illusionist performs tricks for a host of celebrities, including Katy Perry and Will Smith.

10.00 **David Blaine: Beyond Magic** The illusionist performs tricks for a host of stars, including David Beckham and Drake.
11.00 **Strike Back: Silent War** 2/10. Mac, Wyatt and Novin continue their hunt for the missing Russian jet. (S7)
12.00 M'T **An Idiot Abroad 2** 6/8. Karl Pilkington travels along America's Route 66.
1.00 AM **The Force: Manchester**
3.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Bondi Rescue**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records** Double bill.
9.45 **Deal or No Deal**
12.40 PM **American Ninja Warrior**
1.40 **The Masked Singer US**
2.35 **Celebrity Catchphrase**
3.40 **FILM Flushed Away** Animated comedy adventure featuring the voice of Hugh Jackman. (2006, U, 85min) ★★★★
5.25 **FILM Mrs Doubtfire** Comedy starring Robin Williams, Sally Field and Pierce Brosnan. (1993, PG, 125min) ★★★★

5.25 Mrs Doubtfire

7.00 **FILM Mrs Doubtfire** (film started at 5.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **FILM Fast & Furious 9** Thriller sequel starring Vin Diesel and Jordana Brewster. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Family Guy** 4/7. Peter is placed under house arrest and turns the basement into a bar, where Lois finds fame. (S1)
11.15 **Family Guy** 15/20. Lois feels unappreciated. (S19)
11.45 **American Dad!** 15&7/18. (S5)
12.50 AM **Iain Stirling's CelebAbility**
1.35 **World's Funniest Videos**
2.30 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **Lewis** Double bill.
10.50 **Goodnight Mister Tom** Wartime family drama starring John Thaw.
12.55 PM **Agatha Christie's Poirot**
3.00 **Agatha Christie's Poirot** *Why Didn't They Ask Evans?* The sleuth teams up with a friend and a socialite to solve the riddle of a dying man's words.
5.00 **Midsomer Murders** *The Incident at Cooper Hill:* Mysterious lights are seen in the sky over Cooper Hill.

9.00 Downton Abbey: New Era

7.00 **Midsomer Murders** *Habeas Corpus:* When a landowner's body goes missing on the night of his death, Barnaby, Nelson and forensic pathologist Kam Karimore are drawn into the macabre world of body-snatching.

9.00 **FILM Downton Abbey: A New Era** Drama spin-off starring Hugh Bonneville. The Crawley family head to the south of France to uncover the mystery of the dowager countess's villa. (2022, PG, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 **Vera** *Darkwater:* A teenager's body is found in a reservoir.
1.10 AM **Martin Clunes: Islands of the Pacific** French Polynesia.
2.05 **On the Buses**
2.30 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.15 PM **LIVE Rugby Union: Women's Six Nations** Scotland v Ireland: Coverage of both teams' concluding match of the championship, held at Hive Stadium, Edinburgh. Kick-off is at 2.30.
4.30 **Sportscene: Open All Mics** Football updates.
5.30 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including St Mirren v Rangers.
8.45 **The Tales of Para Handy** *Para Handy's Piper:* 2/3. The crew deliver a piper to a wedding. (S2)
9.35 **Mrs Brown's Boys** (S2)
10.05 **Two Doors Down** (S3)
10.35 **Jim Smith Live from Perth** Stand-up show.
11.30 **Best of Chewin' the Fat**
11.50 PM **to 12.00** M'T **Loop**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S3)
10.30 **Veep** 1-5/10. (S6)
1.25 PM **Curb Your Enthusiasm** (S8)
6.30 **The Office (US)** 4/25. Michael tries counselling.
7.00 5/25. Dwight takes Ryan out on a call.
7.30 6/25. Michael encourages everyone to celebrate Diwali.
8.00 7/25. Michael learns the Scranton branch faces closure.
8.30 8/25. The Scranton and Stamford branches become merged. (S3)
9.00 **James Acaster: Hecklers Welcome** A stand-up special by the comedian.
10.25 **And Just Like That...**
12.05 AM **Entourage** (S7)
1.20 **Barry** 5/8. (S2)
2.00 **NEW Brett Goldstein: The Second Best Night of Your Life** Stand-up.
3.10 **Girls** 5&6/10. (S2)
4.20 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **RSC: All's Well That Ends Well**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **FILM The Private Life of Sherlock Holmes** (1970, PG) ★★★
3.20 **Cyndi Lauper: Live**
5.20 **The Assassination of John Lennon**
7.10 **The Genesis Songbook**
8.30 **ELO Live at Wembley 1978** The band perform.
9.50 **Electric Lady Studios: A Jimi Hendrix Vision**
11.35 **Angelheaded Hipster: The Songs of Marc Bolan & T. Rex**
1.25 AM **Discovering: David Bowie** A profile.
2.25 **Isle of Wight Festival**
2.50 **Lewis Capaldi at Baloise Session**
4.05 **Science Fiction in the Atomic Age**
5.05 **Discovering: U2**
5.35 **to 6.00** AM **Discovering: Eagles**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Trolls: Trollstopia**
8.25 **Let's Go, Bananas!**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Patagonia** Double bill.
1.00 PM **Monkey Life**
2.00 **Surviving the Amazon**
3.00 **Dogs with Extraordinary Jobs**
4.00 **Secret World of Sound with David Attenborough**
5.00 **Great Barrier Reef with David Attenborough**
6.00 **Kalahari: Land of Secret Alliances**
7.00 **Land of Primates**
8.00 **Caught on Dashcam**
9.00 **Love You to Death**
10.00 **Sex and the City**
12.45 AM **Caught on Dashcam**
1.35 **Brit Cops: War on Crime** Documentary.
2.30 **Nothing to Declare**
4.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Be Beautiful**
7.55 **Abbey Clancy: Celebrity Homes**
8.55 **The Bardsley Bunch**
9.55 **Dinner Date**
1.00 PM **Project Bakeover**
2.55 **The Only Way Is Essex**
3.55 **The Bardsley Bunch**
4.55 **The Real Housewives of Cheshire** Reality series.
6.00 **Celebrity Dinner Date** Triple bill, including at:
8.00 Actor Chelsee Healey looks for love.
9.00 **FILM The Notebook** Melodrama starring Rachel McAdams and Ryan Gosling. A rich girl and a mill worker fall in love, but their romance is stifled when World War Two breaks out. (2004, 12, 124min) ★★★
11.30 **Loaded in Paradise**
12.35 AM **Botched**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the drama, including at:
7.00 *Ghost Rider:* 24/25. A novelist discovers that her new car is haunted.
8.00 *Gift of Life:* 25/25. A tycoon is given the chance to make up for his misdeeds. (S3)
9.00 **The Teagarden Mysteries: Three Bedrooms, One Corpse** Crime drama starring Candace Cameron Bure. A grim discovery plunges Aurora into another murder mystery.
10.55 **An Aurora Teagarden Mystery: Real Murders** Crime drama starring Candace Cameron Bure.
12.45 AM **The Avengers** (S6)
3.00 **Randall and Hopkirk (Deceased)** 10/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **Minder**
7.20 **The Sweeney**
8.20 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.25 **The Best of the 70s**
11.40 **Underwater Grand Fishing Adventure**
12.40 PM **The Motorbike Show**
2.50 **Sharpe** 2/3. The soldier is assigned to restore peace in the north of England. **5.00** 3/3. Harper and Sharpe help defeat Napoleon. (S5)

7.10 Jurassic Park III

7.10 FILM **Jurassic Park III** Adventure thriller sequel starring Sam Neill and William H Macy. A palaeontologist gets stranded on an island containing genetically engineered dinosaurs again. With Téa Leoni. (2001, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Action from Hull City v Derby County, QPR v Burnley and Oxford United v Sunderland.

10.30 FILM **The Terminator** Sci-fi thriller starring Arnold Schwarzenegger as a cyborg assassin sent from the future to present-day LA to kill a woman who holds the key to humanity's future. (1984, 15, 108min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Wrestling: AEW Dynamite**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted US**
8.00 **Teleshopping**
11.00 FILM **Stargate: Continuum** Sci-fi adventure spin-off starring Ben Browder. (2008, PG, 99min) ★★
1.00 PM **Star Trek: Enterprise** Four episodes, including at: **4.00** 17/26. A group of Vulcans visit the starship. (S1)
5.00 **Star Trek: Voyager** 12/26. Neelix, Chakotay and Paris are sent on a dangerous mission. **6.00** 13/26. Marauding aliens put the crew to sleep. (S4)

5.00 Star Trek: Voyager

7.00 **Star Trek: Voyager** *Message in a Bottle:* 14/26. Seven finds a deserted vessel on the edge of the Alpha Quadrant.

8.00 **Star Trek: Voyager** *Hunters:* 15/26. The crew members receive letters from home bearing both good and bad news. (S4)

9.00 **Stargate Origins: Catherine** Sci-fi adventure spin-off with Ellie Gall. Catherine Langford enlists the help of two soldiers to venture into the Stargate and save the world from an unimaginable darkness.

11.00 **The Walking Dead** 8/16. Peace in Alexandria is broken by a threat that may be too big to handle. **12.00** M'T 9/16. Alexandria's walls have been breached. **1.00** AM 10&11/16. (S6)
3.00 **Twin Peaks** 4/18. (S1)
4.00 **to 6.00** AM **Most Haunted US**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
10.00 **Elementary** 19-21/24. (S3)
12.55 PM **Father Brown**
2.00 **Inspector George Gently**
4.00 **Father Brown** *The House of God:* The holiest house in Kembleford is linked to the death of a wanton woman. **5.00** *The Blood of the Anarchists:* A performance troupe of anarchists cause chaos in Kembleford. **6.00** *The Skylark Scandal:* The local lord is strangled during a rambling trip.

8.00 Death in Paradise

7.00 **Father Brown** *The Honourable Thief:* Lady Felicia's home comes under threat.

8.00 **Death in Paradise** *Lucky in Love:* 3/9. A lottery winner is found dead in her villa. Guest stars Kelvin Fletcher.

9.00 **Death in Paradise** *Chain Reaction:* 4/9. Neville attempts to solve the death of a nurse from his hospital bed. (S10)

10.00 **Hunt for the I-5 Killer** One-off drama about the year-long manhunt for American serial killer Randall Brent Woodfield. Stars John Corbett.

11.55 **Death in Paradise** 5/9. Part one of two. A renowned concert pianist is shot during an apparent burglary. (S10)
12.55 AM **Father Brown**
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Open All Hours**
8.05 **dinnerladies** Double bill.
9.15 **Only Fools and Horses**
1.15 PM **Only Fools and Horses** Six episodes, including at: **4.20** The first-ever episode of the comedy. Rodney tires of being dogsbody to his brother. **5.00** Del and Rodney celebrate a used-car deal with a night out in the West End. **5.40** Del gets his hands on a statue of a Hindu god. **6.20** One of Del's old flames turns up out of the blue.

4.20 Only Fools and Horses

7.00 **Only Fools and Horses** Del Boy enters the highly profitable tourist trade. **7.40** Del Boy acquires a DIY nuclear fallout shelter, so he, Rodney and Grandad decide to have a practice run. **8.20** Christmas special from 2003. Del Boy and Rodney have only two weeks to find the cash they need to pay the Inland Revenue, or face losing their cherished flat in Nelson Mandela House.

10.00 **Only Fools and Horses** Always one to jump on the latest bandwagon, Del Boy launches his own bottled water business.

11.25 **dinnerladies** Bren frets over the implementation of a new DIY table-clearing initiative.
12.00 M'T **Absolutely Fabulous**
12.35 AM **Absolutely Fabulous: Inside Out** Documentary.
2.40 **to 4.00** AM **Absolutely Fabulous**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Travel Man: 96 Hours in Jordan** With David Baddiel.
8.00 **Storage Hunters UK**
9.00 **James May's Toy Stories**
10.00 **Top Gear** With Simon Pegg.
11.00 **Red Bull Soapbox Race**
1.00 PM **World's Most Dangerous Roads** From Ethiopia.
2.00 **How Britain Worked**
3.00 **Cape Carnage: Killer Catch**
4.00 **Motorhoming with Merton & Webster** The Peak District.
5.00 **The Lakes with Simon Reeve**
6.00 **Would I Lie to You?** Double bill of the comedy panel show.

5.00 The Lakes

7.20 **Would I Lie to You?** With guest panellists Katherine Parkinson, David O'Doherty, Louie Spence and Bill Turnbull.

8.00 **Special Ops: To Catch a Criminal** A routine visit to a house in Chigwell uncovers an underground UK dog-fighting gang.

9.00 **Not Going Out** Lee gets competitive when Benji takes up football. **9.40** Christmas special from 2023. Lee and Lucy invite a lonely pensioner to join them for Christmas dinner.

10.40 **QI** With Phill Jupitus, Clive Anderson and Jo Brand.

11.20 **QI** With Bill Bailey, Dara O Briain and Phill Jupitus.
12.00 M'T **Have I Got a Bit More News for You** David Mitchell hosts the current affairs quiz. **1.00** AM Helen McCrory hosts.
2.00 **to 4.00** AM **Orlando Bloom: To the Edge**

+1 hour 211/212 327 74 259

Saturday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM FILM **Mr Popper's Penguins** Comedy. (2011, PG, 94min) ★★★
10.50 FILM **The Borrowers** Children's adventure. (1997, U, 90min) ★★★★
12.30 PM **A Place in the Sun**
1.00 **A New Life in the Sun: Where Are They Now?**
6.00 **A Place in the Sun** A couple want a holiday home in Mojácar, Spain. **7.00** A dream holiday home in Chania, Crete.
8.00 **Grand Designs Revisited** Catching up with a couple who built a hypoallergenic home.
9.00 **8 Out of 10 Cats Does Countdown** With Richard Ayoade and Katherine Ryan.
10.00 **Big Fat Quiz: Best Bits**
11.05 **The Nevermets**
12.05 AM **Gogglebox**
1.10 **Celebrity Gogglebox**
2.15 **999: On the Front Line**
3.20 **999: The Critical List**
4.15 **to 4.45** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Car Pound Cops**
9.35 **Blue Bloods** (S3)
3.30 PM **Jesse Stone: Sea Change** Crime thriller.
5.20 **Jesse Stone: Thin Ice** Detective thriller.
7.10 **Jesse Stone: No Remorse** Detective thriller starring Tom Selleck. The chief of police returns to duty to investigate a series of murders in Boston.
9.00 **Criminal Minds** *The Sandman:* 17/22. The agents must track down a child abductor. **10.00** *Beautiful Disaster:* 18/22. A killer targets a member of the team, and Morgan starts to question his future. (S11)
11.00 **Law & Order: Special Victims Unit** (S20)
2.40 AM **The Good Wife** (S3)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Dogs Behaving (Very) Badly**
10.00 **Call the Bailiffs: Time to Pay Up**
3.00 PM FILM **The Legend of Zorro** Adventure sequel starring Antonio Banderas. (2005, PG, 130min) ★★★
5.40 **101 Near Misses**
6.35 FILM **Unknown** Conspiracy thriller starring Liam Neeson. (2011, 12, 113min) ★★★
9.00 FILM **The Commuter** Thriller starring Liam Neeson, Vera Farmiga and Patrick Wilson. (2018, 15, 105min) ★★★
11.10 FILM **Non-Stop** Crime action thriller starring Julianne Moore. (2014, 12, 106min) ★★★★
1.15 AM **A&E: Crash Scene Emergency**
2.15 **Police Interceptors**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Shop Smart, Save Money** Stick vacuums.
10.05 **Police Interceptors**
1.05 PM **Police Interceptors**
2.05 FILM **The War Wagon** Western drama. (1967, U, 96min) ★★★
4.15 FILM **Rooster Cogburn** Western sequel starring John Wayne and Katharine Hepburn. (1975, U, 108min) ★★★
6.25 FILM **Rio Lobo** Civil War Western starring John Wayne. A Union colonel vows to find the traitor responsible for the death of his best friend. (1970, PG, 110min) ★★★
9.00 FILM **Unforgiven** Western starring Gene Hackman and Morgan Freeman. A reformed killer is forced out of retirement. (1992, 15, 130min) ★★★★★
11.40 **Yellowstone** (S1)
3.35 **to 4.00** AM **Motorway Patrol**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.15 PM **My Family** Triple bill.
5.10 **Outnumbered** Ben stays at an adventure camp. **5.50** Ben has an eventful parents' evening. **6.30** Sue believes that Jake is hiding a secret. **7.10** A guest arrives to stay with the family. **7.50** Ben auditions for the school musical. **8.25** Jake gives his mum and dad some advice.
9.00 **The Catherine Tate Show** Guest stars Siobhan Redmond. **9.40** With Jill Halfpenny. **10.20** Mouthy schoolgirl Lauren visits the gym.
11.00 **Life in Pieces**
12.00 M'T **Spinal Destination** New episode 3/6. (S1)
12.30 AM **Wagspiracy: Vardy v Rooney**
1.35 **to 3.00** AM **My Kitchen Rules: Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Birds of a Feather**
7.55 **Bergerac**
11.10 **Lovejoy**
1.40 PM **Call the Midwife**
3.00 **Father Brown**
5.00 **Darby and Joan**
7.00 **The Brokenwood Mysteries** *Shot of Love:* 5/6. Kristin and Daniel investigate a man's mysterious death. (S9)
9.00 **The Split** 3/6. Hannah is caught in the middle when Nathan and Christie clash on a highly charged divorce case. **10.20** 4/6. An illicit dating website is hacked, providing Hannah with an explosive case. (S1)
11.40 **Hotel Portofino** *Contortions:* 4/6. Cecil schemes to take control of the hotel. (S2)
12.55 AM **The Heart Guy**
1.55 **Birds of a Feather**
2.30 **to 4.00** AM **Signora Volpe**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
8.00 **Rich House, Poor House** A wealthy events manager swaps homes with a couple living in a council house.
9.00 **The Repair Shop** Items include a chair made for King George VI's coronation. **10.00** The team restore a fire helmet, an electric guitar and a toy dog. **11.00** Mechanical expert Steve has a tricky problem trying to fix an old school calculator.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Bruce's Price Is Right**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **All Star Family Fortunes** Triple bill.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Beth Tweddle, Tony Audenshaw, Kara Tointon and Louis Walsh compete for charity. **5.00** With Claire Richards, Rowland Rivron, James Haskell and Antony Costa.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Family Chase** The Marsh family from Bolton take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM FILM **Mosquito Squadron** War drama. (1968, U, 90min) ★★
10.15 FILM **Distant Drums** Western adventure. (1951, U, 99min) ★★
12.30 PM FILM **Bandolero!** Western drama. (1968, 15, 106min) ★★★
2.55 FILM **They Came to Cordura** Western. (1959, PG, 123min) ★★★
5.25 FILM **The Unforgiven** Western drama. (1960, PG, 125min) ★★★
8.00 FILM **The Sand Pebbles** Action thriller starring Steve McQueen. (1966, 15, 193min) ★★
11.35 FILM **Extraction** Action thriller starring Kellan Lutz and Bruce Willis. (2015, 15, 88min) ★
1.40 AM FILM **Sub-Zero** Action adventure. (2004, 15, 90min) ★★
3.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM FILM **Lost Letter Mysteries: Second Chances** (2014, PG) ★★
10.55 FILM **Lost Letter Mysteries: Reconcilable Differences** Drama. (2014, 12, 87min) ★★
12.50 PM FILM **The Horse Whisperer** Drama. (1998, PG) ★★★★
4.20 FILM **Star Trek V: The Final Frontier** Sci-fi. (1989, PG, 100min) ★★
6.40 FILM **Star Trek VI: The Undiscovered Country** Sci-fi adventure. (1991, PG, 109min) ★★★★
9.00 FILM **Gone Baby Gone** Crime drama. (2007, 15, 109min) ★★★★★
11.25 FILM **The Whistleblower** Conspiracy thriller. (2010, 15, 107min) ★★★
1.50 AM FILM **Phantom** Drama. (2013, 15) ★★
4.00 **to 6.00** AM FILM **The Many Faces of Alice** Thriller. (2016, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM FILM **All Yours** Comedy. (2016, PG) ★★
10.05 FILM **Lead with Your Heart** Romantic drama. (2015, PG, 83min) ★★
12.00 NOON FILM **Love Takes Flight** Romantic drama. (2019, PG, 87min) ★★
2.00 PM FILM **Sweet Autumn** Drama. (2020, PG) ★★
4.00 FILM **Truly, Madly, Sweetly** Romance. (2018, PG, 82min) ★★
6.05 FILM **Love to the Rescue** Romantic drama. (2019, PG, 84min) ★★
8.00 FILM **The Perfect Catch** Romantic drama. (2017, PG, 90min) ★★
9.55 FILM **Me and Mr Right** Romantic comedy. (2022, U, 91min) ★★
11.55 FILM **Cupid, Inc** Comedy. (2012, PG, 90min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Love in Store** Comedy. (2020, PG, 82min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Time After Time**
8.00 **The Fantastic Journey**
9.00 **The Monkees**
11.30 **Fantasy Island**
1.15 PM **Clive James in Japan** Double bill.
3.00 **Born Free** 8/13.
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **The Fantastic Journey**
7.00 **Mitch** 4/10. (S1)
8.00 **The Zoo Gang** *The Lion Hunt:* 4/6. The team attempt the rescue of a heroic revolutionary. (S1)
9.00 **Fantasy Island** *Pilot.*
10.50 **Mysterious Tales**
11.00 FILM **Brief Encounter** Romantic drama remake starring Richard Burton and Sophia Loren. (1974, PG, 75min) ★★
1.00 AM **Bubblegum & Cheese** Pop music.
2.00 **Stereo Underground**
3.00 FILM **The Big Sleep** Private-eye thriller. (1978, 15, 95min) ★
5.00 **to 6.00** AM **Born Free**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions of the series, including at: **6.00** Rising temperatures and a waterlogged mine cause problems for the Digi Diggers.
7.00 **Extinct or Alive** Forrest Galante searches for a unique crocodile species in rural Colombia. **8.00** Forrest searches for a fabled tortoise on the Galapagos Islands.
9.00 **The Hair Loss Clinic** Shop owner Becky's hair loss was triggered by a head-on car crash. **10.00** Hattie has a disorder that gives her an uncontrollable urge to pull out her hair.
11.00 **Monsters Inside Me**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Barefoot Contessa: Back to Basics**
11.00 **James Martin's French Adventure**
3.00 PM **Ainsley's Good Mood Food** Six editions.
9.00 **Mystery Diners** The owners of Dar Salam in Portland notice a discrepancy in supplies. **9.30** Investigating a social media expert believed to be not doing an adequate job. **10.00** The owners of A La Carts Food Pavilion in Portland hear complaints about the new manager. **10.30** Restaurant owners fear their staff members are getting carried away with the digital shorts they produce to promote the business.
11.00 **Secret Eats with Adam Richman** Four editions.
1.00 **to 3.00** AM **Cake Boss**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 FILM **George and the Dragon** Fantasy. (2004, PG, 93min) ★★★
10.00 **Knight Rider** (S1)
3.00 PM FILM **Gunsmoke: To the Last Man** Western adventure. (1992, PG, 91min) ★★
4.50 FILM **McLintock!** Comedy Western. (1963, U, 127min) ★★★
7.20 FILM **Five Guns West** Western with John Lund and Dorothy Malone. (1954, PG, 78min) ★★
9.00 FILM **Paydirt** Crime thriller with Val Kilmer. (2020, 15, 86min) ★
10.45 FILM **Basic Instinct** Erotic thriller starring Michael Douglas. (1992, 18, 128min) ★★★
1.20 AM FILM **The River Wild** Adventure. (1994, 12, 112min) ★★★★
3.30 **to 5.15** AM FILM **Howl** Horror with Ed Speleers. (2015, 18, 89min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
8.00 FILM **Wyvern** Thriller. (2009, 15, 84min) ★★
10.00 FILM **The Day the Earth Stopped** Sci-fi action thriller. (2008, 15, 90min) ★★
12.00 NOON FILM **Bigfoot** Tongue-in-cheek monster movie. (2012, 12, 89min) ★★
2.00 PM FILM **Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★★
4.00 **Farscape** 6-10/22. (S4)
9.00 FILM **The Power of One** Coming-of-age drama starring Stephen Dorff. (1991, 15, 127min) ★★
11.30 FILM **Prey** Horror. (2018, 15, 85min) ★★★
1.15 **to 3.00** AM FILM **Witchfinder General** Cult British horror. (1967, 15, 98min) ★★★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Wars**
8.00 **Swamp People**
11.00 **Contraband: Seized at Sea** Documentary.
12.00 NOON **Airport Security: USA**
1.00 PM **Mega Disasters**
3.00 **Ancient Aliens**
9.00 **Nostradamus: 21st Century Prophecies Revealed** A look through some of the predictions made by Nostradamus.
10.45 **Strange Evidence** A Vermont woman films a huge moving object in Lake Champlain. **11.45** A weird object lights up the LA sky and seems to behave with a creepy intelligence.
12.40 AM **World's Most Unexplained...**
1.00 **Cops Who Kill with Will Mellor**
2.00 **Beyond Borders**
3.00 **Dog Patrol**
4.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Secrets of Buckingham Palace with Alexander Armstrong**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Sunken Warships: Secrets from the Deep**
7.00 **Nazi Megastructures** The German army's surprise attack in the Ardennes as the tide of the war turned.
8.00 **How the Nazis Lost the War** An examination of Hitler's almost daily injection of opioids and methamphetamines.
9.00 **D-Day: Invasion**
10.00 **D-Day: Victory**
11.00 **WWII Battles in Colour**
12.00 M'T FILM **Steptoe and Son** Big-screen comedy spin-off. (1972, PG, 98min) ★★
2.00 **to 3.50** AM FILM **Steptoe & Son Ride Again** Spin-off from the TV comedy series. (1973, PG, 98min) ★★★

HGTV

158 153 191 44 149 40

7.00 AM **Man v Food with Casey Webb**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Four editions.
7.00 **Escape to the Country** Nicki Chapman helps a couple find a property in rural south Devon.
8.00 **Love Your Garden** The team create a garden for a war hero. **9.00** The team head to Chessington to create a car-themed garden.
10.00 **Escape to the Country** Alistair Appleton helps a couple to find a home on the Scottish borders. **11.00** A couple seek a country property close to the Norfolk Broads. **12.00** M'T A Harrogate couple search for a home in Gloucestershire.
1.00 AM **Rock the Block**
2.30 **to 4.00** AM **Flip or Flop**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire** Double bill.
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends**
8.00 **Dr Pimple Popper** Four editions, including at: **10.00** Roger has a considerable growth on his shoulder that he calls his 'second head.' **11.00** Robert has keloids on his ear and the back of his head.
12.00 M'T **Monsters Inside Me**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Christmas Show**
9.00 **Friends** (S10&1)
6.15 PM **Michael McIntyre's Big Christmas Show**
7.15 FILM **The Money Pit** Comedy starring Tom Hanks and Shelley Long. (1985, 15, 91min) ★★★
9.00 FILM **Bad Neighbours** Comedy starring Seth Rogen, Zac Efron and Rose Byrne. (2014, 15, 93min) ★★★
10.55 **Whose Line Is It Anyway? USA**
11.55 **8 Out of 10 Cats**
12.55 AM **Kevin Bridges: A Whole Different Story**
1.55 **Reno 911!** 1/11. (S8)
2.25 **South Park** 1/14. (S9)
2.50 **Beavis and Butt-Head**
3.00 **Whose Line Is It Anyway? USA**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Joel & Nish vs the World**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Home Improvement**
12.00 NOON **Takeshi's Castle**
3.00 PM **Michael McIntyre's Big Christmas Show**
4.00 **Whose Line Is It Anyway? USA**
7.00 **Friends** 17&18/18. The last-ever episode. (S10) **8.00** 1/24. The first-ever episode. **8.30** 2/24. Carol tells Ross about her plans. **9.00** 3/24. Monica shows off her boyfriend to the rest of the group. **9.30** 4/24. The girls spy on a neighbour. (S1)
10.00 **Friends** 5-12/24. (S1)
2.00 AM **Impractical Jokers**
3.00 **The Roast of David Hasselhoff**
4.00 **CC Live: Stand Up Shorts** With Ali Woods.
4.30 **Al Murray: One Man, One Guvnor Uncut**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **911 Crisis Centre**
9.00 **Four Weddings**
11.00 **Nothing to Declare**
2.00 PM **Blood & Treasure** Five episodes of the series, including at: **4.00** *The Revenge of Farouk:* 13/13. Danny realises the truth about Farouk. (S1) **5.00** *The Soul of Genghis Khan:* 1/13. Danny and Lexi make plans for the future. **6.00** *Tales of the Golden Tiger:* 2/13. The hunt for Kate Reece takes Danny and Lexi to Vietnam, where they reunite with Aiden Shaw. (S2)
7.00 **Motorway Patrol**
11.00 **Law & Order: Special Victims Unit** (S24)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** Double bill.
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs UK**
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **7.00** Nick is suspicious about England's 'business' trip. **8.00** LaDaris needs help figuring out what's going on with Julie.
9.00 **MTV Cribs: Best Bachelor Pads** AJ Odudu visits the best celebrity bachelor pads.
10.00 FILM **Resident Evil: Apocalypse** Sci-fi horror thriller sequel starring Milla Jovovich. (2004, 15, 94min) ★★★
12.00 M'T **Dating Naked UK**
1.00 AM **Aussie Shore**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs UK**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
12.00 NOON **Mega Shippers**
1.00 PM **Filthy Fortunes** Matt Paxton and his team appraise lucrative collections. **2.00** A dangerous hoard in the Pennsylvania woods. **3.00** Matt hunts for classic motorcycles and rare toys. **4.00** Matt takes on a rock star mess to find classic guitars. **5.00** Matt and his team hope to turn BBQ smokers into big money in Houston.
6.00 **Gold Rush** Rick digs his last gold of the season.

6.00 How It's Made

Gold Rush (started at 6.00pm)

8.00 **Gold Divers** The fleet face one last battle for Bering Sea gold. Shawn makes an epic dive, while Vern and Gary make plans.

9.00 **Naked and Afraid** Four men seek to redeem past failures on a forgotten lake deep in the Philippine jungle, where they are driven by pride and tested by the brutal elements.

11.00 **Expedition X** Phil and Heather visit a castle reportedly built over a Nazi portal to hell.
12.00 M'T **Expedition Unknown** Josh hunts for the lost tomb of Alexander the Great.
1.00 AM **Moonshiners**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Insane Pools: Off the Deep End** A tropical oasis.
9.00 **Crikey! It's the Irwins**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Tanked**
1.00 PM **Crikey! It's the Irwins**
2.00 **Sharks vs Dolphins: Face Off**
3.00 **Blue Serengeti**
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps out rescued animals after Hurricane Harvey. **5.00** A young pitbull fights for its life after being bitten.
6.00 **Insane Pools: Off the Deep End** With golfer JB Holmes.

8.00 Swimming with Monsters

7.00 **How Do Animals Do That?** How hamsters stuff so much in their cheeks. **7.30** How your dog knows when you're sick.

8.00 **Swimming with Monsters with Steve Backshall** The naturalist travels to Brazil to swim with and study anacondas.

9.00 **Rugged Justice** A vessel is in danger of sinking, and a sex offender attempts to flee after being confronted.

10.00 **The Last Alaskans** The families demonstrate why finding food is essential to surviving 400 miles from civilisation.

11.00 **Insane Pools: Off the Deep End** Lucas and the crew create a giant double-pool.
12.00 M'T **Monsters Inside Me** A parasite eats a boy's leg.
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
11.00 **Lost on Everest**
12.00 NOON **Destruction Decoded**
1.00 PM **Nazi Megastructures: Battle Ready** Documentary.
2.00 **World War II: Secrets from Above** Double bill of editions.
4.00 **Nazi Child Soldiers**
5.00 **Nazi Death Camp: The Great Escape** Jewish former prisoners at a Polish death camp recall their escape.
6.00 **Seconds from Disaster** The crash of a cargo plane in Amsterdam in 1992.

7.00 Car S.O.S

7.00 **Car S.O.S** Tim Shaw and Fuzz Townshend try to restore a Wolseley Hornet, a car that has no manual and requires rare parts.

8.00 **Car S.O.S** Tim and Fuzz head to Southampton to take on a 1969 Jensen Interceptor owned by a man with extreme arthritis.

9.00 **Car S.O.S** Tim and Fuzz restore a Renault 5 GT Turbo belonging to a man who suffered serious organ failure..

10.00 **David Blaine: Do Not Attempt** David discovers how magic is breaking down barriers.
10.55 **Construction Fails** Disasters involving landslides and tyres.

12.00 M'T **Construction Fails**
2.00 AM **Lords of War**
2.55 **Food Factory** Double bill.
3.45 **Made in a Day**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Forged in Fire**
7.00 **Flipping Bangers**
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars** Triple bill.
1.00 PM **Storage Wars**
4.00 **The Proof Is Out There** Newly found footage from the 1970s that may offer proof that a sasquatch is living in the swamps of Louisiana.
5.00 **Mysteries from Above** A lost city in Sierra Nevada and ancient ruins in Greece.
6.00 **Commando Missions** A look into Operation Frankton.

7.00 Ross Kemp: Shipwreck...

7.00 **Ross Kemp: Shipwreck Treasure Hunter** The actor dives on the wreck of a steam-age ship in north Devon.

8.00 **Ross Kemp: Shipwreck Treasure Hunter** The actor dives on Nelsonian frigate HMS *Amethyst*, launched in 1799.

9.00 **The Rise and Fall of El Chapo** The life and career of Mexican drug kingpin Joaquin 'El Chapo' Guzman, looking at the man behind the myth and how his international drug cartel impacted the United States.

11.00 **Mysteries Unearthed with Danny Trejo** Discoveries that terrified the world.
12.00 M'T **Forged in Fire** A quest to make the weapon used to assassinate Julius Caesar. **1.00** AM Two one-on-one battles at the Colosseum.
2.00 **Pawn Stars** Triple bill.
5.00 **to 6.00** AM **Ross Kemp: Shipwreck Treasure Hunter**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
9.00 **Find It, Fix It, Flog It**
1.00 PM **One Foot in the Grave**
3.00 **How to Build a Motor Car** A look at how the classic Mini is being manufactured for the electric revolution. **4.00** How the Jaguar F-Type is built from scratch. **5.00** How the iconic open-top, two-seater Caterham 7 sports car is hand-built.
6.00 **James May's Man Lab** The host tries to redeem the reputation of modern men.

6.00 James May's Man Lab

7.00 **James May's Man Lab** The presenter engages in a duel over a parking space, while John Sergeant changes a tyre.

8.00 **James May's Man Lab** Hugh Dennis takes on a wallpapering challenge, and the team attempt to build their own cinema.

9.00 **Bangers & Cash** Derek collects a Triumph TR8 from Kirkby Stephen East railway station.

10.00 **Bangers & Cash** Dave collects a barely used 1984 Honda Prelude from one of his all-time heroes – Ron Haslam.

11.00 **Bangers & Cash** Jack and Amy collect some motorbikes in the north east of England.
12.00 M'T **Bangers & Cash: Restoring Classics** The team purchase a 1972 VW Fastback and pick up a police bike.
1.00 **to 3.00** AM **James May's Man Lab**

+1 hour 255 329

Saturday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Shed and Buried: Classic Cars**
9.00 **The Ultimate Cycling Show** A comprehensive guide to bike racing.
10.00 **Wheeler Dealers**
2.00 PM **Shed and Buried: Classic Cars**
3.00 **MotoGP** Recent action.
4.00 **Shed and Buried**
6.00 **Find It, Fix It, Flog It**
9.00 **Adam Richman Eats Football** In London, Adam watches Chelsea. **9.30** Adam goes to an Aston Villa home game.
10.00 **Adam Richman Eats Britain** Double bill.
11.00 **Outback Opal Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Treasure Quest: Snake Island**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress** Double bill.
7.00 **Say Yes to the Dress: Atlanta** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire** Double bill.
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Reasonable Doubt**
9.00 **A Killer's Mistake** New edition When Alice Ruggles is found dead, detectives uncover a tale of obsession.
10.00 **999 Murderer Calling** New edition
11.00 **Faking It: Tears of a Crime** Levi Bellfield.
12.00 M'T **The Murder of Gabby Petito: A Faking It Special**
1.00 AM **The Murder of Arthur Labinjo-Hughes: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fatal Frontier: Evil in Alaska** State troopers in a small community find the remains of a mother in the woods.
7.00 **Forensic Factor** For 23 days in October 2002, a sniper terrorises the Washington, DC area. **8.00** A firefighter sees a burning bundle in a field and recognises the smell.
9.00 **Murder by the Sea** The controversial case of the hanging of John Kewish. **10.00** Tony Teare lured Corrine Bentley to remote moorland, promising her a job. **11.00** How Canadian fraudster Albert Walker fled to the UK.
12.00 M'T **Murder by the Sea**
2.00 AM **A Stranger in My Home** Double bill.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
2.00 PM **Medical Detectives** A bizarre case in which a woman was shot dead. **2.30** The disappearance of the American Atheists' founder. **3.00** Focusing on a case involving a truck and an unconscious man. **3.30** The body of a woman is found in a box. **4.00** A girl's abduction from her home. **4.30** How the owner of a severed leg is identified using forensic science.
5.00 **Evidence of Evil** The killing of Sharon Whelan and her two daughters on Christmas Eve.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Donal MacIntyre's Murder Files**
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
8.00 **Highway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **How I Caught the Killer** Documentary.
2.00 **Murdered at First Sight**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Murder Uncut**
11.00 **Killing Mum and Dad**
12.00 M'T **Mark of a Serial Killer** True-crime.
1.00 AM **What the Killer Did Next** Sabina Nessa.
2.00 **Killer Siblings**
3.00 **An Unexpected Killer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **Berlin: Stories of the City** Double bill.
8.00 **Grand Tours of Scotland**
8.40 **Icons of Conquest**
9.55 **A Short History of the Moors** Documentary.
11.00 **Berlin: Stories of the City** Double bill.
1.00 PM **Grand Tours of Scotland** The history of Scottish tourism.
1.40 **The Vietnam War** Five editions, including at: **5.10** Lyndon Johnson escalates America's military commitment. **7.35** North Vietnamese troops stream down the Ho Chi Minh Trail. **10.00** Hanoi lays plans for a surprise offensive.
12.00 M'T **A Short History of the Moors**
1.10 AM **Grand Tours of Scotland** As 1.00pm.
2.00 **Berlin: Stories of the...**
3.40 **Icons of Conquest**
4.45 **to 6.00** AM **A Short History of the Moors**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SATURDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Frances McDormand**
7.00 **Discovering: Meg Ryan**
8.00 **Villeneuve Pironi: Racing's Untold Tragedy**
10.00 **Jackie Stewart**
12.00 NOON **Lockerbie**
4.00 PM **Stevie Van Zandt: Disciple** The career of the musician and actor, including his work as a member of Bruce Springsteen's E Street Band and his role as Silvio Dante in *The Sopranos*.
6.50 FILM **The Beatles: Eight Days a Week – The Touring Years** Director Ron Howard's documentary charting the band's time on the road. (2016, 12, 113min) ★★★★
9.00 **Val** Documentary focusing on the late actor Val Kilmer.
11.00 **Hatton** A profile of former boxer Ricky Hatton.
1.00 AM **Steve McQueen The Lost Movie** Documentary exploring an unfinished movie.
2.50 **King of the Apocalypse**
4.30 **to 6.00** AM **Striking with Pride: United at the Coalface**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **My Wild Cats**
8.00 **Deep Dive Australia**
11.00 **Secret Life of the Tasmanian Devil** Double bill of editions.
1.00 PM **Wild Crusades: The Monkey Diaries**
2.00 **Wild Sky** Documentary.
3.00 **Wild Family Ties**
5.00 **Baboons: Rules of the Troop**
6.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** Exploring the evolution of vertebrates. **7.00** How mammals came to dominate the natural world.
8.00 **Africa's Hunters** A hyena goes in search of a new clan.
9.00 **Battle of the Alphas** Conflict between animals in the USA. **9.30** Animals battling on Europe's evocative landscapes.
10.00 **Wild Birds of Australia** The lives of two young penguins. **11.00** The world of emus, where females call the shots.
12.00 M'T **Africa's Hunters**
1.00 AM **Battle of the Alphas**
2.00 **Nature's Fast Attacks**
4.00 **to 6.00** AM **Cub Camp**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: Secret Science**
8.00 **Ancient Aliens**
9.00 **Secrets of Great British Castles**
12.00 NOON **Ancient Aliens**
1.00 PM **Ancient Aliens: Secret Science** Documentary.
2.00 **Mystery Places**
3.00 **How to Lose a War**
4.00 **WWII's Most Daring Raids**
5.00 **Deadman's Curse**
6.00 **How Disney Built America**
7.00 **Greatest Prison Escapes with Billy Hayes** The exploits of Hans Jochaim-Horn.
8.00 **History's Greatest Myths**
9.00 **Colosseum** How exotic beasts were brought back to entertain the Colosseum crowds.
10.00 **Clash of the Gods** The story of Zeus, the king of the Greek gods.
11.00 **Ancient Aliens**
12.00 M'T **Ancient Aliens: Secret Science** Documentary.
1.00 AM **Ancient Aliens**
2.00 **Clash of the Gods**
3.00 **Secrets of Great British Castles**
5.00 **to 6.00** AM **How to Lose a War**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Killer in Plain Sight**
1.05 PM **#Textmewhenyougethome**
3.00 **Murder in the 21st**
5.00 **Cold Case Files**
7.00 **Gypsy Rose: Life After Lock Up** Ken navigates family visits and stress over fatherhood.
8.00 **Secrets of Polygamy**
9.00 **Fatal Family Feuds** Detectives investigate a mother's disappearance, uncovering a complex web of secrets.
10.00 **TikTok Star Murders** Examining the fatal relationship between Ali and Ana Abulaban.
12.00 M'T **Missing Presumed Dead**
1.00 AM **Britain's Darkest Taboos**
2.00 **Gypsy Rose: Life After Lock Up** New edition Ryan tells Gypsy that he misses her as divorce day approaches.
3.00 **Murder in the 21st**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo: Tampa**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Hunt for the Giant Squid**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Savage Kingdom** The south of the kingdom has become a wasteland, and young alpha Wame seeks water for her dogs.
8.00 **Secrets of the Elephants** Asian elephants adapt to a rapidly changing human world. **8.45** The secrets of the world's most elusive elephant species and how they have adapted to life in their rainforest home.
9.40 **Animal Genius** The survival strategies of animals worldwide.
10.00 **Africa's Hidden Wonders** A look at the wildlife of Ethiopia's mountain regions.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: Classic Cars** Paul and Drew set their sights on a Lancia Montecarlo that needs some serious work. **4.00** Drew and Paul are seduced by a Lotus Esprit, made famous by a James Bond film. **5.00** Paul persuades Drew to purchase a Triumph TR4.
6.00 **Doing Da Vinci** The team build a helicopter-like device. **7.00** A machine that could rival modern day inventions. **8.00** The team construct one of Da Vinci's most futuristic designs.
9.00 **Storm Chasers** Sean Casey attempts a highly dangerous tornado intercept. **10.00** Efforts to record a tornado at the point of impact. **11.00** Reed Timmer pursues a storm in Lamesa, Texas.
12.00 M'T **Great Quakes**
1.00 AM **Tsunami: Animal Instincts**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *A Very Important Passenger:* 10/15. James consents to carry a secret passenger to Italy, unaware of Callon's influence. **8.00** *Mutiny:* 11/15. The clan are in trouble when the sailors stage a revolt. (S1)
9.00 **Top of the Pops** Triple bill.
11.00 **Celebrity Mastermind** Tony Livesey, Ava Vidal, Monty Halls and the Rev Richard Coles take part in the quiz. **11.40** With Shaun Williamson, David Blunkett, Jeremy Bowen and Antony Worrall Thompson. **12.20** AM Bill Oddie, Charlie Higson, Julia Somerville and Germaine Greer take part.
1.00 **The Onedin Line**
3.00 **Top of the Pops**
4.35 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

ID

154 141 166

8.00 AM **Hometown Homicide**
10.00 **Homicide City**
11.00 **Homicide City: Charlotte**
12.00 NOON **Atlanta Justice**
2.00 PM **Murder Decoded**
3.00 **Shadow of Doubt**
4.00 **Love Kills** Double bill.
6.00 **Scene of the Crime with Tony Harris** Angela Moss.
7.00 **The Perfect Murder** The disappearance of an oil executive from his home.
8.00 **People Magazine Investigates** The disappearance of a college student in 1992.
9.00 **Grave Mysteries** The case of Seath Jackson, who disappeared after launching into a bitter social media war.
10.00 **How (Not) to Get Rid of a Body** Detectives must solve the murder of a young woman.
11.00 **Body Cam** Documentary.
12.00 M'T **True Conviction**
2.00 AM **The Killer in My Family**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America** Four editions.
10.00 **How It's Made: Dream Cars**
11.00 **World's Top 5**
12.00 NOON **Massive Engineering Mistakes** Five editions.
5.00 PM **Kindig Customs** Triple bill.
8.00 **Mega Shippers** A lift vessel takes onboard an oil rig. **9.00** A team race to underload a shipment of timber. **10.00** Six container cranes have to be loaded in three days.
11.00 **Mike Brewer's World of Cars** Mike meets award-winning hot rodder Gene Winfield. **11.30** Mike looks at classic cars' future in a world with more electric vehicles. **12.00** M'T Mike wonders if an old car loses its soul if the engine or body is replaced. **12.30** AM Mike heads to the Midlands in England to visit two small shops that are helping keep classic cars on the road.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Touch** As 12.10am.
8.15 PREMIERE **Between the Temples** As 6.00pm.
10.15 **Transformers One** Animation. (2024, PG, 104min) ★★★★
12.05 PM **Trap** As 8.00pm.
2.05 **Twisters** As 10.00pm.
4.15 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
6.00 PREMIERE **Between the Temples** Comedy drama. (2024, 15, 111 min) ★★★★
See review, page 23.

6.00 Between the Temples

8.00 **Trap** Director M Night Shyamalan's psychological thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. With Ariel Donoghue and Saleka Shyamalan. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.00 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Touch** Icelandic drama with Egill Olafsson. Subtitled. (2024, 15, 121min) ★★★★
2.20 **I'll Be Right There** Comedy drama starring Edie Falco. (2023, 12, 93min) ★★★
4.05 **to 6.00** AM **Greedy People** Comedy with Himesh Patel. (2024, 15, 108min) ★★★★

Sky Cinema Indiana Jones

303 303 403 503 517

6.50 AM **Raiders of the Lost Ark**
8.50 **Indiana Jones and the Temple of Doom** As 1.20am.
10.50 **Indiana Jones and the Last Crusade** As shown at 7.05pm.
1.00 PM **Indiana Jones and the Kingdom of the Crystal Skull**
3.05 **Raiders of the Lost Ark**
5.05 **Indiana Jones and the Temple of Doom** As 1.20am.
7.05 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★

3.05 Raiders of the Lost Ark

Indiana Jones and the Last Crusade (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●
9.15 **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure starring Harrison Ford. In 1957, the archaeologist tries to stop Soviet agents from seizing a legendary crystal skull with psychic powers. (2008, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Raiders of the Lost Ark** Steven Spielberg's adventure starring Harrison Ford. (1981, PG, 115min) ★★★★★
1.20 AM **Indiana Jones and the Temple of Doom** Action adventure starring Harrison Ford. (1984, PG, 118min) ★★★
3.30 **Indiana Jones and the Last Crusade** As 7.05pm.
5.45 **to 7.50** AM **Indiana Jones and the Kingdom of the Crystal Skull** As 9.15pm.

Sky Cinema Drama

310 310 410 510 524

7.30 AM **Boyz N the Hood** (1991)
9.30 **Echoes of a Summer** (1975)
11.20 **Dear John** Romantic drama. (2010, 12, 108min) ★★
1.15 PM **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
4.00 **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★
6.15 **Aisha** Drama starring Letitia Wright and Josh O'Connor. (2022, 12, 94min) ★★★★
8.00 **Ghost** Romantic fantasy thriller starring Patrick Swayze and Demi Moore. A banker killed by a mugger returns as a ghost to warn his jeopardised lover. With Whoopi Goldberg. (1990, 12, 127min) ★★★★
10.15 **Boyz N the Hood** Oscar-nominated urban drama starring Larry Fishburne and Cuba Gooding Jr as a father and son confronting violence and racism in South Central Los Angeles. (1991, 15, 111min) ★★★★★
12.20 AM **Rurangi** Drama with Arlo Green. (2020, 15, 87min) ★★★★
1.55 **L'immensità** Italian drama starring Penélope Cruz. Subtitled. (2022, 12, 99min) ★★
3.40 **Echoes of a Summer** Drama. (1975, PG, 98min) ★★
5.30 **to 8.15** AM **Funny Girl** (1968)

Sky Cinema Horror

311 311 411 511 525

7.20 AM **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
8.50 **Cuckoo** Horror. (2024, 15) ★★★
10.40 **Annabelle** As shown at 1.50am.
12.25 PM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
2.20 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
4.05 **Insidious: Chapter 2** Thriller sequel. (2013, 15, 103min) ★★★
6.00 **Trap** Thriller with Josh Hartnett. A serial killer tries to evade a police blockade while attending a concert with his daughter. (2024, 15, 105min) ★★★★
8.00 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★
9.40 **Smile 2** Horror sequel starring Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
12.00 M'T **MaXXXine** Crime thriller starring Mia Goth and Lily Collins. (2024, 18, 110min) ★★★
1.50 AM **Annabelle** Horror spin-off with Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★
3.35 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
5.30 **to 7.05** AM **Lovely, Dark, and Deep** Horror chiller. (2023, 15, 87min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.35 AM **The Hobbit: An Unexpected Journey** (2012)
9.35 **The Hobbit: The Desolation of Smaug** As 5.35pm.
12.15 PM **The Hobbit: The Battle of the Five Armies** (2014)
2.45 **The Hobbit: An Unexpected Journey** As 10.50pm.
5.35 **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure sequel starring Martin Freeman. (2013, 12, 161min) ★★★★

2.45 The Hobbit

8.20 **The Hobbit: The Battle of the Five Armies** Peter Jackson's epic fantasy adventure starring Martin Freeman, Richard Armitage, Ian McKellen and Luke Evans. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **The Hobbit: An Unexpected Journey** Peter Jackson's fantasy adventure starring Martin Freeman. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.40 AM **The Hobbit: The Desolation of Smaug** (2013)
4.30 **to 7.05** AM **The Hobbit: The Battle of the Five Armies**

Sky Cinema Action

307 307 407 507 521

6.35 AM **Gran Turismo** Drama. (2023, 12, 123min) ★★★
8.55 **The Locksmith** As 2.30am.
10.35 **Retribution** Action thriller. (2023, 12, 91min) ★★
12.15 PM **The Amazing Spider-Man** Adventure. (2012, 12) ★★★
2.40 **The Amazing Spider-Man 2** Superhero adventure sequel. (2014, 12, 142min) ★★★
5.10 **Mission: Impossible – Dead Reckoning Part One** Thriller. (2023, 12, 163min) ★★★★

10.30 Twilight of the Warriors

8.00 **Aquaman** Superhero adventure starring Jason Momoa, Nicole Kidman and Willem Dafoe. The human-born heir to the kingdom of Atlantis embarks on a quest to prevent a war between the worlds of ocean and land. With Patrick Wilson. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Twilight of the Warriors: Walled In** Hong Kong thriller starring Raymond Lam. In a walled city, a troubled youth stumbles upon a chaotic world of crime. Subtitled. (2024, 15, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Blood for Dust** Action thriller starring Scoot McNairy. (2023, 15, 98min) ★★★
2.30 **The Locksmith** Mystery. (2022, 15, 88min) ★★★
4.10 **to 6.05** AM **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **Beverly Hills Cop** Comedy thriller. (1984, 15) ★★★★
8.45 **Superbad** As 8.00pm.
10.45 **Fords on Water** As 11.40pm.
12.15 PM **Shakespeare in Love** Comedy. (1998, 15) ★★★★
2.25 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★
4.25 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
6.10 **Beverly Hills Cop II** Comedy thriller sequel. (1987, 15) ★★★

8.00 Superbad

8.00 **Superbad** Teen comedy starring Jonah Hill and Michael Cera. Two high- school friends embark on a quest to buy booze and lose their virginity. With Christopher Mintz-Plasse, Bill Hader and Seth Rogen. (2007, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Chalet Girl** Romantic comedy starring Felicity Jones and Ed Westwick. A former skateboarding champion gets a job as a ski resort chalet girl and falls for her boss's son. (2011, 12, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Fords on Water** Comedy. (1983, 15, 83min) ★★★
1.10 AM **Snack Shack** Comedy. (2023, 15, 107min) ★★★
3.10 **Borat Subsequent Moviefilm** Spoof documentary sequel. (2020, 15, 95min) ★
4.50 **to 6.50** AM **How to Lose a Guy in 10 Days** As 2.25pm.

Sky Cinema Thriller

309 309 409 509 523

7.55 AM **Serenity** As 4.15pm.
9.45 **Munich** Steven Spielberg's controversial political thriller. (2005, 15, 164min) ★★★★
12.30 PM **Melancholia** As 12.40am.
2.00 **Blackhat** Crime drama. (2015, 15, 128min) ★★★★
4.15 **Serenity** Mystery thriller. (2019, 15, 106min) ★★★
6.05 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. (2019, 15, 110min) ★★★★

6.05 Extremely Wicked...

8.00 **The Firm** Legal thriller based on John Grisham's novel, starring Tom Cruise, Jeanne Tripplehorn and Gene Hackman. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Wanted** Action thriller starring James McAvoy. A timid office worker discovers that his destiny is linked to a secret fraternity of assassins. (2008, 18, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Melancholia** Drama. (1989, 15, 85min) ★★★
2.15 **Rashomon** Japanese period drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
3.50 **The Saint** Crime thriller. (1997, 12, 116min) ★★★
5.55 **to 6.15** AM **The Cinema List: The 90s**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Bridge on the River Kwai** Director David Lean's vintage World War Two drama. (1957, PG, 161min) ★★★★★
2.15 PM **The Kid Who Would Be King** Fantasy adventure. (2019, PG, 120min) ★★★
4.40 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
6.45 **Independence Day: Resurgence** Sci-fi adventure. (2016, 12, 120min) ★★★

9.00 Free Guy

Independence Day: Resurgence (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Free Guy** Comedy adventure starring Ryan Reynolds. A bank employee discovers that he's a non-playable character inside a massive open world video game. With Jodie Comer and Lil Rel Howery. (2020, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **Benedetta** French historical drama starring Virginie Efira and Charlotte Rampling. A 17th-century nun in Italy who has disturbing visions develops a romantic affair with another woman. Subtitled. (2021, 18, 131min) ★★★
1.55 **to 3.45** AM **Bitch Ass** Horror starring Tunde Laleye. (2022, 15, 85min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Apocalyptic

302 302 402 502 516

6.15 AM **Aeon Flux** As 12.35am.
7.55 **Biosphere** As 4.00am.
9.45 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★
11.45 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
1.30 PM **A Quiet Place: Day One** Horror starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
3.20 **Arrival** Drama with Amy Adams. (2016, 12, 116min) ★★★★★

5.20 **2012** Epic disaster drama. (2009, 12, 158min) ★★★
8.00 **Furiosa: A Mad Max Saga** Fantasy starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by Dementus. (2023, 15, 148min) ★★★★
10.30 **Mad Max: Fury Road** Thriller starring Tom Hardy. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (2015, 15, 120min) ★★★★★

12.35 AM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
2.15 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
4.00 **Biosphere** Comedy drama. (2022, 15, 106min) ★★★
5.50 **to 7.20** AM **The War of the Worlds** (1953, PG) ★★★★

Sky Cinema Greats

304 304 404 504 518

7.20 AM **Young Guns II: Blaze of Glory** As shown at 1.55am.
9.05 **Hudson Hawk** As 12.10am.
10.50 **Marnie** Psychological thriller. (1964, 15, 130min) ★★★★
1.10 PM **The Great Gatsby** Period drama. (1974, 12, 146min) ★★★
3.35 **Forrest Gump** Whimsical fable. (1994, 12, 136min) ★★★★
6.00 **Raiders of the Lost Ark** Thriller. (1981, PG, 115min) ★★★★★

8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. (1989, PG, 127min) ★★★★★
12.10 AM **Hudson Hawk** Action comedy. (1991, 15, 97min) ★★★

1.55 **Young Guns II: Blaze of Glory** Western sequel starring Emilio Estevez. (1990, 15, 104min) ★★★
3.40 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
5.25 **to 7.50** AM **The Day of the Jackal** Thriller with Edward Fox. (1973, 15, 142min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Sky Cinema Preview**
7.10 **Rock Dog 3: Battle the Beat** Animated sequel. (2022, U) ★★
8.55 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
10.40 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
12.25 PM **Wallace & Gromit: The Curse of the Were-Rabbit** Animated comedy adventure. (2005, U, 85min) ★★★★★

2.05 **Angry Birds Movie** Animated comedy. (2016, U, 97min) ★★★
4.00 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
5.40 **Antz** Animated family comedy. (1998, PG, 83min) ★★★
7.10 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
8.45 **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★
10.10 **Mavka: The Forest Song** Animated fantasy adventure. (2023, PG, 99min) ★★

11.55 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
1.30 AM **The Canterville Ghost** Animation. (2023, PG) ★★
3.05 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
4.45 **to 6.05** AM **Tom and Jerry Cowboy Up!** (2021, U) ★★★

Movies 24

312 313 419

7.00 AM **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
9.00 **Sweet as Pie** Romantic comedy. (2022, PG, 93min) ★★
11.00 **Caribbean Summer** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
3.00 **Love & Jane** Romantic fantasy starring Alison Sweeney. (2024, PG, 84min) ★★

5.00 **Harmony From the Heart** Comedy. (2022, PG, 87min) ★★
7.00 **Two Tickets To Paradise** Romantic drama starring Ashley Williams. (2022, PG, 84min) ★★
9.00 **Marry Go Round** Romantic comedy starring Amanda Schull and Brennan Elliott. A woman preparing to marry discovers that her divorce from her school sweetheart was never finalised. (2022, PG, 84min) ★★
11.00 **The Love Subscription** Comedy. (2023, PG, 86min) ★★

1.00 AM **Campfire Romance** Romantic comedy with Corbin Bleu. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **Romantic Rewrite** Romantic comedy with Kristina Cole. (2022, PG, 82min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Price of Silence** Drama. (1959, b/w, U, 81min) ★★
7.35 **Kitchen Magic**
7.55 **Black Saddle** 24/24. (S2)
8.25 **Space Patrol** 6/39. (S1)
9.00 **Batman** 14/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 1/26. (S1)
10.30 **The Dog and the Diamonds** Adventure. (1953, b/w, U) ★★
11.30 **The Adventures of Robin Hood**

12.00 NOON **Atomic Rulers** Adventure. (1965, PG, 101min) ★★
1.35 PM **One Step Beyond** (S1)
2.10 **Dick Barton: Special Agent**
2.25 **Fireball XL5**
3.00 **Captain Scarlet and the Mysterons** 16/32. (S1)
3.35 **Night Train for Inverness** Thriller. (1960, b/w, U, 69min) ★★
4.55 **The Long Arm** Crime thriller. (1956, b/w, U, 100min) ★★★★
6.50 **Look at Life** Documentary.
7.00 **Z Cars** 12/13. (S11)
8.00 **A Family at War** 10/13. (S1)

9.05 **An Affair in Mind** Thriller. (1988, 12, 90min) ★★
10.55 **Castaway** (1986, 15) ★★
1.15 AM **Into the Blue** Thriller.
3.25 **Force on Thunder Mountain** Adventure. (1977, U, 93min) ★
5.20 **Look at Life** Documentary.
5.30 **to 6.00** AM **Out of Town**

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
8.30 LIVE **NRL North Queensland Cowboys v Gold Coast Titans.** Coverage of the match staged at Queensland Country Bank Stadium. Kick-off **8.30am**.
10.30 **Fantasy Football Pre-Match**
11.00 **Gillette Soccer Saturday**
11.30 LIVE **SPFL Dundee United v Celtic.** The Scottish Premiership game at the CalForth Construction Arena. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **EFL Wrexham v Charlton Athletic.** Coverage of the League One match at StoK Racecourse. The hosts will be looking to avoid a repeat of the reverse fixture, when Phil Parkinson's side led twice but had to settle for a draw thanks to Matt Godden's late equaliser in a 2-2 draw. Kick-off **5.30pm**.
8.00 LIVE **LPGA Tour Golf** Coverage of day three of the Chevron Championship from the Club at Carlton Woods in Texas.
11.00 **NFL Draft** Rounds four to seven on day three at Lambeau Field.
12.00 M'T **NFL Gameday**
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Fantasy Show**
10.00 **Saturday Social**
11.00 **Premier League Stories**
11.30 **Fantasy Show**
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
7.00 **Gary Neville's Soccerbox**
8.30 **Game of the Day**
10.30 **Premier League Highlights** Action from Brighton & Hove Albion v West Ham United. **11.00** Highlights from Newcastle United v Ipswich Town. **11.30** Wolves v Leicester City.
12.00 M'T **Premier League Stories** A look at the career of Mo Salah.
12.30 AM **Premier League Highlights** Southampton v Fulham. **1.00** Action from Brighton & Hove Albion v West Ham United. **1.30** Newcastle United v Ipswich Town at St James' Park. **2.00** Wolves v Leicester City. **2.30** Southampton v Fulham.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL Greatest Games**
6.30 **Championship Retro**
8.30 **EFL Rivalries**
9.30 **EFL Greatest Games**
9.45 **EFL Highlights** Championship.
10.00 **Saturday Social**
11.00 **Gillette Labs Soccer Saturday**
11.30 LIVE **SPFL Dundee United v Celtic.** The Scottish Premiership game at the CalForth Construction Arena. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **EFL Wrexham v Charlton Athletic.** Coverage of the League One match at StoK Racecourse. The hosts are looking for their third straight promotion and a win here would take them within reach of that. They will be looking to avoid a repeat of the reverse fixture in October, when Phil Parkinson's side led twice but had to settle for a draw thanks to Matt Godden's 97th-minute equaliser in a 2-2 draw. Kick-off **5.30pm**.
8.00 **Bundesliga** A chance to see Bayern Munich v FSV Mainz 05.
10.00 **SPFL Highlights** Highlights from Dundee United v Celtic.
10.15 PM **to 6.00** AM **EFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A match replay.
10.10 **Ashes Greats** Action from 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM LIVE **IPL Kolkata Knight Riders v Punjab Kings.** Coverage of the T20 match at Eden Gardens. This meeting last year saw Jonny Bairstow hit 108 not out from just 48 balls to help Punjab make the highest successful run-chase in IPL history.
7.00 LIVE **Pakistan Super League Lahore Qalandars v Multan Sultans.** Coverage of the T20 match at Gaddafi Stadium. Multan easily won this fixture last season as they came away with a 60-run victory. The Sultans made 214-4 in their 20 overs with Usman Khan hitting 96 from just 55 balls, before Lahore were bowled out for just 154. Usama Mir took 6-40 in his four overs to lead the visitors to victory at this venue.
8.00 **Best of ICC WT20**
9.00 **IPL** Recent highlights.
11.00 **Pakistan Super League**
12.00 M'T **IPL** Action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Golf**
7.00 **DP World Tour Golf**
7.30 **Golf's Greatest Holes**
8.00 **Tour Golf Highlights**
8.30 **LPGA Tour Golf**
10.30 **Tour Golf Highlights**
11.00 **Golf's Greatest Holes**
11.30 **LPGA Tour Golf**
1.30 PM **Tour Golf Highlights**
2.00 LIVE **PGA Tour Golf** The Zurich Classic of New Orleans third day.
6.00 LIVE **PGA Tour Golf** Further coverage of the Zurich Classic of New Orleans third day staged at TPC Louisiana in Avondale.
11.00 **Tour Golf Highlights**
11.30 **Golf's Greatest Holes**
12.00 M'T **Golf Academy**
1.00 AM **PGA Tour Golf**
3.00 **Playing Lessons**
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of day five of the Madrid Open staged at Park Manzanares.
7.00 PM LIVE **WTA & ATP Tennis** Further coverage of day five of the Madrid Open at Park Manzanares.
11.00 **WTA Tennis** Rouen Open final.
12.00 M'T **ATP Tennis** Barcelona Open.
1.00 AM **US Open Classic Matches**
2.00 **Bitesize Tennis** Highlights.
4.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM LIVE **AFL Port Adelaide Power v North Melbourne Kangaroos.** Bounce-up **7.15am**.
10.00 **The Fantasy Show**
10.30 **Match Officials Mic'd Up**
11.00 LIVE **Premier League Chelsea v Everton.** Coverage of the top-flight match at Stamford Bridge. Kick-off **12.30pm**.
3.00 PM LIVE **Gallagher Premiership Rugby Union Leicester Tigers v Harlequins.** From Mattioli Woods Welford Road Stadium. Kick-off **3.05pm**.
5.15 LIVE **Gallagher Premiership Rugby Union Northampton Saints v Bristol Bears.** From cinch Stadium at Franklin's Gardens. Kick-off **5.30pm**.
7.45 LIVE **Serie A** Coverage of a match in Italy's top division.
9.45 **Match Officials Mic'd Up**
10.15 **Champions League Magazine**
10.45 **TNT Sports Reload**
11.00 **Premiership Rugby Union**
12.00 M'T LIVE **UFC** Preliminary bouts.
2.00 AM LIVE **UFC Ian Machado Garry v Carlos Prates.** The welterweight bout in Kansas City.
5.30 **to 6.00** AM **World Rally Championship**

TNT Sports 2

411 414 522 409 431

6.00 AM **Premiership Rugby Union**
7.00 **MotoGP** Grand Prix of Spain.
7.30 LIVE **MotoGP** The Grand Prix of Spain Moto2 and Moto3 second free practice sessions in Jerez.
9.00 LIVE **MotoGP** The Grand Prix of Spain MotoGP qualifying session.
11.45 LIVE **MotoGP** The Grand Prix of Spain Moto2 & Moto3 qualifying.
1.45 PM LIVE **MotoGP** The Grand Prix of Spain MotoGP sprint race.
2.45 **MotoGP Rewind**
3.00 LIVE **MotoGP Rookies Cup** The Grand Prix of Spain first race.
4.00 **MLB Highlights**
5.00 **FIA World Endurance Championship Highlights**
6.00 LIVE **NWSL Washington Spirit v NJ/NY Gotham FC.** Coverage from Audi Field. Kick-off **6.00pm**.
8.15 **TNT Sports Reload**
8.30 **MotoGP** Grand Prix of Spain.
9.00 LIVE **MLB San Francisco Giants v Texas Rangers.** From Oracle Park. Start-time **9.05pm**.
12.15 AM **World Rally Championship**
12.45 **TNT Sports Reload**
1.00 **Isuzu UTE A-League**
4.00 **to 7.00** AM LIVE **AFL Gold Coast Suns v Sydney Swans.**

Sky Sports Action

408 408 517 507 426 446

5.30 AM LIVE **Super Rugby Moana Pasifika v Fijian Drua.** Coverage of the match at North Harbour Stadium. Kick-off **5.35am**.
7.30 **Super League Highlights**
8.30 LIVE **NRL North Queensland Cowboys v Gold Coast Titans.** Coverage of the match from the eighth round of fixtures staged at Queensland Country Bank Stadium. Kick-off **8.30am**.
10.30 LIVE **Super Rugby Brumbies v Hurricanes.** Coverage of the match from the 11th round of fixtures staged at GIO Stadium in Canberra. Kick-off **10.35am**.
12.30 PM **Super League**
3.30 **Canvas: Viddal Riley**
3.45 **Top Rank Boxing Archive**
4.00 **Eubank Snr v Benn 1990**
5.00 **NFL Draft** Rounds four to seven on day three at Lambeau Field.
12.00 M'T **NFL Gameday**
1.00 AM **Canvas: Viddal Riley**
1.15 **Top Rank Boxing Archive**
2.00 **Fight Night** Eubank Jr v Smith.
3.00 **Top Rank Boxing Archive**
3.15 **Fight Night International**
4.15 **Top Rank Boxing Archive**
5.45 **to 6.00** AM **Canvas: Viddal Riley**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Gillette Labs Soccer Saturday**
10.30 **Fantasy Football Pre-Match**
11.00 LIVE **EFL Queens Park Rangers v Burnley.** Coverage of the Championship match staged at MATRADE Loftus Road Stadium. Kick-off **12.30pm**.
3.00 PM LIVE **WTA & ATP Tennis** Coverage of day five of the Madrid Open, a clay-court tournament at Park Manzanares, featuring singles matches in the men's second round and women's third round.
5.20 LIVE **Bundesliga Eintracht Frankfurt v RB Leipzig.** Coverage of the German top-flight match at Deutsche Bank Park. Kick-off **5.30pm**.
7.30 LIVE **LPGA Tour Golf** Coverage of day three of the Chevron Championship from the Club at Carlton Woods. Having started the third round of last year's tournament in fourth place, Ryu Hae-ran produced a five-under-par round to rise to the top of the leaderboard and head into the final day with a one stroke lead.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Pakistan Super League**
8.00 LIVE **Super Rugby Highlanders v Crusaders.** Coverage of the match from the 11th round of fixtures at Forsyth Barr Stadium. Kick-off **8.05am**.
10.00 **My Icon** Sporting influences.
10.30 LIVE **NRL Penrith Panthers v Manly-Warringah Sea Eagles.** Coverage from CommBank Stadium. Kick-off is at **10.35am**.
12.30 PM **My Icon** Johnny Nelson.
1.00 **IPL** Recent highlights from India.
2.00 **PL Greatest Games**
2.30 **Ashes Greats** Adam Gilchrist.
2.40 **Best of ICC WT20**
2.55 **Pakistan Super League**
3.50 LIVE **Pakistan Super League Lahore Qalandars v Multan Sultans.** Coverage of the T20 game at Gaddafi Stadium, Lahore.
8.00 **NFL Draft** From Lambeau Field.
12.00 M'T **NFL Gameday**
1.00 AM **DP World Tour Golf**
1.30 **Tour Golf Highlights**
2.00 **Pakistan Super League**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **A-League Brisbane Roar v Wellington Phoenix.**
8.00 LIVE **A-League Newcastle Jets v Western Sydney Wanderers.** Kick-off **8.00am**.
10.00 LIVE **Snooker World Championship** The first session on day eight from the Crucible.
1.00 PM **NBA** A play-off match.
2.30 LIVE **Snooker World Championship** The second session on day eight in Sheffield.
5.30 **UEFA Europa League & Conference League Magazine**
6.30 LIVE **Snooker World Championship** The third session on day eight in Sheffield.
10.00 **NBA Action** Highlights.
10.30 **NBA on Fire** The latest news.
11.00 LIVE **NBA** A play-off match.
1.30 AM **Snooker World Championship** The eighth day.
3.30 **World Rally Championship**
4.00 **to 6.00** AM **Gallagher Premiership Rugby Union**

TNT Sports 4

414 416 524 411 434

6.00 AM **Highlights**
9.00 LIVE **World Rally Championship** Islas Canarias.
10.30 LIVE **AFL GWS Giants v Western Bulldogs.** From Manuka Oval. Bounce-up **10.35am**.
1.30 PM **The Ultimate Cycling Show**
2.30 **TNT Sports Reload**
2.45 **Xtra Time** Post-match reaction.
3.15 **TNT Sports Reload**
3.30 **SailGP – Racing on the Edge**
4.00 LIVE **World Rally Championship** Islas Canarias.
5.30 **MotoGP Rewind**
5.45 LIVE **World Rally Championship** Islas Canarias.
8.00 **Premiership Rugby Union**
9.00 **TNT Sports Reload**
9.15 LIVE **World Rally Championship** Islas Canarias.
11.00 **European Football Highlights**
12.00 M'T LIVE **MLB Kansas City Royals v Houston Astros.**
3.15 AM **TNT Sports Reload**
3.30 **to 6.00** AM **Highlights**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **Scottish Football Social Club**
8.00 **Transworld Sport** Magazine.
9.00 **World Surf League**
10.00 **PSA Squash Highlights**
11.00 **LaLiga Highlights**
12.00 NOON **Top 14 Rugby Union**
12.30 PM **United Rugby Championship**
2.30 LIVE **United Rugby Championship Ospreys v Dragons.** Kick-off is at **3.00pm**.
5.10 LIVE **United Rugby Championship Stormers v Benetton.** Coverage from DHL Stadium. Kick-off **5.15pm**.
7.15 LIVE **United Rugby Championship Zebre v Edinburgh.** Kick-off **7.35pm**.
10.00 **Sporting Greats**
11.00 **NHL Tonight** Highlights.
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Greats**
4.00 **Transworld Sport** Magazine.
5.00 **to 6.00** AM **Euro Le Mans**

Premier Sports 2

420 552

6.00 AM **NHL Tonight**
7.00 **Football** Highlights and features.
10.00 **NHL Ice Hockey**
12.00 NOON **GP Confidential**
12.30 PM **LaLiga Specials**
12.45 **Rugby Union Highlights**
2.55 LIVE **United Rugby Championship Lions v Connacht.** Kick-off **3.00pm**.
5.00 **Champions Cup Highlights**
5.10 LIVE **United Rugby Championship Scarlets v Leinster.** Kick-off **5.15pm**.
7.15 **LaLiga Match Highlights**
7.25 **Bike World** Magazine.
7.55 **LaLiga Specials**
8.55 LIVE **Copa Del Rey Barcelona v Real Madrid.** Kick-off **9.00pm**.
12.00 M'T **Bike World** Magazine.
12.30 AM **FastZone** Motorsports.
1.00 **Temples of Sport**
1.30 **NHL: This is Hockey**
2.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
5.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** From Bahrain.
10.30 **Ted's Notebook**
11.00 **Formula 1** Saudi Arabian GP.
3.15 PM **F1 Academy**
3.45 **F1 Features**
4.10 LIVE **British GT Championship** Coverage of the qualifying session at Silverstone.
5.15 **Formula 2** Saudi Arabian GP.
7.35 **Stefano Domenicali: No Paints**
7.40 **Carlos Sainz Track Guide**
7.50 **Rachel & Lando Norris**
8.00 **F1 Academy Highlights**
10.30 **Formula 1** Saudi Arabian GP.
11.30 **British GT Championship**
12.35 AM **Stefano Domenicali: No Paints** With Martin Brundle.
12.40 **Chasing the Dream**
1.00 **to 6.00** AM **The Home of F1**

Sunday

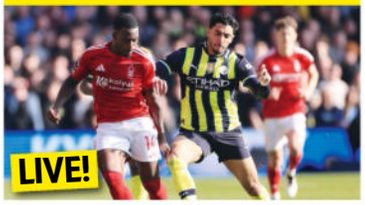
27 April

Evening Planner

Athletics

London Marathon
BBC1, 8.30am
Elite athletes are joined by runners of all abilities to tackle the famous 26.2-mile course which finishes on The Mall.

Football



FA Cup Semi-final
ITV1, kick-off 4.30pm
This afternoon's second semi is between surprise Premier League high-flyers Nottingham Forest and Manchester City.

Crime Drama

Grace
ITV1, 8pm
Months after dismantling a major drug-smuggling operation, the detective (John Simm) is all set for his day in court.

Documentary

Katie Piper: Locked Up in Louisiana
U&W, 9pm
The TV presenter meets women behind bars at the New Orleans Parish Prison.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 This City Is Ours		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Snooker: The World Championship – Live		8.15 Expedition with Steve...		9.00 Louis Theroux: The Settlers		10.00 Film: The Beach	
	103 ITV1	7.00 Celebrity Celebrity Catchphrase		8.00 Grace					10.20 News
	104 CHANNEL 4	7.00 Stacey Solomon's Renovation Rescue		8.00 The Great Celebrity Bake Off for Stand...		9.00 The Piano		10.00 Gogglebox	
	105 5	◂ 6.00 The 1970s...	7.30 The 70s: Everything We Loved & Lost			9.00 Forensics: Murder Scene			10.30 Murder Scene...
	106 SKY SHOWCASE	◂ 6.00 Film: The Hobbit: The Battle of the Five Armies				9.00 Brett Goldstein: The Second Best Night of Your Life		10.15 Football's Funniest Moments	
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Stacey & Joe		9.00 Top Gear		10.00 Ashley Cain: Into the Danger Zone	
	116 BBC4		7.15 South Pacific in London	8.15 Snooker: The World Championship – Live				10.00 Leonard Bernstein's West Side Story...	
	118 ITV2	◂ 6.40 Film: Raiders of the Lost Ark				9.00 Film: Suicide Squad			
	136 MORE4	◂ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Kingsman: The Golden Circle			
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Fire Country		10.00 Matlock	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 Gangs of London		10.00 The Wire	
	110 U&GOLD	◂ 6.55 Only Fools and Horses		8.05 Dad's Army	8.45 Only Fools and Horses				
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal		8.00 Cape Carnage: Killer Catch		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.05 Midsomer Murders		8.00 Doc Martin		9.00 Belgravia: The Next Chapter		10.00 Vera	
	120 ITV4		7.20 Film: For Your Eyes Only					10.00 Film: The Silence of the Lambs	
	112 COMEDY CENTRAL	◂ 6.50 Film: Splash				9.00 Film: National Lampoon's Loaded Weapon 1			10.35 Kevin...
	139 SKY SCI-FI	7.00 Stargate Universe				9.00 Film: Stargate			
	113 SKY MAX	7.00 Grimm		8.00 Flintoff: From Lord's to the Ring		9.00 Welcome to Wrexham			
	109 U&ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise		10.00 I, Jack Wright	
	130 SKY ARTS	7.00 Live from the Artists Den		8.00 Film: The Private Life of Sherlock Holmes					10.20 Science Fiction in the...
	132 U&W	7.00 Inside the Ambulance				9.00 Katie Piper: Locked Up in Louisiana		10.00 Inside the Operating Theatre	
DOCUMENTARY	125 DISCOVERY	7.00 Building Off the Grid				9.00 Tracked		10.00 Mega Shippers	
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins						10.00 The Last Alaskans	
	129 NAT GEO	7.00 Ghosts of Kuelap: Peru's Cloud Warriors		8.00 Drain the Oceans: Deep Dive		9.00 Egypt's Sun King: Secrets and Treasures		10.00 Tut's Toxic Tomb	
	123 SKY HISTORY	7.00 Battle 360				9.00 Nostradamus: 21st Century Prophecies Revealed			
	155 U&YESTERDAY	◂ 6.40 One Foot in the Grave		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS	7.00 Elizabeth Taylor: The Lost Tapes				9.00 Super/Man: The Christopher Reeve Story			
FILMS – Sky Cinema	301 PREMIERE	◂ 5.50 Twisters		8.00 Trap				10.00 A Mistake	
	302 APOCALYPTIC	◂ 5.35 A.I. Artificial Intelligence		8.00 War of the Worlds				10.00 I Am Legend	
	303 INDIANA JONES	◂ 6.05 Indiana Jones and the Temple of Doom		8.05 Indiana Jones and the Last Crusade					10.15 Indiana Jones and the...
	304 GREATS	◂ 6.35 The Shawshank Redemption				9.00 Schindler's List			
	305 ANIMATION		7.20 Hotel Transylvania 3: Summer Vacation			9.05 Boonie Bears: Guardian Code			
	306 FAMILY	◂ 6.00 The Hobbit: The Desolation of Smaug			8.45 The Hobbit: The Battle of the Five Armies				
	307 ACTION	◂ 5.30 Man of Steel		8.00 Superman Returns					10.35 Pompeii
	308 COMEDY	◂ 6.10 Beverly Hills Cop 3		8.00 Coming 2 America				9.55 Borat Subsequent Moviefilm	
	309 THRILLER	◂ 6.15 Poker Face		8.00 Now You See Me					10.05 Now You See Me 2
	310 DRAMA	◂ 6.20 Widow Clicquot		8.00 A Star Is Born					10.20 The Illusionist
	311 HORROR	◂ 6.00 The Frighteners		8.00 It					10.15 MaXXXine
	313 FILM4	◂ 6.25 Hidden Figures				9.00 Honest Thief			
SPORT	401 MAIN EVENT	◂ 4.00 Super Sunday	7.30 LPGA Tour Golf – Live: The Chevron Championship						
	402 PREMIER LEAGUE	◂ 4.00 Super Sunday	7.30 Gary Neville's Soccerbox		8.30 Premier League Highlights				
	403 FOOTBALL	◂ 6.30 Henrik...	7.30 EFL Highlights		8.30 EFL Awards 2024/25 – Live			10.00 EFL Highlights	
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	7.00 Match Officials...	7.30 Serie A – Live					10.00 UFC	
	411 TNT SPORTS 2	◂ 6.30 Snooker World Championship – Live: Coverage of tonight's second-round matches on day nine of the tournament						10.00 Men's Cycling Pro Series	

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
7.15 **Match of the Day** (S)(R)
8.30 LIVE **London Marathon** Gabby Logan presents coverage of the 45th staging of the 26.2-mile race, as approximately 50,000 competitors take to the streets of London. *See feature, page 28. Coverage continues on BBC2.* (S)
2.00 PM **BBC News** (S)
2.15 **Lifeline** New edition (S)
2.25 FILM **Minions: The Rise of Gru** Animated comedy with the voices of Steve Carell and Alan Arkin. (S)(AD) (2022, U, 85min) ★★★
3.50 **Planet Earth III** A journey into the hidden world of forests. (S)(R)(AD)
4.50 **Race Across the World** 1/9. Five pairs race over 14,000km across Asia from China to India. (S)(R)(AD)
5.50 **BBC News** (S)

6.15 The Americas

6 PM

6.05 **Local News** (S)
6.15 **The Americas** New edition 9/10. Focusing on animals living on and close to the west coast of North America, including sea wolves and salamanders. (S)(AD)

7 PM

7.00 **Countryfile** New edition Margherita Taylor and Joe Crowley visit the Forest of Bowland, where they meet a farmer working with the RSPB to bring back the lapwing and an artist using sound recordings. (S)

8 PM

8.00 **Antiques Roadshow** New edition Fiona Bruce hosts from Thirlestane Castle in the Scottish Borders, where treasures include a leather tiger and an ice axe signed by famous mountaineers. (S)

9 PM

9.00 **This City Is Ours** New episode 6/8. Michael and Jamie agree to a winner-takes-all fight to decide who leads the gang, while Diana reaches her wits' end. (S1) (S)(AD)
■ Entire series on BBC iPlayer

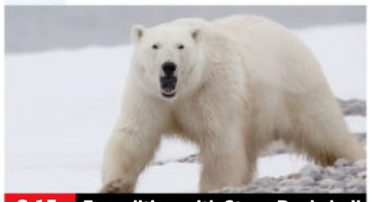
10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day 2** Mark Chapman presents the latest Premier League action, featuring Liverpool v Tottenham Hotspur and Bournemouth v Manchester United. (S)
11.20 **Match of the Day: FA Cup** Action from this weekend's semi-finals. (S)
11.40 **The Women's Football Show** The latest Super League action. (S)
12.15 AM **Doctor Who: Unleashed** 3/8. Behind the scenes. (S)(R)(AD)
12.45 FILM **The Last Right** Comedy drama starring Michiel Huisman. (S) (2019, 15, 105min) ★★★
2.30 **Weather for the Week Ahead** (S)
2.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.20 AM **Countryfile** (S)(R)
7.15 **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 LIVE **Snooker: World Championship** The morning session on day nine at Sheffield's Crucible Theatre, featuring two second-round matches. (S)
12.25 PM **Interior Design Masters with Alan Carr** (S)(R)(AD)
1.25 **Songs of Praise: Positive Power of Community** New edition (S)
2.00 LIVE **London Marathon** Gabby Logan presents further coverage of the 45th staging of the famous race. *See feature, page 28.* (S)
3.00 LIVE **Snooker: World Championship** The afternoon session on day nine at Sheffield's Crucible Theatre, featuring two second-round matches. (S)



8.15 Expedition with Steve Backshall

6 PM

6.00 **London Marathon Highlights** Gabby Logan presents action from the 45th staging of the race, including key moments from the elite men's, women's and wheelchair races. (S)

7 PM

7.00 LIVE **Snooker: World Championship** The evening session on day nine at the Crucible Theatre, featuring the second sessions of two second-round matches. (S)
■ Continues on BBC4

8 PM

8.15 **Expedition with Steve Backshall** 7/10. Steve heads to Greenland in the Arctic, where he kayaks the world's largest fjord and dodges giant icebergs and hungry polar bears. (S)(R)(AD)

9 PM

9.00 NEW **Louis Theroux: The Settlers** The host meets some of the large community of religious-nationalist Israelis who have settled in the West Bank and are expanding their control. (S)(AD)

10 PM

10.00 FILM **The Beach** Exotic drama based on the novel by Alex Garland, starring Leonardo DiCaprio, Tilda Swinton, Virginie Ledoyen and Robert Carlyle. An American backpacker in Thailand learns about an idyllic beach community on a secret island. (S) (AD) (2000, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.55 **Pilgrimage: The Road Through the Alps** 2/3. The pilgrims face challenging routes. (S)(R)(AD)
12.55 AM **Snooker: World Championship Extra** Extended highlights from day nine. (S)
2.55 **Sign Zone: Beyond Paradise** (R)
3.55 **Sign Zone: Stacey & Joe** (S)(R)
4.55 **to 6.20** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
6.30 **James Martin's Saturday Morning** With Julia Bradbury. (S)(R)
8.25 **Katie Piper's Weekend Escape** New edition With Claire Sweeney.
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **ITV News** (S)
11.35 FILM **Sing** Animation featuring the voice of Matthew McConaughey. (S)(AD) (2016, U, 115min) ★★★
1.30 PM FILM **Uncle Buck** Comedy starring John Candy. (S) (AD) (1989, 12, 120min) ★★★
3.30 LIVE **Football: The FA Cup** Nottingham Forest v Manchester City: Mark Pougatch introduces coverage of the second semi-final from Wembley. Kick-off 4.30. (S)

10.00 The Assembly

6 PM

LIVE **Football: The FA Cup** (started at 3.30pm)

7 PM

7.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts a charity edition of the game show, with Mark Charnock, Kerry Godliman and Janet Street-Porter competing to win £50,000 for good causes. (S)

8 PM

8.00 **Grace** Series finale *Find Them Dead:* 4/4. Grace's team prepare for trial after stopping millions of pounds of cocaine being smuggled into Newhaven. A jury summons poses a dilemma for one Brighton resident. Stars John Simm. *See feature, page 7.* (S)(AD)
■ Entire series on ITVX

9 PM

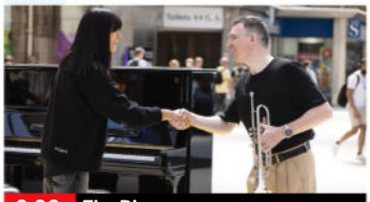
10.00 **The Assembly** New edition 2/4. Actor David Tennant. (S)
10.20 **ITV News** (S)
10.40 FILM **The Hitman's Wife's Bodyguard** Crime comedy sequel with Ryan Reynolds and Samuel L Jackson. Michael Bryce teams up once again with Darius Kincaid as they try to prevent a terror attack. (S) (2020, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Teleshopping**
3.00 **Gary Barlow's Wine Tour: South Africa** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Prue Leith's Cotswold Kitchen** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.15 AM **Cheers** 20-23/28. (S11) (S)(R)
8.00 **Everybody Loves Raymond** (S)(R)
8.55 **The Great Big Tiny Design Challenge with Sandi Toksvig** The remaining miniaturists create a Victorian nursery. (S)(R)(AD)
10.00 **Sunday Brunch** New edition With guests Self Esteem, Edith Bowman, Kyle Soller and Tasha Ghouri. Plus, music from Bradley Simpson and Nieve Ella. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.55 FILM **First Knight** Romantic mythical drama with Sean Connery, Richard Gere and Julia Ormond. (S) (1995, PG, 155min) ★★★
5.30 **George Clarke's Old House, New Home** 2/5. The architect meets a couple who do not know what to do with their 17th-century cottage in Worcestershire. (S)(R)(AD)



9.00 The Piano

6 PM

6.30 **News** (S)

7 PM

7.00 **Stacey Solomon's Renovation Rescue** 2/6. The host tries to help Jo and Darryl in Devon after building inspectors condemned £127,000 worth of work on their sea-view home. (S)(R)(AD)

8 PM

8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Danny Dyer, Rhod Gilbert, Leigh Francis and Yinka Bokinni make miniature biscuit people and recreate their biggest failure in cake form. (S)(R)(AD)

9 PM

9.00 **The Piano** New edition Tonight's line-up at Sheffield Station in South Yorkshire includes the surprise appearance of a trumpet and a professional footballer with a sweet voice. (S)(AD)

10 PM

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 FILM **The Bone Collector** Crime thriller starring Denzel Washington and Angelina Jolie. (S)(AD) (1999, 15, 135min) ★★★
1.15 AM FILM **Desperado** Action thriller starring Antonio Banderas. (S) (1995, 18, 105min) ★★★
3.00 **The Simpsons** (S)(R)(AD)
4.40 **Find It, Fix It, Flog It** (S)(R)
4.55 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.10 **22 Kids & Counting** (S)(R)
1.00 PM **Inside the Tower of London** The tower's oldest raven goes missing. (S)(R)
2.00 The tower plans an ambitious installation for the Platinum Jubilee. (S)(R)
3.00 **The Princes in the Tower: A Damning Discovery** Exploring the mystery of what happened to the two young princes that were brought to the Tower of London in 1483. (S)(R)
4.30 **Heatwave: Summer of '76** The story of the 1976 drought, when gardens burned, communities depended upon communal standpipes for their water, and Brits were urged to 'bath with a friend'. (S)(R)

7.30 The 70s

6.00 **The 1970s: Those Were the Days** 1/2. Documentary looking back at what it was like living through the early 1970s in Britain, featuring news stories, fads and fashions. (S)(R)

7.30 NEW **The 70s: Everything We Loved & Lost** A trip back in time to remember precious products from the 1970s, celebrating must-have toys, cutting-edge technology and favourite foodstuffs from that most colourful of decades. (S)

9.00 **Forensics: Murder Scene** 3/6. A gruesome discovery is made at a recycling plant when a human foot is found among the waste, with detectives and forensic teams rushing to the scene to investigate. (S)(R)

10.30 **Murder Scene: The Incident Room** 3/4. Investigating the 2010 murder of 63-year-old Gurmail Singh, who was killed during the attempted robbery of his corner shop in Huddersfield. (S)(R)

11.30 **Killed by My Daughter: Murdered in Paradise** (S)(R)
1.00 AM **Live Casino Show** (S)
3.00 **Inside British Airways: 24/7** (R)
3.50 **Robson Green's Coastal Fishing** Scotland. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)(AD)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Simpsons** (S)(R)
12.00 NOON FILM **The Hobbit: An Unexpected Journey** Epic fantasy adventure based on JRR Tolkien's children's novel, starring Martin Freeman. (S) (2012, 12, 165min) ★★★
3.00 PM FILM **The Hobbit: The Desolation of Smaug** Epic fantasy adventure starring Martin Freeman. Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. (S) (2013, 12, 161 min) ★★★★

9.00 Brett Goldstein

6.00 FILM **The Hobbit: The Battle of the Five Armies** The conclusion of Peter Jackson's epic fantasy adventure trilogy starring Martin Freeman. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. With Richard Armitage, Ian McKellen, Luke Evans and Orlando Bloom. (S)(AD) (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9.00 NEW **Brett Goldstein: The Second Best Night of Your Life** Stand-up special, covering relationships and sex, with *Ted Lasso* references and musical moments.

10.15 **Football's Funniest Moments** A look back at laugh-out-loud incidents from the world of Premier League football, including interviews with players, pundits and comedians. (S)(R)(AD)

11.15 **Brassic** 4/8. Mr Bishop involves the lads in his bitter divorce battle when he asks Vinnie to steal his three prized classic cars, which his estranged wife is refusing to hand over. (S3) (S)(R)(AD)
12.15 AM **The Force: Manchester** (R)
2.05 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
2.45pm LIVE The Championship (S) **5.00** Grand Tours of Scotland's Rivers (S)(R) **5.30-6.00pm** Anna Haugh's Big Irish Food Tour (S)(R)

WALES
Sky 968, Freesat 968
No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw New edition **9.00** Y Cosmos **10.00** Garddio a Mwy **10.30** Priodas Pum Mil **11.30** Dechrau Canu Dechrau Canmol **12.30pm** Ty Ffit **1.35** Y Fets (AD) **2.40** Cefn Gwlad (AD) **3.40** Pobol y Cwm Omnibws (AD) **4.45** LIVE Sgorio **7.40** Newyddion a Chwaraeon **8.00** Cynefin Series finale **9.00** Bariau New episode (AD) **9.40** Troseddau Cymru Gyda Sian Lloyd (AD) **10.40** Cartrefi Cymru **11.10-11.45pm** Welsh Whisperer – Ni'n Teithio Nawr! (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Nigel and Phil have a heart to heart. **7.30** Teddy pulls out all the stops for a special occasion.
8.00 **Stacey & Joe** 4/6. After nearly 20 years, Joe makes his return to Albert Square but forgets to tell Stacey he's invited the entire family over for a Sunday roast.
9.00 **Top Gear** Jeremy Clarkson, Richard Hammond and James May build a car that can turn into a hovercraft.
10.00 **Ashley Cain: Into the Danger Zone** 4/6. The former footballer travels to Colombia to meet the young men drawn into the country's illegal gold mining.
11.00 **Bad Education** 5/6. Alfie has to go back to school to pass his biology GCSE. **11.30** 6/6. Alfie has to make a big decision. (S3)
12.00 M'T **Just Act Normal**
1.15 AM **Top Gear**
2.15 **Bad Education**
3.15 **Funboys**
3.30 **to 4.00** AM **Doctor Who: Unleashed**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Nature: The Classical Collection** A collection of classical pieces inspired by nature and the living planet.
7.15 **South Pacific in London** Following the production of a 1986 recording of Rogers and Hammerstein's musical, with Jose Carreras, Kiri Te Kanawa, Sarah Vaughan and Mandy Patinkin.
8.15 LIVE **Snooker: World Championship** Further coverage of the evening session on day nine from the Crucible Theatre in Sheffield, featuring the second sessions of two second-round matches.
10.00 **Omnibus: Leonard Bernstein's West Side Story** Leonard Bernstein conducts a recording of his classic musical over four days in a New York studio in 1984.
11.30 **Bryn on Broadway**
12.20 AM **South Pacific in London** A performance.
1.20 **Bryn on Broadway**
2.10 **to 3.10** AM **Lee Miller: A Life on the Front Line**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
3.40 PM **Come Dine with Me** Medical editor Adam hosts the first night in Brighton. **4.10** Copywriter Will serves up a vegetarian meal. **4.40** Retired advertising sales director Gill plays host. **5.15** TeacherJo treats her rivals to a Thai menu. **5.45** Social worker Ruth hosts the final dinner party.
6.20 **Four in a Bed** The first visit is to the Golden Grove Retreat in Carmarthenshire.
6.50 **Four in a Bed** The rivals head to Rosita Guest House in Weston-super-Mare. **7.25** From King Square Apartments in Somerset. **7.55** The final visit is to Hartridge Springs in Devon. **8.30** Payment Day arrives.
9.00 **The Emergency Ward** Doctors Scott Taylor and Jonathan Papson help a pregnant woman who has been badly injured in a high-speed traffic crash.
10.00 **24 Hours in A&E** A teenager requires emergency surgery for a bleed on the brain.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
2.20 **Emergency Helicopter Medics** Documentary.
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Rude(ish) Tube Shorts**
7.25 **Ramsay's Kitchen Nightmares USA**
10.25 **Married at First Sight Australia** Double bill.
1.35 PM **The Big Bang Theory**
4.25 FILM **Home Alone** John Hughes' comedy starring Macaulay Culkin as a young boy left behind when his family go on holiday. With Joe Pesci, Daniel Stern and Catherine O'Hara. (1990, PG, 100min) ★★★★
6.30 **The Simpsons** *The Dad Who Knew Too Little:* Homer hires a private detective. **7.00** *Pray Anything:* Homer lreans the power of prayer. **7.30** *Barting Over:* Bart separates from his parents. **8.00** *I'm Spelling as Fast as I Can:* Lisa is offered a college scholarship. **8.30** *The Strong Arms of the Ma:* Marge is mugged.
9.00 FILM **Kingsman: The Golden Circle** Comedy adventure sequel starring Taron Egerton. Eggsy and Merlin work alongside their US counterparts. (2017, 15, 141 min) ★★★
11.50 **Gogglebox** Double bill.
2.00 AM **Naked Attraction** A former club rep and a technophobe look for love.
3.00 **Gogglebox** TV opinions.
3.55 **Hollyoaks Omnibus**
5.10 **to 6.00** AM **The Simpsons**

+1 hr 235/236 306 30 123 256

Sunday primetime

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Border Security USA**
8.00 **Border Security: America's Front Line** Double bill.
9.00 **Stop, Search, Seize**
10.00 **Paramedics Australia**
11.00 **The Real A&E**
12.00 NOON **Caught on Dashcam** Road disasters captured on video by dashboard cameras.
1.00 PM **Border Patrol** Double bill.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

10.00 Matlock

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM
9.00 **Fire Country** *Like Old Times:* 6/22. Bode and Mike must put their differences aside when a hiker falls off a cliff. (S1)

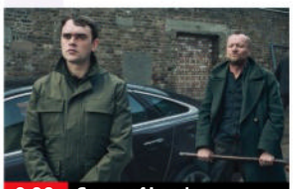
10 PM
10.00 **Matlock** *Game Face:* 15/18. Olympia and her team scramble to remove a dangerous drink from the market. (S1)
11.00 **FBI: International** 13/22. The team investigate the death of an American lawyer in Budapest, Hungary. (S2)
12.00 M'T **Bull** 3/16. (S5)
1.00 AM **Caught on Dashcam**
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
8.00 **Game of Thrones** (S6)
1.20 PM **Game of Throne** 7/10. The High Sparrow eyes another target. **2.20** 8/10. Tyrion's plans start to bear fruit. **3.25** 9/10. As the Starks prepare to fight, Davos loses something dear. **4.30** 10/10. Cersei awaits judgement and Winter finally arrives. (S6) **5.45** 1/7. Jon organises the North's defences. (S7)


9.00 Gangs of London

7 PM
6.50 **Game of Thrones** *Stormborn:* 2/7. Daenerys receives an unexpected visitor and Tyrion plans the conquest of Westeros.

8 PM
7.50 **Game of Thrones** *The Queen's Justice:* 3/7. Jon and Daenerys finally meet, and Cersei gains a new ally. (S7)

9 PM
9.00 **Gangs of London** 6/8. A showdown between Elliot and Zeek leads to a discovery that turns the mystery on its head. (S3)

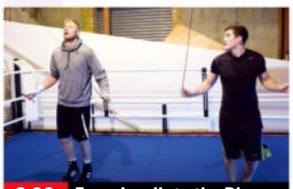
10 PM
10.00 **The Wire** *Misgivings:* 10/13. Bubbles gets revenge for Herc's continual betrayals. (S4)
11.05 **The Baby** 6/8. (S1)
11.45 **Succession** 2&3/10. (S4)
2.00 AM **The Last of Us** New episode 3/7. Post-apocalyptic drama starring Pedro Pascal. (S2)
3.10 **The Leftovers** 2/10. (S1)
4.15 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
8.00 **Magnum P.I.** 5-8/20. (S5)
12.00 NOON **S.W.A.T.** Five episodes of the crime drama, including: **3.00** PM 7/23. Hondo experiences discrimination during a training seminar. (S2)
4.00 **Grimm** 13/22. Part two of two. The killer strikes again – and is not working alone. **5.00** 14/22. A monster preys on pregnant women.. **6.00** 15/22. The mummy of an ancient Egyptian Wesen is stolen by two Wesen. (S3)


8.00 From Lord's to the Ring

7 PM
7.00 **Grimm** *The Show Must Go On:* 16/22. Nick looks into a double-murder with a connection to a travelling carnival. (S3)

8 PM
8.00 **Flintoff: From Lord's to the Ring** 2/3. Andrew throws himself into his training, before he meets boxing legend Mike Tyson.

9 PM
9.00 **Welcome to Wrexham** New edition The women's team adapt to the top Welsh league as the men prepare for Notts County.

10 PM
10.00 **Welcome to Wrexham** New edition The Birthday Prank War escalates as Wrexham is reminded of the city's rebound fragility.
10.50 **Football's Funniest Moments** A look at comical incidents from the footballing world.
11.15 **Brassic** 4/8. Mr Bishop involves the lads in his bitter divorce when he asks Vinnie to steal his classic cars. (S3)
12.15 AM **The Force: Manchester**
2.05 **Road Wars** Double bill.
4.00 **to 6.00** AM **Bondi Rescue**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Dress to Impress**
10.55 **Deal or No Deal**
12.55 PM **The Masked Singer US**
1.50 **Celebrity Catchphrase**
2.50 **Britain's Got Talent: Live Semi-Final** Ant and Dec host.
4.55 **FILM Trolls** Animated musical featuring the voices of Anna Kendrick and Justin Timberlake. A pair of fuzzy-headed trolls embark on a daring rescue mission when members of their tribe are kidnapped. (2016, U, 92min) ★★★

4.55 Trolls

7 PM
6.40 **FILM Raiders of the Lost Ark** Steven Spielberg's adventure with Harrison Ford. Archaeologist Indiana Jones tries to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM
9.00 **FILM Suicide Squad** Fantasy adventure starring Will Smith and Margot Robbie. A ragtag team of villains are strong-armed into doing good by a government agent. With Jared Leto. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM
11.25 **Family Guy** 16&17/20. (S19)
12.25 AM **American Dad!** 16&8/18. Double bill of the comedy. (S5)
1.25 **Iain Stirling's CelebAbility**
2.10 **World's Funniest Videos**
2.40 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **Lewis** Double bill.
10.40 **FILM Chitty Chitty Bang Bang** Musical with Dick Van Dyke and Sally Ann Howes. A restored racing car reveals magic powers and takes its owners to a far-away land. (1968, U, 136min) ★★★★★
1.40 PM **Agatha Christie's Poirot** *One, Two, Buckle My Shoe:* The sleuth's dentist is found dead. **3.50** *The Mysterious Affair at Styles:* One of Hastings' friends is found murdered.

9.00 Belgravia

7 PM
6.05 **Midsomer Murders** *The Blacktrees Prophecy:* A survivalist is found murdered in his bombproof shelter.

8 PM
8.00 **Doc Martin** *Driving Mr McLynn:* 4/8. Martin accidentally inflicts a minor wound on an elderly patient. (S4)

9 PM
9.00 **Belgravia: The Next Chapter** Series finale 8/8. Frederick is pushed to confront his past. (S1) ■ Entire series on ITVX

10 PM
10.00 **Vera** *Blind Spot:* DCI Stanhope must complete a murder victim's research into an old criminal case.
11.50 **The Bay** 1/6. DS Jenn Townsend returns to work while still grieving her father. (S5)
12.45 AM **The Bay** 2/6. (S5)
1.40 **On the Buses**
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Tales of Para Handy** *The Malingerer:* 3/3. A rival shipping company tricks Para Handy into a race at sea. (S2)
8.05 **Paramedics on Scene** Crew attend a building site where a wall has collapsed on workers.
9.00 **Scotland: The New Wild** 1/3. Documentary showcasing the nation's wildlife. Narrated by Thoren Ferguson.
10.00 **Still Game** 6/6. Jack, Victor and the gang climb Ben Lomond. (S9)
10.30 **Scot Squad** 2/4. McLaren and Fletcher are involved in a drugs bust. (S1)
11.00 **Best of Chewin' the Fat** Highlights of the comedy sketch show.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S4)
10.30 **Veep** 6-10/10. (S6)
1.25 PM **Curb Your Enthusiasm** (S9&10)
7.30 **The Office (US)** 9/25. A new employee's prison record is revealed. **8.00** 10/25. Part one of two. Michael's Christmas cards upset Carol. **8.30** 11/25. Part two of two. Michael tries to deal with being dumped by Carol. (S3)
9.00 **NEW Brett Goldstein: The Second Best Night of Your Life** Stand-up comedy special.
10.15 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up performance.
11.15 **The Righteous Gemstones** 7/9. (S4)
11.55 **Sex and the City** (S4)
1.15 AM **Divorce** (S3)
2.30 **Barry** 6/8. (S2)
3.05 **The Office (US)** (S3)
4.25 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Pavarotti: A Voice for the Ages**
7.15 **English National Ballet in Paris**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **The Rodgers & Hammerstein 80th Anniversary Concert**
3.30 **Cirque du Soleil: Nouvelle Experience**
5.00 **Classic Albums**
6.00 **Live from the Artists Den** Double bill.
8.00 **FILM The Private Life of Sherlock Holmes** (1970, PG) ★★★
10.20 **Science Fiction in the Atomic Age**
11.20 **Paul McCartney and Wings: One Hand Clapping** Documentary.
12.50 AM **How the Beatles Changed the World**
3.10 **Berlin Live: Simple Minds** A 2011 concert.
4.30 **The Great Songwriters**
5.30 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Trolls: Trollstopia**
8.25 **Let's Go, Bananas!**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Caught on Dashcam**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Send in the Dogs**
3.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Send in the Dogs**
8.00 **NCIS: Los Angeles** *Under the Influence:* 9/22. The team help a US ambassador search for her missing daughter. **9.00** *Where Loyalties Lie:* 10/22. A scientist working with the US Marines is killed. (S13)
10.00 **Britain's Most Evil Killers** Nathan Matthews.
11.00 **Snapped** True-crime.
12.00 M'T **Caught on Dashcam**
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Backyard Builds**
8.05 **Abbey Clancy: Celebrity Homes**
9.10 **Fletchers' Family Farm**
10.15 **Dinner Date**
12.15 PM **The Real Housewives of New York City** Four editions.
3.50 **Celebrity Dinner Date**
4.55 **The Only Way Is Essex**
5.55 **John and Lisa's Food Trip Down Under**
7.00 **Celebrity Dinner Date** With Nathan Ramsey.
8.00 **The Bardsley Bunch**
9.00 **The Only Way Is Essex** New edition Courtney has a garden party, and Livvy celebrates Darling's birthday.
10.05 **The Real Housewives of Cheshire**
11.05 **Vanderpump Rules**
12.55 AM **Backyard Builds**
1.20 **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **6.00** *Sticks and Stones:* A woman is electrocuted and killed in her bathtub. **7.00** *Sing a Song of Murder:* Jessica's cousin is targeted by a killer. **8.00** *School for Scandal:* Jessica investigates a college killing.
9.00 **An Aurora Teagarden Mystery: The Julius House** Crime drama with Candace Cameron Bure.
10.55 **An Aurora Teagarden Mystery: A Bone to Pick** Crime drama with Candace Cameron Bure.
12.50 AM **The Avengers** (S6)
3.00 **Randall and Hopkirk (Deceased)** 11/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **British Rally Championship**
8.00 **The Big Match Revisited**
9.00 **English Football League Highlights** Recent action.
10.30 **Made in Britain**
11.00 LIVE **British Touring Car Championship** Steve Rider presents coverage of the first three races of the season from Donington Park.
6.20 PM **Made in Britain** A look at what goes into orange squash, and making a Savile Row suit.

7.20 For Your Eyes Only

7.20 FILM **For Your Eyes Only** James Bond adventure starring Roger Moore. Agent 007 strives to trace a top secret military device sunk off the Greek coast. Also stars Carole Bouquet and Lynn-Holly Johnson. (1981, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 FILM **The Silence of the Lambs** Oscar-winning psychological thriller starring Jodie Foster and Anthony Hopkins. (1990, 18, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Underwater Grand Fishing Adventure**
1.20 **Minder**
2.20 **Auto Mundial**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **War of the Worlds: Extinction** Sci-fi adventure. (2024, PG, 84min) ★★★
12.45 PM **Star Trek: The Next Generation** Four episodes of the series, including at: **4.00** 6/26. The crew become addicted to a new game. (S5)
5.00 **Stargate Universe** 8/20. Several crew members contract a mysterious illness. **6.00** 9/20. Camille and Scott visit loved ones on Earth. (S1)

9.00 Stargate

7.00 **Stargate Universe** *Justice:* 10/20. Colonel Young becomes the chief suspect when a crew member is killed.

8.00 **Stargate Universe** *Space:* 11/20. Colonel Young's consciousness is transferred into an unknown being. (S1)

9.00 FILM **Stargate** Sci-fi adventure starring Kurt Russell and James Spader. An Egyptologist and a US military team pass through a teleportation gate leading to another world. (1994, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Grimm** 9/22. Wu finally learns the truth about Nick. **12.20** AM 10/22. The Wesenrein put Monroe on trial. **1.10** 11/22. Nick investigates a death at a haunted house. **2.00** 12/22. The Wesen council decide to eliminate Nick. (S4)
3.00 **Twin Peaks** 5/18. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown** Four episodes, including at: **2.00** PM *The Skylark Scandal:* The local lord is strangled during a rambling trip. **3.00** *The Honourable Thief:* Father Brown is forced to seek help from an unlikely ally.
4.00 **Sherlock** 3/3. Holmes is far from impressed when he is asked to examine a seemingly straightforward murder. (S1)
6.00 **Death in Paradise** As 9pm.

7.00 Hudson & Rex

7.00 **Hudson & Rex** *The Cook, the Chief, the Cop and His Lover:* 19/20. Charlie and Rex look into the death of a chief superintendent.

8.00 **Hudson & Rex** *One for the Road:* 20/20. Charlie and Rex try to take down a car theft ring. (S5)

9.00 **Death in Paradise** *Music to My Ears:* 5/9. Part one of two. A concert pianist is shot dead during an apparent burglary. (S10)

10.00 **I, Jack Wright** *Every Single Penny:* 1/6. Drama about the aftermath of a businessman's suicide. Stars John Simm. (S1)
11.00 **Father Brown** *The Company of Men:* Lady Felicia pays an impromptu visit.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** (S1)
1.00 AM **Elementary** 19/24. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **dinnerladies**
8.40 **Only Fools and Horses**
1.10 PM **Only Fools and Horses** Five episodes, including at: **3.35** Del Boy becomes a yuppie and Rodney begins attending a computer course. **4.40** Del gets his hands on a consignment of self-inflating rubber dolls, which turn out to be filled with explosive gas. **5.45** A retired jeweller offers Del Boy the deal of a lifetime – but then suddenly suffers a heart attack.

8.05 Dad's Army

6.55 **Only Fools and Horses** Rodney wins a holiday to Majorca, but cannot understand why the trip is for three people.

8.05 **Dad's Army** The platoon dress as firemen for an initiative exercise.
8.45 **Only Fools and Horses** Del's mother apparently makes contact during a seance at the Nag's Head, inspiring him to visit the doctor to seek treatment for stomach cramps.

10.00 **Only Fools and Horses** Rodney ties the knot with Cassandra, while Del tries to dodge a bashing from the Driscoll brothers.
11.10 **Bottom: Exposed** Adrian Edmondson gives a first-hand account of making the comedy.
1.10 AM **Absolutely Fabulous** Eddy is torn between love and duty. **1.50** Guest stars Elton John.
2.30 **Sandylands** Double bill.
3.35 **to 4.00** AM **The Fosters**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **James May's Cars of the People** A look at 4x4 vehicles.
8.00 **Storage Hunters UK**
8.30 **World's Most Dangerous Roads** From Ethiopia.
9.30 **Speed with Guy Martin**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Cornwall with Simon Reeve** 1/2. The explorer travels through the county.
6.00 **Caribbean with Simon Reeve** Simon visits Nicaragua, Honduras and Jamaica.

8.00 Cape Carnage

7 PM

7.00 **Special Ops: To Catch a Criminal** Series finale Police in Dorset uncover an international gang posing as couriers.

8 PM

8.00 **Cape Carnage: Killer Catch** New edition The *Wildcard* heads to the Port of Karumba for its first unload payday.

9 PM

9.00 **Have I Got a Bit More News for You** Helen McCrory hosts the satirical quiz, with Andy Hamilton and Chris McCausland.

10 PM

10.00 **QI** With guests Shappi Khorsandi, Ross Noble and Johnny Vegas.
10.40 **Mock the Week** With Hal Cruttenden and Ed Byrne.
11.20 **Mock the Week** With guests Gary Delaney, Rob Beckett, Josh Widdicombe and Romesh Ranganathan.
12.00 M'T **Red Dwarf** Triple bill.
1.55 AM **Live at the Apollo**
2.55 **to 4.00** AM **Orlando Bloom: To the Edge**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
1.00 PM **Four in a Bed**
2.00 **Location, Location, Location** Double bill.
4.00 **A Place in the Sun**
8.00 **The Dog House** A 12-year-old terrier is taken to the groomers to receive a makeover.
9.00 **Gogglebox** TV opinions.
10.00 FILM **Wrath of Man** Guy Ritchie's thriller starring Jason Statham. A security guard displays unusual skills, which leaves his colleagues wondering about his shady past. With Josh Hartnett, Holt McCallany and Andy Garcia. (2021, 15, 119min) ★★★
12.20 AM FILM **Carlito's Way** Crime thriller directed by Brian De Palma, starring Al Pacino and Sean Penn. (1993, 18, 145min) ★★★★
3.10 **Two Men on a Bike**
4.10 **to 4.40** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Car Pound Cops**
9.40 **NCIS** 24/24. (S16)
10.35 **Blue Bloods** (S3)
3.25 PM **Jesse Stone: Innocents Lost** Thriller.
5.15 **Jesse Stone: Benefit of the Doubt** Thriller starring Tom Selleck.
7.10 **Jesse Stone: Lost in Paradise** Crime thriller starring Tom Selleck.
9.00 **NCIS: Hawaii** *Primal Fear:* 4/22. A US Navy sailor is found dead at a sacred kapu site. (S2)
10.00 **Law & Order: Special Victims Unit** *Missing:* 17/24. A child is found in the boot of a car. **11.00** *Blackout:* 18/24. A DA is raped after a charity event. (S20)
11.55 **Law & Order: Special Victims Unit** (S20&25)
2.45 **The Good Wife** (S3)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Shoplifters & Scammers: At War with the Law**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** A tracker dog tries to track down a car thief. **6.00** Liam and Ben attempt to catch a gang. **7.00** Officers pursue a car through the streets at more than 100mph. **8.00** Jo and Mike track down a VW Golf involved in a robbery. **9.00** Steve is involved in a high-speed pursuit.
10.00 **999: Criminals Caught on Camera**
11.00 **Gang Wars – Police: Suspect No 1 Special**
12.30 AM **Killer at the Crime Scene** Sasha Marsden.
1.30 **Prodigal Son** (S1)
3.00 **Casualty 24/7: Every Second Counts**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
12.00 NOON **Trucking Hell: Water Rescues**
1.00 PM **Red Bull Soapbox Race** From Paris.
2.00 **World's Deadliest Weather: On Camera**
4.00 FILM **The Glenn Miller Story** Musical biopic starring James Stewart and June Allyson. (1954, U, 116min) ★★★★★
6.20 FILM **Wyatt Earp** Epic Western biopic of the famous frontier lawman, starring Kevin Costner. (1994, 12, 190min) ★★★
10.00 FILM **End of Days** Action thriller starring Arnold Schwarzenegger. (1999, 18, 121min) ★★
12.25 AM FILM **Wake of Death** Drama starring Jean-Claude Van Damme. (2004, 18, 86min) ★★★
2.15 **Trucking Hell**
3.15 **Motorway Patrol**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.15 **My Family** Six episodes.
3.05 PM **Outnumbered**
7.00 **Inside the Ambulance** Helping a man who is in agony after having his kidney stones removed. **8.00** A teenager who is in so much pain that she is unable to speak.
9.00 NEW SERIES **Katie Piper: Locked Up in Louisiana** Documentary about life at the New Orleans Parish Prison. *See feature, page 20.*
■ Entire series on U
10.00 **Inside the Operating Theatre** Dr Fox's fiancée has her wisdom teeth removed.
11.00 **Brit Cops Down Under**
12.00 M'T **One Born Every Minute** Documentary.
1.00 AM **Amanda & Alan's Italian Job**
1.45 **to 3.00** AM **My Kitchen Rules: Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
7.45 **The Bill** Five episodes.
12.40 PM **Lark Rise to Candleford** Double bill.
3.40 **Catherine Cookson's The Rag Nymph** Period melodrama starring Honeysuckle Weeks.
7.00 **Cranford** *April 1843:* 4/5. Miss Matty confides in Mary about Mr Holbrook's death. (S1)
8.00 **Sister Boniface Mysteries** *Never Too Deadly to Die:* 1/10. One of the screen-testing stars for the new Agent Best film is found murdered. (S3)
9.00 **Silent Witness** *Brother's Keeper:* A tricky murder case leads Jack and Nikki into the world of underground boxing.
11.15 **Whitstable Pearl** (S2)
12.15 AM **Annika** 5&6/6. (S2)
2.20 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Brighton.
7.00 **Teleshopping**
8.00 **Celebrity Fantasy Homes** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family** A woman abandoned as a baby heads to Hong Kong for information about her origins. **8.00** The team follow a woman on a quest to solve a family mystery and find her sisters.
9.00 **Dr Pimple Popper** Triple bill, including at: **11.00** Helping Edith with her itchy skin condition.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Celebrity Fantasy Homes**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Friends Like These**
11.00 **Play Your Cards Right**
12.00 NOON **Dickinson's Real Deal** From Kendal in the Lake District.
1.00 PM **Lily Savage's Blankety Blank**
3.00 **Through the Keyhole** Double bill of editions.
4.00 **Friends Like These** Double bill of the game show with Ant and Dec.
6.00 **The Chase Celebrity Special** Dr Christian Jessen, JB Gill, Helen Lederer and Stephen Hendry compete.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Family Chase** The Walmsleys from Leyland take part in the quiz.
10.00 **The Chase** Six editions of the quiz show.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **The War in the Air**
9.35 **Wanted: Dead or Alive**
10.35 FILM **Apache Ambush** Western with Bill Williams. (1955, U, 68min) ★★
12.05 PM FILM **Sink the Bismarck!** World War Two naval drama. (1959, b/w, U, 97min) ★★★
2.15 FILM **The Fighting Kentuckian** Western. (1949, b/w, U) ★★★
4.30 FILM **In Old California** Western drama. (1942, b/w, PG, 88min) ★★
6.25 FILM **Gunfight at the OK Corral** Western with Burt Lancaster. (1956, PG, 122min) ★★★★
9.00 FILM **Hang 'Em High** Revenge Western. (1967, 18, 114min) ★★★★
11.25 FILM **Wrangler** Western. (1989, 12, 92min) ★★
1.25 AM FILM **Arctic** Thriller. (2018, 12, 98min) ★★
3.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM FILM **The Wrong Babysitter** Thriller. (2017, 12, 90min) ★★
11.20 FILM **Six Days Seven Nights** Comedy. (1998, 12, 101min) ★
1.30 PM FILM **Star Trek: Generations** Adventure. (1994, PG, 118min) ★★★
4.00 FILM **Star Trek: First Contact** Sci-fi adventure. (1996, 12, 110min) ★★★★
6.25 FILM **Phenomenon** Drama with John Travolta. (1996, PG, 124min) ★★
9.00 FILM **Snatch** Crime comedy drama. (2000, 18, 102min) ★★★★
11.20 FILM **The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
1.25 AM FILM **Cell** Thriller. (2014, 15, 95min) ★★★
3.30 **Air Rescue**
4.00 **to 6.00** AM FILM **Cradles for Cash** Thriller. (2019, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM FILM **Can't Buy My Love** Romantic comedy. (2017, PG, 90min) ★★
10.00 FILM **Starting Up Love** Comedy. (2019, PG) ★★
12.00 NOON FILM **All of My Heart** Romantic drama. (2015, PG, 81min) ★★
1.55 PM FILM **All of My Heart: Inn Love** Drama. (2017, PG, 90min) ★★
4.00 FILM **Moonlight in Vermont** Drama. (2017, PG, 90min) ★★
6.00 FILM **Love on Safari** Drama. (2018, PG) ★★
8.00 FILM **Love, Romance and Chocolate** Drama. (2019, U, 84min) ★★
10.00 FILM **Let Love Grow** Drama. (2023, U) ★★
12.00 M'T FILM **When Love Blooms** Comedy. (2021, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **October Kiss** Drama. (2015, PG, 90min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **That's My Dog**
7.00 **Time After Time** (S1)
7.30 **Watching** (S5&6)
10.30 **Dick Turpin** (S1)
1.00 PM FILM **Brief Encounter** Romance. (1974, PG, 75min) ★★
3.00 **Hancock** 12/13. (S1)
3.30 **Tracing the Rails**
4.00 **Secrets of the Coast**
4.30 **Mitch** 4/10. (S1)
5.30 **The Zoo Gang** 4/6. (S1)
6.30 **Shine on Harvey Moon** Seven episodes of the comedy, including at: **9.00** 6/6. Harvey works as a department store Santa. (S1) **9.30** 1/6. Rita's GI companions return. (S2)
10.30 FILM **The Big Sleep** Private-eye thriller. (1978, 15, 95min) ★
12.30 AM **Watching** (S5&6)
3.30 **Stereo Underground**
4.30 **Hancock** 12/13. (S1)
5.00 **Tracing the Rails**
5.30 **to 6.00** AM **Secrets of the Coast**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Wheeler Dealers**
7.00 **Expedition Bigfoot** Russell uses a robotic dog to explore an abandoned mine. **8.00** Evidence leads the team to investigate near an abandoned mine.
9.00 **Unexplained: Caught on Camera** A couple visit the most haunted house in the UK. **10.00** A trio of explorers visit an abandoned asylum.
11.00 **Expedition X** The team explore an outpost in the Amazon rainforest. **12.00** M'T Jessica and Phil head to Lake Lanier. **1.00** AM The team investigate a series of bizarre cattle mutilations.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Adam Richman Eats Britain**
11.00 **James Martin's French Adventure**
3.00 PM **The Great British Bake Off** Six editions from the 2014 contest.
9.00 **Ainsley's Good Mood Food** Ainsley Harriott makes a selection of dishes out of tasty vegetables, including carrot and cardamom fritters, and pumpkin spiced cupcakes. **10.00** Ainsley shows how herbs and spices can elevate any dish and take it from good to great, beginning with a lamb rogan josh. **11.00** Ainsley makes recipes featuring grains and pulses. **12.00** M'T Ainsley prepares dishes with a dash of sweetness.
1.00 **to 3.00** AM **Cake Boss**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 FILM **Orca: Killer Whale** Adventure. (1977, PG, 92min) ★
10.00 **Six Million Dollar Man**
3.00 PM FILM **The Scarlet Blade** Adventure. (1963, U, 83min) ★★
4.35 FILM **Treasure Island** Adventure with Orson Welles and Kim Burfield. (1971, U, 95min) ★★★
6.30 FILM **The Iron Mask** Action adventure starring Jason Flemyng. (2019, 12, 120min) ★★
9.00 FILM **Cold in July** Crime thriller starring Michael C Hall. (2014, 15, 108min) ★★★★
11.10 FILM **Becky** Thriller starring Lulu Wilson. (2020, 18, 93min) ★★★
1.00 AM FILM **Renegades** Action adventure. (2017, 15, 106min) ★★
3.05 **to 5.00** AM FILM **The Golem** Horror. (2018, 15, 95min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Island of Terror** Horror. (1966, PG, 90min) ★★★
8.00 FILM **Shark Lake** Thriller. (2015, 15, 89min) ★★
10.00 FILM **Jurassic Hunters** Thriller with Rib Hillis. (2015, PG, 89min) ★★
12.00 NOON **The Gambler III: The Legend Continues**
4.00 PM **Star Trek** (S3)
7.00 **The A-Team** (S1)
9.00 FILM **Dr Terror's House of Horrors** Horror compendium starring Peter Cushing and Christopher Lee. (1964, PG, 98min) ★★★
11.00 FILM **The Gorgon** Hammer horror starring Peter Cushing and Christopher Lee. (1964, 15, 83min) ★★★
12.45 **to 3.00** AM FILM **The Box** Sci-fi mystery starring Cameron Diaz and James Marsden. (2009, 12, 110min) ★★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Hardcore Pawn**
8.00 **Storage Wars: Texas**
10.00 **The Proof Is Out There: Alien Edition**
11.00 **Alien Files: Unsealed**
12.00 NOON **Close Encounters**
1.00 PM **UFOs: The Lost Evidence** Six editions.
7.00 **Curse of Skinwalker Ranch** Mysterious objects are believed to be buried inside the mesa.
8.00 **Beyond Skinwalker Ranch** Andy and Paul probe a ranch said to be infested with demons.
9.00 **Ancient Superstructures** The ancient city of Chichen Itza in Mexico.
10.00 **Pompeii: The Last Mysteries Revealed**
11.00 **Lost Relic Hunters**
12.00 M'T **Weird or What? With William Shatner**
2.00 AM **National Park Mysteries** Double bill.
3.00 **UFOs Declassified**
4.00 **to 6.00** AM **Mega Disasters**

5SELECT

153 166 138 46 133 30

9.00 AM **Entertainment News**
9.05 **Shop Smart, Save Money** Gaby Roslin and Ortis Deley test stick vacuum cleaners.
10.05 **Heat Pumps: Are They Really Worth It?** A look at whether heat pumps live up to the hype.
11.10 **Columbo** Back-to-back episodes of the drama.
7.10 **Columbo** PM *Columbo Likes the Nightlife:* Columbo investigates the apparent suicide of a tabloid journalist involved in the club scene in Los Angeles.
9.00 **Meghan & Harry: The Rise & Fall** 1&2/3. A look at the Duke and Duchess of Sussex's relationship.
12.00 M'T **Secrets of Buckingham Palace with Alexander Armstrong** Double bill.
2.05 **to 4.00** AM **Sunken Warships: Secrets from the Deep**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Eight editions of the series, including at: **4.00** A retired couple seek their ideal country home in Hampshire. **5.00** Nicki Chapman helps a couple looking for a home in Derbyshire. **6.00** Alistair Appleton helps a couple search for a home on the Scottish borders. **7.00** A couple seek a country property close to the Norfolk Broads. **8.00** People search for their ideal rural retreats.
9.00 **A Place in the Sun** Four editions of the property series featuring advice on buying a second home abroad.
1.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress: Lancashire**
9.00 **Say Yes to the Vegas Dress** Reality series.
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones**
8.00 **7 Little Johnstons**
9.00 **Forbidden Love** Mohammed confronts Ashley's sister.
10.00 **Love & Translation**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Monsters Inside Me**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Love & Translation**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Whose Line Is It Anyway? USA**
8.35 **Friends** (S1)
1.00 PM **Friends** (S1)
6.50 FILM **Splash** Romantic comedy with Tom Hanks and Daryl Hannah. (1984, PG, 110min) ★★★★
9.00 FILM **National Lampoon's Loaded Weapon 1** Zany action thriller spoof starring Emilio Estevez and Samuel L Jackson. (1993, PG, 83min) ★★★
10.35 **Kevin Bridges: A Whole Different Story** Comedy performance from the stand-up's 2015 tour.
11.35 **Whose Line Is It Anyway? USA**
12.35 AM **South Park** (S9)
1.35 **Whose Line Is It Anyway? USA**
3.25 **The Ricky Gervais Show** Double bill.
4.15 **to 5.00** AM **Joel & Nish vs the World**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.30 **Criminally Funny**
5.00 PM **Whose Line Is It Anyway? USA**
8.00 **Friends** 13/24. Chandler catches a glimpse of Rachel in the nude. **8.30** 14/24. Chandler meets an old flame. **9.00** 15/24. Monica applies for a new job at a fancy restaurant. **9.30** 16/24. Part one of two. Phoebe's twin sister Ursula visits. (S1) **10.00** 6/25. The pals reveal their secrets. **10.30** 7/25. Monica buys a bed from Janice's husband. (S3)
11.00 **Friends** (S3&4)
2.00 AM **Impractical Jokers**
3.00 **Beavis and Butt-Head Do the Universe**
4.25 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **911 Crisis Centre**
10.00 **Four Weddings**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **Blood & Treasure** Five episodes of the series, including at: **6.00** *The Ravens of Shangri-La:* 7/13. Danny's estranged father Patrick joins the team on their search for the Spirit Banner. (S2)
7.00 **Paramedics Australia** Triple bill of editions.
10.00 **Law & Order: Special Victims Unit** *Bad Things:* 21/22. Several attacks that have the same MO have different DNA at each scene. **11.00** *All Pain Is One Malady:* 22/22. Benson and Stabler join forces in the search for a crime ring. (S24)
12.00 M'T **A League of Their Own** Triple bill.
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

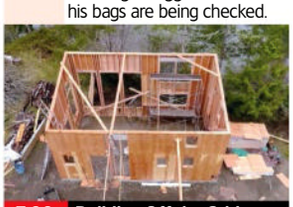
6.00 AM **MTV Cribs UK**
6.20 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Catfish: Repeat Offenders**
5.00 **Catfish: The TV Show**
9.00 **Teen Mom: The Next Chapter** Briana's daughter Stella refuses to see her father.
10.00 **Help! I'm in a Secret Relationship!** Jake needs to know why Sarah is hiding him.
11.00 **Dating Naked UK**
12.00 M'T **The Challenge: All Stars** A challenger threatens to quit.
1.00 AM **Beavis and Butt-Head** (S2&3)
1.30 **Jackass**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs UK**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
10.00 **Wheeler Dealers: Dream Car**
12.00 NOON **Alaska: The Last Frontier** Six editions of the documentary, including at: **3.00** PM Atz Lee and Jane realise that an aggressive bear may be on the prowl. **4.00** The Kilchers need help from a helicopter to complete critical work. **5.00** The Kilchers prepare gifts for Christmas.
6.00 **Border Control Sweden** A man gets aggressive when his bags are being checked.


7.00 Building Off the Grid

7.00 **Building Off the Grid** New edition Novice builders face material delays and hurricanes while building a cottage.
8.00 **Building Off the Grid** A family plan to build an oceanfront oasis on the slopes of Maui, Hawaii.
9.00 **Tracked** The teams chopper into their first challenge in the rugged southern Alps, and soon start to feel the pressure.
10.00 **Mega Shippers** The loading of wind turbine sections threatens a ship, while compacted rubbish is shipped to Sweden.
11.00 **Alaska Mega Machines** The inner workings of a large-scale fish factory.
12.00 M'T **Alaskan Bush People** The Browns rally to bring Billy's animals to the mountain.
1.00 AM **Alaskan Bush People**
4.00 **to 5.00** AM **How Do They Do It?**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Insane Pools: Off the Deep End** With JB Holmes.
9.00 **How Do Animals Do That?**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Insane Pools: Off the Deep End**
1.00 PM **Crikey! It's the Irwins**
2.00 **Wild Dubai** Documentary.
3.00 **Growing Up: Clouded Leopard** Documentary.
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Amy treats a wounded cat. **5.00** A dog undergoes surgery.
6.00 **Insane Pools: Off the Deep End** Lucas builds a giant pool.

10.00 The Last Alaskans

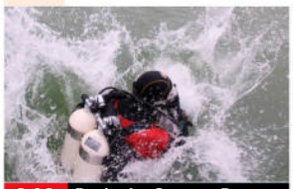
7.00 **Crikey! It's the Irwins** The zoo welcome two baby echidnas, but health concerns become a threat for one puggle.
8.00 **Crikey! It's the Irwins** Bindi welcomes the arrival of tiny poison dart frogs to their new home at the zoo.
9.00 **Crikey! It's the Irwins** Robert races to safety, and tragedy strikes when urgent repairs begin on the rainforest aviary.
10.00 **The Last Alaskans** The families each hunt for the one animal large enough to feed them through the heart of winter.
11.00 **Swimming with Monsters with Steve Backshall** The naturalist travels to Brazil to swim with anacondas.
12.00 M'T **Rugged Justice**
1.00 AM **The Last Alaskans**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Insane Pools: Off the Deep End**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Rocky Mountain Railroad**
10.00 **Northwoods Survival**
11.00 **Megastructures**
12.00 NOON **Air Crash Investigation**
2.00 PM **WW2's Biggest Wrecks: Drain the Oceans**
3.00 **Apocalypse: Hitler Takes on the West** Double bill.
5.00 **Hindenburg: The New Evidence** Fresh insight into the Zeppelin crash.
6.00 **King Tut In Colour** The discovery of Tutankhamun's tomb is revealed for the very first time in colour.


8.00 Drain the Oceans: Deep...

7.00 **NEW Ghosts of Kuélap: Peru's Cloud Warriors** One-off documentary.
8.00 **Drain the Oceans: Deep Dive** New edition Relics of Pearl Harbor, the Alamo and the War of 1812 are raised from the seabed.
9.00 **Egypt's Sun King: Secrets and Treasures** The first tomb containing a body since Tutankhamen's burial place was unearthed.
10.00 **Tut's Toxic Tomb** Ella Al-Shamahi begins to unravel the extraordinary truth behind the legend of Tutankhamun.
11.00 **Tut's Toxic Tomb** Ella digs deeper into the truth behind Tutankhamun's curse.
12.00 M'T **Air Crash Investigation**
2.00 AM **Lords of War**
2.55 **Food Factory** Double bill.
3.45 **Made in a Day**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
10.00 **Storage Wars** Six editions.
1.00 PM **Weird Britain** Andy McGrath meets a childhood eyewitness of Wales' most famous UFO incident. **2.00** Andy explores Dorset. **3.00** Andy heads to Scotland. **4.00** In London, Andy visits Britain's oldest shop.
5.00 **Dictators' Hideouts** Bunkers, palaces and hideouts built by dictators to secure their rule. **6.00** Underground shelters to protect fascist dictator Benito Mussolini and his family.

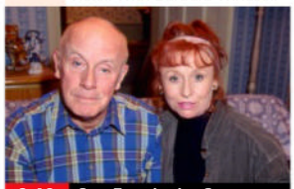
11.00 Jack the Ripper

7.00 **Battle 360** Documentary highlighting what life was like during World War Two, featuring the personal stories of soldiers.
8.00 **Battle 360** How rookie platoon leader Charles Scheffel suffered his first losses as he battled Rommel's Afrika Korps.
9.00 **Nostradamus: 21st Century Prophecies Revealed** A look through some of Nostradamus's predictions, asking whether a Frenchman living in the 16th century could predict so many modern-day disasters, from 9/11 to Ebola.
11.00 **Jack the Ripper: Written in Blood** The so-called 'From Hell' letter apparently sent by the killer in 1888.
12.00 M'T **Storage Wars** Mary tries to impress a client. **12.30** AM Rene laughs all the way to the bank.
1.00 **Storage Wars** Four editions.
3.00 **to 6.00** AM **Dictators' Hideouts**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Find It, Fix It, Flog It**
7.15 **Retro Electro Workshop**
9.00 **Antiques Roadshow**
1.00 PM **Great Canal Journeys**
3.00 **Canal Boat Diaries** A journey through Royal Leamington Spa. **4.00** Exploring the waterways of inner city Birmingham. **5.00** The *Naughty Lass* collides with a low bridge.
6.00 **One Foot in the Grave** Mrs Warboys' flat is flooded.
6.40 **One Foot in the Grave** A widow sets her sights on Victor. With Barbara Windsor.


6.40 One Foot in the Grave

7.20 **One Foot in the Grave** When Victor visits the solicitor, his short fuse is lit by a pigeon and a pair of underpants.
8.00 **Bangers & Cash: Restoring Classics** The team purchase a 1972 VW Fastback and pick up a 40-year-old police bike.
9.00 **Bangers & Cash** Three rare Alvises get the auction buyers going when they come under the hammer.
10.00 **Bangers & Cash** Dave gets a nasty surprise when he opens the bonnet of a fast Ford from the 1980s.
11.00 **Bangers & Cash: Restoring Classics** The team restore a 1988 Golf GTI Convertible.
12.00 M'T **Repair Lot** A VW Buggy with shaky steering, and a fast Ford that suffered a bad rear-end shunt.
1.00 **to 3.00** AM **Cop Car Workshop**

+1hour 255 329

Sunday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Combat Dealers**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Salvage Hunters: The Restorers**
2.00 PM **The Repair Shop**
5.00 **Celebrity Yorkshire Auction House**
6.00 **The Yorkshire Auction House** A Ford Model T.
7.00 **The Derbyshire Auction House** An old portrait painting could be worth a fortune.
8.00 **The Repair Shop** Restoring a banjo, a pair of rollerskates and a wooden salad bowl. **9.00** Items include a penny farthing bicycle and a clocking-on clock.
10.00 **The Repair Shop**
12.00 M'T **Aircrash Confidential**
2.00 AM **NASA's Unexplained Files**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Four editions.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire** Double bill.
12.00 NOON **FBI Files**
3.00 PM **Evil Lives Here: Shadows of Death**
8.00 **Evil Lives Here** Margie Bult spots a fugitive on TV who resembles her husband.
9.00 **Vanished in New Canaan: An ID Mystery**
10.00 **A Killer's Mistake** When Alice Ruggles is found dead, detectives begin to uncover a tale of obsession.
11.00 **999 Murderer Calling**
12.00 M'T **Chris Watts: A Faking It Special**
1.00 AM **Levi Bellfield: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fatal Frontier: Evil in Alaska** A woman is found stabbed to death.
7.00 **Forensic Factor** The 1996 Olympics in Atlanta, Georgia are rocked by a massive pipe bomb explosion. **8.00** Near Hamilton, Ontario, a jogger makes a gruesome discovery – the partially mummified remains of a human body.
9.00 **Cold Cases Reopened** New edition The story of how the disappearance Patricia Berry sparked a 19-year long mystery.
10.00 **Murder: Fight for the Truth** Triple bill of the documentary series.
1.00 AM **Cold Cases Reopened** As 9.00pm.
2.00 **A Stranger in My Home**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
2.00 PM **Medical Detectives** The murderers who burned their victim's body to cover their crime. **2.30** The investigation into sexual assaults on four Indiana women. **3.00** A couple who were murdered during a suspected drug deal. **3.30** A man suspected of poisoning his girlfriend. **4.00** A teacher who doubled as a serial killer. **4.30** A case involving an abandoned car in Philadelphia.
5.00 **Evidence of Evil** The events leading up to Imette St Guillen's death.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Donal MacIntyre's Murder Files** Double bill.
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Terry Edmonds.
1.00 PM **How I Caught the Killer** Garry Malone.
2.00 **Ireland's Most Evil Killers** Colin Whelan.
3.00 **Catching the Killer**
4.00 **Murdered at First Sight**
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **Who Killed Garrett Phillips?** Double bill.
12.35 AM **What the Killer Did Next** Joy Morgan.
1.35 **An Unexpected Killer**
2.30 **Mark of a Serial Killer**
3.30 **Motorbike Cops**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **Los Angeles: Stories from the City**
8.00 **Grand Tours of Scotland** As 11.20pm.
8.40 **Wellington v Napoleon: Aftermath of Waterloo**
9.45 **Great Forts of the Mediterranean**
10.50 **Los Angeles: Stories from the City**
1.00 PM **Grand Tours of Scotland** As 11.20pm.
1.40 **Wellington v Napoleon: Aftermath of Waterloo**
2.50 **The Vietnam War**
11.20 **Grand Tours of Scotland** A look at how Scottish tourism became more female-friendly.
12.00 M'T **Great Forts of the Mediterranean**
1.10 AM **Grand Tours of Scotland** As 11.20pm.
2.00 **Los Angeles: Stories from the City**
3.50 **Wellington v Napoleon: Aftermath of Waterloo**
4.45 **to 6.00** AM **Great Forts of the Mediterranean**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Angela Bassett**
7.00 **Discovering: Jeff Goldblum**
8.00 **The Directors**
9.00 **Black Art: In The Absence of Light** Documentary.
10.45 **My Icon: Ebony Rainford-Brent**
11.00 **The Janes**
1.00 PM **FILM The Fog of War** Oscar-winning documentary. (2003, PG, 107min) ★★★
3.00 **Queen of Speed**
5.00 **Faye** Documentary.
6.50 **My Icon: Pam Cookey**
7.00 **Elizabeth Taylor: The Lost Tapes** A profile of the actress.
9.00 **Super/Man: The Christopher Reeve Story** Profile of the actor who rose to fame after starring in the 1978 film *Superman*
11.00 **JFK Revisited: Through the Looking Glass** Documentary examining the assassination of US president John F Kennedy.
1.10 AM **Brillo Box (3¢ off)**
2.00 **NEW SERIES The Dark Money Game** 1/2. Investigating the shadowy world of political donations and fundraising.
4.30 **to 6.00** AM **Baby God**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Land of Primates**
9.00 **Nature's Fast Attacks**
11.00 **Big Cats: An Amazing Animal Family** Double bill.
1.00 PM **Over Australia**
3.00 **Wild Family Ties**
5.00 **Wild Sky** Series finale A look at the Amazon rainforest's oxygen-breathing trees.
6.00 **Accidental Wilderness: Europe's Everglades** A former wasteland that has become a paradise for Europe's birds.
7.00 **Attenborough's Journey** The making of David Attenborough's series *First Life*.
8.00 **David Attenborough's Dragons and Damsels** The world of dragonflies and damselflies.
9.00 **Wild Birds of Australia** The danger posed by of Australia's birds of prey, some of the country's fiercest predators. **10.00** Four birds that go to exceptional lengths to find mates and raise their chicks.
11.00 **Wild Sky** As 5.00pm.
12.00 M'T **Predators**
4.00 **to 6.00** AM **Cub Camp**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens: Secret Science** Documentary.
7.00 **Ancient Aliens**
9.00 **Mayhem! The Secret Lives of the Georgian Kings**
10.00 **Hitler's Secret Bomb**
11.00 **Greatest Heists with Pierce Brosnan** The Pierre Hotel.
12.00 NOON **Mystery Places**
3.00 PM **Ancient Aliens: Secret Science** Documentary.
4.00 **Ancient Aliens**
5.00 **Weeks of War**
6.00 **Secrets of Great British Castles** Double bill of editions.
8.00 **Ancient Aliens** The rediscovery of a repository of knowledge known as the Akashic Record.
9.00 **Clash of Ancient Warriors** The Battle of Thermopylae.
10.00 **Behind History** A look at history's most notable leaders.
11.00 **Ancient Aliens: Secret Science**
12.00 M'T **Ancient Aliens**
2.00 AM **Colosseum**
3.00 **Secrets of Great British Castles** Double bill of editions.
5.00 **to 6.00** AM **Ancient Superstructures**

Crime+Investigation

156 142 133

6.00 AM **What the Killer Did Next**
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** True-crime.
11.00 **999: Killer on the Line**
1.00 PM **Killed Without A Trace**
3.00 **Gypsy Rose: Life After Lock Up**
7.00 **When Missing Turns to Murder** The case of Surjit Athwal, who was murdered while on holiday in India.
8.00 **Fatal Family Feuds** Detectives investigate a mother's disappearance, uncovering a complex web of secrets and lies that complicate the truth.
9.00 **Gypsy Rose: Life After Lock Up** New edition Ryan tells Gypsy that he misses her as divorce day approaches.
10.00 **A Perfect Scam** How con artists manipulate their victims.
11.00 **Cold Case Files: DNA Speaks**
12.00 M'T **My Strange Arrest**
1.00 AM **Gypsy Rose: Life After Lock Up** As shown at 9.00pm.
2.00 **999: Killer on the Line**
3.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **Africa's Big Five**
11.00 **India From Above**
1.00 PM **Galapagos: Enchanted Isle**
2.00 **Secrets of the Penguins**
5.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: A Dog's Day**
7.00 **Ocean's Weirdest** Footage of strange undersea creatures. **8.00** Unusual underwater predators that use bizarre methods to catch their prey.
9.00 **Africa's Lost Eden** Conservationists begin a project to bring life back to Gorongosa National Park, where 95% of animals were killed by bombs and hungry locals during Mozambique's civil war.
10.00 **Alaska's Deadliest: Predator Prowl** Documentary looking at Alaska's deadliest predators as they fight to survive in one of America's last wild frontiers.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
3.00 PM **The Dino Hunters**
6.00 **The Alaska Triangle** A famous UFO case occurs above Alaska. **7.00** A government facility in the wilderness may be hiding an extra-terrestrial pyramid. **8.00** Whether a Sasquatch colony is terrorising the residents of a remote island.
9.00 **The 1980s: The Deadliest Decade** A case from Libertyville Village in Illinois in which one of the community's wealthiest couples were gunned down in their bed. **10.00** The case of Lisa Solomon, whose body was discovered after she was reported missing in 1987. **11.00** A look into the 1989 murder of rising Hollywood star Rebecca Schaeffer.
12.00 M'T **Alien Abduction: Travis Walton** Documentary.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Cry of the Blackbird:* 12/15. James's dramatic voyage to Australia almost ends in disaster. **8.00** *Shadow of Doubt:* 13/15. James sets off to Quebec, while speculation abounds over Elizabeth's baby. (S1)
9.00 **Top of the Pops** Triple bill.
11.00 **Celebrity Mastermind** With guests Stephen Fry, Gyles Brandreth, Andrew Motion and Tanni Grey-Thompson. **11.40** Rageh Omaar, Steven Pinder, Clare Balding and Ranulph Fiennes take part. **12.20** AM With Henry Kelly, Edward Stourton, Kelli Young and Hugh Fearnley-Whittingstall.
1.00 **The Onedin Line**
3.00 **Top of the Pops**
4.35 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
10.00 **American Detective with Lt Joe Kenda** Double bill.
12.00 NOON **Faking It: Tears of a Crime** Double bill of editions.
2.00 PM **Forbidden: Dying for Love**
4.00 **Highway to Hell**
6.00 **In Pursuit with John Walsh** The presenter steps up the hunt for John Tufton Blauvelt. **7.00** John joins police on the trail of fugitive Lenell Kirby.
8.00 **Disappeared** The case of missing mother-of-three Joey Lynn Offutt, who vanished after an argument with her on-and-off boyfriend in July 2007.
9.00 **What Happened at Fells Acres?** The allegation of sexual abuse at a day-care in Malden.
10.00 **Serial Killer: The Devil Unchained** Todd confesses to two more murders.
12.00 M'T **Crime Scene Confidential**
1.00 AM **Does Murder Sleep?**
2.00 **Twisted Sisters**
4.00 **to 6.00** AM **Someone You Thought You Knew**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Wheeler Dealers**
5.00 PM **Lucky!** As Formula 1 grows in popularity and value, more people want a slice. **6.00** Bernie Ecclestone finally bows out with style.
7.00 **Wheeler Dealers** Mike has found a rare Peugeot 405 while in Portugal, but finding parts isn't going to be easy. **8.00** A Peugeot 205 T16 inspires Mike to upgrade its under-powered UK counterpart for a track race. **9.00** After years of searching, Mike has finally found the ultimate 1980s hot hatch – a Renault 5 GT Turbo. **10.00** Mike tracks down a 56-year-old Citroën 2CV in the south of France. **11.00** As shown at 7.00pm. **12.00** M'T As 8.00pm.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.25 **Between the Temples** (2024)
8.25 **Transformers One** Animation. (2024, PG, 104min) ★★★★
10.15 **Twisters** As 5.50pm.
12.25 PM **Trap** As 8.00pm.
2.20 **Despicable Me 4** Animated sequel with the voice of Steve Carell. (2024, U, 94min) ★★★
4.00 **PREMIERE A Mistake** (2024)
5.50 **Twisters** Disaster drama sequel with Daisy Edgar-Jones. (2024, 12, 122min) ★★★★

10.00 A Mistake

8.00 **Trap** Director M Night Shyamalan's psychological thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. With Ariel Donoghue and Saleka Shyamalan. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **PREMIERE A Mistake** Drama starring Elizabeth Banks. A surgeon's life starts to unravel after an inexperienced colleague makes a fatal mistake. (2024, 15, 101min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Between the Temples** Comedy drama starring Jason Schwartzman and Carol Kane. (2024, 15, 111min) ★★★★
2.00 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
4.20 **to 6.10** AM **The Parenting** Horror comedy with Brian Cox. (2025, 15, 94min) ★★★

Sky Cinema Indiana Jones

303 303 403 503 517

7.50 AM **Raiders of the Lost Ark**
9.50 **Indiana Jones and the Temple of Doom** As 6.05pm.
11.50 **Indiana Jones and the Last Crusade** As 8.05pm.
2.00 PM **Indiana Jones and the Kingdom of the Crystal Skull**
4.05 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
6.05 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★

6.05 ...the Temple of Doom

8.05 **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure sequel starring Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure starring Harrison Ford. Indiana Jones tries to stop Soviet agents from seizing a crystal skull with psychic powers. With Karen Allen and Ray Winstone. (2008, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Raiders of the Lost Ark**
2.20 **Indiana Jones and the Temple of Doom** As 6.05pm.
4.30 **to 6.45** AM **Indiana Jones and the Last Crusade** (1989)

Sky Cinema Drama

310 310 410 510 524

8.15 AM **The Illusionist** As 10.20pm.
10.10 **Billionaire Boys Club** (2018)
12.05 PM **Ghost** Romantic fantasy. (1990, 12, 127min) ★★★★
2.15 **Aisha** Drama with Letitia Wright. (2022, 12, 94min) ★★★★
3.55 **Far and Away** Romantic drama. (1992, 15, 140min) ★★
6.20 **Widow Clicquot** Drama starring Haley Bennett and Sam Riley. (2023, 15, 90min) ★★★★
8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
10.20 **The Illusionist** Period mystery starring Edward Norton, Paul Giamatti and Jessica Biel. In 1900 Vienna, a stage magician engages in a battle of wits and illusions with a prince over the love of a beautiful aristocrat. (2006, PG, 110min) ★★★★
12.15 AM **Billionaire Boys Club** Drama. (2018, 15, 108min) ★
2.10 **Parachute** Comedy drama. (2023, 15, 108min) ★★★★
4.05 **Widow Clicquot** As 6.20pm.
5.45 **to 7.30** AM **The Breakfast Club** John Hughes' comedy. (1984, 15, 97min) ★★★★★

Sky Cinema Horror

311 311 411 511 525

7.05 AM **Sinister** As 1.55am.
9.00 **Gothika** As shown at 3.50am.
10.50 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
12.30 PM **The Woman in Black: Angel of Death** Horror sequel. (2014, 15, 95min) ★★★
2.25 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
4.00 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
6.00 **The Frighteners** Quirky horror comedy starring Michael J Fox. (1996, 15, 110min) ★★★
8.00 **It** Stephen King chiller starring Bill Skarsgård. A group of bullied New England kids band together to destroy a demonic clown. (2017, 15, 135min) ★★★★
10.15 **MaXXXine** Thriller starring Mia Goth and Lily Collins. In 1980s Hollywood, adult film star and aspiring actor Maxine Minx is stalked by a mysterious killer. (2024, 18, 110min) ★★★
12.05 AM **Thanksgiving** Horror thriller. (2023, 18, 106min) ★★★
1.55 **Sinister** Horror starring Ethan Hawke. (2012, 15, 105min) ★★★
3.50 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
5.40 **to 7.20** AM **The Ritual** Horror. (2017, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.05 AM **The Hobbit: An Unexpected Journey** (2012)
9.55 **The Hobbit: The Desolation of Smaug** As 6.00pm.
12.40 PM **The Hobbit: The Battle of the Five Armies** (2014)
3.10 **The Hobbit: An Unexpected Journey** As shown at 11.15pm.
6.00 **The Hobbit: The Desolation of Smaug** Peter Jackson's epic fantasy adventure starring Martin Freeman. (2013, 12, 161min) ★★★★

6.00 ...the Desolation of Smaug

8.45 **The Hobbit: The Battle of the Five Armies** Peter Jackson's epic fantasy adventure starring Martin Freeman, Richard Armitage, Ian McKellen and Luke Evans. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Hobbit: An Unexpected Journey** Peter Jackson's epic fantasy adventure starring Martin Freeman and Ian McKellen. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. (2012, 12, 165min) ★★★
2.05 AM **The Hobbit: The Desolation of Smaug** (2013)
4.50 **to 7.25** AM **The Hobbit: The Battle of the Five Armies**

Sky Cinema Action

307 307 407 507 521

6.05 AM **Retribution** Thriller. (2023, 12, 91min) ★★
7.45 **Mission: Impossible – Dead Reckoning Part One** Thriller. (2023, 12, 163min) ★★★★
10.35 **Gunpowder Milkshake** Thriller. (2021, 15, 114min) ★★★
12.40 PM **Aquaman** Adventure. (2018, 12, 143min) ★★★
3.10 **Need for Speed** Adventure. (2014, 12, 132min) ★★★
5.30 **Man of Steel** Adventure. (2013, 12, 143min) ★★★

10.35 Pompeii

8.00 **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Pompeii** Disaster movie starring Kit Harington. A gladiator fights to save the woman he loves as the city faces destruction. (2014, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **Once Upon a Time in Mexico** Epic action thriller. (2003, 15, 102min) ★★★
2.10 **Dragons Forever** Hong Kong action comedy. Subtitled. (1988, 18, 93min) ★★★★
3.50 **Magnificent Warriors** Adventure. (1987, 18) ★★★
5.25 **to 7.25** AM **Gunpowder Milkshake** Action thriller. (2021, 15, 114min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Beverly Hills Cop II** Comedy. (1987, 15) ★★★
8.40 **Coming 2 America** (2021)
10.35 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
12.25 PM **Snack Shack** Comedy. (2023, 15, 107min) ★★★
2.25 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
4.10 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
6.10 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★

9.55 Borat Subsequent...

8.00 **Coming 2 America** Comedy starring Eddie Murphy. Pampered crown prince Akeem faces a constitutional crisis without a male heir to ascend the throne. (2021, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Borat Subsequent Moviefilm** Spoof documentary sequel starring Sacha Baron Cohen. Borat returns to America intent on giving his 15-year-old daughter to the vice president. (2020, 15, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Book of Clarence** Comedy with LaKeith Stanfield. (2023, 15, 129min) ★★★
1.50 AM **The Ladykillers** Comedy. (1955, U, 97min) ★★★★★
3.30 **Adult Life Skills** Comedy. (2016, 15, 114min) ★★★
5.15 **to 7.05** AM **The Back-Up Plan** Romantic comedy. (2010, 12, 100min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **We Own the Night** (2007)
8.20 **Unhinged** As 4.40pm.
10.00 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
12.35 PM **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★
2.35 **The Saint** Crime thriller. (1997, 12, 116min) ★★★
4.40 **Unhinged** Action thriller. (2020, 15, 90min) ★★★
6.15 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★

8.00 Now You See Me

8.00 **Now You See Me** Heist thriller starring Jesse Eisenberg, Mark Ruffalo, Woody Harrelson and Isla Fisher. A quartet of Las Vegas magicians go on a crime spree, puzzling the FBI and Interpol. With Dave Franco. (2013, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Now You See Me 2** Crime thriller sequel starring Jesse Eisenberg and Mark Ruffalo. A gang of magicians-turned-criminals reunite to expose the activities of a ruthless businessman. (2016, 12, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **We Own the Night** Crime drama with Joaquin Phoenix. (2007, 15, 117min) ★★★
2.35 **Swallowed** Horror with Cooper Koch. (2022, 18, 96min) ★★
4.20 **to 6.00** AM **Parallel** Fantasy starring Danielle Deadwyler. (2024, 15, 88min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Lavender Hill Mob** Classic Ealing comedy. (1951, b/w, U, 81min) ★★★★★
12.40 PM **Patrick** Family comedy. (2018, PG, 94min) ★★★
2.35 **Dragonball Evolution** Fantasy. (2009, PG, 80min) ★★
4.15 **My Best Friend's Wedding** Romantic comedy drama. (1997, 12, 104min) ★★★★
6.25 **Hidden Figures** Drama. (2016, PG, 127min) ★★★★

6.25 Hidden Figures

Hidden Figures (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Honest Thief** Crime thriller starring Liam Neeson, Kate Walsh and Jai Courtney. A bank robber falls in love, and decides to turn himself in, only to be betrayed by two crooked FBI agents. (2020, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
1.20 **to 3.30** AM **Monos** Adventure thriller. Stars Sofia Buenaventura. Partly subtitled. (2019, 15, 102min) ★★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Apocalyptic

302 302 402 502 516

7.20 AM **It Came from Outer Space** Thriller. (1953, b/w, PG) ★★★
8.45 **Monolith** Sci-fi action thriller. (2022, 15, 90min) ★★★
10.25 **2012** Epic disaster movie. (2009, 12, 158min) ★★★
1.05 PM **Furiosa: A Mad Max Saga** Fantasy starring Anya Taylor-Joy. (2023, 15, 148min) ★★★★
3.35 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★

5.35 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★
8.00 **War of the Worlds** Steven Spielberg's sci-fi adventure starring Tom Cruise, Dakota Fanning and Justin Chatwin. (2005, 12, 116min) ★★★★
10.00 **I Am Legend** Sci-fi horror thriller starring Will Smith, Alice Braga and Dash Mihok. (2007, 15, 101min) ★★★★
11.45 **The Purge: Anarchy** Horror sequel. (2014, 15, 102min) ★★★

1.30 AM **The Purge: Election Year** Horror sequel starring Frank Grillo and Elizabeth Mitchell. (2016, 15, 108min) ★★★
3.20 **The War of the Worlds** Thriller. (1953, PG, 85min) ★★★★
4.50 **to 6.30** AM **Dark Skies** Sci-fi thriller. (2013, 15, 97min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.50 AM **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
9.50 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★
11.50 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
2.00 PM **Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★

4.25 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
6.35 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. (1994, 15, 142min) ★★★★★
9.00 **Schindler's List** Steven Spielberg's drama starring Liam Neeson, Ben Kingsley and Ralph Fiennes. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★

12.15 AM **Goodfellas** Crime drama. (1990, 18, 143min) ★★★★★
2.50 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
4.45 **Sky Cinema Preview**
5.45 **to 8.00** AM **The Man Who Knew Too Much** Drama. (1956, PG, 120min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.05 AM **Under the Boardwalk**
7.40 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
9.25 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
11.05 **Antz** (1998, PG) ★★★
12.35 PM **Hotel Transylvania 2** Animation. (2015, U) ★★★
2.10 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★

4.00 **Madagascar: Escape 2 Africa** Animation. (2008, PG) ★★★
5.35 **Teenage Mutant Ninja Turtles: Mutant Mayhem** Animation. (2023, PG, 99min) ★★★★
7.20 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
9.05 **Boonie Bears: Guardian Code** Animated family adventure. (2023, PG, 96min) ★★★
10.45 **Tom and Jerry Cowboy Up!** Animated family adventure. (2021, U, 71min) ★★★

12.05 AM **Under the Boardwalk** Animation. (2023, PG) ★★★
1.40 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
3.25 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
4.55 **to 6.40** AM **Curious George** Animation. (2006, U) ★★★★

Movies 24

312 313 419

7.00 AM **Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
9.00 **Rip in Time** Romantic drama. (2022, PG, 84min) ★★
11.00 **The Story of Love** Romantic comedy. (2022, PG, 91min) ★★
1.00 PM **Moriah's Lighthouse** Comedy. (2022, PG, 84min) ★★
3.00 **PREMIERE** **Return to Office** Drama starring Janel Parrish. (2025, PG, 84min) ★★

5.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
7.00 **Heart of the Manor** Romantic comedy starring Ashlynn Yennie. (2021, PG, 85min) ★★
9.00 **A Bridesmaid in Love** Romantic comedy starring Tori Anderson and Sean Poague. A bridesmaid helps organise her best friend's wedding, and finds herself falling for the bride's brother. (2022, PG, 87min) ★★
11.00 **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★

1.00 AM **Wedding of a Lifetime** Comedy with Jonathan Bennett. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Sweet as Pie** Comedy starring Rhiannon Fish. (2022, PG, 93min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Birmingham Bullring Promo 1964** Documentary.
6.30 **Dick Tracy's G-Men** Thriller. (1939, b/w, PG, 125min) ★★
8.35 **Beneath the Twelve Mile Reef** Adventure. (1953, PG) ★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **Warn That Man** Spy thriller. (1943, b/w, PG, 80min) ★★
12.45 PM **Scotland Yard** 37/39. (S1)
1.25 **Batman** 14/60. (S2)

2.00 **The Hellbenders** (1967, 15) ★★
3.50 **Look at Life** Documentary.
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town**
5.00 **The Footage Detectives**
6.00 **Appointment with Venus** Comedy. (1951, b/w, U) ★★★
7.45 **In the Can** Short film.
8.00 **Gideon's Way** 17/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **Budgie** 11/13. (S1)
10.55 **The Nudist Story** Romantic comedy. (1960, 15, 90min) ★★

12.45 AM **The Heritage Chart Show**
1.50 **Live It Up** Comedy with John Pike. (1963, U, 78min) ★★★
3.15 **Circumstantial Evidence** Drama. (1952, b/w, PG, 62min) ★★
4.30 **Look at Life** Documentary.
4.45 **The Texan** 26/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Atherton Lord's Pavilion Portraits**
7.05 LIVE **NRL Wests Tigers v Cronulla-Sutherland Sharks.** Coverage of the match from the eighth round of fixtures staged at Leichhardt Oval. Kick-off **7.05am**.
9.00 **Good Morning Sports Fans**
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
1.00 PM LIVE **Super Sunday Bournemouth v Manchester United.** Coverage of the Premier League match from the Vitality Stadium. Andoni Iraola's team won the reverse fixture at Old Trafford 3-0 in December, which was their second consecutive 3-0 victory at the home of the visitors. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday Liverpool v Tottenham Hotspur.** The Premier League clash at Anfield. Kick-off **4.30pm**.
7.30 LIVE **LPGA Tour Golf** Coverage of day four of the Chevron Championship from the Club at Carlton Woods in Texas.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
1.00 PM LIVE **Super Sunday Bournemouth v Manchester United.** Coverage of the Premier League match staged at the Vitality Stadium. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday Liverpool v Tottenham Hotspur.** The Premier League match from Anfield. More goals will be expected with 23 goals coming in the last five games between the two clubs, including nine of those coming in a 6-3 win for Liverpool in the reverse fixture in December. Kick-off **4.30pm**.
7.30 **Gary Neville's Soccerbox**
8.30 **Premier League Highlights** Newcastle United v Ipswich Town.
9.00 **Premier League Highlights**
11.00 **Premier League Stories**
11.30 **Premier League Highlights**
12.30 AM **The Big Interview**
1.00 **Premier League Highlights**
2.00 **Premier League Stories**
2.30 **Premier League Highlights**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 **SPFL** Dundee United v Celtic.
1.00 PM **EFL Highlights**
2.00 **SPFL Highlights**
2.30 LIVE **Bundesliga VfL Bochum v FC Union Berlin.** The German top-flight match from Vonovia Ruhrstadion. The reverse fixture ended up being cancelled after Bochum's keeper was struck by a lighter thrown by someone in the crowd. Kick-off **2.30pm**.
4.30 LIVE **Bundesliga Werder Bremen v FC St. Pauli.** The top-flight match at Weserstadion. The hosts won the reverse fixture 2-0 back in December thanks to goals in either half from Derrick Kohn and Marvin Ducksch in a game that was dominated by St. Pauli. Kick-off is at **4.30pm**.
6.30 **Henrik Larsson: 20 Years On**
7.30 **EFL Highlights** Championship.
8.30 **EFL Awards**
10.00 **EFL Highlights** Recent action.
11.00 **SPFL Highlights**
11.15 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **EFL** The 2020/21 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Retro League One**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Recent action from India.
10.50 LIVE **IPL Mumbai Indians v Lucknow Super Giants.** Coverage of the T20 match from Wankhede Stadium, Mumbai.
3.00 PM LIVE **IPL Delhi Capitals v Royal Challengers Bengaluru.** Coverage of the T20 match from Arun Jaitley Stadium, Delhi. These two sides met just the once last season in Bengaluru as the visitors easily won by 47 runs. RCB made 187-9 in their innings with Rajat Patidar top-scoring with 52 from 32 balls, before Delhi were bowled out for just 140 in their reply, with Yash Dayal taking 3-20 in just 19 balls for the visitors.
7.00 LIVE **Pakistan Super League Quetta Gladiators v Peshawar Zalmi.** Coverage of the T20 match from Gaddafi Stadium.
8.00 **Best of ICC WT20**
9.00 **IPL** Highlights from Mumbai Indians v Lucknow Super Giants. **10.00** Delhi Capitals v Royal Challengers Bengaluru.
11.00 **Pakistan Super League**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **LPGA Tour Golf**
9.30 **Nick Dougherty's Tee Time Tips**
10.00 **Golf's Greatest Holes**
10.30 **Tour Golf Highlights**
11.00 **LPGA Tour Golf**
2.30 PM **Golf's Greatest Holes**
3.00 **Tour Golf Highlights**
3.30 LIVE **PGA Tour Golf** Coverage of day four of the Zurich Classic of New Orleans, the team stroke play event at TPC Louisiana, Avondale.
6.00 LIVE **PGA Tour Golf** Further coverage of day four of the Zurich Classic of New Orleans, the team stroke play event at TPC Louisiana, Avondale. Shane Lowry and Rory McIlroy were victorious last year.
11.00 **Golf's Greatest Holes**
11.30 **Tour Golf Highlights**
12.00 M'T **Golf Academy**
1.00 AM **PGA Tour Golf**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **LPGA Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of day six of the Madrid Open at Park Manzanares, Spain.
7.00 PM LIVE **WTA & ATP Tennis** Further coverage of day six of the Madrid Open at Park Manzanares, featuring third-round matches in the men's and women's singles.
11.00 **ATP Tennis** Barcelona Open.
12.00 M'T **WTA Tennis** Stuttgart Open.
1.00 AM **US Open Classic Matches**
2.00 **Bitesize Tennis** Madrid Open.
2.15 **Frances Tiafoe Podcast 2024**
2.30 **Mirra Andreeva Podcast 2024**
2.45 **Bitesize Tennis** Halle Open final.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
6.30 **The Ultimate Cycling Show**
7.30 LIVE **AFL Hawthorn Hawks v West Coast Eagles.** Coverage of the match from Marvel Stadium in Melbourne. Bounce-up **7.40am**.
10.30 **Serie A** Highlights from Italy.
11.30 LIVE **World Rally Championship** The Rally Islas Canarias special stages 16 and 17.
1.15 PM **TNT Sports Reload**
1.30 **MLB Highlights**
2.30 LIVE **Gallagher Premiership Rugby Union Gloucester v Exeter Chiefs.** Coverage of the match staged at Kingsholm Stadium. Kick-off **3.00pm**.
5.15 **The Rugby Review**
6.00 **Serie A** Highlights from Italy.
7.00 **Match Officials Mic'd Up**
7.30 LIVE **Serie A** Coverage of a game from Italy's top division.
9.45 **TNT Sports Reload**
10.00 **UFC** Another chance to see Ian Machado Garry v Carlos Prates.
1.00 AM **NBA** A play-off match.
2.30 LIVE **NBA** Coverage of a game in the end-of-season play-offs.
5.00 **NBA Action** Highlights.
5.30 **to 6.00** AM **World Rally Championship**

TNT Sports 2

411 414 522 409 431

7.00 AM **World Rally Championship**
7.30 LIVE **MotoGP Rookies Cup** Grand Prix of Spain second race.
8.30 LIVE **MotoGP** The Grand Prix of Spain MotoGP warm-up session.
9.00 LIVE **MotoGP** The Grand Prix of Spain Moto3 race from Jerez.
11.00 LIVE **MotoGP** The Grand Prix of Spain Moto2 race from Jerez.
12.15 PM LIVE **MotoGP** The Grand Prix of Spain MotoGP race.
2.15 **MotoGP Chequered Flag**
2.30 LIVE **Snooker World Championship** Coverage from the second session on day nine at the Crucible Theatre in Sheffield.
5.30 **FIA World Endurance Championship Highlights**
6.30 LIVE **Snooker World Championship** The third session on day nine in Sheffield.
10.00 **Men's Cycling Pro Series**
11.00 **World Rally Championship**
11.30 **MLB Plays of the Week**
12.00 M'T LIVE **MLB Chicago Cubs v Philadelphia Phillies.** From Wrigley Field. Start-time **12.10am**.
3.15 AM **TNT Sports Reload**
3.30 **Serie A** Highlights from Italy.
4.30 **to 6.00** AM **Ultimate Pool**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Women's Super League**
6.15 **Super League Highlights**
6.30 **World Club Challenge**
6.45 **My Icon** Sporting influences.
7.05 LIVE **NRL Wests Tigers v Cronulla-Sutherland Sharks.** Coverage of the match from the eighth round of fixtures staged at Leichhardt Oval. Kick-off **7.05am**.
9.00 **Fight Night International**
12.00 NOON **Fight Night International** A chance to see Richard Torrez Jr v Guido Vianello.
1.00 PM **Top Rank Boxing Archive** Erik Morales v Marco Barrera.
2.15 **Fight Night International** Richard Torrez Jr v Guido Vianello. **3.15** A replay of Emanuel Navarrete v Denys Berinchyk.
4.15 **Super League** A replay of Warrington Wolves v St Helens. **7.00** Another chance to see Leeds v Hull Kingston Rovers.
9.45 **Super League** Highlights from Wigan Warriors v Hull Kingston Rovers in 2024 Grand Final.
10.45 **Super League** A chance to see Warrington Wolves v St Helens from Halliwell Jones Stadium.
1.30 **to 6.00** AM **Top Rank Boxing Archive**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 LIVE **WTA & ATP Tennis** Coverage of day six of the Madrid Open, a clay-court tournament staged at Park Manzanares in Madrid, Spain, featuring third-round matches in the men's and women's singles. Jannik Sinner and Carlos Alcaraz were among the victors at this stage last year, defeating Pavel Kotov and Thiago Seyboth Wild respectively.
4.00 PM **Sports Sunday**
6.00 **Sky Sports News**
7.00 LIVE **LPGA Tour Golf** Coverage of the fourth day of the Chevron Championship staged at the Club at Carlton Woods in Texas. Despite going into the final round of last year's tournament with a one stroke lead, Ryu Hae-ran was unable to convert that position into victory as she slipped down the leaderboard, and it was American Nelly Korda who capitalised with a third consecutive round of three-under par to lift the trophy.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **LPGA Tour Golf**
8.00 **IPL** Recent action from India.
10.00 **Super League** A match replay.
12.45 PM **EFL Greatest Games**
1.00 **LPGA Tour Golf**
2.00 **The Masters – The Major Heard Round the World**
2.05 **Pakistan Super League**
2.30 **Ashes Greats** Adam Gilchrist.
2.40 **Best of ICC WT20**
2.55 **Pakistan Super League**
3.50 LIVE **Pakistan Super League Quetta Gladiators v Peshawar Zalmi.** Coverage of the T20 match from Gaddafi Stadium.
8.00 **Best of ICC WT20**
8.30 **Ashes Greats** Archive action.
9.00 **Pakistan Super League** Lahore Qalandars v Peshawar Zalmi. **10.00** Quetta Gladiators v Karachi Kings at Gaddafi Stadium.
11.00 **Super League** A match replay.
1.45 AM **My Icon** Michael Holding.
2.00 **IPL** Recent action from India.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **WTA Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **Isuzu UTE A-League Auckland FC v Perth Glory.** Coverage of the Australian top-flight clash. Kick-off **6.00am**.
8.00 LIVE **Isuzu UTE A-League Western United v Sydney FC.** Coverage of the Australian top-flight clash. Kick-off **8.00am**.
10.00 LIVE **Snooker World Championship** The first session on day nine from Sheffield.
1.00 PM LIVE **UEFA Women's Champions League Chelsea v Barcelona.** The semi-final second-leg. Kick-off **2.00pm**.
4.30 LIVE **UEFA Women's Champions League Lyon v Arsenal.** The semi-final second-leg. Kick-off **5.00pm**.
7.30 **Isuzu UTE A-League**
8.30 LIVE **NBA** A play-off match.
11.00 **Cycling** Liege Bastogne Liege.
1.00 AM **Snooker World Championship** The ninth day.
5.00 **to 6.00** AM **Cycling Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **AFL Carlton Blues v Geelong Cats.** Coverage from Melbourne. Bounce-up **6.20am**.
9.00 LIVE **World Rally Championship** The Rally Islas Canarias special stage 14.
9.45 **TNT Sports Reload**
10.00 LIVE **World Rally Championship** The Rally Islas Canarias special stage 15.
11.00 LIVE **Cycling** Liege Bastogne Liege one-day races in Belgium.
5.15 PM **TNT Sports Reload**
5.30 **NBA Action** Highlights.
6.00 **MLB: Off the Bat**
6.30 LIVE **MLB Cleveland Guardians v Boston Red Sox.** Coverage of the American League match staged at Progressive Field. Start-time **6.40pm**.
9.45 **MotoGP Rewind**
10.00 **Premiership Rugby Union**
11.00 **Women's Champions League**
1.00 AM **UEFA Champions League**
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **PSA Squash Highlights**
7.00 **World Surf League** Action from the MEO Rip Curl Pro Portugal.
8.00 **Top 14 Rugby Union** Action from the French top flight.
12.00 NOON **United Rugby Championship** Another chance to see Scarlets v Leinster.
2.00 PM **NHL Tonight** Highlights from the previous evening's NHL action.
3.00 **United Rugby Championship** A chance to see Ulster v Sharks.
5.00 **NASCAR Highlights** Action from the Food City 500.
6.00 LIVE **NASCAR** Coverage of the Jack Link's 500, the latest round of the season staged at Talladega Superspeedway in Alabama.
11.30 **GP Confidential** All the latest Formula One news.
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Greats**
4.00 **Asian Le Mans Series**
5.00 **to 6.00** AM **Transworld Sport**

Premier Sports 2

420 552

6.00 AM **NHL Tonight**
7.00 **LaLiga Specials**
7.15 **FastZone** Motorsports highlights.
7.45 LIVE **Marathons** From Madrid.
10.45 **LaLiga Specials**
11.00 **Top 14 Rugby Union**
1.00 PM **United Rugby Championship**
3.00 **LaLiga Match Highlights**
3.10 LIVE **LaLiga Villarreal v Espanyol.** Kick-off **3.15pm**.
5.15 **LaLiga Specials** Goalkeepers.
5.30 **GP Confidential** The latest news.
6.00 **Top 14 Rugby Union**
8.00 LIVE **Top 14 Rugby Union** A game in the French top flight.
10.00 **GP Confidential** The latest news.
10.30 **LaLiga Specials**
10.45 **Champions Cup Highlights**
10.55 LIVE **MLB Miami Sharks v Carolina.** Kick-off **11.00pm**.
1.00 AM **Temples of Sport**
1.30 **NHL: This is Hockey**
2.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
5.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **Stefano Domenicali: No Paints** With Martin Brundle.
12.00 NOON LIVE **British GT Championship** The second round of the season at Silverstone.
3.45 PM **Formula 1** Saudi Arabian GP.
7.00 **F1 Academy: Weekend Wrapped** A review of the Saudi Arabian Grand Prix.
7.30 **Formula 1** Season highlights.
8.00 **British GT Championship**
11.45 **Formula 1** Season highlights.
12.00 M'T **F1 Feature**
1.00 **to 6.00** AM **The Home of F1**

Monday

28 April

Evening Planner

Monday

Documentary

Trump: The First 100 Days
BBC1, 8.30pm
The dramatic opening days of Donald Trump's second term, the repercussions of which have been felt far and wide.

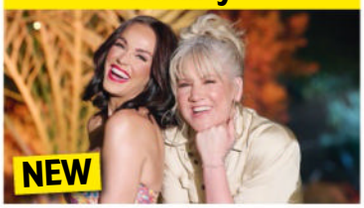
Documentary

Hunting the Whisky Bandits
BBC2, 9pm
The selling of fraudulent investments in Scotland's £7billion whisky industry.

Documentary

The Essex Millionaire Murders
ITV1, 9pm
The deaths of Carol and Stephen Baxter, who were found dead at home in 2023.

Reality



The Honesty Box
E4, 9pm
There's a £100,000 prize up for grabs for a cast of singles – but only if they are completely honest about their feelings.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Truth about...	8.30 Trump: First... †	9.00 Death in Paradise		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Snooker: The World Championship Live		8.00 Chess Masters...	8.30 University...	9.00 Hunting the Whisky Bandits		10.00 Upstart Crow	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Essex Millionaire Murders		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Secrets of Supermarket Buyers		9.00 999: The Critical List		10.00 24 Hours in Police Custody	
	105 5	7.00 Police Interceptors		8.00 Motorway Cops: Catching Britain's...		9.00 Forensics: Crash Scene Investigation		10.00 Police: Hour of Duty	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Joe Lycett's United States of Birmingham		9.00 Film: Forrest Gump			
ENTERTAINMENT	115 BBC3	7.00 Gladiators		8.00 Dragons' Den US – Shark Tank		9.00 P Diddy: The Rise and Fall		10.00 Teen Predator/Online Killer	
	116 BBC4	7.00 Britain's Greatest Generation		8.00 Snooker: The World Championship – Live				10.00 V.E. Day: Remembering Victory	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy			
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Warplane Workshop		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Married at First Sight Australia		9.00 The Honesty Box		10.00 Married at First Sight...	10.40 Made...
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Blue Bloods		10.00 Law & Order: Organized Crime	
	108 SKY ATLANTIC	‹ 6.55 Billions		8.00 Game of Thrones		9.00 The Last of Us			10.10 The Penguin
	110 U&GOLD	7.00 Dad's Army	7.40 The Vicar of Dibley			9.00 The Fast Show	9.35 Bottom		10.15 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3		7.05 Heartbeat	8.05 Midsomer Murders				10.00 Scott & Bailey	
	120 ITV4	‹ 6.55 The Motorbike Show		8.00 Beat the Chasers – Celebrity Special		9.00 Film: AVP: Alien Vs Predator			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans Live: The Different Planet Tour			10.30 Al Murray...
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Joe Lycett's United States of Birmingham		9.00 Dynamo: Beyond Belief			
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: And the Waltz Goes On					
	132 U&W	‹ 6.35 Interior Design Masters with Alan Carr		8.00 Inside the Ambulance: Coast and Country		9.00 Brit Cops Down Under		10.00 Ambulance Australia	
DOCUMENTARY	125 DISCOVERY	7.00 Junkyard Empire		8.00 Hoffman Family Gold		9.00 Alaska: Homestead Rescue			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Swimming with Monsters		9.00 Rugged Justice		10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler the Junkie		9.00 Drain Alcatraz		10.00 To Catch a Smuggler: Tropical Takedown	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 World War Weird		9.00 Commando Missions		10.00 Hell on Earth: WWII	
	155 U&YESTERDAY	7.00 Great British Railway Journeys		8.00 Caribbean with Simon Reeve		9.00 Bangers & Cash			
	121 SKY DOCS	7.00 Superpowered: The DC Story		8.00 Black Widow		9.00 The Dark Money Game			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 A Mistake		8.00 Trap				10.00 The Parenting	
	302 APOCALYPTIC	‹ 6.00 War of the Worlds		8.00 Terminator Salvation				10.00 The Purge: Anarchy	
	303 HITS	‹ 6.00 Dunkirk		8.00 Captain Phillips					10.20 Black Hawk Down
	304 GREATS	‹ 6.20 Scent of a Woman				9.00 Goodfellas			
	305 ANIMATION	‹ 5.45 Home	7.35 Rugrats in Paris				9.10 Scarygirl		
	306 FAMILY	‹ 5.45 The Spiderwick...	7.35 The Flintstones				9.15 The Flintstones in Viva Rock Vegas		
	307 ACTION	‹ 6.20 Ghost Rider: Spirit of Vengeance		8.00 Bad Boys: Ride or Die				10.00 Enter the Dragon	
	308 COMEDY	‹ 6.20 Nacho Libre		8.00 Horrible Bosses			9.45 Adult Life Skills		
	309 THRILLER	‹ 6.00 Antebellum		8.00 Public Enemies					10.30 Rumble...
	310 DRAMA	‹ 5.55 The Danish Girl		8.00 Parachute			9.50 The Breakfast Club		
	311 HORROR	‹ 5.40 It		8.00 Five Nights at Freddy's				10.00 Thanksgiving	
	313 FILM4	7.00 Titanic							
SPORT	401 MAIN EVENT	7.00 EFL – Live: Leeds United v Bristol City (Kick-off 8.00)							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Gary Neville's Soccerbox		9.00 PL Review		10.00 PL Icons	
	403 FOOTBALL	7.00 EFL – Live: Leeds United v Bristol City (Kick-off 8.00)							10.30 Bundesliga...
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC WT20	8.00 IPL					
	410 TNT SPORTS 1	7.00 British Speedway – Live: King's Lynn Stars v Oxford Spires						10.00 True Grit	
	411 TNT SPORTS 2		7.15 UEFA Champions League	8.00 Marathons		9.00 MLB – Live: Washington Nationals v New York Mets (Start-time 9.05)			

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Rip Off Britain** New edition (S)
10.15 **Dr Xand's Con or Cure** New edition Gut health drinks. (S)
10.45 **Animal Park** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition (S)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** New edition North Yorkshire. (S)
3.45 **The Bidding Room** New edition Items include a hand dryer. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** The past comes back to haunt Nicola, Priya attempts to conceal the truth, and Johnny admits his feelings. (S)(AD)

8 PM

8.00 **Panorama: The Truth about Baby Food Pouches** New edition Investigating the nutritional contents of baby food in plastic pouches. (S)
8.30 **NEW Trump: First 100 Days** The first 100 days of Donald Trump's second presidency. (S)

9 PM

9.00 **Death in Paradise** *Pilot of the Airwaves:* A TV news presenter is found dead in her pool and suspicion falls on her co-host. It proves a tricky case – until a former member of the team turns up to lend a hand. (S10) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got a Bit More News for You** Angela Rippon hosts the quiz, with comedian Jo Brand and writer and broadcaster Richard Osman joining captains Paul Merton and Ian Hislop. (S)(R)
11.25 **Just Act Normal** 3/6. Jamie takes Tiana on an impromptu date, and Ms Jenkins grows concerned about Tanika's home life. (S)(R)(AD)
12.00 M'T 4/6. The siblings hire a fake Jackie to fool Ms Jenkins, Tiana clashes with Shanice, and Dr Feelgood tries to leave drug dealing behind. (S1) (S)(R)(AD)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.20 AM **Sign Zone: The Repair Shop** Items include a pilot's cap. (S)(R)
7.20 **Landward** New edition (S)
7.50 **Match of the Day 2** (S)(R)
8.40 **Match of the Day: FA Cup** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Snooker: World Championship** Coverage of the afternoon session on day 10 from the Crucible Theatre in Sheffield, featuring the conclusion of two second-round matches. (S)
5.00 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** With Johnny Cochrane, Shobna Gulati, Laura Smyth and Dermot Murnaghan. (S)(R)
6.30 **Great British Railway Journeys** New edition 16/20. Michael journeys around Essex. (S)(AD)

8.00 Chess Masters: The Endgame

7.00 **LIVE Snooker: World Championship** Coverage of the evening session on day 10 from the Crucible Theatre in Sheffield, featuring the conclusion of two second-round matches. (S)
■ Continues on BBC4

8.00 **Chess Masters: The Endgame** Series finale 8/8. Sue Perkins hosts as the four finalists compete for the trophy. (S)
8.30 **University Challenge** New edition Amol Rajan hosts the second semi-final. (S)

9.00 **NEW Hunting the Whisky Bandits** Reporter Sam Poling goes undercover to investigate the shadowy world of scammers who are selling fraudulent investments in Scotland's £7billion whisky industry. (S)

10.00 **Upstart Crow** *Sigh No More:* 4/6. Will and his friends leave London for Stratford. (S3) (S)(R)(AD)
10.30 **Newsnight** (S)
10.30 **Weather** (S)
11.00 **Pilgrimage: The Road Through the Alps** 3/3. The celebrities finish their journey at Einsiedeln Abbey. (S)(R)(AD)
12.00 M'T **Snooker: World Championship Extra** Extended highlights from day 10. (S)
2.00 AM **Sign Zone: Countryfile** (S)(R)
2.55 **Sign Zone: Race Across the World** 1/9. Five pairs race across Asia from China to India. (S)(R)(AD)
3.55 **Sign Zone: Lifeline** (S)(R)
4.05 **to 6.45** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition The presenter showcases the beauty of the cherry blossom and Japanese maple as he takes seasonal inspiration from his own garden. (S)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Bradley Walsh. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.20 **Party Election Broadcast** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** John panics, Chas and Liam are disheartened, while Sarah makes a big decision. (S)(AD)

8.00 **Coronation Street** Debbie's worst fears are confirmed by a diagnosis, Daniel catches Christina with a pair of phones, Carl makes a move on Abi, Lauren confides in Bobby, and Carla suspects Betsy of manipulating Lisa. (S)(AD)

9.00 **NEW SERIES The Essex Millionaire Murders** 1/2. The investigation into the murders of Carol and Stephen Baxter, who were found dead on Easter Sunday in 2023. *See feature, page 21* (S)(AD)
■ Concludes tomorrow

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The Assembly** 1/4. Interview show in which celebrities are quizzed by an audience of inquisitive individuals who are autistic, neurodivergent or have a learning disability, beginning with actor Danny Dyer. (S)(R)
11.15 **For the Love of Dogs with Alison Hammond** 4/6. Writer Katie Piper drops in to Battersea to choose a puppy. (S)(R)(AD)
11.45 **Heathrow: Britain's Busiest Airport** Documentary. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **Bali 2002** 2/4. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Wheel of Fortune** Game show. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 24-27/28. (S11) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S5) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** Catching up with a father-and-daughter horse-riding duo in Italy. (S)(R)
5.00 **Chateau DIY** New edition Tim and Krys are desperate to finish the renovation of their abandoned orangery. (S)(AD)
6.00 **A Place in the Sun** New edition A couple search for their dream holiday home in Roquetas de Mar on Spain's Costa Almería. (S)

9.00 999: The Critical List

7.00 **News** (S)

8.00 **Secrets of Supermarket Buyers** New edition Denise van Outen learns amazing truths behind the scenes at Marks & Spencer, including Dine In secrets and Percy Pig's power. (S)(AD)

9.00 **999: The Critical List** New edition A patient must decide if she wants to risk major surgery, and a non-verbal young woman with Rett syndrome is showing alarming symptoms. (S)(AD)

10.00 **24 Hours in Police Custody** Feature-length special telling the inside story of an armed siege in a Bedford tower block, including unprecedented access to the command suite during a live siege. (S)(R)(AD)
11.45 **Celebrity Gogglebox** (S)(R)(AD)
12.40 AM **Gypsy Rose: Life After Lock Up** 7/8. Gypsy gets a worrying call from her parole officer. (S)(R)(AD)
1.25 **Ramsay's Kitchen Nightmares USA** New York. (S)(SL)(R)
2.10 **Grand Indian Hotel** (S)(R)(AD)
3.05 **Britain's Most Expensive Houses**
3.30 **Kirstie's Fill Your House for Free**
3.45 **Hollyoaks Omnibus** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Death at the Museum** Thriller starring Chelsea Vale and Jonathan Lipnicki. (S) (2023, 12, 105min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** A new group of holiday-makers explore the city of Barcelona. (S)(R)
5.00 **News** (S)
6.00 **GPs: Behind Closed Doors** A woman with a stomach bypass gets advice about abdominal pains. (S)(R)
6.55 **News** (S)

8.00 Motorway Cops

7.00 **Police Interceptors** Officers Alex and Josh head to HMP Five Wells, where a man has been tossing suspicious parcels over the prison wall. (S)(R)
7.55 **News** (S)
8.00 **Motorway Cops: Catching Britain's Speeders** New edition The officers stop a teenage drink-driver after a party, while another driver has no licence, no insurance and cannabis in his system. (S)(AD)
9.00 NEW SERIES **Forensics: Crash Scene Investigation** Documentary following the work of North Yorkshire's forensic collision investigators. A man is killed after being thrown from his car. (S) ■ Continues tomorrow
10.00 **Police: Hour of Duty** A woman arrives in custody after being arrested on suspicion of causing harm to her baby. The baby is in a critical condition, and police suspect that the parents may be involved. (S)(R)
11.05 **999: Emergency Call Out** (R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** 16&17/25. (S3) (S)(R)
3.50 **Robson Green's Coastal Fishing** Fishing for sea bass around the Pembrokeshire coast. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S6) (S)(R)
11.00 **Cub Camp** (S)(R)(AD)
12.00 NOON **Manifest** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 8/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Home Away from Homer:* Ned Flanders takes in a pair of female lodgers. With the voice of Jason Bateman. (S)(R) **5.30** *Thank God It's Doomsday:* Homer fears that the end of the world is imminent. (S)(R)
6.00 **The Office (US)** 20/25. The office staff take part in a safety training day. (S)(R) **6.30** 21/25. A printing error threatens the future of the company. (S3) (S)(R)

9.00 Forrest Gump

7.00 **The Simpsons** *The Father, the Son and the Holy Guest Star:* Bart becomes a Catholic. (S)(R) **7.30** *Lard of the Dance:* Lisa tries to join a classmate's social clique. Featuring the voice of Lisa Kudrow. (S)(R)
8.00 **Joe Lycett's United States of Birmingham** 1/4. The comedian visits places in America and Canada with the same name as his home city. His road trip begins in New Jersey and Pennsylvania. (R)
9.00 FILM **Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks as an Alabama-born man who leads a charmed existence over four turbulent decades of US history. With Robin Wright, Gary Sinise, Sally Field and Mykelti Williamson. (S)(AD) (1994, 12, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.30 **Last Week Tonight with John Oliver** Satirical talk show. (R)
12.15 AM **Veep** 5/7. Selina visits Mike to deflect attention from Andrew's troubles. (S)(R)(AD) **12.55** 6/7. Gary helps Catherine plan a big event. (S7) (S)(R)(AD)
1.30 **Road Wars** Double bill. (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.30-9.00pm Scotland's Home of the Year **10.40** Trump: First 100 Days **11.10** Have I Got a Bit More News for You **11.55** Scotcast **12.25am** Just Act Normal **1.40** Weather for the Week Ahead **1.45-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00-8.30pm Anna Haugh's Big Irish Food Tour **10.40** Panorama: The Truth about Baby Food Pouches **11.10** Have I Got a Bit More News for You **11.55** Just Act Normal **1.15-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
8.00-8.30pm Best of Weatherman Walking: Mid-Wales Marvels **9.00-10.00** Saving Lives in Cardiff **10.40** Scrum V Highlights **11.10** Panorama: The Truth about Baby Food Pouches **11.40** Have I Got a Bit More News for You **12.25am** Just Act Normal **1.40-6.00am** BBC News

BBC1 Yorkshire/Lincolnshire
Sky 955, Freesat 955
10.40-11.25pm A Mayor for Greater Lincolnshire

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm-12.00m't Stephen Rea: The Fire in Me Now

WALES
Sky 968, Freesat 968
9.00-10.00pm Death in Paradise

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Ty am Ddim **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Iaith ar Daith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Colleen Ramsey **8.25** Garddio a Mwy **8.55** Newyddion a'r Tywydd **9.00** Cefn Gwlad **9.28** Y Tywydd **9.30** Ralïo+ **10.00** Gwesty Aduniad **11.00-11.35pm** Y Sin

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Gladiators** 8/11. The contenders face Fire and Fury in the Ring, and Sabre in Hang Tough.
8.00 **Dragons' Den US: Shark Tank** New edition 15/24. A beauty product that combines glamour and luxury with safety and quality.
8.45 **The Catch Up**
8.50 **Press X on the BBC**
9.00 NEW **P Diddy: The Rise and Fall** Yinka Bokinni investigates the downfall of the hip-hop mogul.
10.00 **Teen Predator/Online Killer** 1/3. A case of a catfishing abuse incident. **10.30** 2/3. The investigation goes international. **11.00** Police connect the suicide of a 12-year-old girl to Alexander McCartney.
11.30 **Cuckoo** 5&6/7. (S2)
12.25 AM **P Diddy: The Rise and Fall** As shown at 9.00pm.
1.25 **Ashley Cain: Into the Danger Zone** Colombia.
2.25 **Teen Predator/Online Killer** 1/3. Documentary.
2.55 **to 3.55** AM **Cuckoo**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Britain's Greatest Generation** 1/4. The extraordinary stories of some of the British men and women who fought or lived through World War Two.
8.00 LIVE **Snooker: World Championship** Coverage of the evening session on day 10 from the Crucible Theatre in Sheffield, featuring the conclusion of two second-round matches.
10.00 **V.E. Day: Remembering Victory** A host of famous names, including David Attenborough, Bruce Forsyth and June Whitfield, share their personal memories of 8 May 1945, when it was announced the war in Europe was over.
11.30 **Auerbach at the Biennale** Documentary.
11.55 **Omnibus: Lucian Freud**
12.35 AM **Ronnie Wood: My Life as a Rolling Stone**
1.35 **Charlie Watts: My Life as a Rolling Stone**
2.35 **to 3.55** AM **The '85 Black Ball Final: The Final Frame**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun** Triple bill of editions.
2.35 PM **Come Dine with Me Paralympics Special**
5.15 **Four in a Bed** The contest begins at Wizards Thatch in Alderley Edge, Cheshire. **5.45** The rivals head to the Winterbourne Hotel and Theatre Showbar, Blackpool. **6.20** The competition moves to Northrise Lodge in Hastings, East Sussex.
6.50 **Four in a Bed** Former *Gogglebox* stars Stephanie and Dominic Parker host. **7.25** Payment Day arrives.
7.55 **Kirstie and Phil's Love It or List It** The hosts help Sue and Richard from Mapperley decide whether to sell up or renovate their home.
9.00 **Warplane Workshop** New edition 3/6. Pilot and engineer Richard Grace stages a major airshow but the crowds are unaware that he's fighting a personal battle against a terminal illness.
10.00 **24 Hours in A&E** A man who fell out of bed is suspected of having a stroke.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **Emergency Helicopter Medics** Medical series.
3.25 **to 3.55** AM **Food Unwrapped**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks**
7.30 **The Simpsons**
8.00 **Married at First Sight Australia** New edition 1/2. The couples meet with the experts for the last time.
9.00 NEW SERIES **The Honesty Box** 1/9. Dating show presented by Vicky Pattison and Lucinda Light.
10.00 **Married at First Sight Australia** New edition 2/2. It's the morning of the final Commitment Ceremony.
10.40 **Made in Chelsea** New edition Sam Prince and Yas decide to meet up away from prying eyes.
11.40 **First Dates**
12.45 AM **Married at First Sight Australia** Reality series.
2.15 **The Honesty Box**
3.10 **Made in Chelsea**
4.05 **The Goldbergs**
4.55 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

Monday primetime primetime

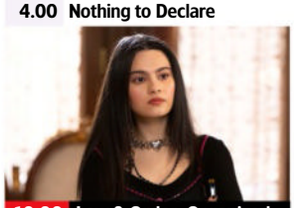
MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Bull** 13/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Cleaning Lady** 9/12. Ramona considers an offer from Thony. (S3)
2.00 **Chicago Med** 8/13. An expecting father claims to be telepathic. (S9)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**



10.00 Law & Order: Organized...

7 PM
7.00 **Nothing to Declare** Two brothers are caught out. **7.30** A nervous passenger is found with something in his luggage.

8 PM
8.00 **FBI: Most Wanted** *Inheritance:* 21/22. A wealthy East Hamptons couple are killed by a female con artist. (S3)

9 PM
9.00 **Blue Bloods** *Guilt:* 16/20. Frank, Baker, Garrett and Gormley experience guilt when an officer they once worked with is shot. (S12)

10 PM
10.00 **Law & Order: Organized Crime** *The Last Supper:* 4/13. The team try to keep a witness safe from a gang before she testifies. (S4)
11.00 **FBI** 20&21/22. (S1)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **Matlock** New episode 16/18. Olympia tackles a complex murder case. (S1)
3.00 **The Good Doctor** 2/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **Boardwalk Empire** (S2)
10.10 **Billions** 9&10/12. (S1)
12.20 PM **Game of Thrones** (S2)
1.25 **My Brilliant Friend** (S4)
3.40 **Boardwalk Empire** 10/12. Jimmy is forced to seek an alternative source of revenue. **4.45** 11/12. Nucky tries to prepare Margaret for the worst as she panics about the consequences of her sins. (S2)
5.50 **Billions** 9/12. A sudden and disappearance sends both Axe and Chuck spinning. (S1)

9.00 The Last of Us

6.55 **Billions** *Quality of Life:* 10/12. Axe and Wendy are forced to do some soul searching. (S1)

8.00 **Game of Thrones** *Garden of Bones:* 4/10. Tyrion struggles to find a way to curb Joffrey's cruel excesses. (S2)

9.00 **The Last of Us** New episode 3/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

10.10 **The Penguin** *Bliss:* 3/8. Victor is torn between his new life and what remains of his old.
11.20 **Homicide: Life on the Street**
12.10 AM **The Gilded Age** (S1)
2.00 **NEW SERIES Gangs of Milan: Blocco 181** 1&2/8. Italian drama with Alessandro Piavani. Subtitled. (S2)
4.00 **The Leftovers** 3/10. (S1)
5.00 **to 6.00** AM **Game of Thrones**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **Manifest** 5/13. (S3)
9.00 **Stargate SG-1** (S6)
11.00 **Supergirl** 5/23. (S3)
12.00 NOON **Manifest** 6/13. (S3)
1.00 PM **Hawaii Five-0** (S4)
3.00 **Magnum P.I.** 9/20. (S5)
4.00 **S.W.A.T.** 8/23. (S2)
5.00 **Supergirl** 4/23. Kara looks into a secretive new group. (S3)
6.00 **Stargate SG-1** 7/22. Jonas tries to convince Pentagon officials that a sinister plot is afoot to destroy the people of his home planet. (S6)

9.00 Dynamo: Beyond Belief

7.00 **Stargate SG-1** *The Other Guys:* 8/22. The Goa'uld capture the team. Guest stars *Star Trek: Enterprise*'s John Billingsley. (S6)

8.00 **Joe Lycett's United States of Birmingham** 1/4. The comedian visits places with the same name as his home city.

9.00 **Dynamo: Beyond Belief** 1/3. Documentary following the magician on tour around the globe.

10.00 **Dynamo: Beyond Belief** 2/3. The magician faces difficulties as his medication takes hold.
11.00 **Dynamo: Beyond Belief**
12.00 M'T **Hacks** 4/10. (S4)
12.30 AM **Poker Face** 10/10. Charlie faces a big challenge. (S1)
1.30 **Road Wars**
2.00 **Joe Lycett's United States of Birmingham** New edition
3.00 **Magnum P.I** 9/20. (S5)
4.00 **S.W.A.T.** 8/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.50 **Dress to Impress**
11.55 **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Supermarket Sweep**
3.00 **Hart of Dixie** 19/22. George invites Zoe on a trip. (S1)
4.00 **Gilmore Girls** 19/22. Michel agrees to escort Lorelai to Lane and Zack's wedding. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Beverley Callard, Stephen K Amos and Kirsty Gallacher.

8.00 Wheel of Fortune

7.00 **Deal or No Deal** Stephen Mulhern hosts as Sami takes on the Banker for the chance to win a life-changing prize

8.00 **Wheel of Fortune** Graham Norton invites Becca, Kurt and Soraya to spin the wheel to win a possible £50,000.

9.00 **Family Guy** 5/7. Peter tries to get on the good side of Mr Weed. **9.30** 6/7. Lois becomes a gambling addict. (S1)

10.00 **Family Guy** 18/20. Meg lands a place at Brown University. **10.30** 19/20. A cat comes into the house. (S19)
10.55 **Family Guy** 20/20. The guys tell sport stories. (S19)
11.25 **American Dad!** 17&10/18. (S5)
12.25 AM **Bob's Burgers** (S10)
1.25 **The Stand Up Sketch Show**
2.25 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.25 **Agatha Christie's Poirot**
10.30 **The Royal** *If Not for You.*
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Agatha Christie's Poirot**
4.35 **Downton Abbey** 1/7. First episode of the drama starring Maggie Smith. (S1)
6.05 **Heartbeat** *This Happy Breed:* An old friend of Miller's turns up with a business proposition.

10.00 Scott & Bailey

7.05 **Heartbeat** *Keeping Secrets:* Rob's sisters enlist the help of the community to organise a surprise wedding reception.

8.05 **Midsomer Murders** *Breaking the Chain:* When an international cycling competition comes to Midsomer and the race leader is murdered, DCI Barnaby and DS Nelson are drawn into a world of blackmail, bribery and bloodshed.

10.00 **Scott & Bailey** 1/6. First episode of the police drama starring Lesley Sharp and Suranne Jones. (S1)
11.00 **Scott & Bailey** 2/6. Events unfold after a killer's arrest. (S1)
11.55 **Cracker** 1/7. (S1)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *If Not for You.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Our Lives: Darts Dreams** Chloe O'Brien's bid to be selected for the Scottish ladies' darts team.
8.00 **Scotland's Sacred Islands with Ben Fogle** 3/4. Ben investigates Norse Christian heritage.
9.00 **Body on the Beach: What Happened to Annie?** Double bill.
10.00 **River City** New episode Lenny concocts a plan to deal with family.
10.30 **Best of Chewin' the Fat** Comedy highlights.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Show People: Licensed to Thrill** 1/6. Documentary.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S3)
9.15 **The Conners** (S4)
10.15 **Veep** 7&8/10. (S6)
11.25 **Romantic Getaway**
12.25 PM **Curb Your Enthusiasm** (S10)
1.50 **Veep** 7&8/10. (S6)
3.10 **Romantic Getaway**
4.10 **Silicon Valley** (S3)
5.30 **The Office (US)** (S3)
6.30 **The Conners** (S4)
7.30 **Curb Your Enthusiasm**
9.00 **Last Week Tonight with John Oliver** New edition A satirical look at news and pop culture.
9.45 **Seth Meyers: Dad Man Walking** A stand-up special from the comic.
10.55 **Real Time with Bill Maher** New edition The comedian and guests discuss the week's news.
12.05 AM **Last Week Tonight with John Oliver**
12.50 **Veep** 5&6/7. (S7)
2.10 **Silicon Valley** (S4)
3.20 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Gilbert and Sullivan: A Motley Pair**
6.30 **Peter and the Wolf**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
1.50 **Mary Cassatt: Painting the Modern Woman**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Landscape Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents.**
8.00 **André Rieu: And the Waltz Goes On**
11.10 **Len Phillips Swing Orchestra's 100 Years of Big Bands**
12.25 AM **The Lost Music of Auschwitz** Documentary.
1.55 **Wuthering Heights: Love, Hate & Vengeance**
3.05 **Sex, Exile & Greatness**
4.05 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Border Security: America's Front Line**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 4/7. (S4)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** *One Small Step:* 8/26. Chakotay leads a shuttle crew to retrieve a Mars mission spacecraft. (S6)
8.00 **Hawaii Five-0** (S10)
9.00 **FBI** 11&12/22. (S1)
11.00 **Grimm** 4/22. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.00 AM **Unwind**
7.40 **Backyard Builds**
8.10 **The Family Diaries**
9.10 **Tour de Fred**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **The Family Diaries**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
7.00 **Celebrity Homes**
8.00 **Dinner Date**
9.00 **The Real Housewives of Cheshire** New edition
10.00 **The Real Housewives of Orange County**
11.00 **The Fortune Hotel**
12.00 M'T **The Only Way Is Essex** Reality series.
1.00 AM **Backyard Builds**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S5)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 12/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 10/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 17/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 16-19/25. (S8)
9.00 **Randall and Hopkirk (Deceased)** *The Man from Nowhere:* 15/26. (S1)
10.00 **The Avengers** *Take-Over:* 30/33. Steed's friends find themselves with some unwelcome visitors. (S6)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S8)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Hot Shots**
6.05 **Minder**
7.05 **The Sweeney**
8.05 **The Saint**
9.15 **Magnum, PI**
10.20 **Kojak**
11.25 **BattleBots** New edition Four robots remain in the finals.
12.25 PM **The Saint**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Sweeney**
5.55 **The Chase** Quiz show.

8.00 Beat the Chasers

6.55 **The Motorbike Show** Henry Cole brings the restoration of the Suzuki Kettle to a conclusion with a glorious ride-out.
8.00 **Beat the Chasers – Celebrity Special** Bradley Walsh hosts the quiz as famous faces take on five of the Chasers.
9.00 FILM **AVP: Alien Vs Predator** Sci-fi thriller starring Sanaa Lathan and Lance Henriksen. Explorers encounter two deadly species of aliens in an ancient temple under the Antarctic ice. (2004, 15, 101min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 FILM **The Krays** Crime drama starring Gary and Martin Kemp as the twins who ran London's underworld in the 1960s. (1990, 18, 119min) ★★★
1.15 AM **Two and a Half Men**
2.05 **The Protectors**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 7/26. (S5)
2.00 **Atlantis** 1/13. (S2)
3.00 **Stargate Universe** 12/20. (S1)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 7/26. (S5)
6.00 **Star Trek: Enterprise** 18/26. Archer is haunted by visions of a woman whose race is being ruthlessly wiped out. (S1)

9.00 Grimm

7.00 **Atlantis** *A New Dawn – Part One:* 1/13. Ariadne turns to Jason to help save her kingdom. (S2)
8.00 **Stargate Universe** *Divided:* 12/20. Rush suspects that a tracking device has been planted on the *Destiny*. (S1)
9.00 **Grimm** *Trial By Fire:* 13/22. Nick joins forces with an old enemy to catch an arsonist. (S4)
10.00 **The Walking Dead** *Not Tomorrow Yet:* 12/16. Rick and the residents of Alexandria face a new enemy. (S6)
11.00 **Wynonna Earp** 11/13. Willa escapes to Bobo's bar, where her antics draw the attention of a band of mercenaries. **12.00** M'T 12/13. Wynonna loses the ability to wield Wyatt's Peacemaker rifle. (S1)
1.00 AM **True Blood** 7&8/12. (S3)
3.00 **Twin Peaks: The Return** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 11/13. (S1)
11.00 **Hudson & Rex** 12/16. (S6)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S15)
4.00 **Father Brown**
5.00 **Hudson & Rex** 12/16. A convicted killer attempts to avoid deportation. (S6)
6.00 **Body of Proof** 9/20. A medical student helps Megan on an investigation. (S2)

7.00 The Mentalist

7.00 **The Mentalist** *Nothing But Blue Skies:* 1/13. Jane and Lisbon investigate the murder of an undercover FBI agent. (S7)
8.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. A man receives a worrying voicemail from his wife. (S7)
9.00 **Shakespeare & Hathaway: Private Investigators** 1/10. First episode of the crime comedy drama. (S1)
10.00 **Shakespeare & Hathaway: Private Investigators** 2/10. The duo look into the death of a care home worker. (S1)
11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 20/24. Holmes tries to track down a killer who could launch a bioterrorist attack. (S2)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.10 **I Didn't Know You Cared**
9.50 **Hi-de-Hi!**
10.30 **Open All Hours**
11.10 **Last of the Summer Wine**
12.25 PM **Keeping Up Appearances**
1.05 **I Didn't Know You Cared**
1.50 **Dad's Army**
2.25 **Open All Hours**
3.05 **Hi-de-Hi!**
3.45 **Last of the Summer Wine**
5.00 **Keeping Up Appearances**
5.40 **Hi-de-Hi!**
6.20 **Open All Hours**

7.40 The Vicar of Dibley

7.00 **Dad's Army** Mainwaring receives a summons to appear in court.
7.40 **The Vicar of Dibley** First episode. The villagers of Dibley discover that their new vicar is a woman. **8.20** The *Songs of Praise* crew visit Dibley to record a show in the church.
9.00 **The Fast Show** A look at war films in the sketch '*Scenes from the Movies*'. **9.35** **Bottom** Eddie and Richie mind their landlord's shop.
10.15 **Absolutely Fabulous** Edina decides to soak away her worries.
10.55 **dinnerladies** Petula's bizarre lifestyle finally catches up with her.
11.35 **Miranda**
12.10 AM **The Fast Show**
12.55 **The Good Life**
1.35 **dinnerladies**
2.25 **Miranda**
2.55 **The Black Adder**
3.30 **to 4.00** AM **The Fosters**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gordon's Great Escape**
8.00 **Border Force: America's Gatekeepers** Documentary.
9.00 **Special Ops: Crime Squad UK**
10.00 **Railroad Australia**
12.00 NOON **Storage Hunters UK**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Cornwall** Rick heads out from Newquay to catch Cornish king crab. **6.30** The chef boards the ferry in Penzance to take him to the Isles of Scilly.

6.00 Rick Stein's Cornwall

7.00 **Would I Lie to You?** With Michelle Visage, Chizzy Akudolu, Henning Wehn and Simon Gregson. **7.40** **Richard Osman's House of Games** With Rob Deering and Katya Jones. **8.20** Andi Oliver, Ivo Graham, Phill Jupitus and Kate Humble take part.
9.00 **Have I Got a Bit More News for You** Stephen Mangan hosts the satirical quiz, with guests Roisin Conaty and Brian Cox.
10.00 **QI XL** Stephen Fry asks Jack Dee, David Mitchell, Bill Bailey and Alan Davies questions with an international theme.
11.00 **8 Out of 10 Cats**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You? at Christmas** With Rose Matafeo.
1.20 **Would I Lie to You?**
2.00 **Richard Osman's House of Games** With Lou Sanders.
2.30 **to 4.00** AM **Mike**

+1 hour 211/212 327 74 259

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** Five editions.
2.30 PM **A Place in the Sun**
3.00 **A New Life in the Sun: Where Are They Now?**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** House-hunting in Greater Manchester.
7.00 **Food Unwrapped's Great British Grub** The team celebrate all things British in this special.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Danny Dyer, Rhod Gilbert, Leigh Francis and Yinka Bokinni.
9.00 **The Piano**
10.00 **Gogglebox**
11.05 **999: On the Front Line**
12.05 AM **24 Hours in A&E**
1.05 **Love My Face**
3.10 **Big Fat Quiz: Best Bits**
4.15 **to 4.40** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S19&16)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The North Pole:* 10/20. Gibbs and the team assist Ziva. **7.00** *In the Wind:* 11/20. Gibbs must face the consequences after he assists Ziva. **8.00** *Flight Plan:* 12/20. The team investigate the crash of a fighter aircraft and the disappearance of the pilot. (S17)
9.00 **NCIS: Hawaii** New episode *Sudden Death:* 5/22. The team look into the death of a US Navy sailor and go head-to-head with a ruthless criminal organisation. (S2)
10.00 **Law & Order: Special Victims Unit** (S20&18)
1.50 AM **Person of Interest**
2.45 **The Good Wife** (S3)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Documentary.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A man is brought in after being knocked off his motorbike.
9.00 **Ambulance: Code Red** A tree surgeon falls 12ft onto metal railings.
10.00 **A&E After Dark**
11.00 **Skin A&E** Documentary.
12.00 M'T **Cause of Death**
1.05 AM **Junior Doctors Down Under**
2.05 **to 4.00** AM **The Block** New editions

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.10 **Traffic Cops**
11.05 **Police Interceptors**
12.10 PM FILM **Drums Across the River** Western. (1954, PG, 75min) ★★
1.50 FILM **Stagecoach** Western. (1939, b/w, U, 99min) ★★★★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** A car has broken down and PC Andy Doran is called in to support Highways.
8.00 **Police Interceptors**
9.00 **Warship: Life at Sea**
10.00 **Coastguard: Search & Rescue SOS** The death of a tugboat crewman.
11.00 **Yellowstone** 5/9. (S1)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **MasterChef Australia** Culinary show.
7.20 **Simply Nigella**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Michael McIntyre's The Wheel** With Ranj Singh.
5.20 **Miranda**
6.00 **Gavin & Stacey**
6.35 **Interior Design Masters with Alan Carr**
8.00 **Inside the Ambulance: Coast and Country** The crews deal with a cycling accident and a woman having a suspected heart attack.
9.00 **Brit Cops Down Under** Maggie's dream of becoming a police dog handler is revived.
10.00 **Ambulance Australia**
11.00 **One Born Every Minute**
1.00 AM **Amanda & Alan's Italian Job**
1.40 **to 3.00** AM **My Kitchen Rules: Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **At Home with the Braithwaites**
8.20 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Hetty Wainthropp Investigates**
4.15 **At Home with the Braithwaites**
5.20 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *Missing Joseph:* A parish vicar is found murdered.
10.00 **New Tricks** *The Chinese Job:* Pilot episode of the crime drama.
12.00 M'T **Bergerac**
1.10 AM **Dancing on the Edge** 1/5. Drama. (S1)
3.10 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

MONDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Money for Nothing** Double bill.
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Izzie Balmer and Tim Medhurst search for antiques in north Wales. **8.00** Izzie and Tim continue their search.
9.00 **The Yorkshire Auction House** New edition A widow needs help to clear her late husband's collection of militaria.
10.00 **The Yorkshire Auction House** Double bill.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Who Wants to Be a Millionaire?** Quiz show.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **The Bidding Room** Including a writing slope and an unusual chair.
7.00 **Who Wants to Be a Millionaire?** Quiz show.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Tenable** Five family members from Birmingham take part.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.00 AM **FILM Abilene Town** Western. (1946, b/w, 15, 91min) ★★
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM 7th Cavalry** Western adventure. (1956, U, 77min) ★★★
2.40 **FILM War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 **FILM Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
11.25 **FILM Half Past Dead** Action thriller starring Steven Seagal. (2002, 15, 98min) ★★★
1.35 AM **FILM 10,000 Days** Sci-fi adventure. (2014, 12, 87min) ★
3.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM The Forger** Thriller. (2012, 12, 90min) ★★
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 PM **FILM Gone Daughter Gone** Thriller. (2020, PG, 87min) ★★
3.00 **FILM Ring of Deceit** Mystery thriller. (2009, PG, 90min) ★
5.05 **FILM Garage Sale Mysteries: Murder Most Medieval** Drama. (2017, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Signs** Sci-fi drama with Mel Gibson. (2002, 12, 106min) ★★★★
11.15 **FILM Supercell** Action drama with Skeet Ulrich. (2023, 12, 100min) ★★
1.40 AM **FILM Hours** Thriller. (2013, 12, 93min) ★★
4.00 **to 6.00** AM **FILM Wandering Eye** Thriller. (2011, PG, 90min) ★★

+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Frozen in Love** Drama. (2018, PG) ★★
10.05 **FILM A Love to Remember** Drama. (2021, PG, 90min) ★★
12.00 NOON **FILM Love By Accident** Romance. (2020, PG, 84min) ★★
2.00 PM **FILM Sweet Home Carolina** Drama. (2017, PG, 84min) ★★
3.55 **FILM Love Upstream** Romantic comedy. (2021, PG, 85min) ★★
5.55 **FILM Blue Moon Ball** Drama. (2021, U) ★★
8.00 **FILM A Royal Christmas Ball** Drama. (2017, PG, 86min) ★★
9.55 **FILM Coming Home for Christmas** Drama. (2017, PG, 90min) ★★
11.50 **FILM A Romance Wedding** Comedy. (2020, PG, 85min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love Afloat** (2022, PG) ★★

+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
8.30 **Arthur C Clarke**
9.00 **Stereo Underground**
10.00 **Surgical Spirit** (S2)
10.30 **Watching** 4/7. (S6)
11.00 **A Fine Romance** (S1)
11.30 **The Monkees** (S1)
12.00 NOON **The Beiderbecke Affair**
2.00 PM **Mapp and Lucia**
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S1)
5.30 **The Monkees** (S1)
6.00 **Watching** 4/7. (S6)
6.30 **Don't Drink the Water**
7.00 **Mapp and Lucia** (S2)
8.00 **Department S** (S1)
9.00 **Sapphire and Steel**
10.00 **Don't Drink the Water**
10.30 **Game On** (S2)
11.05 **Whose Line Is It Anyway?** Double bill.
12.05 AM **Department S** (S1)
1.00 **Sapphire and Steel**
2.00 **Shine on Harvey Moon**
3.00 **Stereo Underground**
4.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** An Arctic storm front makes the skippers nervous. **8.00** A storm causes multiple maydays.
9.00 **My Feet Are Killing Me** A man with a huge lump on his foot seeks help. **10.00** Dr Vincent treats a toddler with 12 toes.
11.00 **Aussie Gold Hunters**
12.00 M'T **Speedway Grand Prix** Recent action.
12.30 AM **Wheeler Dealers**
1.00 **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Nigel Slater's Dish of the Day**
7.00 **Rachel Allen's Everyday Kitchen**
9.00 **Jamie's 15 Minute Meals**
11.00 **Great British Bake Off**
1.00 PM **Nigel Slater's Dish of the Day** Double bill.
2.00 **James Martin's French Adventure**
3.00 **Rachel Allen's Everyday Kitchen**
5.00 **Jamie's 15 Minute Meals**
7.00 **Great British Bake Off**
9.00 **River Cottage Every Day** Hugh Fearnley-Whittingstall shows a house full of female students how to prepare dishes using cheap, sustainable seafood. **10.00** Hugh turns his attention to vegetables.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Yum and Yummer** New editions

+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 24/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 5/22. (S1)
11.00 **FILM Trapped in Space** Sci-fi suspense drama. (1994, 15, 84min) ★★
1.00 PM **FILM Shark** Thriller. (1969, 15, 88min) ★★
3.00 **FILM Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
5.00 **Star Trek** 18/24. (S3)
6.00 **Knight Rider** 6/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Chaos** Thriller with Jason Statham. (2005, 15, 106min) ★★★
11.05 **FILM The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
12.55 AM **FILM The Butterfly Effect** Sci-fi thriller. (2003, 15, 113min) ★★★
3.05 **to 5.00** AM **FILM Wired Shut** Thriller. (2021, 15, 95min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM The Fabulous Journey to the Centre of the Earth** (1978)
8.00 **FILM Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★★
10.00 **Farscape** 10/22. (S4)
11.00 **The Gambler III: The Legend Continues**
1.00 PM **FILM Asteroid v Earth** Disaster movie. (2014, 15, 91min) ★★
3.00 **Farscape** 10/22. (S4)
4.00 **The A-Team** 2/14. (S1)
5.00 **FILM The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
7.00 **Farscape** 11/22. (S4)
8.00 **The A-Team** 3/14. (S1)
9.00 **FILM The Guest** Thriller. (2014, 15) ★★★★
11.00 **FILM Reasonable Doubt** Crime thriller. (2013, 15, 91min) ★★★
1.00 **to 3.00** AM **FILM The Guest** As 9.00pm.

+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Close Encounters...**
11.10 **Curse of Skinwalker...**
12.10 PM **Proof Is Out There**
1.05 **Secrets in the Ice**
2.05 **Pawn Stars**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Close Encounters Down Under**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Double bill.
10.00 **Beyond Skinwalker Ranch** Documentary.
11.00 **Secrets in the Jungle**
12.00 M'T **Book of Secrets**
1.00 AM **Close Encounters...**
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Entertainment News**
9.05 **Amazing Railway Journeys with Nick Knowles** Morocco.
10.05 **Susan Calman's Grand Day Out** From Kent.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.50 **Britain's Greatest Bridges** A look at the Britannia Bridge.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Susan Calman's Grand Day Out** From Devon.
10.00 **Jane McDonald: No Place Like Home**
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover** (S1)
2.00 **Bargain-Loving Brits in the Sun** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Derelict Rescue** Church pastors Jock and Shirley plan to transform a barn.
9.00 **Unsellable Houses** A divorcee asks Leslie and Lyndsay to help sell his small home.
10.00 **Celebrity IOU** New edition Marlee Matlin teams up with Jonathan and Drew Scott to create a deaf-friendly outdoor space.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **7 Little Johnstons** **8.00** New edition Trent has a surprise for Amber.
9.00 **Welcome to Plathville**
10.00 **I Am Shauna Rae**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Monsters Inside Me**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **I Am Shauna Rae**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S1)
7.00 **Friends** 5/24. Ross celebrates his birthday. **7.30** 6/24. Monica poisons Ross by accident. **8.00** 7/24. Chandler regrets asking Monica to help him lose weight. **8.30** 8/24. Ross draws up a list of Rachel's good and bad points. (S2)
9.00 **Lee Evans Live: The Different Planet Tour**
10.30 **Al Murray: And a Glass of White Wine for the Lady** Stand-up show.
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **Your Face or Mine**
3.25 **The Pep Talk**
3.30 **Rose Matafeo: Horndog** Stand-up.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 4&5/13. (S6)
11.00 **Friends** 1-4/24. (S4)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Highlights from the High Seas**
3.00 **Daria** 2&3/13. (S3)
4.00 **Guessable?**
5.00 **Becker** 4&5/13. (S6)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 8/23. Jess confronts the owner of a Chinese restaurant. **9.30** 9/23. Coach and CeCe go on a date. (S3)
10.00 **Friends** 17-22/24. (S1)
1.00 AM **The Ren & Stimpy Show** 3&4/14. (S4)
2.00 **Reno 911!** (S3)
3.00 **Ugly Americans** (S2)
3.45 **Becker** 4&5/13. (S6)
4.30 **New Girl** (S3)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Border Security USA**
11.00 **Nothing to Declare**
12.00 NOON **DC's Legends of Tomorrow** 1&2/15. (S5)
2.00 PM **Motorway Patrol**
3.00 **Border Security: America's Front Line**
4.00 **Border Security USA**
5.00 **911 Crisis Centre**
6.00 **Blood & Treasure** 8&9/13. Double bill. (S2)
8.00 **Border Security: America's Front Line**
10.00 **The Force: North East**
11.00 **The Flight Attendant** *Seeing Double:* 1/8. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Guz Khan.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** With Jo Brand.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs UK**
6.25 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Four editions.
5.00 **Catfish: On The Run**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** Stella refuses to see her father.
9.00 **Catfish UK** Alex has been chatting to Matt for a year and thinks he could be the one.
10.00 **Skin A&E**
11.00 **Aussie Shore**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal get ridiculous at the salon.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us: The Best So Far**
2.00 **Ink Master**
2.45 **to 4.00** AM **Celebrity Ex on the Beach**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Last Chance Garage**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** Chaotic El Niño conditions impact the ice. **4.00** Shawn takes advantage of an unexpected deal.
5.00 **Deadliest Catch**
6.00 **Wheeler Dealers: Dream Car** The guys attempt to hunt down a classic Nissan Patrol for surfer Kerry.

7.00 Junkyard Empire

7.00 Junkyard Empire Andy's yard sees some unusual additions, including an iconic piece of military history.

8.00 Hoffman Family Gold Andy battles mine-stopping mud flows with an engineering longshot.

9.00 Alaska: Homestead Rescue The Raneys scramble to ready their 40-acre homestead for winter, and Marty helps a fellow Alaskan who has lost access to his riverside homestead.

11.00 Lost Monster Files The team investigate sightings of large birds of prey in Chestnut Ridge, Pennsylvania.
12.00 M'T **Mountain Monsters**
1.00 AM **Alaska: Homestead Rescue** As 9.00pm.
3.00 **Texas Metal** Documentary.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **Pit Bulls & Parolees**
10.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Extinct or Alive**
1.00 PM **Pit Bulls & Parolees**
2.00 **Jungle Shark**
3.00 **Deadliest Sharks**
4.00 **Dr Jeff: Rocky Mountain Vet** The team care for a litter of abandoned kittens. **5.00** Dr Jeff helps 40 miniature Australian shepherd dogs.
6.00 **Extinct or Alive** Forrest Galante searches Madagascar for the Malagasy dwarf hippo.

7.00 How Do Animals Do That?

7.00 How Do Animals Do That? How one fish is blowing scientists away. **7.30** How a fish makes a weapon out of water.

8.00 Swimming with Monsters with Steve Backshall The naturalist travels to Brazil to swim with and study anacondas.

9.00 Rugged Justice Officers arrest an intoxicated and belligerent driver, while a suspect with a warrant is apprehended.

10.00 Alaska: The Last Frontier Otto and Eivin fix the homestead's fences to contain their herd of cows.

11.00 Swimming with Monsters with Steve Backshall
12.00 M'T **Monsters Inside Me** A mysterious outbreak leads to a four-year-old boy drowning in his own mucus.
1.00 AM **Alaska: The Last Frontier**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Disaster Autopsy**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Bloody Tales of the Tower** Documentary.
1.00 PM **Lost Gold of the Dark Ages: Treasure Hoard**
2.00 **World War II: The Apocalypse** Double bill.
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A rare 1967 Lancia.
6.00 **Lost Treasures of Egypt** A sealed sarcophagus reveals a stunningly preserved mummy.

8.00 Hitler the Junkie

7.00 Air Crash Investigation How an insect nest was blamed for an accident in which a Boeing 737 crashed into the sea.

8.00 Hitler the Junkie An exposé of the medications Adolf Hitler was taking, how much he took and how often.

9.00 Drain Alcatraz Cutting-edge visuals drain the water around Alcatraz to reveal why the prison was so inescapable.

10.00 To Catch a Smuggler: Tropical Takedown New edition AMO agents seize over $60 million of cocaine out at sea.

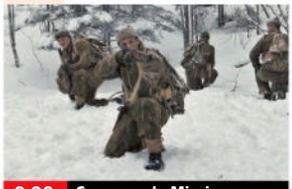
11.00 Air Crash Investigation The crash of a Boeing 737.
12.00 M'T **Car S.O.S**
1.00 AM **Ancient X Files**
2.00 **Food Factory**
2.30 **Lords of War** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **Strangest Things**
7.45 **Storm Stories**
8.45 **Forged in Fire**
9.35 **Dirty Old Cars**
10.05 **Storage Wars**
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Soviet Storm: WWII in the East** Double bill of editions.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** A seller brings in a set of Tyrannosaur teeth.
6.00 **American Pickers**



9.00 Commando Missions

7.00 Forged in Fire Four smiths face a challenge in which they must 'frankenstein' together discarded pieces of steel.

8.00 World War Weird The true story of Franz Stigler, a German pilot who saved the crew of an American B-17 bomber.

9.00 Commando Missions New edition Musketoon Operation, a commando raid on an electricity generating station in 1942.

10.00 Hell on Earth: WWII New edition The German forces' occupation of Europe and how the UK found itself isolated.

11.00 Alien Disclosure Files
12.00 M'T **Kings of Pain** Adam and Caveman Rob take on America's biggest and most deadly scorpions.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Jack the Ripper: Written in Blood** The 'From Hell' letter apparently sent by the killer.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
7.10 **Great British Railway Journeys** Double bill.
8.00 **Bangers & Cash**
10.00 **WW2: Battles for Europe**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **WW2: Battles for Europe**
5.00 **The World at War** The Nazi occupation of Holland.
6.00 **Antiques Roadshow** Fiona Bruce hosts the show from the Bishop's Palace in Wells.

8.00 Caribbean

7.00 Great British Railway Journeys Michael Portillo takes a trip in a Spitfire. **7.30** Michael travels from Hassocks to Benenden.

8.00 Caribbean with Simon Reeve The adventurer travels around the islands and mainland coast of the Caribbean Sea.

9.00 Bangers & Cash Dave collects a barely used 1984 Honda Prelude from one of his all-time heroes – Ron Haslam.

10.00 Bangers & Cash Derek collects a gem of a Bentley, a British classic with coachwork built by Parisian outfit Kellner.

11.00 Bangers & Cash Derek heads to Suffolk to collect Bentleys with a majestic pedigree.
12.00 M'T **Dream Car Fixers** Sheldon Nichols and Peter Harriott try to enable a client's dream of owning a MGB convertible.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Shed and Buried**
9.00 **Shed and Buried: Classic Cars** New edition Henry and Fuzz come across a rare 1929 Standard Teignmouth pick-up.
10.00 **MotoGP Highlights** The Spanish Grand Prix.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars** Four editions.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **On the Case with Paula Zahn** New edition Police search for a missing young woman. **10.00** The case of a calculating killer.
11.00 **Murder on CCTV**
12.00 M'T **Gary Glitter: A Faking It Special**
1.00 AM **Faking It: Tears of a Crime** Documentary.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** In 1998, Scottish entrepreneur Nat Fraser's behaviour raises suspicion.
8.00 **48 Hours** New edition When a mother of two goes missing, her sister turns to TikTok for help.
9.00 **Storm of Suspicion** New edition A woman vanishes without a trace.
10.00 **Fatal Frontier: Evil in Alaska** A woman ends up dead with a single gunshot wound.
11.00 **Bloodline Detectives** The murder of a mother killed in front of her child. **12.00** M'T DNA science names the Phoenix Canal Killer.
1.00 AM **Storm of Suspicion**
2.00 **Fatal Frontier: Evil in Alaska** As 10pm.
3.00 **48 Hours**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
11.00 **Medical Detectives**
2.00 PM **Murder by the Sea** How Paul Dyson strangled his partner Joanne Nelson to death. **3.00** The story of the Car Box Killer.
4.00 **Medical Detectives** The death of a Presbyterian minister's wife. **4.30** The disappearance of a teenage girl. **5.00** The disappearance of a young dancer. **5.30** The poisoning of businessman Phillip Rouss Jr. **6.00** The disappearance of a six-year-old girl. **6.30** How investigators managed to lift a handprint from the body of a murder victim.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
6.30 **Highway Patrol**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops**
11.00 **Killer in My Village**
12.00 NOON **The Killer Within**
1.00 PM **Catching the Killer**
2.00 **Killer Siblings**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **The Killer Within**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **What the Killer Did Next** Joy Morgan.
10.00 **Killer in My Village**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Snapped** Documentary.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **Vichy and the Nazis: A Deal with the Devil**
7.00 **USS Indianapolis...**
8.00 **Grand Tours of Scotland**
8.40 **Lost Pyramids of the...**
9.45 **The Six Queens of...**
10.40 **Inside Japan's War**
11.45 **USS Indianapolis...**
1.00 PM **Grand Tours of...**
1.55 **Lost Pyramids of the...**
3.00 **The Six Queens of...**
3.55 **Inside Japan's War**
5.05 **USS Indianapolis: The Final Chapter**
6.25 **Lost Pyramids of the Aztecs** Documentary.
7.35 **The Six Queens of...**
8.35 **Inside Japan's War**
9.40 **Vietnam: The Girl in the Picture**
10.50 **The Six Queens of Henry VIII**
12.00 M'T **Inside Japan's War**
1.10 AM **Grand Tours of...**
2.00 **Lost Pyramids of the...**
2.50 **Vietnam: The Girl in...**
3.45 **USS Indianapolis...**
4.45 **to 6.00** AM **Vichy...**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Eighties**
7.00 **Discovering: Forest Whitaker**
8.00 **The Directors**
9.00 **The Movies**
10.00 **The Lady and the Dale**
11.00 **Black Widow**
12.00 NOON **Dave Not Coming Back**
2.00 PM **Jackie Stewart**
4.00 **The Directors**
5.00 **Discovering: Forest Whitaker**
6.00 **The Story of Late Night**
7.00 **Superpowered: The DC Story** 1/3. Exploring the history of the comic book company.
8.00 **Black Widow** 1/3. Following the decade-long police investigation into Dena Thompson.
9.00 NEW SERIES **The Dark Money Game** 1/2. Investigating the shadowy world of political donations and fundraising. **11.30** Series finale 2/2. The financial influence of religious groups on political campaigns.
2.00 AM **Money Electric: The Bitcoin Mystery**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Forest Whitaker**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **New Kids in the Wild**
11.00 **Cub Camp**
12.00 NOON **Beasts of the Big Blue**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **New Kids in the Wild**
5.00 **Great Blue Wild**
6.00 **Beasts of the Big Blue**
7.00 **Monkey Life** Double bill.
8.00 **Animal Senses**
9.00 **Wild Sky** The Amazon's oxygen-breathing trees.
10.00 **Beasts of the Big Blue** A look at the wildlife of the Three Kings Islands.
11.00 **Great Blue Wild**
12.00 M'T **Cub Camp**
1.00 AM **Into the Wild: Colombia**
2.00 **Animal Senses**
3.00 **Wild Sky**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **History's Greatest Aircraft**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **Secrets of Great British Castles** Leeds Castle, Kent.
3.00 **Ancient Superstructures**
4.00 **History's Greatest Aircraft**
5.00 **Mysteries from Above**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **Curse of the Ancients** The notion that man's ancestors believed they were cursed.
9.00 **Ross Kemp: Shipwreck Treasure Hunter** The actor plunges down on the wrecks of a German warship.
10.00 **Secrets in the Ice**
11.00 **Clash of Ancient Warriors**
12.00 M'T **Ancient Aliens**
2.00 AM **Secrets of Great British Castles** Leeds Castle, Kent.
3.00 **Ancient Superstructures**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Mysteries from Above**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Murdered By Morning**
9.00 **Murder at My Door**
10.00 **Imperfect Murder**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Murder at the Motel**
3.00 **Murder at My Door**
4.00 **Murdered By Morning**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48**
8.00 **Imperfect Murder**
9.00 **Body in the Suitcase: The Murder of Deborah Chong** The police arrest Jemma Mitchell.
10.00 **Jo Frost on Britain's Killer Kids**
11.00 **Britain's Darkest Taboos**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Body in the Suitcase: The Murder of Deborah Chong**
2.00 **Imperfect Murder**
3.00 **Green Eyed Killers**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo**
9.00 **World's Deadliest Sharks**
10.00 **Bizarre Animal Friends**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's National Parks**
3.00 **Europe's New Wild**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa**
8.00 **Africa's Deadliest** New edition Highlights from the series, featuring big cats.
9.00 **Bite, Sting, Kill** 1/2. Footage of the world's deadliest animals.
10.00 **Alaska: The Next Generation** The Alaskans take steps to secure their lives against the harsh arctic elements.
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish: Extreme Sharks**
1.00 AM **Lawless Island**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **NASA's Unexplained Files**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** A look back at the Rosetta mission, a ground-breaking expedition to land on a comet for the very first time.
8.00 **NASA's Unexplained Files**
9.00 **Unexplained and Unexplored** Justin Fornal and Emiliano Ruprah investigate a fabled lost mine in the mountains of Arizona, said to contain over $200 million in gold.
10.00 **How Do They Do It?**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Blockade:* 14/15. James tries to get past a Unionist blockade during the American Civil War. **8.00** *Winner Takes All:* 15/15. James sets up a public company when he sees the potential in steam ships. (S1)
9.00 **Top of the Pops** Triple bill featuring classic chart-toppers.
11.00 **Celebrity Mastermind** With Paul Henshall, Gok Wan, Todd Carty and Henry Olonga. **11.40** Scott Mills, Bernie Nolan, Iain Lee and Jimmy McGovern compete in the quiz show. **12.20** AM Matthew Wright, Josie D'Arby, Brian Turner and Dave Spikey take part.
1.00 **The Onedin Line**
3.00 **Top of the Pops**
4.30 **Celebrity Mastermind**
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
9.00 **Reasonable Doubt**
11.00 **Highway to Hell**
1.00 PM **Murder Chose Me**
3.00 **Never Say Goodbye**
5.00 **Hometown Homicide: Local Mysteries** Four editions.
7.00 **Living a Nightmare** The hunt for Ohio student Sierah Joughin, who went missing while riding a bicycle home from her boyfriend's house.
9.00 **Faking It: Tears of a Crime** The murders of Zoe Evans and Nisha Patel-Nasri, both killed by loved ones who made televised appeals for the public's assistance in their respective cases.
10.00 **People Magazine Investigates** A double murder in New Jersey. **11.00** In 1975, the Indiana Slasher leaves three girls for dead in a cornfield.
12.00 M'T **Dead of Night**
2.00 AM **Hometown Homicide: Local Mysteries** Four editions.
4.00 **to 6.00** AM **Living a Nightmare**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** An eclectic mix of British and American vehicles.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers**
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Wheeler Dealers**
1.00 AM **Shed and Buried: Classic Cars** As 12.00noon.
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **G.A.S. Extreme Customs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.10 AM **My Penguin Friend** Drama. (2024, PG, 105min) ★★★★
7.55 **Touch** Romantic drama. (2024, 15, 121min) ★★★★
10.10 **A Mistake** As 6.10pm.
12.00 NOON **Trap** As 8.00pm.
2.00 PM **Between the Temples** Comedy drama starring Jason Schwartzman and Carol Kane. (2024, 15, 111min) ★★★★
4.00 **Twisters** As 11.45pm.
6.10 **A Mistake** Medical drama. (2024, 15, 101min) ★★★

8.00 Trap

8.00 Trap Director M Night Shyamalan's psychological thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. With Ariel Donoghue and Saleka Shyamalan. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Parenting Horror comedy starring Nik Dodani and Brandon Flynn. A couple rent a countryside house for a weekend with their parents, but discover it's inhabited by a poltergeist. (2025, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Twisters** Disaster drama sequel with Daisy Edgar-Jones. (2024, 12, 122min) ★★★★
1.55 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
4.15 **to 6.15** AM **Cuckoo** Horror. (2024, 15, 102min) ★★★

Sky Cinema Hits

303 303 403 503 517

6.45 AM **Arthur's Whisky** (2023)
8.30 **The American Society of Magical Negroes** As 4.20am.
10.20 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★
12.20 PM **Men in Black** Sci-fi action comedy. (1997, PG) ★★★★
2.15 **Men in Black II** Sci-fi comedy sequel. (2002, PG) ★★★
4.00 **Men in Black 3** Sci-fi comedy sequel. (2012, PG) ★★★★
6.00 **Dunkirk** World War Two drama. (2017, 12, 106min) ★★★★★

6.00 Dunkirk

8.00 Captain Phillips Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Black Hawk Down Director Ridley Scott's war drama based on the catastrophic US military action in Somalia in 1993, starring Josh Hartnett and Ewan McGregor. (2001, 15, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Arthur's Whisky** Comedy. (2023, PG, 91min) ★★★
2.35 **I.S.S** Sci-fi thriller with Ariana DeBose and Chris Messina. (2023, 15, 95min) ★★★
4.20 **to 6.15** AM **The American Society of Magical Negroes** Fantasy starring Justice Smith. (2024, 12, 104min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.30 AM **Far and Away** Romantic epic. (1992, 15, 140min) ★★
10.00 **The Young Messiah** As 11.30pm.
12.00 NOON **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
2.25 PM **Widow Clicquot** Drama. (2023, 15, 90min) ★★★★
4.05 **Bonus Track** Music comedy. (2023, 12, 98min) ★★★
5.55 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★

8.00 **Parachute** Comedy drama starring Courtney Eaton. A young woman recently released from rehab navigates the line between love and a new addiction. (2023, 15, 108min) ★★★★
9.50 **The Breakfast Club** John Hughes' comedy drama about five very different students spending a Saturday in detention. Stars Emilio Estevez, Molly Ringwald, Ally Sheedy, Anthony Michael Hall and Judd Nelson. (1984, 15, 97min) ★★★★★

11.30 **The Young Messiah** Biblical drama. (2016, 12, 111min) ★★
1.25 AM **Out of Africa** Oscar-winning romantic epic. (1985, PG, 162min) ★★★★
4.05 **to 6.15** AM **A Good Person** Drama starring Florence Pugh. (2022, 15, 129min) ★★★★

Sky Cinema Horror

311 311 411 511 525

7.20 AM **Friday the 13th** Horror sequel. (2009, 18, 97min) ★★
9.10 **Friday the 13th Part II** (1981)
10.45 **The Harbinger** As 2.00am.
12.15 PM **The Ritual** Horror thriller. (2017, 15, 94min) ★★★
2.00 **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
3.40 **The Frighteners** Horror comedy. (1996, 15, 110min) ★★★

5.40 **It** Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★
8.00 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson. A man accepts a position as a night-time security guard at an abandoned pizzeria, but is soon locked in a fight for survival. (2023, 15, 109min) ★★
10.00 **Thanksgiving** Horror starring Addison Rae and Patrick Dempsey. A killer terrorises the residents of Massachusetts. (2023, 18, 106min) ★★★

11.50 **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
2.00 AM **The Harbinger** Horror. (2022, 15, 87min) ★★★★
3.30 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
5.00 **to 6.40** AM **Friday the 13th Part III** Horror sequel. (1982, 18) ★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.25 AM **Pan** Fantasy prequel. (2015, PG, 111 min) ★★★
9.20 **Robo-Dog** As 12.30am.
10.55 **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★
12.55 PM **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U) ★★
2.30 **The Little Rascals** Comedy. (1994, U, 83min) ★★
4.00 **IF** Fantasy. (2024, U) ★★★
5.45 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★

5.45 The Spiderwick Chronicles

7.35 **The Flintstones** Comedy based on the classic TV cartoon series, starring John Goodman. (1994, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. Fred and Barney take their girlfriends on a romantic weekend to Rock Vegas. (2000, PG, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Daddy Day Camp** Family comedy sequel with Cuba Gooding Jr and Paul Rae. (2007, PG, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Robo-Dog** Adventure. (2015, PG, 87min) ★★★
2.05 **Muppets from Space** Sci-fi comedy. (1999, U) ★★★
3.40 **The Secret Kingdom** Fantasy. (2023, PG, 98min) ★
5.25 **to 6.55** AM **Hot Dog Derby** Comedy. (2013, U, 82min) ★★

Sky Cinema Action

307 307 407 507 521

7.25 AM **Need for Speed** Action adventure. (2014, 12) ★★★
9.40 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
12.10 PM **Superman Returns** Adventure. (2006, 12) ★★★
2.45 **Once Upon a Time in Mexico** Thriller. (2003, 15) ★★★
4.30 **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
6.20 **Ghost Rider: Spirit of Vengeance** Fantasy adventure sequel. (2012, 12, 91 min) ★★

8.00 Bad Boys: Ride or Die

8.00 **Bad Boys: Ride or Die** Action comedy adventure sequel starring Will Smith and Martin Lawrence. Miami cops Mike Lowrey and Marcus Burnett go on the run to clear their late captain's name. With Vanessa Hudgens. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Enter the Dragon** Action thriller starring Bruce Lee as an undercover agent who infiltrates a martial arts competition on an island fortress. With John Saxon. (1973, 18, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Magnificent Warriors** Adventure starring Michelle Yeoh. (1987, 18, 91 min) ★★★
1.25 AM **The Young Master** Action comedy. (1980, 15) ★★★
3.15 **Last Hurrah for Chivalry** Adventure. (1978, 18) ★★★
5.05 **to 6.50** AM **Hero** Adventure. (2002, 12, 99min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Fletch Lives** As 1.15am.
8.45 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
10.45 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
12.30 PM **Beverly Hills Cop 3** Comedy thriller. (1994, 15) ★★
2.25 **The Ladykillers** Comedy. (1955, U, 97min) ★★★★★
4.05 **The Book of Clarence** Comedy. (2023, 15) ★★★
6.20 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★

9.45 Adult Life Skills

8.00 **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Adult Life Skills** Comedy starring Jodie Whittaker and Lorraine Ashbourne. A woman living in her mother's shed develops a more independent outlook through her friendship with a troubled boy. (2016, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **The Back-Up Plan** Romantic comedy starring Jennifer Lopez. (2010, 12, 100min) ★★
1.15 AM **Fletch Lives** Comedy thriller. (1989, PG, 95min) ★
2.55 **Spoiler Alert** Comedy drama. (2022, 15, 112min) ★★★
4.50 **to 6.50** AM **The Comeback Trail** Crime comedy. (2020, 12, 104min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Rumble Through the Dark** As shown at 10.30pm.
8.05 **Antebellum** As 6.00pm.
10.00 **Dangerous Waters** As 2.15am.
11.50 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★
1.35 PM **Now You See Me** Thriller. (2013, 12, 115min) ★★★
3.40 **Now You See Me 2** Thriller sequel with Jesse Eisenberg. (2016, 12, 124min) ★★★
6.00 **Antebellum** Horror mystery. (2019, 15, 105min) ★★

10.30 Rumble Through the Dark

8.00 **Public Enemies** Gangster biopic starring Johnny Depp as 1930s bank robber John Dillinger, whose freewheeling crime spree across America's Midwest during the Depression turned him into a folk hero. With Christian Bale and Marion Cotillard. (2009, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Rumble Through the Dark** Crime drama with Aaron Eckhart. A cage fighter seeks to repay his debts in an attempt to save his family home. (2023, 15, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Swallowed** Horror. (2022, 18, 96min) ★★
2.15 **Dangerous Waters** Thriller. (2023, 15, 101 min) ★★★
4.05 **Ruthless** Action thriller. (2023, 15, 92min) ★★★
5.45 **to 8.00** AM **Chinatown** Thriller. (1974, 15, 131 min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Wackiest Ship in the Army** World War Two comedy. (1960, U, 95min) ★★★
1.05 PM **The Long Ships** Adventure. (1963, PG, 125min) ★★
3.40 **Far from the Madding Crowd** Romantic drama. (1967, U, 156min) ★★★
7.00 **Titanic** James Cameron's epic drama starring Kate Winslet and Leonardo DiCaprio. (1997, 12, 195min) ★★★★

7.00 Titanic

Titanic (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Armageddon** Sci-fi action adventure starring Bruce Willis, Liv Tyler and Ben Affleck. An oil driller and his team of roughnecks try to intercept and destroy a giant asteroid that is on a collision course with Earth. (1998, 12, 151 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.50 **to 3.45** AM **The Scouting Book for Boys** Coming-of-age drama with Thomas Turgoose and Holliday Grainger. (2009, 15, 93min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Apocalyptic

302 302 402 502 516

6.30 AM **Monolith** Mystery thriller. (2022, 15, 90min) ★★★
8.10 **Silent Running** Cult sci-fi drama starring Bruce Dern. (1972, U, 90min) ★★★★
9.45 **The Island** Sci-fi action thriller. (2005, 12, 136min) ★★★
12.05 PM **Evolution** As 3.30am.
1.50 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★

4.15 **I Am Legend** Sci-fi thriller. (2007, 15, 101 min) ★★★★
6.00 **War of the Worlds** Steven Spielberg's sci-fi thriller based on HG Wells' novel, with Tom Cruise. (2005, 12, 116min) ★★★★
8.00 **Terminator Salvation** Sci-fi thriller sequel starring Christian Bale. (2009, 12, 110min) ★★★
10.00 **The Purge: Anarchy** Horror sequel starring Frank Grillo. (2014, 15, 102min) ★★★
11.50 **The Purge: Election Year** Horror sequel. (2016, 15, 108min) ★★★

1.45 AM **Dark Skies** Paranormal thriller starring Keri Russell. (2013, 15, 97min) ★★★
3.30 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
5.15 **to 6.40** AM **It Came from Outer Space** Sci-fi thriller. (1953, b/w, PG, 81min) ★★★

Sky Cinema Greats

304 304 404 504 518

8.00 AM **The Sting** As 1.25am.
10.20 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
12.40 PM **Schindler's List** Steven Spielberg's Oscar-winning drama starring Liam Neeson. (1993, 15, 195min) ★★★★★
3.55 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. (1994, 15, 142min) ★★★★★

6.20 **Scent of a Woman** Coming-of-age drama starring Al Pacino and Chris O'Donnell. (1992, 15, 157min) ★★★★
9.00 **Goodfellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
11.25 **The Sugarland Express** Steven Spielberg's comedy drama starring Goldie Hawn. (1974, PG, 110min) ★★★

1.25 AM **The Sting** Oscar-winning comedy drama starring Paul Newman and Robert Redford. (1973, PG, 129min) ★★★★★
3.45 **to 6.00** AM **The Man Who Knew Too Much** Classic Hitchcock suspense drama. (1956, PG, 120min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.40 AM **Scarygirl** As 9.10pm.
8.25 **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
10.25 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
12.10 PM **Teenage Mutant Ninja Turtles: Mutant Mayhem** Animation. (2023, PG) ★★★★

2.05 **Hotel Transylvania 3: Summer Vacation** (2018, U) ★★
4.00 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
5.45 **Home** Animated adventure. (2014, U, 94min) ★★★
7.35 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
9.10 **Scarygirl** Animated adventure. (2023, PG, 90min) ★★★
10.55 **Fox and Hare Save the Forest** Animation. (2024, U, 71min)
12.25 AM **Mia and Me: The Hero of Centopia** (2022, U) ★★★

2.00 **Cinema List: Family Favourites**
2.25 **Noah's Ark** Animation. (2024, U, 96min) ★★★
4.15 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
5.50 **to 6.05** AM **Cinema List: Family Favourites**

Movies 24

312 313 419

7.00 AM **Caribbean Summer** Comedy. (2022, PG, 84min) ★★
9.00 **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
11.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
1.00 PM **Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
3.00 **Marry Go Round** Romantic comedy starring Amanda Schull. (2022, PG, 84min) ★★

5.00 **The Love Subscription** Romantic comedy drama. (2023, PG, 86min) ★★
7.00 **Campfire Romance** Romantic comedy starring Tori Anderson and Corbin Bleu. (2022, PG, 90min) ★★
9.00 **Romantic Rewrite** Comedy with Kristina Cole and Russell Quinn. A book editor who specialises in romance helps a mystery writer incorporate a love story into his next book. (2022, PG, 82min) ★★

11.00 **The Wedding Cottage** Comedy. (2023, PG, 84min) ★★
1.00 AM **Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
3.00 **to 5.00** AM **Rip in Time** Fantasy. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Two on the Tiles** Comedy. (1951, b/w, PG, 68min) ★★★
7.30 **Murder on the Campus** Mystery. (1961, b/w, U, 60min) ★★★
8.45 **What's On TPTV with Noel**
8.55 **No Trace** Crime thriller. (1950, b/w, PG, 79min) ★★
10.30 **Night Train for Inverness** Thriller. (1960, b/w, U) ★★★
11.50 **McLintock!** Comedy Western. (1963, U, 127min) ★★★

2.25 PM **Campbell's Kingdom** Adventure. (1957, U) ★★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 11/39. (S1)
5.30 **Dixon of Dock Green** (S22)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 5/13. (S6)
9.05 **The Long Arm** Crime thriller starring Jack Hawkins as a Scotland Yard detective investigating a series of safe robberies. With Dorothy Alison. (1956, b/w, U, 100min) ★★★★

11.05 **Yield to the Night** Crime drama. (1956, b/w, 15, 99min) ★★★★
1.05 AM **The Siege of Sidney Street** Drama. (1960, b/w, PG) ★★
3.00 **Police Dog** (1955, b/w, U) ★★
4.30 **Beyond the Truth**
5.30 **to 6.00** AM **British Rails Are Long and Fast**

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Day seven of the Madrid Open from Park Manzanares in Madrid, Spain, including third-round matches in the men's singles and fourth-round contests in the women's singles. Eventual champion Iga Swiatek claimed a 6-1, 6-0 win over Sara Sorribes Tormo in round four last year.
3.00 PM **LIVE IPL Rajasthan Royals v Gujarat Titans.** Coverage of the T20 match staged at Sawai Mansingh Stadium in Jaipur. The Titans won this meeting last year by three wickets in a tight affair that saw both teams score just short of 200 runs each.
7.00 **LIVE EFL Leeds United v Bristol City.** Coverage of the Championship match staged at Elland Road. The reverse fixture at Ashton Gate in October ended in a 0-0 draw, as Leeds struggled to break down City despite having better possession and more shots on goal. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show**
11.00 **Ref Watch** Refereeing decisions.
12.00 NOON **The Football Show**
1.00 PM **Premier League Highlights** Action from recent matches in the league, featuring Brighton & Hove Albion v West Ham United, Newcastle United v Ipswich Town, Wolverhampton Wanderers v Leicester City, Southampton v Fulham, Bournemouth v Manchester United and Liverpool v Tottenham Hotspur.
5.00 **Premier League Best Goals**
6.00 **Ref Watch** Analysis of the weekend's refereeing decisions.
6.30 **Premier League 100**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox** The presenter talks to former teammate Wayne Rooney.
9.00 **Premier League Review**
10.00 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** Bournemouth v Liverpool from 2016/17.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
9.00 **Scottish Premiership Round-Up**
9.15 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup** The 2017 final.
11.00 **EFL** A Championship play-off final.
12.00 NOON **SPFL** Dundee Utd v Celtic.
2.00 PM **EFL Highlights**
3.00 **Scottish Premiership Round-Up**
3.15 **SPFL Highlights**
3.30 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **EFL Highlights**
5.00 **Scottish Premiership Round-Up**
5.15 **LIVE Baller League** Coverage from the sixth round of the six-a-side football league staged at Copper Box Arena in London.
7.00 **LIVE EFL Leeds United v Bristol City.** The Championship match from Elland Road, as the hosts look for three huge points in their quest to return to the Premier League. Kick-off **8.00pm**.
10.30 **Bundesliga Highlights Show**
11.30 **Scottish Premiership Round-Up**
11.45 **SPFL Highlights**
12.00 M'T **EFL** The 2021/22 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A replay of Kolkata Knight Riders v Punjab Kings.
10.10 **Ashes Greats** Archive action.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent action from India.
2.50 PM **LIVE IPL Rajasthan Royals v Gujarat Titans.** Coverage of the T20 match at Sawai Mansingh Stadium, Jaipur. The Titans won this meeting last year in a tight affair that saw both teams score just short of 200 runs each. Rajasthan made 196-3 in their 20 overs with Riyan Parag hitting 76 from 48 balls, before Shubman Gill led the way for Gujarat as he hit 72 from just 44 balls to lead them to a three-wicket victory.
7.00 **Ashes Greats** Archive action.
7.30 **Best of ICC WT20**
8.00 **IPL** Highlights from Mumbai Indians v Lucknow Super Giants. **9.00** Rajasthan Royals v Gujarat Titans at Sawai Mansingh Stadium. **10.00** Highlights from Kolkata Knight Riders v Punjab Kings. **11.00** Rajasthan Royals v Gujarat Titans at Sawai Mansingh Stadium.
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats** Archive action.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Golf** Day four of the Zurich Classic of New Orleans.
11.00 **LPGA Tour Golf** Replay of day four of the Chevron Championship.
3.00 PM **Tour Golf Highlights**
3.30 **Nick Dougherty's Tee Time Tips**
4.30 **Golf's Greatest Holes**
5.30 **Tour Golf Highlights** Action from the Abu Dhabi Challenge.
6.00 **DP World Tour Golf** Highlights from the Hainan Classic.
7.00 **PGA Tour Golf** Highlights from the Zurich Classic of New Orleans.
8.00 **LPGA Tour Golf** The fourth day of the Chevron Championship.
12.00 M'T **PGA Tour Golf**
1.00 AM **DP World Tour Golf**
2.00 **LPGA Tour Golf** Highlights.
3.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis** Action from day six of the Madrid Open.
10.00 **LIVE WTA & ATP Tennis** Day seven of the Madrid Open at Park Manzanares in Madrid, Spain.
11.00 PM **WTA Tennis** Stuttgart Open.
12.00 M'T **ATP Tennis** Munich Open.
1.00 AM **US Open Classic Matches**
2.00 **Bitesize Tennis** Berlin Open.
2.15 **Tim Henman Podcast 2024**
2.30 **Billie Jean King: My Story**
2.45 **Martina Navratilova: Unstoppable** Player profile.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Serie A** Action from Italy.
8.00 **Premier League** Another chance to see Chelsea v Everton.
9.30 **Cycling** Liege Bastogne Liege.
11.30 **Men's Cycling Pro Series**
12.30 PM **LIVE Men's Cycling Pro Series** Stage two of the Tour of Turkey from Kemer to Kalkan.
2.30 **LIVE Snooker World Championship** Coverage from the first session on day 10 staged at the Crucible Theatre, Sheffield.
4.00 **Premier League: Big Interview**
4.30 **Match Officials Mic'd Up**
5.00 **LIVE Women's Bundesliga VfL Wolfsburg v TSG 1899 Hoffenheim.** Coverage of the German top-flight match from AOK Stadion. Kick-off **5.00pm**.
7.00 **LIVE British Speedway King's Lynn Stars v Oxford Spires.** Coverage of the race staged at Adrian Flux Arena in King's Lynn.
10.00 **True Grit** Sports documentary.
11.00 **The Rugby Review**
11.45 **UEFA Champions League – Stories of the Finals**
12.00 M'T **NBA** Two play-off matches.
3.00 AM **LIVE NBA** Coverage of a play-off match in America.
5.30 **to 6.00** AM **NBA Action**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Grand Prix of Spain.
9.30 **MotoGP Chequered Flag**
10.30 **UEFA Champions League Magazine** News and action.
11.00 **UEFA Europa League & Conference League Magazine**
12.00 NOON **Premier League Stories**
12.30 PM **MotoGP** Grand Prix of Spain.
4.00 **MotoGP Chequered Flag**
5.00 **LIVE UEFA Youth League** Coverage of the final at Colovray Stadium. Kick-off **5.00pm**.
7.15 **UEFA Champions League – Stories of the Finals**
7.30 **UEFA Champions League Magazine** News and action.
8.00 **Marathons** From London.
9.00 **LIVE MLB Washington Nationals v New York Mets.** Coverage of the National League match. Start-time **9.05pm**.
12.15 AM **MLB Classic** Archive action.
12.30 **A-League** Highlights.
1.30 **LIVE MLB Colorado Rockies v Atlanta Braves.** The National League match. Start-time **1.40am**.
4.45 **A-League Women Highlights**
5.15 **UEFA Champions League – Stories of the Finals**
5.30 **to 6.00** AM **UEFA Champions League – Classics**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League** A replay of Warrington Wolves v St Helens.
8.45 **Super League** A replay of Leeds v Hull Kingston Rovers.
11.30 **Top Rank Boxing Archive** Erik Morales v Marco Barrera.
12.45 PM **Super Bowl LIX Highlights**
1.00 **Good Morning Football**
3.00 **Fight Night** A chance to see Ben Whittaker v Liam Cameron.
4.00 **Super League Highlights**
4.45 **Women's Super League**
5.00 **NFL Highlights** Action from Kansas City Chiefs v Buffalo Bills.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the NFL.
8.00 **NFL Highlights** Kansas City Chiefs v Houston Texans.
9.00 **Women's Super League** Wigan Warriors v St Helens.
9.15 **Super League Highlights** Hull FC v Hull Kingston Rovers. **9.30** Action from Warrington Wolves v Leeds Rhinos in 2024. **9.45** Wigan Warriors v St Helens.
10.00 **Women's Super League**
10.15 **Top Rank Boxing Archive**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Premier League Darts**
5.00 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of the seventh day of the Madrid Open, a clay-court tournament staged at Park Manzanares in Madrid, Spain, including third-round matches in the men's singles and fourth-round contests in the women's singles. Top seed and eventual women's champion Iga Swiatek claimed an emphatic 6-1, 6-0 victory over Sara Sorribes Tormo in round four last year.
10.00 PM **Sky Sports News**
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News**
1.00 AM **Premier League Darts** Another chance to see night 12 of the tournament at M&S Bank Arena in Liverpool, with a format featuring the quarter-finals, semi-finals and final in one night. The quarter-finals were Luke Humphries v Nathan Aspinall, Michael van Gerwen v Luke Littler, Rob Cross v Stephen Bunting, and Gerwyn Price v Chris Dobey.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Highlights from India.
9.00 **WTA Tennis** Rouen Open final.
10.00 **ATP Tennis** Barcelona Open.
11.00 **IPL** Highlights from Mumbai Indians v Lucknow Super Giants. **12.00** NOON Delhi Capitals v Royal Challengers Bengaluru.
1.00 PM **Pakistan Super League** Quetta Gladiators v Karachi Kings. **2.00** Highlights from Quetta Gladiators v Peshawar Zalmi.
3.00 **The Rugby Championship** Australia v South Africa.
5.00 **PL Greatest Games**
5.15 **LIVE Baller League** Coverage from the sixth round staged at Copper Box Arena in London.
11.00 **Formula 1** Highlights from the Saudi Arabian Grand Prix.
12.00 M'T **Fight Night International**
1.00 AM **WTA & ATP Tennis**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premiership Rugby Union** Highlights from recent matches.
11.00 **Snooker World Championship** Highlights from the ninth day.
1.00 PM **LIVE Snooker World Championship** Coverage from the first session on day 10 from the Crucible Theatre in Sheffield.
4.00 **IFSC Climbing World Cup**
6.00 **Ally's Social Club**
6.30 **LIVE Snooker World Championship** Coverage from the second session on day 10 at the Crucible Theatre in Sheffield.
10.00 **Premier League** Another chance to see Chelsea v Everton.
11.30 **Champions League Magazine**
12.00 M'T **Women's Bundesliga**
1.00 AM **Snooker World Championship** Day 10 highlights.
3.00 **WRC Review** Islas Canarias.
4.00 **UEFA Champions League – Stories of the Finals**
4.15 **The Rugby Review**
5.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **A-League** Recent matches in the Australian football league.
11.00 **UEFA Women's Champions League** Chelsea v Barcelona. **12.00** NOON Lyon v Arsenal.
1.00 PM **MLB Highlights**
2.00 **NBA** A replay of a play-off game.
3.30 **NBA** A play-off match.
5.00 **A-League Women Highlights** Action from the elimination finals.
5.30 **A-League Highlights** Action from the 28th round of fixtures.
6.00 **NWSL** Featuring highlights of Orlando Pride v Angel City FC. **7.00** Highlights from Washington Spirit v NJ/NY Gotham FC.
8.00 **Men's Cycling Pro Series** Stage two of the Tour of Turkey.
9.00 **Fishing: On the Bank**
10.00 **WRC Review** Rally Islas Canarias.
11.00 **IFSC Climbing World Cup**
12.00 M'T **MotoGP** Grand Prix of Spain.
1.00 AM **MotoGP Chequered Flag**
2.00 **UFC** Machado Garry v Prates.
5.00 **to 6.00** AM **A-League**

Premier Sports 1

419 551

6.00 AM **World Surf League**
7.00 **British Minibikes**
9.00 **Champions Cup Highlights**
10.00 **Downhill Skateboarding**
10.30 **UK Independent Kart Racing**
12.00 NOON **Transworld Sport**
1.00 PM **NHL Tonight**
2.00 **Sporting Countdowns**
2.30 **Sporting Greats**
3.00 **Ultimate Karting Championship**
5.00 **LaLiga Highlights**
6.00 **Viva LaLiga** The latest news.
7.30 **LIVE LaLiga 2 Almeria v Ferrol.** Coverage of the Spanish second-tier match from Power Horse Stadium. Kick-off **7.30pm**.
9.30 **URC in 60** Recent action.
10.30 **British Minibikes**
11.30 **Sporting Countdowns**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Countdowns**
4.00 **Transworld Sport** Magazine.
5.00 **to 6.00** AM **Asian Le Mans Series**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **Bike World** Magazine.
9.30 **GP Confidential**
10.00 **NHL Ice Hockey**
12.00 NOON **Top 14 Rugby Union** Action from the French top flight.
2.00 PM **LaLiga News**
2.30 **Temples of Sport**
3.00 **Bike World** Magazine.
3.30 **GP Confidential** Featuring all the latest Formula One news.
4.00 **United Rugby Championship** A replay of Zebre v Edinburgh.
6.00 **United Rugby Championship** Glasgow Warriors v Bulls.
8.00 **Temples of Sport**
8.30 **Bike World** Magazine.
9.00 **LaLiga** Another chance to see Villarreal v Espanyol.
11.00 **NHL Ice Hockey** Another chance to see a play-off fixture.
1.00 AM **Temples of Sport**
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.00 **to 6.00** AM **NHL: This is Hockey**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights from the Australian Grand Prix. **7.00** The Chinese Grand Prix. **8.00** Japanese Grand Prix.
9.00 **Formula 1** Bahrain Grand Prix. **10.00** Highlights from the Saudi Arabian Grand Prix.
11.00 **F1 Academy: Weekend Wrapped** A race review.
11.30 **F1 Feature**
12.30 PM **Formula 1** Another chance to see the Australian Grand Prix.
2.45 **Eddie Jordan: In Memoriam**
2.55 **China in Team Radio**
3.00 **Formula 1** Another chance to see the Chinese Grand Prix.
5.15 **Naomi & Oscar Piastri**
5.25 **Piastri Drawing**
5.30 **Formula 1** Another chance to see the Japanese Grand Prix.
7.45 **Ted Talks Ferrari**
7.55 **Stefano Domenicali: No Paints**
8.00 **Formula 1** Highlights from past United States Grand Prix races.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

29 April

Evening Planner

Factual

Who Do You Think You Are?

BBC1, 9pm

Mishal Husain's journey into her family's history takes her to India and the US.

Documentary

Our Farm Next Door: Amanda, Clive and Kids

More4, 9pm

Amanda Owen and family continue their ambitious barn renovation in Swaledale.

Factual

Joe Lycett's United States of Birmingham

Sky Showcase & Sky Max, 9pm

The comedian is in Ohio, a US state with a high concentration of Birminghams.

OnDemand

prime

Champions League

It's the opening semi-final's first leg tonight (kick-off 8pm) – the second tie can been seen tomorrow night on TNT Sports 1.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Stacey & Joe		9.00 Who Do You Think You Are?		10.00 News; Local News	
	102 BBC2	7.00 Snooker: The World Championship Live		8.00 Mortimer &...	8.30 Jules and Greg's...	9.00 QI XL	9.45 Hypothetical		10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Bradley &...	8.30 For the Love of...	9.00 The Essex Millionaire Murders		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Grand Designs		9.00 George Clarke's Amazing Spaces		10.00 Barristers: Fighting for Justice	
	105 5	7.00 Escape to the Farm with Kate Humble		8.00 Inside Longleat		9.00 Forensics: Crash Scene Investigation		10.00 My Husband My Killer: Murdered in...	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Galapagos		9.00 Joe Lycett's United States of Birmingham		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3	7.00 Gladiators		8.00 Dragons' Den US – Shark Tank		9.00 Ashley Cain: Into the Danger Zone		10.00 Andrew Tate: The Man Who Groomed...	
	116 BBC4	7.00 Britain's Greatest Generation		8.00 Snooker: The World Championship – Live				10.00 Classic British Cars: Made in Coventry	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy		10.00 Plebs	
	136 MORE4	◂ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Married at First Sight Australia		9.00 The Honesty Box		10.00 Married at First Sight...	10.40 Naked...
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Matlock		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	◂ 6.55 Billions		8.00 Game of Thrones		9.00 Gangs of Milan: Blocco 181			
	110 U&GOLD	7.00 Dad's Army	7.35 The Vicar of Dibley			9.00 The Fast Show	9.35 Bottom		10.15 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You	9.55 QI XL		
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Scott & Bailey	
	120 ITV4	◂ 6.55 The Motorbike Show		8.00 World Rally Championship Highlights		9.00 Underwater Grand Fishing Adventure		10.00 All Elite Wrestling: Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Bad Neighbours			
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Flintoff: From Lord's to the Ring		9.00 Joe Lycett's United States of Birmingham		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise				10.00 I, Jack Wright	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Stories from the National Gallery		9.00 Matthew Bourne's Edward Scissorhands			
	132 U&W	◂ 6.35 Interior Design Masters with Alan Carr		8.00 Don't Hate Your House with the...		9.00 Border Force: America's Gatekeepers		10.00 Katie Piper: Locked Up in Louisiana	
DOCUMENTARY	125 DISCOVERY	7.00 Junkyard Empire		8.00 Hoffman Family Gold		9.00 Gold Rush: White Water			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Crikey! It's the Irwins				10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: Secrets from Above		9.00 Nazi Megastructures: Battle Ready		10.00 Hitler: The Lost Tapes of the Third Reich	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 World War Weird		9.00 Greatest Escapes of WWII		10.00 Hitler: Uncovering His Fatal Obsession	
	155 U&YESTERDAY	7.00 Great British Railway Journeys		8.00 Bangers & Cash: Restoring Classics				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Superpowered: The DC Story		8.00 Black Widow		9.00 I'm Not a Monster: The Lois Riess Murders			
FILMS – Sky Cinema	301 PREMIERE	◂ 5.50 Twisters		8.00 Trap				10.00 A Mistake	
	302 APOCALYPTIC	◂ 6.05 Edge of Tomorrow		8.00 Zombieland			9.30 Arcadian		
	303 HITS	◂ 6.15 Anyone But You		8.00 The Truman Show				10.00 It	
	304 GREATS	◂ 6.00 Blade Runner		8.00 Robin Hood: Prince of Thieves					10.25 Enter the Dragon
	305 ANIMATION		7.20 Monster House			8.55 Deep Sea			
	306 FAMILY		7.10 Cats & Dogs: The Revenge of Kitty Galore		8.40 Paul Blart: Mall Cop			10.15 Paul Blart: Mall Cop 2	
	307 ACTION	◂ 5.50 The Mummy		8.00 Fast & Furious 5					10.20 Last Hurrah for Chivalry
	308 COMEDY	◂ 6.25 Sausage Party		8.00 David Brent: Life on the Road			9.40 Relax, I'm from the Future		
	309 THRILLER	◂ 6.25 Barbarians		8.00 Jack Reacher					10.20 Jack Reacher: Never...
	310 DRAMA	◂ 5.55 Jarhead		8.00 A League of Their Own				10.15 Stand by Me	
	311 HORROR	◂ 6.00 The Exorcist: Believer		8.00 The Purge			9.40 Smile 2		
	313 FILM4	◂ 5.45 The Bridge on the River Kwai				9.00 Angel Has Fallen			
SPORT	401 MAIN EVENT	7.00 Tennis – Live: The Madrid Open							
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Gary Neville's Soccerbox		9.00 PL Review		10.00 PL Icons	
	403 FOOTBALL	7.00 EFL Highlights		8.00 Bundesliga Highlights Show		9.00 EFL Highlights			10.30 Scottish...
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	◂ 6.30 Snooker World Championship – Live: Coverage from the third session on the first day of the quarter-finals of the tournament						10.00 NBA on Fire	10.30 NBA
	411 TNT SPORTS 2	7.00 British Speedway		8.00 Men's Cycling Pro Series		9.00 Men's Cycling World Tour		10.00 PL Reload	10.30 MLB Highlights

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

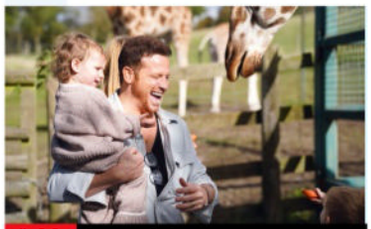
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Rip Off Britain** New edition (S)
10.15 **Dr Xand's Con or Cure** New edition The side effects of illegally sold hay fever injections. (S)
10.45 **Animal Park** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Kent. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition (S)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **The Bidding Room** (S)(R)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)



8.00 Stacey & Joe

7 PM

7.00 **The One Show** Alex Jones and Lauren Laverne present the topical show. (S)
7.30 **EastEnders** Teddy tries to take control, Tommy feels embarrassed at a party, and Kojo attempts to play matchmaker. (S)(AD)

8 PM

8.00 **Stacey & Joe** New edition 5/6. Stacey and Rose celebrate their birthdays with a trip to a safari park, Zach and Leighton are invited to appear as extras in *Hollyoaks*, while Joe visits a therapist for advice on ADHD. (S)(AD)

9 PM

9.00 **Who Do You Think You Are?** New edition 2/8. Journalist and broadcaster Mishal Husain's journey into her family tree takes her from India to the east coast of America, where she discovers some revolutionary ancestors. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW TO BBC1 **P Diddy: The Rise and Fall** Yinka Bokinni investigates how Sean Combs has gone from being the world's biggest hip-hop mogul to haemorrhaging money, businesses, friends and fans in a matter of months. *Previously on BBC3*. (S)(AD)
11.40 **The Repair Shop** Experts restore a mandriola that once belonged to folk musician Vin Garbutt, two small rattan chairs, a pilot's cap and a pinball machine. (S)(R)(AD)
12.40 AM **Ambulance** 1/6. A specialist paramedic responds to mental health emergencies. (S)(R)
1.40 **Weather for the Week Ahead** (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.45 AM **The Bidding Room** (S)(R)
7.30 **Beechgrove Garden** (S)(R)
8.00 **Sign Zone: Rollercoaster: The Secret Genius of Modern Life** (R)
9.00 **BBC News** (S)
10.00 LIVE **Snooker: World Championship** The morning session on day 11 at the Crucible Theatre, featuring the opening sessions of two quarter-finals. (S)
12.15 PM **Politics Live** (S)
1.00 LIVE **Snooker: World Championship** The afternoon session on day 11 from Sheffield's Crucible Theatre, where two quarter-finals get under way. (S)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Great British Railway Journeys** New edition 17/20. From Romford and the River Blackwater. (S)(AD)

9.45 Hypothetical

7.00 LIVE **Snooker: World Championship** Coverage of the evening session on day 11 from the Crucible Theatre in Sheffield, as two quarter-finals continue. (S)
■ Continues on BBC4

8.00 **Mortimer & Whitehouse: Gone Fishing** 4/6. Fishing for crucian carp at Sutton Lake in Shropshire. (S)(R)
8.30 **Jules and Greg's Wild Swim** New edition 4/6. Julie and Greg make their way to the lochs of the Highlands. (S)(AD)

9.00 **QI XL** Host Sandi Toksvig takes a look at some underthings, with Maisie Adam, Daliso Chaponda and Jack Dee joining regular panellist Alan Davies. (S)(R)
9.45 **Hypothetical** 5/8. James Acaster and Josh Widdicombe host as Dara Ó Briain, Kiri Pritchard-McLean, Nish Kumar and Suzi Ruffell are posed increasingly absurd hypothetical situations. (S)(R)
10.30 **Newsnight** (S)
11.00 **Saving Lives in Cardiff** 3/6. An operation to cure 59-year-old Ceri's extreme facial spasms has challenging results for neurosurgeon George Eralil. (S)(R)
12.00 M'T **Snooker: World Championship Extra** Extended quarter-final action from day 11. (S)
2.00 AM **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
3.00 **Sign Zone: Pilgrimage: The Road Through the Alps** (S)(R)(AD)
4.00 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts as Karen Hauer, Josh Widdicombe and Gemma Atkinson try to win £50,000 for their chosen charities. (S)(R)(AD)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.20 **Party Election Broadcast** (S)
6.30 **ITV News** (S)

8.00 Bradley & Barney Walsh

7.30 **Emmerdale** Steph receives the answer she wants, while Manpreet is sympathetic towards Sarah, who gives encouragement to Vanessa. (S)(AD)

8.00 **Bradley & Barney Walsh: Breaking Dad** New edition 5/6. The pair try Muay Thai in Bangkok. (S)(AD)
8.30 **For the Love of Dogs with Alison Hammond** New edition 5/6. Alison bonds with a bulldog cross pup. (S)(AD)

9.00 **The Essex Millionaire Murders** Series finale 2/2. Detectives find and seize a huge stash of prescription drugs from Luke D'Wit's home, including those that were found in the Baxter's systems in the postmortem. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The Assembly** 2/4. Actor David Tennant is interviewed by an audience of individuals who are autistic, neurodivergent and/or learning disabled – and no subject is off the table. (S)(R)
11.15 **Long Lost Family** Davina McCall and Nicky Campbell present the stories of two people trying to unravel family mysteries, with both looking for a birth parent they have never met. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **99 to Beat** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** (S11&1) (S)(R)
8.15 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S5) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** Ali tries to keep her Spanish dream alive with a new business plan. (S)(R)
5.00 **Chateau DIY** New edition Water-damaged and rotten beams are discovered at Château de Lalacelle in Normandy. (S)(AD)
6.00 **A Place in the Sun** New edition A woman from Leicester hopes to find her dream holiday home on Spain's Costa Almería. (S)

9.00 Amazing Spaces

7.00 **News** (S)

8.00 **Grand Designs Revisited** Kevin McCloud catches up with architect Graeme and graphic designer Melanie at their home in Hackney to see how they're getting on with their problematic build on a Victorian road. (S)(R)(AD)

9.00 **George Clarke's Amazing Spaces** New edition The architect meets a woman constructing an eco-cabin from a trio of disused delivery van fridges. Plus, a couple creating a home from a school bus. (S)(AD)

10.00 **Barristers: Fighting for Justice** New edition Sheryl Nwosu and Antonia Charles represent a young man alleged to be part of a major county lines drugs operation. (S)(AD)
■ Entire series on C4 streaming
11.05 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **First Dates** (S)(R)(AD)
1.05 **Ramsay's Kitchen Nightmares USA** Gordon visits Luigi's in Orange County, California. (S)(SL)(R)
1.55 **Remarkable Places to Eat** (S)(R)
2.50 **Trump Revolution: 100 Days That Changed the World** (S)(R)(AD)
3.45 **Love My Face** (S)(SL)(R)(AD)
4.40 **Jamie's Comfort Food** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Sins in the Family** Thriller starring Moniqua Plante and Natalie Sharp. (S) (2023, 12, 105min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** The travellers enjoy a day in Gibraltar, meeting the Barbary Macaques who inhabit the famous Rock. (S)(R)(AD)
5.00 **News** (S)
6.00 **The Yorkshire Vet** Julian Norton journeys to a local farm to de-horn some bullocks. (S)(R)
6.55 **News** (S)

10.00 My Husband My Killer

7.00 **Escape to the Farm with Kate Humble** Series finale 8/8. Kate plans a collaboration with a local restaurant owner and chef Simon Morley. (S)
7.55 **News** (S)
8.00 **Inside Longleat** New edition 2/3. Staff prepare for three-day festival Icons of the Sky but a bleak forecast has everyone crossing their fingers that the weather comes good before the big day. (S)(AD)
9.00 **Forensics: Crash Scene Investigation** New edition A car with five young soldiers onboard has crashed in the early hours, while in York, a pedestrian has tragically lost her leg after being run over. (S)
10.00 NEW **My Husband My Killer: Murdered in Paradise** Examining the death of Monica Beresford-Redman, who was found murdered while on a lovers' getaway in Cancún, Mexico. (S)
11.15 **I Escaped a Murderer** A man who was tortured by Jeffrey Dahmer. (S)(R)(AD)
12.10 AM **A Killer Makes a Call** (S)(R)
1.10 **PlayOJO Live Casino Show** (S)
3.10 **Friends** 18&19/25. (S3) (S)(R)
3.55 **Robson Green's Coastal Fishing** Northumberland. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S6) (S)(R)
11.00 **Cub Camp** (S)(R)(AD)
12.00 NOON **Manifest** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 9/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *The Wizard of Evergreen Terrace:* Homer becomes an inventor. (S)(R) **5.30** *Home Away from Homer:* Ned Flanders takes in a pair of female lodgers. (S)(R)
6.00 **The Office (US)** 22/25. After Phyllis falls victim to a flasher, Michael takes the female staff on a special outing. (S)(R) **6.30** 23/25. Michael is considered for a new job in the corporate division. (S3) (S)(R)

9.00 United States of Birmingham

7.00 **The Simpsons** *Bart the Mother:* Bart looks after a bird's nest filled with eggs. (S)(R) **7.30** *When You Dish Upon a Star:* Homer befriends a group of holidaying Hollywood stars. (S)(R)
8.00 **David Attenborough's Galapagos** 2/3. How life learned to adapt quickly in an ever-changing volcanic landscape, resulting in such unique species as giant whale sharks and marine iguanas. (S)(R)
9.00 **Joe Lycett's United States of Birmingham** New edition 2/4. The comedian continues his American road trip, moving onto Ohio – the state with the highest concentration of Birminghams. (S)(AD)
10.00 **Never Mind the Buzzcocks** Guests Sam Campbell, Calum Scott and CMAT join the regulars. (S)(R)(AD) **10.45** With Stefflon Don, Jake Shears and Jamie-Lee O'Donnell. (S)(R)(AD)
11.30 **Brassic** 5/8. Ashley decides he wants to track down his biological father so Vinnie and the gang promise to do everything they can to help find him. (S3) (S)(R)(AD)
12.30 AM **The Force: Manchester** Crime documentary. (S)(R)
1.30 **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **11.40** Scotcast (S)(R) **12.10am** The Repair Shop (S)(R)(AD) **1.10** Ambulance (S)(R) **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The Crime I Can't Forget New edition (S) **11.30** P Diddy: The Rise and Fall (S)(R)(AD) **12.30am** The Repair Shop (S)(R)(AD) **1.30-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm-12.00m't Pilgrimage: The Road Through the Alps (S)(R)(AD)

WALES
Sky 968, Freesat 968
11.00pm-12.00m't First Minister's Questions (S)

ITV1

As main ITV1 except:

WALES
8.30-9.00pm Wales This Week New edition (S) **10.45-11.15pm** For the Love of Dogs with Alison Hammond New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Arfordir Cymru: Sir Benfro (AD) **1.30** Cefn Gwlad (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Frank Letch: Byw Heb Freichiau **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau Cymru **6.30** Ralio+ **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Ysbyty New edition **10.00** Clwb Rygbi **10.30-11.35pm** Iaith ar Daith

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Gladiators** 9/11. Fury hits hard on the Edge.
8.00 **Dragons' Den US: Shark Tank** New edition 16/24. Ideas include an eco-friendly approach to sausage-making.
8.45 **The Catch Up**
8.50 **Press X on the BBC**
9.00 **Ashley Cain: Into the Danger Zone** New edition 5/6. Ashley visits Sweden, where teenagers are taking justice into their own hands. ■ Entire series on BBC iPlayer
10.00 **Andrew Tate: The Man Who Groomed the World?** Reporter Matt Shea uncovers the truth behind kickboxer-turned-online influencer Andrew Tate.
11.05 **The Young Offenders**
12.10 AM **Ashley Cain: Into the Danger Zone** As 9.00pm.
1.10 **Andrew Tate: The Man Who Groomed the World?**
2.15 **The Young Offenders**
2.50 **Press X on the BBC**
3.00 **to 4.00** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Britain's Greatest Generation** 2/4. The spirit of World War Two, which saw women adopt roles previously filled by men, and rescue workers and volunteers risk all to save those injured in the Blitz.
8.00 LIVE **Snooker: World Championship** Further coverage of the evening session on day 11 from the Crucible Theatre in Sheffield, as two quarter-finals continue.
10.00 **Classic British Cars: Made in Coventry** Local boy Mark Evans tells the history of the classic cars made in Coventry, including the Daimler, the Triumph, the Riley and the Jaguar.
11.00 **The Great American Buffalo** 2/2. The story of the how the buffalo was saved from the threat of extinction in the late 1880s.
12.55 AM **Omnibus: Lucian Freud**
1.35 **Auerbach at the Biennale**
2.00 **to 3.40** AM **Imagine: Listen to Me Marlon**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me**
5.15 **Four in a Bed** The week's contest begins at the Vale of Berkeley Guest House in Gloucestershire. **5.45** From Artist Residence in Penzance, Cornwall. **6.20** From the Edenfield Guest House in Blackpool. **6.50** The fourth visit of the week takes place at the New Inn in Portland, Dorset.
7.25 **Four in a Bed** The week's winner is announced.
7.55 **Kirstie and Phil's Love It or List It** The hosts catch up with Catherine and Nigel in Larne, Northern Ireland, four years after their first visit.
9.00 NEW SERIES **Our Farm Next Door: Amanda, Clive and Kids** It's summer in Swaledale and the renovation of the abandoned farmhouse is about to hit its one-year anniversary, with plenty of work still to do for Richard the builder.
10.00 **24 Hours in A&E** A 14-year-old boy is rushed in after falling from a swing and fracturing his ankle.
11.05 **The Emergency Ward**
12.10 AM **Our Farm Next Door: Amanda, Clive and Kids**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.35 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** Love is in the air.
7.30 **The Simpsons** *Homer Simpson, This Is Your Wife:* Homer gets a new wife. With the voice of Ricky Gervais.
8.00 **Married at First Sight Australia** New edition 1/2. It is the morning after the final Commitment Ceremony.
9.00 **The Honesty Box** New edition 2/9. A lie in the Honesty Box shakes one of the new couples.
10.00 **Married at First Sight Australia** New edition 2/2. The experts create a new task to test the strength of the couples' bonds.
10.40 **Naked Attraction**
12.45 AM **Gogglebox**
1.50 **Married at First Sight Australia** Reality series.
3.05 **The Honesty Box**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

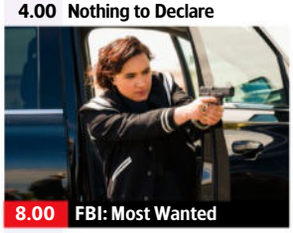
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

- **6.00** AM **Sun, Sea and A&E**
- **7.00** **Motorway Patrol**
- **8.00** **Border Patrol**
- **9.00** **Stop, Search, Seize**
- **10.00** **UK Border Force**
- **11.00** **Bull** 14/22. (S6)
- **12.00** NOON **The Good Doctor** (S4)
- **1.00** PM **The Cleaning Lady** 10/12. Thony turns down an offer from Ramona. (S3)
- **2.00** **Chicago Med** 9/13. Ripley and Charles treat members of a cult. (S9)
- **3.00** **Caught on Dashcam**
- **4.00** **Nothing to Declare**



8.00 FBI: Most Wanted

- **7 PM** — **7.00** **Nothing to Declare** A man is caught out by the drug detector dog. **7.30** Officers investigate suspicious luggage.
- **8 PM** — **8.00** **FBI: Most Wanted** *A Man Without a Country:* 22/22. The team chase an oligarch who goes on a terror spree. (S3)
- **9 PM** — **9.00** **Matlock** New episode *The Johnson Case:* 16/18. Olympia seeks to impress the board by tackling a complex murder case. (S1)
- **10 PM** — **10.00** **The Cleaning Lady** *The Brit:* 5/12. Arman and Nadia attempt to take control of their drug-selling venture. (S2)
- **11.00** **The Rookie** 20/22. (S5)
- **12.00** M'T **FBI** 22/22. (S1)
- **1.00** AM **FBI: Most Wanted** (S4)
- **2.00** **The Equalizer** New episode 12/18. A professor is killed. (S5)
- **3.00** **The Good Doctor** 3/20. (S4)
- **4.00** **Highway Patrol**
- **5.00** **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

- **6.00** AM **Fish Town**
- **8.00** **Boardwalk Empire** (S2)
- **10.10** **Billions** 11 & 12/12. (S1)
- **12.25** PM **Game of Thrones** (S2)
- **1.30** **My Brilliant Friend** (S4)
- **3.40** **Boardwalk Empire** 12/12. Nucky's future is decided in court. (S2) **4.45** 1/12. Nucky faces new threats to his power as the year 1923 begins. (S3)
- **5.50** **Billions** 11/12. Axe loses hundreds of millions of dollars, and Chuck looks to secure powerful allies. (S1)

8.00 Game of Thrones

- **7 PM** — **6.55** **Billions** *The Conversation:* 12/12. Axe discovers Chuck has new evidence against him that could land him in prison. (S1)
- **8 PM** — **8.00** **Game of Thrones** *The Ghost of Harrenhal:* 5/10. Lord Baelish capitalises on the end of the Baratheons' rivalry. (S2)
- **9 PM** — **9.00** **NEW SERIES Gangs of Milan: Blocco 181** 1/8. Return of the Italian drama. Mahdi faces his biggest test since taking over.
- **10 PM** — **10.00** **Gangs of Milan: Blocco 181** New episode 2/8. Bea plots to escape the police and recover a shipment. Subtitled. (S2)
- **11.00** **Homicide: Life on the Street**
- **12.00** M'T **Penelope** 1 & 2/8. Coming-of-age drama. (S1)
- **1.20** AM **Chernobyl** 5/5. (S1)
- **2.40** **The Wire** 10/13. (S4)
- **3.45** **The Baby** 7/8. (S1)
- **4.20** **Game of Thrones** (S2)
- **5.20** **to 6.00** AM **In Treatment**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

- **6.00** AM **Hawaii Five-0** (S4)
- **8.00** **Manifest** 6/13. (S3)
- **9.00** **Stargate SG-1** (S6)
- **11.00** **Supergirl** 6/23. (S3)
- **12.00** NOON **Manifest** 7/13. (S3)
- **1.00** PM **Hawaii Five-0** (S4)
- **3.00** **Magnum P.I.** 10/20. (S5)
- **4.00** **S.W.A.T.** 9/23. (S2)
- **5.00** **Supergirl** 5/23. Lena comes in for a hard time when she is blamed for making countless children ill. (S3)
- **6.00** **Stargate SG-1** 9/22. An assassin jeopardises refugees at the Alpha site. (S6)

11.30 Brassic

- **7 PM** — **7.00** **Stargate SG-1** *Cure:* 10/22. An alien world offers Earth a medicine with the power to cure any illness. (S6)
- **8 PM** — **8.00** **Flintoff: From Lord's to the Ring** 3/3. Andrew takes a look back over the whole experience.
- **9 PM** — **9.00** **Joe Lycett's United States of Birmingham** New edition 2/4. Joe visits Ohio, the state with the most Birminghams.
- **10 PM** — **10.00** **Never Mind the Buzzcocks** With Sam Campbell and CMAT. **10.45** Featuring Stefflon Don and Jake Shears.
- **11.30** **Brassic** 5/8. Ashley decides he wants to track down his biological father. (S3)
- **12.30** AM **The Force: Manchester**
- **1.30** **Road Wars**
- **2.00** **Magnum P.I.** 10/20. An armed hit squad lay siege to Robin's Nest. (S5)
- **3.00** **S.W.A.T.** 9 & 10/23. (S2)
- **5.00** **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

- **6.00** AM **CITV**
- **9.00** **World's Funniest Videos**
- **10.00** **Dress to Impress**
- **12.00** NOON **Dinner Date**
- **1.00** PM **Deal or No Deal**
- **2.00** **Wheel of Fortune**
- **3.00** **Hart of Dixie** 20/22. Zoe decides to enter the Bluebell Battle competition. (S1)
- **4.00** **Gilmore Girls** 20/22. Logan is rushed to hospital. (S6)
- **5.00** **Dinner Date**
- **6.00** **Celebrity Catchphrase** With guests Antony Cotton, Matt Dawson and Stacey Dooley.

10.00 Plebs

- **7 PM** — **7.00** **Deal or No Deal** Stephen Mulhern hosts as Hayden takes on the Banker for the chance to win a life-changing prize.
- **8 PM** — **8.00** **Wheel of Fortune** Graham Norton hosts the game show as contestants compete to solve word puzzles.
- **9 PM** — **9.00** **Family Guy** 7/7. Brian runs away from home. (S1) **9.30** 1/21. Lois's wealthy aunt dies, leaving the Griffins her mansion. (S2)
- **10 PM** — **10.00** **Plebs** 1/8. The boys are desperate for tickets to one of the 'beast shows'. **10.35** 2/8. Grumio meets Justin. (S3)
- **11.05** **Family Guy** 1/7. Peter loses his job at the toy factory. (S1)
- **11.35** **American Dad!** (S5)
- **12.35** AM **Bob's Burgers** (S10)
- **1.35** **Plebs** 1 & 2/8. (S3)
- **2.30** **Unwind with ITV**
- **3.00** **Teleshopping**
- **4.30** **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

- **6.00** AM **Classic Emmerdale**
- **7.00** **Classic Coronation Street**
- **8.10** **Where the Heart Is**
- **9.25** **Agatha Christie's Poirot**
- **10.35** **The Royal** *Doing the Rounds.*
- **11.40** **Heartbeat** Double bill.
- **1.40** PM **Classic Emmerdale**
- **2.10** **Emmerdale**
- **2.40** **Classic Coronation Street**
- **3.40** **Agatha Christie's Poirot**
- **4.55** **Downton Abbey** 2/7. (S1)
- **6.00** **Heartbeat** *The Dying of the Light:* The policemen come up against sheep rustlers.

8.00 Vera

- **7 PM** — **7.00** **Heartbeat** *Bad Company:* Miller investigates when a woman is involved in a hit-and-run following a local dance.
- **8 PM** — **8.00** **Vera** *Cuckoo:* The detective investigates the discovery of an unidentified teenage boy's body in a coastal town's shipyard, and discovers that the quiet community conceals a serious drugs problem.
- **10 PM** — **10.00** **Scott & Bailey** 3/6. A man acquitted of murder is found dead and a suspect is a woman who testified against him. (S1)
- **11.00** **Scott & Bailey** 4/6. A porn star is suspected of murder. (S1)
- **11.55** **Cracker** 2/7. (S1)
- **12.55** AM **Where the Heart Is**
- **1.50** **The Royal** *Doing the Rounds.*
- **2.45** **Unwind with ITV**
- **3.00** **Teleshopping**
- **4.30** **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

- **12.00** NOON **This Is BBC Scotland**
- **7.00** PM **Reporting Scotland**
- **7.30** **Show People: Licensed to Thrill** 1/6. Following the lives of Scotland's show people.
- **8.00** **Island Crossings** 3/8. A last-minute ferry cancellation jeopardises an order of scallops.
- **9.00** **Paramedics on Scene** New edition 5/10. A man calls emergency services threatening to detonate a bomb.
- **10.00** **Murder Trial: Body in the Warehouse** The murder of 60-year-old army veteran Ean Coutts.
- **11.00** **Scotcast** New edition Discussion on Scotland's biggest news stories.
- **11.30** PM **to 12.00** M'T **Stock Car Superstars** Documentary charting the final weekend of the season at Cowdenbeath Racewall stock-car track.

Sky Comedy

114/115 112/113 112 347 362

- **8.00** AM **Silicon Valley** (S3)
- **9.15** **The Conners** (S4)
- **10.15** **Veep** 9 & 10/10. (S6)
- **11.25** **Romantic Getaway**
- **12.20** PM **Curb Your Enthusiasm** (S10)
- **1.55** **Veep** 9 & 10/10. (S6)
- **3.05** **Romantic Getaway**
- **4.05** **Silicon Valley** (S3)
- **5.25** **The Office (US)** (S3)
- **6.25** **The Conners** (S4)
- **7.25** **Curb Your Enthusiasm**
- **9.00** **And Just Like That...** 3/11. Carrie conjures an excuse to get out of an audiobook taping. **9.45** 4/11. Carrie gets an offer to write a column for seniors. (S2)
- **10.35** **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
- **11.35** **Divorce** 1 & 2/6. (S3)
- **12.45** AM **Barry** 7 & 8/8. (S2)
- **2.00** **Righteous Gemstones** New episode 8/9. (S4)
- **2.50** **Silicon Valley** (S4)
- **4.20** **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

- **6.00** AM **Anne-Sophie Mutter, John Williams & Friends: A Celebration**
- **8.10** **The Joy of Painting**
- **9.10** **Tales of the Unexpected**
- **10.00** **Hitchcock Presents**
- **11.00** **The Art of Architecture**
- **12.00** NOON **Landscape Artist of the Year 2023**
- **1.00** PM **Tales of the...**
- **1.50** **Klimt and The Kiss**
- **3.00** **The Art of Architecture**
- **4.00** **Discovering: Sissy Spacek**
- **5.00** **Landscape Artist 2023**
- **6.00** **Tales of the Unexpected**
- **7.00** **Hitchcock Presents**
- **8.00** **Stories from the National Gallery**
- **9.00** **Matthew Bourne's Edward Scissorhands**
- **10.40** **Rothko: Pictures Must Be Miraculous**
- **11.55** **Ai Weiwei: The Artivist**
- **1.10** AM **Cover Your Ears**
- **3.00** **Unmuted** Double bill.
- **4.00** **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

- **7.00** AM **Border Security: America's Front Line**
- **8.00** **Nothing to Declare**
- **10.00** **Caught on Dashcam**
- **11.00** **Border Security: America's Front Line**
- **12.00** NOON **Motorway Patrol**
- **1.00** PM **Border Patrol**
- **2.00** **Caught on Dashcam**
- **3.00** **Nothing to Declare**
- **4.00** **Primeval** 5/7. (S4)
- **5.00** **Stargate SG-1** 6/22. (S3)
- **6.00** **Stargate Atlantis** (S4)
- **7.00** **Star Trek: Voyager** *The Voyager Conspiracy:* 9/26. Seven develops paranoid tendencies. (S6)
- **8.00** **Hawaii Five-0** (S10)
- **9.00** **FBI: Most Wanted** (S3)
- **10.00** **FBI: International** (S2)
- **11.00** **Grimm** 5/22. (S2)
- **12.00** M'T **Stargate SG-1** (S3)
- **1.00** AM **Nothing to Declare**
- **2.00** **Brit Cops: Law & Disorder** Documentary.
- **3.00** **Highway Patrol**
- **4.00** **Border Patrol**
- **5.00** **to 6.00** AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

- **7.40** AM **Backyard Builds**
- **8.10** **The Family Diaries**
- **9.10** **Abbey Clancy...**
- **10.10** **Buying and Selling**
- **11.10** **The Real Housewives of Atlanta** Reality series.
- **12.05** PM **The Family Diaries**
- **1.10** **The Only Way Is Essex**
- **2.10** **Dinner Date**
- **3.10** **Vacation House Rules**
- **4.05** **The Real Housewives of Atlanta** Reality series.
- **5.00** **The Real Housewives of New York City**
- **6.00** **Buying and Selling**
- **7.00** **Abbey Clancy: Celebrity Homes**
- **8.00** **Dinner Date**
- **9.00** **The Real Housewives of Orange County** New edition Reality show.
- **10.00** **Patti Stanger: The Matchmaker** Series finale
- **10.55** **The Fortune Hotel**
- **11.55** **The Only Way Is Essex**
- **12.55** **to 1.25** AM **Backyard Builds**

+1 hour 319

GREAT! tv

157 167 170 50 48

- **8.00** AM **Hart to Hart** (S1)
- **9.00** **Diagnosis Murder**
- **11.00** **Father Dowling Mysteries** 13/22. (S3)
- **12.00** NOON **Sue Thomas: F.B.Eye** 11/19. (S1)
- **1.00** PM **Hart to Hart** (S1)
- **2.00** **Father Dowling Mysteries** 18/22. (S3)
- **3.00** **Diagnosis Murder**
- **5.00** **Murder, She Wrote**
- **7.00** **M*A*S*H** 20–23/25. (S8)
- **9.00** **Randall and Hopkirk (Deceased)** *When the Spirit Moves You:* 16/26. A big-time crook threatens Jeff. (S1)
- **10.00** **The Avengers** *Bizarre:* 33/33. Steed investigates a funeral parlour. (S6)
- **11.00** **The Persuaders!** (S1)
- **12.00** M'T **M*A*S*H** (S8)
- **2.00** AM **Randall and Hopkirk (Deceased)**
- **3.00** **The Persuaders!** (S1)
- **4.00** **Highway to Heaven**
- **4.50** **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Dramatic Finishes**
6.05 **Minder**
7.05 **The Sweeney**
8.05 **The Saint**
9.15 **Magnum, PI**
10.20 **Kojak**
11.25 **BattleBots** New edition The nastiest knockouts.
12.20 PM **The Saint**
1.30 **Magnum, PI**
2.30 **Kojak**
3.35 **Minder**
4.45 **The Sweeney**
5.55 **The Chase** Quiz show.

6.55 The Motorbike Show

6.55 **The Motorbike Show** Henry Cole rides a BMW superbike through Wiltshire, and tells the story of the Honda 400-4.

8.00 **World Rally Championship Highlights** Action from the Rally Islas Canarias, the fourth round of the campaign.

9.00 **Underwater Grand Fishing Adventure** New edition Ali Hamidi and Bobby Zamora head to Iktus in France.

10.00 **Wrestling: AEW Collision** Hard-hitting action, featuring FTR, Thunder Rosa, Jon Moxley, Jay White, Bryan Danielson and Miro.
12.00 M'T **LIV Golf Highlights** Action from Mexico City.
1.00 AM **Ligue 1 Highlights** Featuring PSG v Nice.
1.30 **Minder**
2.25 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 8/26. (S5)
2.00 **Atlantis** 2/13. (S2)
3.00 **Stargate Universe** 13/20. (S1)
4.00 **Star Trek: Voyager** 17/26. (S4)
5.00 **Star Trek: The Next Generation** 8/26. (S5)
6.00 **Star Trek: Enterprise** 19/26. Intergalactic thieves the Ferengi stun the *Enterprise* crew and attempt to rob the ship. (S1)

7.00 Atlantis

7.00 **Atlantis** *A New Dawn – Part Two:* 2/13. Atlantis looks set to fall as Pasiphae continues to lay siege to the city. (S2)

8.00 **Stargate Universe** *Faith:* 13/20. The crew discover an idyllic planet with fresh air, clean water and an abundance of food. (S1)

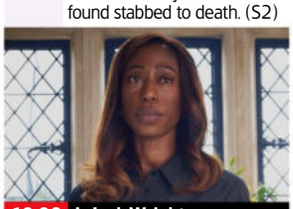
9.00 **Grimm** *Bad Luck:* 14/22. Nick and Hank investigate a grisly case in which a rabbit-like Wesen had his foot cut off. (S4)

10.00 **The Walking Dead** *The Same Boat:* 13/16. Some of Rick's fellow survivors are taken hostage by vicious new rivals. (S6)
11.00 **Wynonna Earp** 13/13. Wynonna faces off with Willa, and Dolls is in a bad way. (S1)
12.00 M'T 1/12. Wynonna may be confirmed as the Earp heir, but the town is still a hotbed of arcane activity. (S2)
1.00 AM **The Ark** 1&2/12. (S2)
3.00 **Twin Peaks: The Return** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 12/13. (S1)
11.00 **Hudson & Rex** 13/16. (S6)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 13/16. Sarah's friend suffers an attack that leaves him in a coma. (S6)
6.00 **Body of Proof** 10/20. A recent lottery winner is found stabbed to death. (S2)


10.00 I, Jack Wright

7.00 **The Mentalist** *The Greybar Hotel:* 2/13. Lisbon goes undercover as an inmate at a prison to obtain information. (S7)

8.00 **Death in Paradise** *Meditated in Murder:* 6/8. The leader of a spiritual retreat is strangled. (S7)

9.00 **Death in Paradise** *Fake or Fortune:* 6/9. Part two of two. Neville continues to probe a concert pianist's murder. (S10)

10.00 **I, Jack Wright** *Every Single Penny:* 1/6. Drama about the aftermath of a man's suicide. Stars Nikki Amuka-Bird. (S1)
11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
12.55 AM **Elementary** 21/24. The arrival of Sherlock's brother Mycroft causes tension between Holmes and Watson. (S2)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Highlights**
9.05 **I Didn't Know You Cared**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Keeping Up Appearances**
1.00 **I Didn't Know You Cared**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **Keeping Up Appearances**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

9.35 Bottom

7.00 **Dad's Army** A secret weapon goes haywire and threatens the town.
7.35 **The Vicar of Dibley** Geraldine is keen to find a celebrity to open the autumn fair in style. Guest stars Kylie Minogue. **8.20** Geraldine tries her hand at fundraising.

9.00 **The Fast Show** Bob Fleming visits a gypsy fair.
9.35 **Bottom** Richie prepares for his birthday – but suffers an accident while putting up the decorations.
10.15 **Absolutely Fabulous** Edina gets involved in Patsy's fashion magazine.
10.55 **dinnerladies** Bren frets over a new DIY table-clearing initiative.
11.30 **Live at the Apollo** Gina Yashere introduces sets by Sam Simmons and Ellie Taylor.
12.30 AM **The Fast Show** As 9pm.
1.10 **Bottom** As 9.35pm.
1.50 **to 4.00** AM **dinnerladies**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gordon's Great Escape**
8.00 **Special Ops: Crime Squad UK**
10.00 **Railroad Australia**
12.00 NOON **Storage Hunters UK**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The duo explore Britain's love of apples and pears.
6.00 **Rick Stein's Cornwall** At a dairy, Rick meets a man who is paid to eat cheese. **6.30** The culinary expert explores Falmouth and meets innovative chef Andy Tuck.

7.40 House of Games

7.00 **Would I Lie to You?** With Shirley Ballas, Josie Gibson, Steven Bartlett, and Chris McCausland.
7.40 **Richard Osman's House of Games** With Katya Jones and Phil Tufnell. **8.20** Andi Oliver, Ivo Graham, Phill Jupitus and Kate Humble take part.

9.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the quiz, with guests Nicky Morgan and Jon Richardson.

9.55 **QI XL** Comedians John Bishop, Frank Skinner and Sean Lock join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats**
12.00 M'T **Mock the Week**
12.35 AM **Would I Lie to You?**
1.55 **Richard Osman's House of Games** Guests include Stuart Maconie and Lou Sanders.
2.40 **Mike** Double bill.
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

Tuesday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** Five editions.
2.30 PM **A Place in the Sun**
3.00 **A New Life in the Sun: Where Are They Now?**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Property show.
7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Danny Dyer, Rhod Gilbert, Leigh Francis and Yinka Bokinni.
8.00 **Secrets of Supermarket Buyers**
9.00 **Celebrity Gogglebox**
10.00 FILM **The Bone Collector** Crime thriller. (1999, 15, 117min) ★★★
12.20 AM FILM **Desperado** Action thriller. (1995, 18, 105min) ★★★
2.25 **Gogglebox**
3.30 **Stacey Solomon's Renovation Rescue**
4.30 **to 5.00** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 22-24/24. (S16)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Sound Off:* 13/20. A body is found at an unmanned aerial vehicle testing site. **7.00** *On Fire:* 14/20. Torres and Bishop are victims of a hit-and-run. **8.00** *Lonely Hearts:* 15/20. Sloane has a secret admirer. (S17)
9.00 **Law & Order: Special Victims Unit** *Truth Embargo:* 2/13. Benson teams up with the FBI on an unsolved case. (S25) **10.00** *Exchange:* 21/24. The team are called in after an exchange student is assaulted. (S20)
11.00 **Law & Order: Special Victims Unit** (S20)
1.50 AM **Quantum Leap** (S1)
2.45 **The Good Wife** (S3)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Documentary.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Documentary.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Call the Bailiffs: Time to Pay Up** New edition
10.00 **999: Critical Condition**
11.00 **Skin A&E** Documentary.
12.00 M'T NEW **Fresh Meat: Killing Dahmer** The psychology of serial killer Jeffrey Dahmer.
1.35 AM **The Block** New editions
3.25 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Outback Truckers**
10.20 **Traffic Cops**
11.20 **Police Interceptors**
12.20 PM FILM **Walk the Proud Land** Western. (1956, U, 88min) ★★★
2.10 FILM **Ride a Crooked Trail** Western with Audie Murphy and Gia Scala. (1959, U, 87min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors** The interceptors go in pursuit of reckless youths. **7.00** Mark and Steve stop a suspicious man. **8.00** Jules Bennett assists a fellow officer.
9.00 **Motorway Cops: Catching America's Speeders** Documentary.
10.00 **Scam City** A notorious gem scam in Bangkok.
11.00 **Yellowstone** 6/9. (S1)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Michael McIntyre's The Wheel** With Rob Rinder.
5.20 **Gavin & Stacey**
6.35 **Interior Design Masters with Alan Carr**
8.00 **Don't Hate Your House with the Property Brothers** The Scott brothers take on their toughest mission yet.
9.00 **Border Force: America's Gatekeepers** A new recruit uncovers 12kg of cocaine.
10.00 **Katie Piper: Locked Up in Louisiana** Life at a New Orleans prison.
11.00 **One Born Every Minute**
1.00 AM **Amanda & Alan's Italian Job**
1.30 **to 3.00** AM **My Kitchen Rules: Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **At Home with the Braithwaites**
8.20 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Hetty Wainthropp Investigates**
4.20 **At Home with the Braithwaites**
5.20 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *Ruling Passion:* Pascoe investigates the murder of three old friends.
10.00 **New Tricks** *ID Parade.*
11.20 **Bergerac**
12.20 AM **Dancing on the Edge**
1.45 **Sister Boniface Mysteries** 2/10. (S1)
2.50 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

TUESDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** A seaside hideaway in Yorkshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Money for Nothing** Double bill.
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Double bill of editions.
9.00 **Long Lost Family** The stories of three men who were brought up in the care system.
10.00 **Rich House, Poor House** A retired couple and a single mother from Swindon swap homes, lives and budgets.
11.00 **Long Lost Family**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Who Wants to Be a Millionaire?** Quiz show.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Items include a coat stand and a train set.
7.00 **Who Wants to Be a Millionaire?** Quiz show hosted by Chris Tarrant.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** Quiz hosted by Warwick Davis.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.00 AM **Wild West Chronicles** Western.
8.30 **FILM Apache Ambush** Western with Bill Williams. (1955, U, 68min) ★★
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Rage at Dawn** Western. (1955, U) ★★
3.00 **FILM Prairie Fever** Western. (2008, PG, 81min) ★★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM A Dangerous Man** Action thriller starring Steven Seagal. (2009, 18, 94min) ★★★
11.05 **FILM Hijacked** Thriller. (2017, 15, 88min) ★★
1.00 AM **FILM House of Darkness** Thriller. (2022, 15, 85min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
9.50 **FILM Bullet to Beijing** Espionage thriller sequel. (1995, 15, 101min) ★★
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 PM **FILM Killer Cover Up** Crime thriller. (2021, 12, 88min) ★★
3.00 **FILM Her Final Bow** Thriller. (2017, PG) ★★
5.05 **FILM A Case of Murder: Garage Sale Mystery** Crime drama. (2017, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Alpha Dog** Drama. (2006, 15, 117min) ★★
11.30 **FILM Brothers in Arms** Action thriller. (2018, 15, 99min) ★★★
1.40 AM **FILM Son of a Gun** Crime drama. (2013, 15, 108min) ★★★
4.00 **to 6.00** AM **FILM A Focus to Kill** Thriler. (2018, 12, 90min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Lucky in Love** Drama. (2014, 12) ★★
10.00 **FILM Love on Repeat** Comedy. (2019, PG) ★★
12.00 NOON **FILM Loving Every Minute** Fantasy. (2022, U, 86min) ★★
2.00 PM **FILM Mid-Love Crisis** (2022, PG) ★★
3.55 **FILM The Birthday Wish** Romantic drama. (2017, PG, 84min) ★★
6.05 **FILM Season for Love** Romantic drama. (2018, PG, 84min) ★★
8.00 **FILM Christmas with a Prince** Romantic drama. (2018, PG, 90min) ★★
9.55 **FILM Royally Ever After** Romantic comedy. (2018, PG, 85min) ★★
11.50 **FILM Sweet As Maple Syrup** Romantic comedy. (2021, PG, 90min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Last Bridesmaid** Drama. (2019, PG, 90min) ★★
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
8.30 **Arthur C Clarke**
9.00 **Bubblegum & Cheese**
10.00 **Surgical Spirit** (S2)
10.30 **Watching** 5/7. (S6)
11.00 **A Fine Romance** (S1)
11.30 **The Monkees** (S1)
12.00 NOON **The Beiderbecke Connection** (S1)
2.00 PM **Mapp and Lucia**
3.00 **Shine on Harvey Moon**
4.00 **Bubblegum & Cheese**
5.00 **A Fine Romance** (S1)
5.30 **The Monkees** (S1)
6.00 **Watching** 5/7. (S6)
6.30 **Don't Drink the Water**
7.00 **Mapp and Lucia** (S2)
8.00 **Department S** (S1)
9.00 **Sapphire and Steel**
10.00 **Don't Drink the Water**
10.30 **Game On** (S2)
11.05 **Whose Line Is It Anyway?** Double bill.
12.05 AM **Department S** (S1)
1.00 **Sapphire and Steel**
2.00 **Shine on Harvey Moon**
3.00 **Bubblegum & Cheese**
4.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Tensions rise as the start of the new crab season approaches. **8.00** The rookies begin to discover how difficult crabbing is. **9.00** Sig must outmanoeuvre an unknown captain to hold onto his ground. **10.00** Johnathan's crab pots are in peril.
11.00 **Aussie Gold Hunters**
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **River Cottage Every Day** As 1.00pm.
7.00 **Rachel Khoo: My Swedish Kitchen**
9.00 **Jamie's 15 Minute Meals** Four editions.
11.00 **The Great British Bake Off** Double bill.
1.00 PM **River Cottage Every Day** Dishes using sustainable seafood.
2.00 **James Martin's French Adventure**
3.00 **Rachel Khoo: My Swedish Kitchen**
5.00 **Jamie's 15 Minute Meals** Four editions.
7.00 **The Great British Bake Off** Double bill.
9.00 **Michel Roux's Provence Masterclass**
10.00 **Nadiya's Family Favourites** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Yum and Yummer** New editions
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 25/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 6/22. (S1)
11.00 **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
1.00 PM **FILM The War Lord** Medieval drama. (1965, PG, 122min) ★★★★
3.15 **FILM The Blood Beast Terror** Period chiller. (1967, 12, 88min) ★
5.00 **Star Trek** 19/24. (S3)
6.00 **Knight Rider** 7/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM The Kid** Western adventure. (2018, 15, 100min) ★★★
11.00 **FILM Beyond the Law** Thriller starring DMX. (2019, 15, 89min) ★
12.50 AM **FILM Bulletproof** Action drama. (2019, 15, 110min) ★★★
3.00 **to 4.50** AM **FILM Man Down** Drama. (2015, 15, 90min) ★★
+1 hour 324 319

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Warbirds**
8.00 **FILM Asteroid v Earth** Sci-fi disaster movie. (2014, 15, 91min) ★★
10.00 **Farscape** 11/22. (S4)
11.00 **FILM The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
1.00 PM **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
3.00 **Farscape** 11/22. (S4)
4.00 **The A-Team** 3/14. (S1)
5.00 **FILM Warbirds** Drama starring Jamie Elle Mann. (2008, 15, 87min) ★★
7.00 **Farscape** 12/22. (S4)
8.00 **The A-Team** 4/14. (S1)
9.00 **FILM Acts of Violence** Drama starring Bruce Willis and Cole Hauser. (2018, 15, 86min) ★★
10.55 **FILM We Still Kill the Old Way** Crime drama. (2014, 18, 94min) ★★
1.00 **to 3.00** AM **FILM Acts of Violence** As 9.00pm.
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Close Encounters...**
11.10 **Skinwalker Ranch**
12.10 PM **Proof Is Out There**
1.05 **Secrets in the Ice**
2.05 **Pawn Stars**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Close Encounters Down Under**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Contraband: Seized at Sea** New edition
10.00 **Airport Security: USA** New edition
11.00 **Cops Who Kill**
12.00 M'T **UFOs Declassified**
1.00 AM **Close Encounters...**
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Susan Calman's Grand Day Out** From Bo'ness and Kinneil Railway.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **Walking Victorian Britain** Exploring the history of Liverpool.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **How the Nazis Lost the War** How nepotism and corruption led to the Nazis' downfall.
10.00 **Nazi Megastructures**
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover** (S1)
2.00 **Bargain-Loving Brits in the Sun** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 NEW SERIES **Married to Real Estate** Mike Jackson and Egypt Sherrod look to get a family out of their New York City apartment.
10.00 **Bargain Block** New edition Keith Bynum and Evan Thomas play fairy godmother and rewrite a *Cinderella* fairy story.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Dr Pimple Popper** Joe wants bumps removed.
9.00 **Take My Tumour**
10.00 **My Feet Are Killing Me**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Monsters Inside Me**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **My Feet Are Killing Me**
3.00 **Sex Sent Me to the ER**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S2)
8.00 **Friends** 15/24. Monica falls for an old family friend. With Tom Selleck. **8.30** 16/24. An argument with Chandler prompts Joey to move out of the flat. (S2)
9.00 **FILM Bad Neighbours** Comedy starring Seth Rogen, Zac Efron and Rose Byrne. (2014, 15, 93min) ★★★
10.55 **Whose Line Is It Anyway? USA**
11.55 **Rose Matafeo: Horndog** Stand-up.
12.55 AM **South Park** (S9)
2.55 **Beavis and Butt-Head**
3.15 **Reno 911!** 1/11. (S8)
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 6&7/13. (S6)
11.00 **Friends** 3-6/24. (S4)
1.00 PM **Criminally Funny**
2.30 **The Impractical Jokers Awards**
3.00 **Daria** 4&5/13. (S3)
4.00 **Guessable?**
5.00 **Becker** 6&7/13. (S6)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 10/23. Nick and Jess take the gang camping for Thanksgiving. **9.30** 11/23. Jess considers giving up teaching. (S3)
10.00 **Friends** (S1&2)
1.00 AM **The Ren & Stimpy Show** 5&6/14. (S4)
2.00 **Reno 911!** (S3)
3.00 **Ugly Americans** (S2)
3.45 **Becker** 6&7/13. (S6)
4.30 **New Girl** 10&11/23. (S3)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Border Security USA**
11.00 **Nothing to Declare**
12.00 NOON **DC's Legends of Tomorrow** (S5)
2.00 PM **Motorway Patrol**
3.00 **Border Security: America's Front Line**
4.00 **Border Security USA**
5.00 **911 Crisis Centre**
6.00 **Blood & Treasure** (S2)
8.00 **Border Security: America's Front Line**
10.00 **The Force: North East** Officers deal with a serial offender.
11.00 **The Flight Attendant**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** Comedy quiz.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** With Gabby Logan.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs UK**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Scammed**
3.00 **Catfish: The Dramatic**
4.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **MTV's Greatest Cribs Ever!** With AJ Odudu.
10.00 **Aussie Shore** New edition
11.00 **Dating Naked UK** New edition
12.00 M'T **Ridiculousness** New edition Rob, Steelo, and Nina welcome The Situation to check out some 'punchy drunkies'.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs UK**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Last Chance Garage**
10.00 **Roadworthy Rescues**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** Double bill.
5.00 **Deadliest Catch** Keith must retrieve a lost anchor in 50-knot winds.
6.00 **Wheeler Dealers: Dream Car** Mike and Elvis help teacher David find his dream car – a classic VW Golf GTI.

9.00 Gold Rush: White Water

7.00 Junkyard Empire Andy Cohen finds a 1931 Model A that looks like it was just driven out of a movie about the Mob.

8.00 Hoffman Family Gold Todd secretly ships Jack's 1980s-era washplant to fulfil his dad's original gold-mining dream.

9.00 NEW SERIES Gold Rush: White Water Dustin Hurt and his crew set out on their most ambitious, difficult and dangerous season ever as they risk it all in the raging creeks of Alaska.

11.00 **NEW SERIES Gold Rush: White Water** The miners' determination to strike gold drives them toward the biggest find of their lives.
12.00 M'T **Mountain Monsters**
1.00 AM **Gold Rush: White Water**
3.00 **Texas Metal** Documentary.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Extinct or Alive**
9.00 **How Do Animals Do That?**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Guardians of Rescue**
3.00 **Growing Up** Marsupials.
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff helps a beloved German shepherd walk again. **5.00** Jeff visits a free clinic and returns with an injured dog.
6.00 **Extinct or Alive** A search for a black panther in Florida.

8.00 Crikey! It's the Irwins

7.00 Pit Bulls & Parolees Tia comes to the rescue of five injured dogs, and parolee Spencer is released from jail.

8.00 Crikey! It's the Irwins As baby Grace discovers the world, Robert attempts the biggest Gator move in Australia Zoo history.

9.00 Crikey! It's the Irwins Robert handles a wombat called Bunker, and it's moving day for a giant anaconda called Nikki.

10.00 Alaska: The Last Frontier Charlotte and Jane protect their herd from bears, while Otto has a surprise for Charlotte.

11.00 **Swimming with Monsters with Steve Backshall** The naturalist visits Mexico, where he hopes to encounter the great white shark.
12.00 M'T **Rugged Justice**
1.00 AM **Alaska: The Last Frontier**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Extinct or Alive**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Disaster Autopsy**
9.00 **Destruction Decoded**
10.00 **Air Crash Investigation**
12.00 NOON **Bloody Tales of the Tower** Documentary.
1.00 PM **Elizabeth I: The Secret Life** The monarch's life.
2.00 **Hitler's Last Stand**
4.00 **Seconds from Disaster** The 1988 train crash in the Gare de Lyon station.
5.00 **Car S.O.S** Restoring a 1995 Nissan Skyline GTR.
6.00 **Lost Treasures of Egypt** Investigating Cleopatra.

8.00 WWII: Secrets from Above

7.00 Air Crash Investigation How Eastern Airlines Flight 401 crashed in 1972 as it prepared for arrival at Miami airport.

8.00 World War II: Secrets from Above New edition One of the most audacious bombing missions of World War Two.

9.00 Nazi Megastructures: Battle Ready The stories of Joseph Goebbels and Heinrich Himmler.

10.00 Hitler: The Lost Tapes of the Third Reich The story of Adolf Hitler's dramatic ascent to power.

11.00 **Mayday** Documentary.
12.00 M'T **David Blaine: Do Not Attempt** A visit to South Africa.
12.55 AM **Destruction Decoded**
1.55 **Food Factory**
2.25 **Lords of War** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **World War Weird**
7.45 **Storm Stories**
8.45 **Forged in Fire**
9.35 **Dirty Old Cars**
10.05 **Storage Wars**
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Soviet Storm: WWII in the East** Double bill of editions.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** A Magic Johnson 50th birthday invitation.
6.00 **American Pickers**

9.00 Greatest Escapes of WWII

7.00 Forged in Fire Four smiths attempt to salvage steel from a massive railroad track to make their signature big blades.

8.00 World War Weird How Nazi scientists conducted brutal experiments in an attempt to create an Aryan master race.

9.00 NEW SERIES Greatest Escapes of WWII A look at some of the most incredible escapes of the conflict.

10.00 Hitler: Uncovering His Fatal Obsession Hitler's invasion of Russia in 1941, which led to a campaign of unparalleled barbarism.

11.00 **Hitler: Uncovering His Fatal Obsession** Hitler's penchant for barbarism and destruction.
12.00 M'T **Kings of Pain** Caveman Rob helps Adam address his phobia of arachnids.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **The Curse of Oak Island** A gemstone is uncovered.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **WW2: Battles for Europe**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **WW2: Battles for Europe** The Allies who entered Germany and ran into the Siegfried Line defences.
5.00 **The World at War** A look into the liberation of Paris.
6.00 **Antiques Roadshow** From the Ulster Folk Museum.

7.00 British Railway Journeys

7.00 Great British Railway Journeys Michael Portillo travels to Dungeness. **7.30** Michael heads to Walmer Castle in Kent.

8.00 Bangers & Cash: Restoring Classics A super-rare Renault Clio Williams 2 in F1 blue with contrasting gold alloys.

9.00 Bangers & Cash: Restoring Classics The team purchase a 1972 VW Fastback and pick up a 40-year-old police bike.

10.00 Bangers & Cash Derek heads to Doncaster to collect four vintage BSAs, including one said to be the rarest BSA of all.

11.00 **Bangers & Cash** Dave collects a rare 1926 Dodge bus.
12.00 M'T **Dream Car Fixers** Sheldon and Peter must come up with a dream car for no more than £10,000 for a former Fiat 500 owner.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Adam Richman Eats Britain** Double bill.
9.00 **Adam Richman Eats Football** Double bill.
10.00 **Shed and Buried: Classic Cars** Henry and Fuzz come across a rare 1929 Standard Teignmouth pick-up.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars** Four editions.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Four editions.
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Night That Didn't End** The case of a young mother found dead in a North Carolina swamp.
10.00 **Bloodline Detectives**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** The murder of Margaret Jack Sliger.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **New Scotland Yard Files** The case of David Morley, who was beaten to death on London's South Bank.
8.00 **48 Hours** New edition The story of Jessy Kurczewski, who went on trial for the intentional homicide of Lynn Hernan.
9.00 **Storm of Suspicion** New edition Investigators find the mummified remains of NBA player Lorenzen Wright.
10.00 **Fatal Frontier: Evil in Alaska** A mother is found beaten to death in downtown Anchorage.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Fatal Frontier: Evil in Alaska** As 10.00pm.
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
11.00 **Medical Detectives**
2.00 PM **Murder by the Sea** The skull of Victoria Couchman is found in woodland in East Sussex. **3.00** The story of Irene Munro, who was bludgeoned to death.
4.00 **Medical Detectives** The disappearance of a man's mail-order bride. **4.30** The brutal murder of an elderly couple. **5.00** The abduction and murder of a nine-year-old girl. **5.30** The mysterious disappearance of a young woman. **6.00** The sudden death of a rich woman. **6.30** The hunt for an elderly woman's killer.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops: Law & Disorder** Documentary.
11.00 **Killer in My Village**
12.00 NOON **The Killer Within**
1.00 PM **Forensics: Catching the Killer** True-crime.
2.00 **Killer Siblings**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **The Killer Within**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **The Real Manhunter**
11.00 **Forensics: Catching...**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Snapped**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **The Ghost Army**
7.00 **Trump's Comeback**
8.00 **Grand Tours of Scotland**
8.40 **Lost Pyramids of the...**
9.45 **The Six Queens of...**
10.40 **Inside Japan's War**
11.50 **Secret Battle for the...**
1.00 PM **Grand Tours of...**
1.50 **Lost Pyramids of the...**
3.00 **The Six Queens of...**
3.55 **Inside Japan's War**
5.05 **Secret Battle for the...**
6.20 **Lost Pyramids of the Aztecs** The discovery of ancient skeletons.
7.25 **The Six Queens of Henry VIII** Anne Boleyn.
8.30 **Inside Japan's War**
9.35 **Secret Battle for the Ho Chi Minh Trail: The Misty Experiment**
10.50 **The Six Queens of...**
12.00 M'T **Inside Japan's War**
1.10 AM **Grand Tours of...**
2.00 **Lost Pyramids of the...**
2.55 **Secret Battle for the...**
3.55 **Trump's Comeback**
4.50 **to 6.00** AM **Ghost Army**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Eighties**
7.00 **Discovering: Sigourney Weaver**
8.00 **The Directors**
9.00 **The Movies**
10.00 **The Lady and the Dale**
11.00 **Black Widow**
12.00 NOON **Steve McQueen: The Lost Movie** Documentary exploring an unfinished movie.
1.50 PM **My Icon: Shaun Gayle**
2.00 **SIC: Prince of MotoGP**
3.45 **My Icon: Thierry Henry**
4.00 **The Directors**
5.00 **Discovering: Sigourney Weaver**
6.00 **The Story of Late Night**
7.00 **Superpowered: The DC Story** 2/3. A look at how DC took a gamble with *Superman*.
8.00 **Black Widow** 2/3. Investigating the crimes of Dena Thompson.
9.00 **I'm Not a Monster: The Lois Riess Murders** 1&2/2. The convicted murderer tells her story for the first time.
12.30 AM **Life According to Sam**
2.30 **BS High** Documentary.
4.30 **Chernobyl: My Promised Land**
5.00 **to 6.00** AM **Discovering: Sigourney Weaver**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **New Kids in the Wild**
11.00 **Cub Camp**
12.00 NOON **Beasts of the Big Blue**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **New Kids in the Wild**
5.00 **Great Blue Wild**
6.00 **Beasts of the Big Blue**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Galapagos** The unique species that live in the isolated habitat.
9.00 **Secret Life of the Koala**
10.00 **Beasts of the Big Blue**
11.00 **Great Blue Wild**
12.00 M'T **Cub Camp**
1.00 AM **Into the Wild: Colombia**
2.00 **David Attenborough's Galapagos** As 8.00pm.
3.00 **Secret Life of the Koala**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **History's Greatest Aircraft**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **Secrets of Great British Castles** Lancaster Castle.
3.00 **Ancient Superstructures**
4.00 **History's Greatest Aircraft**
5.00 **Mysteries from Above**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed** Experts question whether the Egyptians received extra-terrestial help.
8.00 **How to Lose a War** A look at how each Axis Power had troubles on their own home front, leading to disaster in the final days of World War Two.
9.00 **History's Greatest Myths**
10.00 **Secrets in the Ice**
11.00 **Caesar's Doomsday War**
12.00 M'T **Ancient Aliens**
2.00 AM **Secrets of Great British...**
3.00 **Ancient Superstructures**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Mysteries from Above**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Murdered By Morning**
9.00 **Murder at My Door**
10.00 **Imperfect Murder**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Murder at the Motel**
3.00 **Murder at My Door**
4.00 **Murdered By Morning**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48**
8.00 **Imperfect Murder**
9.00 **Fatal Family Feuds** New edition A Thanksgiving triple murder reveals a family's violent past.
10.00 **Spring Break Murders** New edition Documentary.
11.00 **Cruise Ship Killers**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Fatal Family Feuds**
2.00 **An Hour to Kill**
3.00 **Green Eyed Killers**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo**
9.00 **World's Deadliest Snakes**
10.00 **Bizarre Animal Friends**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's National Parks**
3.00 **Europe's New Wild**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** Simon and Nadine face an angry cobra and a black mamba.
7.00 **Secrets of the Zoo: Tampa** A life-saving procedure is performed on a penguin.
8.00 **Something Bit Me**
9.00 **Polar Worlds With Bertie Gregory** The wildlife filmmaker travels through both poles.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish: Fantastic Beasts**
1.00 AM **Lawless Island**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Nazi UFO Conspiracy**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Experts explain the importance of supermassive black holes as they try to solve the mysteries surrounding these phenomena.
8.00 **Nazi UFO Conspiracy** Investigating possible connections between UFO sightings and alleged secret flying saucer technologies developed by the Nazis.
9.00 **Unexplained and Unexplored**
10.00 **How Do They Do It?**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Bill**
9.30 **Top of the Pops**
11.20 **Celebrity Mastermind**
1.15 PM **The Onedin Line**
3.25 **Top of the Pops**
5.10 **Celebrity Mastermind**
7.00 **The Onedin Line** *The Hard Case:* 1/14. James fights to reclaim the Onedin Line. **8.00** *Pound and Pint:* 2/14. Anne is torn by divided loyalties. (S2)
9.00 **Top of the Pops** Triple bill featuring classic chart-toppers.
10.50 **Celebrity Mastermind** John Humphrys welcomes Peter Serafinowicz, Dan Snow, Paul Bradley and William G Stewart. **11.30** With Ade Edmondson, Bill Turnbull, Jan Ravens and Benjamin Zephaniah. **12.10** AM Steve Cram, Anjum Anand, Tony Hawks and Bill Kenwright take their place in the famous black chair.
12.45 **The Onedin Line**
2.50 **Top of the Pops**
4.15 **Celebrity Mastermind**
5.15 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Hometown Homicide: Local Mysteries**
9.00 **Murder Chose Me**
11.00 **Never Say Goodbye**
1.00 PM **Pandora's Box: Unleashing Evil**
3.00 **In Pursuit with John Walsh**
5.00 **The Wonderland Murders**
7.00 **Diabolical: Deadly Love** A detective uncovers a harrowing case involving a missing mother and her baby. **8.00** In 2015, a hunter comes across a woman in the woods who has been murdered.
9.00 **Feuds Turned Fatal** In Las Vegas, two men come face to face over a woman.
10.00 **Signs of a Psychopath** A man fakes psychosis to avoid responsibility for a killing. **10.30** A man from New Jersey confesses to multiple crimes.
11.00 **Love Kills**
12.00 M'T **Britain's Deadliest Kids**
2.00 AM **The Wonderland Murders**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** Two huge sheds of vintage military vehicles.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers**
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Wheeler Dealers**
1.00 AM **Shed and Buried: Classic Cars** As shown at 12.00noon.
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **G.A.S. Extreme Customs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.15 AM **The Cinema List: Unmissable Sky Originals**
6.35 **My Penguin Friend** (2024)
8.25 **Between the Temples** (2024)
10.25 **Trap** As shown at 8.00pm.
12.20 PM **A Mistake** As 10.00pm.
2.15 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
4.00 **Transformers One** Animation. (2024, PG, 104min) ★★★★
5.50 **Twisters** Disaster drama sequel with Daisy Edgar-Jones. (2024, 12, 122min) ★★★★

5.50 Twisters

8.00 Trap Director M Night Shyamalan's psychological thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. With Ariel Donoghue and Saleka Shyamalan. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 A Mistake Medical drama starring Elizabeth Banks. A talented surgeon's life unravels after an inexperienced colleague makes a fatal mistake. (2024, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Between the Temples** Comedy drama starring Jason Schwartzman and Carol Kane. (2024, 15, 111min) ★★★★
1.50 AM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
3.50 **My Penguin Friend** Drama. (2024, PG, 110min) ★★★★
5.40 **to 6.35** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

6.15 AM **Jules** Comedy drama. (2023, 12, 87min) ★★★
8.00 **Sumotherhood** As 4.25am.
9.55 **Anyone But You** As 6.15pm.
11.40 **Black Hawk Down** War drama. (2001, 15, 144min) ★★★
2.10 PM **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
4.25 **Dunkirk** World War Two drama. (2017, 12, 106min) ★★★★★
6.15 **Anyone But You** Romantic comedy with Sydney Sweeney. (2023, 15, 103min) ★★★★

8.00 The Truman Show

8.00 The Truman Show Satirical comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney and Ed Harris. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 It Adaptation of the Stephen King chiller starring Bill Skarsgård. A group of bullied New England kids band together to destroy a demonic clown. (2017, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **MaXXXine** Thriller with Mia Goth and Lily Collins. (2024, 18, 110min) ★★★
2.15 **Monkey Man** Action thriller. (2024, 18, 121min) ★★★★
4.25 **to 6.15** AM **Sumotherhood** Comedy drama directed by and starring Adam Deacon. (2023, 15, 97min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **Stand by Me** As 10.15pm.
7.45 **Turtles All the Way Down**
9.40 **Bonus Track** Music comedy. (2023, 12, 98min) ★★★
11.25 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
1.30 PM **Out of Africa** Oscar-winning romantic epic. (1985, PG, 162min) ★★★★
4.10 **The Last Rifleman** Drama. (2022, 15, 115min) ★★★
5.55 **Jarhead** Military drama. (2005, 15, 123min) ★★★★
8.00 **A League of Their Own** Comedy drama, set during World War Two, about America's first all-female professional baseball league, starring Tom Hanks, Geena Davis and Madonna. (1992, PG, 124min) ★★★★
10.15 **Stand by Me** Nostalgic drama, set in the 1950s, starring Wil Wheaton, River Phoenix, Corey Feldman and Kiefer Sutherland. (1986, 15, 89min) ★★★★★
11.55 **Turtles All the Way Down** Drama. (2024, 12) ★★★★
1.55 AM **The Swimmer** Drama. (2021, 18, 84min) ★★★
3.30 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
5.20 **to 7.15** AM **The Shamrock Spitfire** Biopic. (2024, 12) ★★★

Sky Cinema Horror

311 311 411 511 525

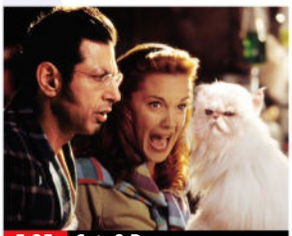
6.40 AM **AfrAid** As 5.45am.
8.20 **Cuckoo** As shown at 2.10am.
10.20 **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
12.05 PM **Sinister** Horror thriller. (2012, 15, 105min) ★★★
2.05 **Five Nights at Freddy's** Horror thriller. (2023, 15, 109min) ★★
3.55 **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
6.00 **The Exorcist: Believer** Horror sequel starring Leslie Odom Jr. (2023, 15, 111min) ★★★
8.00 **The Purge** Horror starring Ethan Hawke and Lena Headey. A family prepare for the one night of the year when all crime is legal. (2013, 15, 85min) ★★★
9.40 **Smile 2** Horror sequel starring Naomi Scott and Kyle Gallner. A pop sensation faces increasingly terrifying events, leading her down a dark path into her past. (2024, 18, 127min) ★★★★
12.00 M'T **The Invisible Man** Thriller. (2020, 15, 124min) ★★★★
2.10 AM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
4.00 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
5.45 **to 7.20** AM **AfrAid** Sci-fi horror thriller. (2024, 15, 84min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.55 AM **Bicentennial Man** (1999)
9.10 **Muppets from Space** Sci-fi comedy. (1999, U) ★★★
10.45 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
12.35 PM **IF** Fantasy. (2024, U) ★★★
2.20 **The Flintstones** Comedy. (1994, U, 93min) ★★★
4.00 **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
5.35 **Cats & Dogs** (2001, PG) ★★★
7.10 **Cats & Dogs: The Revenge of Kitty Galore** (2010, U) ★★


5.35 Cats & Dogs

8.40 **Paul Blart: Mall Cop** Comedy with Kevin James. An overweight security guard becomes an unlikely hero when a gang targets his mall's bank and takes the staff hostage. (2009, PG, 91min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Paul Blart: Mall Cop 2** Comedy sequel with Kevin James. The bumbling security guard takes a holiday in Las Vegas, but is forced to leap into action to prevent a casino heist. (2015, PG, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Bicentennial Man** Sci-fi drama. (1999, PG, 131min) ★★★
2.10 AM **Hot Dog Derby** Family comedy. (2013, U, 82min) ★★
3.40 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
5.10 **to 6.40** AM **Little Vampire** Animation. (2020, PG) ★★★

Sky Cinema Action

307 307 407 507 521

6.50 AM **Snakes on a Plane** Action thriller. (2006, 15) ★★★
8.40 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
10.20 **The Young Master** Action comedy. (1980, 15) ★★★
12.10 PM **R.I.P.D** As 12.15am.
2.05 **Bad Boys: Ride or Die** Action adventure. (2024, 15) ★★★
4.05 **Hero** Chinese adventure. (2002, 12, 99min) ★★★★
5.50 **The Mummy** Adventure. (1999, 15, 124min) ★★★★

5.50 The Mummy

8.00 **Fast & Furious 5** Action thriller sequel starring Vin Diesel, Paul Walker and Jordana Brewster. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. With Dwayne Johnson and Tyrese Gibson. (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

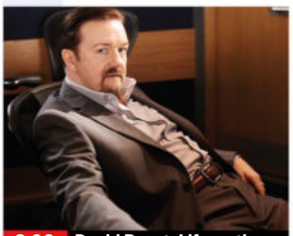
10.20 **Last Hurrah for Chivalry** John Woo's martial arts adventure. A warrior recruits the help of a poor fighter after being attacked on his wedding night. (1978, 18, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **R.I.P.D** Action comedy. (2013, 12, 96min) ★★★
1.55 **The Cinema List: Westerns**
2.15 **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
4.25 **to 6.45** AM **Once Upon a Time in China** Adventure. (1991, 15, 120min) ★★★★★

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Relax, I'm from the Future**
8.30 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
10.10 **The DUFF** As 11.20pm.
11.55 **Bernard and the Genie**
1.10 PM **Spoiler Alert** Comedy drama. (2022, 15, 112min) ★★★
3.05 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
4.45 **Mr Deeds** Comedy. (2002, 12, 96min) ★★★
6.25 **Sausage Party** Animation. (2016, 15, 89min) ★★★


8.00 David Brent: Life on the...

8.00 **David Brent: Life on the Road** Comedy spin-off starring Ricky Gervais. More than a decade on from his appearance in *The Office*, David Brent dreams of a music career. (2016, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Relax, I'm from the Future** Sci-fi comedy starring Rhys Darby. A man from the future trapped in the past tries to make a life for himself, oblivious to the consequences he has set in motion. (2023, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The DUFF** Teenage comedy. (2015, 12, 98min) ★★★★
1.05 AM **Bernard and the Genie** Fantasy starring Lenny Henry.
2.25 **The Boss** Comedy. (2015, 15, 89min) ★★★
4.10 **Weird Science** Fantasy. (1985, 12, 94min) ★★★
5.50 **to 7.35** AM **The Buddy Games** Comedy. (2019, 15, 90min) ★

Sky Cinema Thriller

309 309 409 509 523

8.00 AM **The Dry** As 4.20pm.
10.00 **Public Enemies** Gangster biopic starring Johnny Depp. (2009, 15, 140min) ★★★★
12.25 PM **Ruthless** As 12.30am.
2.05 **Chinatown** Roman Polanski's thriller starring Jack Nicholson. (1974, 15, 131min) ★★★★★
4.20 **The Dry** Crime drama with Eric Bana and Genevieve O'Reilly. (2020, 15, 117min) ★★★★
6.25 **Barbarians** Thriller with Tom Cullen. (2021, 15, 89min) ★★★

8.00 Jack Reacher

8.00 **Jack Reacher** Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Jack Reacher: Never Go Back** Action thriller sequel starring Tom Cruise. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Ruthless** Action thriller. (2023, 15, 92min) ★★★
2.15 **Eileen** Psychological thriller. (2023, 15, 97min) ★★★★
4.05 **to 6.00** AM **Caddo Lake** Thriller. (2024, 12) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Gift Horse** World War Two naval adventure. (1952, b/w, PG, 100min) ★★★
1.05 PM **The Guns of Navarone** World War Two adventure. (1961, PG, 150min) ★★★★
4.15 **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
5.45 **The Bridge on the River Kwai** Director David Lean's vintage World War Two drama. (1957, PG, 161min) ★★★★★

9.00 Angel Has Fallen

8 PM **The Bridge on the River Kwai** (film started at 5.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Angel Has Fallen** Action thriller starring Gerard Butler and Morgan Freeman. Secret Service agent Mike Banning is framed for an assassination attempt on the US president, and races to clear his name. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM **11.20** **The Big Man** Thriller starring Liam Neeson and Joanne Whalley-Kilmer. An unemployed Scottish miner gets drawn into the brutal world of bare-knuckle fighting. (1990, 18, 119min) ★★
1.40 **to 3.35** AM **Wish You Were Here** Fact-based drama starring Emily Lloyd and Tom Bell. (1987, 15, 92min) ★★★

+1 hour 314 430 47 301 257

Sky Cinema Apocalyptic

302 302 402 502 516

6.40 AM **Arcadian** As 9.30pm.
8.15 **The Island** Sci-fi action thriller. (2005, 12, 136min) ★★★
10.35 **Edge of Tomorrow** As 6.05pm.
12.30 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
2.30 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
4.15 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★

6.05 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
8.00 **Zombieland** Horror comedy starring Woody Harrelson and Jesse Eisenberg. In a US overrun with flesh-eating zombies, a timid survivor joins forces with a tough zombie-killer and a pair of feisty sisters. (2009, 15, 84min) ★★★★
9.30 **Arcadian** Dystopian horror thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★

11.05 **Furiosa: A Mad Max Saga** Fantasy starring Anya Taylor-Joy. (2023, 15, 148min) ★★★★
1.35 AM **The Crazies** As 4.15pm.
3.20 **Arcadian** As shown at 9.30pm.
4.55 **to 6.25** AM **The War of the Worlds** Sci-fi thriller. (1953, PG, 85min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **To Catch a Thief** (1955)
7.50 **Patriot Games** As 4.00pm.
9.50 **Five Easy Pieces** Cult drama. (1970, 15, 98min) ★★★★★
11.30 **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
2.05 PM **The Sugarland Express** Steven Spielberg's comedy drama. (1974, PG, 110min) ★★★
4.00 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★

6.00 **Blade Runner** Ridley Scott's futuristic thriller with Harrison Ford and Rutger Hauer. (1982, 15, 130min) ★★★★★
8.00 **Robin Hood: Prince of Thieves** Fantasy adventure starring Kevin Costner. Robin Hood forms a band of outlaws to exact revenge on the tyrannical Sheriff of Nottingham. With Alan Rickman. (1991, PG, 138min) ★★
10.25 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★

12.10 AM **Pulp Fiction** Quentin Tarantino's black comedy thriller starring John Travolta. (1994, 18, 154min) ★★★★★
2.45 **Blade Runner** As 6.00pm.
4.45 **to 6.35** AM **To Catch a Thief** Hitchcock comedy thriller. (1955, PG, 102min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.05 AM **The Road to El Dorado**
7.45 **Mia and Me: The Hero of Centopia** (2022, U) ★★★
9.20 **Noah's Ark** (2024, U) ★★★
11.10 **Home** Animated adventure. (2014, U, 94min) ★★★
12.50 PM **Turbo** Animated comedy. (2013, U, 92min) ★★★★
2.35 **Lego DC Comics Super Heroes: The Flash** Animated adventure. (2018, U, 78min) ★★★

4.00 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
5.35 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★
7.20 **Monster House** Animation. (2006, PG, 91min) ★★★★
8.55 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
10.55 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★★
12.30 AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★

1.50 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
2.45 **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★
4.15 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
5.40 **to 7.25** AM **The Inventor** (2023)

Movies 24

312 313 419

7.00 AM **The Story of Love** Romantic comedy drama. (2022, PG, 91min) ★★
9.00 **Moriah's Lighthouse** Romantic comedy. (2022, PG, 84min) ★★
11.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
1.00 PM **Learning to Love** Comedy drama. (2023, PG, 89min) ★★
3.00 **Field Day** Romantic comedy. (2023, PG, 84min) ★★

5.00 **3 Bed, 2 Bath, 1 Ghost** Supernatural romantic comedy, with Julie Gonzalo and Chris McNally. (2023, PG, 84min) ★★
7.00 **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★
9.00 **Sweet as Pie** Romantic comedy starring Rhiannon Fish and Kurt Szarka. An entrepreneur in crisis resumes a relationship with an old friend while trying to keep her family's orchard going. (2022, PG, 93min) ★★

11.00 **Sweeter Than Chocolate** Comedy. (2023, PG, 84min) ★★
1.00 AM **Hearts in the Game** Comedy. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **Love & Jane** Fantasy. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Danny Boy** War drama. (1941, b/w, U, 80min) ★★
7.35 **Variety Jubilee** Musical. (1943, b/w, U, 89min) ★★★
9.25 **Forbidden** Suspense thriller. (1948, b/w, PG, 87min) ★★★
11.10 **The Small Back Room** War drama. (1948, b/w, PG) ★★★★
1.20 PM **Look at Life**
1.30 **Commandos Strike at Dawn** Drama. (1943, b/w, PG) ★★

3.35 **An Inspector Calls** Drama. (1954, b/w, PG, 79min) ★★★★
5.10 **What's On TPTV with Noel**
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Man from Interpol** 2/39. (S1)
7.05 **Batman** 6/60. (S2)
7.35 **Dial 999** 3/39. (S1)
8.05 **Rumpole of the Bailey** (S7)
9.15 **Love for Lydia** 12/13. (S1)
10.20 **Cellar Club with Caroline Munro**
10.25 **Visiting Hours** Horror thriller with Michael Ironside and Lee Grant. (1981, 18, 105min) ★★
12.35 AM **Cellar Club with Caroline...**

12.40 **The Power** Horror starring Suzy Stokey. (1984, 18, 84min) ★★★
2.20 **Cellar Club with Caroline Munro**
2.25 **Woman Eater** Horror chiller. (1957, b/w, PG, 70min) ★★
3.45 **Life in Emergency Ward 10** Drama. (1959, b/w, U, 86min) ★★
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 LIVE **WTA & ATP Tennis** Coverage of day eight of the Madrid Open, a clay-court tournament at Park Manzanares in Madrid, featuring matches in the men's singles fourth round and women's singles quarter-finals.
3.00 PM LIVE **IPL Delhi Capitals v Kolkata Knight Riders.** Coverage of the T20 match from Arun Jaitley Stadium. The visitors won this meeting last year thanks to a huge win, dominating a game that saw them win by 106 runs.
7.00 LIVE **WTA & ATP Tennis** Further coverage of day eight of the Madrid Open, a clay-court tournament at Park Manzanares in Madrid, Spain, featuring matches in the men's singles fourth round and women's singles quarter-finals. Fourth and fifth seeds Alexander Zverev and Casper Ruud were eliminated in round four last year, losing out to Francisco Cerúndolo and Félix Auger-Aliassime respectively.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Highlights** Recent action, featuring Bournemouth v Manchester United, Liverpool v Tottenham Hotspur, Action from Brighton & Hove Albion v West Ham United, Newcastle United v Ipswich Town and Wolves v Leicester City.
5.00 **PL Best Goals 2009/10**
6.00 **Netbusters** Relive the action in the Premier League in a unique way with fast-paced highlights.
6.30 **Premier League 100: Darren Bent** The striker looks back at his time in the top flight.
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review**
10.00 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** Leicester City v West Ham United from 2016.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2010/11**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2018 final.
10.30 **EFL** Blackpool v Cardiff City.
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Highlights Show** Recent action.
1.30 **EFL Highlights**
2.00 **EFL Greatest Games**
2.30 **Scottish Premiership Round-Up**
2.45 **SPFL Highlights**
3.00 **EFL Highlights** Championship.
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights**
6.00 **EFL Greatest Games**
6.30 **Scottish Premiership Round-Up**
6.45 **SPFL Highlights**
7.00 **EFL Highlights** Championship.
8.00 **Bundesliga Highlights Show**
9.00 **EFL Highlights** Action from Stoke City v Sheffield United. **9.15** Blackburn Rovers v Watford. **9.30** Cardiff City v West Brom. **9.45** Hull City v Derby County.
10.00 **EFL Highlights** Championship.
10.30 **Scottish Premiership Round-Up** Top-flight action.
10.45 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL** The 2022/23 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Another chance to see Rajasthan Royals v Gujarat Titans.
10.10 **Ashes Greats** Action from 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent action from India.
2.50 PM LIVE **IPL Delhi Capitals v Kolkata Knight Riders.** Coverage of the T20 match from Arun Jaitley Stadium in Delhi.
7.00 LIVE **Pakistan Super League Quetta Gladiators v Multan Sultans.** Coverage of the T20 match staged at Gaddafi Stadium. The visitors won this meeting last year in the final group game of the season, as they came away with a 79-run victory in a one-sided affair. Multan hit 185-4 batting first with Mohammad Rizwan top-scoring with 69 from 47 balls, before the hosts were bowled out for only 106.
8.00 **Best of ICC WT20**
9.00 **IPL** Highlights from Delhi Capitals v Kolkata Knight Riders. **10.00** Action from Rajasthan Royals v Gujarat Titans in Jaipur.
11.00 **Pakistan Super League**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **The Open Zone**
10.00 **Best of the Open Zone 2024**
11.00 **DP World Tour Golf**
12.00 NOON **PGA Tour Golf**
1.00 PM **Golf Academy**
1.30 **Playing Lessons**
2.30 **Nick Dougherty's Tee Time Tips**
3.30 **The Open Zone** Women's Open.
4.30 **Golf Academy** Expert advice.
5.00 **Best of the Open Zone 2024**
6.00 **PGA Tour Golf** Highlights.
7.00 **DP World Tour Golf**
8.00 **Perfection in Paris**
10.00 **Tour Golf Highlights**
10.30 **DP World Tour Golf**
11.30 **PGA Tour Golf** Highlights.
12.30 AM **The Open Zone**
1.00 **Golf Academy** Expert advice.
2.00 **Playing Lessons**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **The Open Zone** Women's Open.
5.00 **to 6.00** AM **Best of the Open Zone 2024**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of day eight of the Madrid Open, a clay-court tournament staged at Park Manzanares in Madrid, Spain.
7.00 PM LIVE **WTA & ATP Tennis** Further coverage of day eight of the Madrid Open staged at Park Manzanares in Madrid, Spain.
11.00 **ATP Tour This Week**
11.30 **ATP Tennis** Barcelona Open.
12.30 AM **WTA Tennis** Indian Wells.
1.00 **US Open Classic Matches**
2.00 **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **Premier League: Big Interview**
7.30 **UEFA Europa League & Conference League Magazine**
8.30 **Women's Bundesliga**
9.30 **NWSL** Orlando Pride v Angel City. **10.30** Highlights of Washington Spirit v NJ/NY Gotham FC.
11.30 **Men's Cycling Pro Series**
12.30 PM LIVE **Men's Cycling Pro Series** Coverage of stage three of the Tour of Turkey, a 175.9km route from Fethiye to Marmaris.
2.30 LIVE **Cycling** Coverage of the Tour of Romandy men's prologue stage from Saint-Imier.
5.00 **Chasing Cobbles: Mads Pedersen** The cyclist's life.
6.00 **A-League Women Highlights**
6.30 LIVE **Snooker World Championship** Coverage from the third session on the first day of the quarter-finals staged at the Crucible Theatre in Sheffield.
10.00 **NBA on Fire** The latest news.
10.30 **NBA** A play-off match.
12.00 M'T LIVE **NBA** Coverage of a game in the play-offs.
2.30 AM LIVE **NBA** A match in the end-of-season play-offs.
5.00 **to 6.00** AM **NBA Originals**

TNT Sports 2

411 414 522 409 431

6.00 AM **Formula E Flashback**
6.30 **WRC Review** Islas Canarias.
7.30 **MotoGP** Grand Prix of Spain.
11.00 **MotoGP Chequered Flag**
12.00 NOON **Premier League Review**
1.00 PM **MLB Highlights**
2.00 **NBA** A play-off match.
3.30 **NBA Action** Highlights.
4.00 **NBA on Fire** The latest news.
4.30 **NBA Originals** Archive action.
5.00 **Premier League Netbusters**
5.30 **Premier League Review**
6.30 **Premier League Stories**
7.00 **British Speedway**
8.00 **Men's Cycling Pro Series**
9.00 **Cycling** Tour of Romandy.
10.00 **Premier League Reload**
10.15 **MotoGP Rewind** Highlights from the Grand Prix of Spain.
10.30 **MLB Highlights**
11.30 LIVE **MLB Baltimore Orioles v New York Yankees.** The American League game at Camden Yards. Start-time **11.35pm**.
2.45 AM **The Rugby Review**
3.30 **A-League Women Highlights**
4.00 **Isuzu A-League Highlights**
4.30 **UEFA Europa League & Conference League Magazine**
5.30 **to 6.00** AM **UEFA Champions League – Classics**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Super League Highlights**
11.15 **NFL Highlights**
12.15 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **NFL Highlights** Kansas City Chiefs v Houston Texans in the first Divisional play-off match.
4.00 **Super League Highlights**
4.45 **Women's Super League** Wigan Warriors v St Helens from 2024.
5.00 **NFL Highlights** Philadelphia Eagles v Los Angeles Rams in the third Divisional play-off match.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **NFL Highlights** Philadelphia Eagles v Washington Commanders in the NFC Championship match.
9.00 **Super League Highlights** Wigan Warriors v St Helens from 2024. **9.15** Hull FC v Hull KR.
9.30 **Super League Highlights**
10.00 **The Rugby Championship**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Top Rank Boxing Archive**
3.30 **Super League Highlights**
4.15 **Women's Super League**
4.30 **to 6.00** AM **Top Rank Boxing Archive**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 LIVE **WTA & ATP Tennis** Coverage of day eight of the Madrid Open, a clay-court tournament at Park Manzanares in Madrid, featuring matches in the men's singles fourth round and women's singles quarter-finals.
4.00 PM **Sports Desk**
5.00 **Sports Centre**
7.00 **Sky Sports News**
7.30 **EFL Greatest Games**
7.35 LIVE **EFL Burton Albion v Wigan Athletic.** The League One match from Pirelli Stadium, between two sides positioned in the lower reaches of the table. With the end of the regular season drawing near, both teams will be keen to register three points in their battle to avoid relegation to League Two. Kick-off **7.45pm**.
9.45 **EFL Greatest Games**
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Super League** A replay of Warrington Wolves v St Helens.
2.45 AM **Super League**
5.45 **to 6.00** AM **My Icon**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Royals v Titans.
8.00 **Pakistan Super League**
9.00 **PGA Tour Golf**
10.00 **DP World Tour Golf**
11.00 **PL Greatest Games**
12.00 NOON **EFL Greatest Games**
1.00 PM **IPL** Royals v Titans.
2.00 **PL Greatest Games**
2.30 **Best of ICC WT20**
2.45 **Ashes Greats** Andrew Flintoff.
2.55 **Pakistan Super League**
3.50 LIVE **Pakistan Super League Quetta Gladiators v Multan Sultans.** Coverage of the T20 match from Gaddafi Stadium.
8.00 **Best of ICC WT20**
8.30 **Ashes Greats** Archive action.
9.00 **DP World Tour Golf**
10.00 **Pakistan Super League** Multan Sultans v Islamabad United.
11.00 **Fight Night International**
1.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Best of the Open Zone 2024**

TNT Sports 3

413 415 523 410 432

6.00 AM **Marathons** From London.
7.00 **Snooker World Championship**
9.00 **The Snooker Breakdown Show**
10.00 LIVE **Snooker World Championship** The first session of the quarter-finals in Sheffield.
1.00 PM **Marathons** From London.
2.00 **Formula E Flashback**
2.30 LIVE **Snooker World Championship** The second session of the quarter-finals.
5.30 **SailGP – Racing on the Edge**
6.00 **TNT Sports Cricket Reload**
6.16 **Kenny Allstar's Number 1's**
6.30 LIVE **Snooker World Championship** Coverage from the third session on the first day of the quarter-finals in Sheffield.
10.00 **WRC Review** Islas Canarias.
11.00 **UFC Fight Flashback**
11.30 **UFC** Machado Garry v Prates.
2.30 AM LIVE **MLB Seattle Mariners v Los Angeles Angels.** Start-time **2.40am**.
5.45 **to 6.00** AM **MLB Classic**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Four match replays.
12.00 NOON **AFL** A chance to see GWS Giants v Western Bulldogs.
1.30 PM **Ally's Social Club**
2.00 **The Rugby Review**
2.45 **Women's Bundesliga**
3.45 **TNT Sports Cricket Reload**
4.00 **UEFA Champions League Magazine** The latest news.
4.30 **IFSC Climbing World Cup**
5.30 **NBA** A play-off match.
7.00 **MLB Highlights**
8.00 **MotoGP** Action from the Moto3 race at the Grand Prix of Spain. **9.00** Highlights from the Moto2 race at the Grand Prix of Spain. **10.00** The MotoGP sprint race at the Grand Prix of Spain. **10.30** Action from the MotoGP race at the Grand Prix of Spain.
11.30 **Men's Cycling Pro Series**
12.30 AM **Men's Cycling** Highlights.
1.30 **Snooker World Championship**
3.30 **Premier League Netbusters**
4.00 **to 6.00** AM **MotoGP Classics**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** Recent action.
9.00 **LaLiga Highlights**
10.00 **Scottish Football Social Club**
11.00 **URC Match Highlights**
12.00 NOON **British Minibikes**
1.00 PM **NHL Tonight** Highlights.
2.00 **URC Match Highlights**
2.30 **Sporting Greats**
3.00 **LaLiga Highlights**
4.00 **World Surf League**
5.00 **NASCAR Highlights**
6.00 **Viva LaLiga** The latest news.
7.30 **Top 14 Rugby Union**
8.00 **URC in 60** Recent action.
9.00 **Scottish Football Social Club**
10.00 **NASCAR Highlights**
11.00 **Top 14 Rugby Union**
11.30 **Sporting Countdowns**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Jordan Half Marathon**
3.30 **Sporting Countdowns**
4.00 **PSA Squash Highlights**
5.00 **to 6.00** AM **NASCAR**

Premier Sports 2

420 552

6.00 AM **NASCAR** Jack Link's 500.
10.00 **GP Confidential**
10.30 **Bike World** Magazine.
11.00 **Champions Cup** Another chance to see Leinster v Glasgow Warriors in the first quarter-final.
1.00 PM **Africa Eco Race**
2.00 **LaLiga News**
2.30 **Temples of Sport** Iconic sporting venues from around the globe.
3.00 **GP Confidential** The latest news.
3.30 **Temples of Sport** Iconic sporting venues from around the globe.
4.00 **United Rugby Championship** A replay of Scarlets v Leinster. **6.00** Cardiff v Munster.
8.00 **Bike World** Magazine.
8.30 **GP Confidential** All the latest Formula One news.
9.00 **LaLiga** Getafe v Real Madrid.
11.00 **NHL Ice Hockey** A play-off.
1.00 AM **Temples of Sport**
2.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
5.00 **to 6.00** AM **NHL: This is Hockey**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** US Grand Prix.
11.00 **Graham Hill: World Champion**
11.30 **Formula 1** Australian Grand Prix.
12.30 PM **Formula 1** Chinese GP.
2.45 **Rookies Play Bowls**
2.55 **George Russell on 2025**
3.00 **Formula 1** Japanese Grand Prix.
5.15 **Carlos Sainz Track Guide**
5.25 **Australia in Team Radio**
5.30 **Formula 1** Bahrain Grand Prix.
7.45 **Rachel & Lando Norris**
7.55 **China in Team Radio**
8.00 **Formula 1** Miami Grand Prix.
11.00 **Formula 1** Las Vegas Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

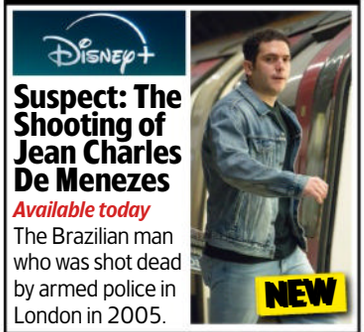
Wednesday 30 April

Evening Planner

Game Show

Genius Game
ITV1, 9pm
David Tennant asks some of the UK's brainboxes to tackle a series of games designed to test their intellectual acumen.

OnDemand



Suspect: The Shooting of Jean Charles De Menezes
Available today
The Brazilian man who was shot dead by armed police in London in 2005.

OnDemand

Carême
Available today
This racy French-language period piece tells the story of Antonin Carême (Benjamin Voisin), the world's first celebrity chef.

OnDemand

The Eternaut
Available today
A six-parter from Argentina, set on a summer's night in Buenos Aires when a mysterious snowfall kills most of the population.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Race Across the World		10.00 News; Local News	10.40 UEFA...
	102 BBC2	7.00 Snooker: The World Championship Live		8.00 Motorway: The Secret Genius of...		9.00 Saving Lives in Cardiff		10.00 Live at the...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Genius Game		10.15 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Worst House on the Street		9.00 Groomed: A National Scandal			10.30 Building...
	105 5	7.00 Shop Smart, Save Money		8.00 The Drowning of Paula Leeson				10.00 Ambulance: Code Red	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Football: WSL – Live: Manchester United v Chelsea (Kick-off 8.15)					10.30 An Idiot...
ENTERTAINMENT	115 BBC3	7.00 Gladiators		8.00 Glow Up: Britain's Next Make-Up Star		9.00 Just Act Normal			10.25 Suits
	116 BBC4	7.00 Britain's Greatest Generation		8.00 Snooker: The World Championship – Live				10.15 Film: Priest	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy		10.00 Plebs	
	136 MORE4	◂ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 24 Hours in A&E			
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 The Honesty Box		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Equalizer		10.00 Fire Country	
	108 SKY ATLANTIC	◂ 6.55 Billions		8.00 Game of Thrones		9.00 The Last of Us			10.10 Gangs of London
	110 U&GOLD	7.00 Dad's Army	7.40 The Vicar of Dibley			9.00 The Fast Show	9.40 Bottom		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More 2019 News for	
	119 ITV3	7.00 Heartbeat		8.00 McDonald & Dodds				10.00 Scott & Bailey	
	120 ITV4	7.00 Gallagher Premiership Unleashed		8.00 Film: Octopussy					10.40 All...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Kevin Bridges – The Story Continues		10.00 8 Out of 10 Cats	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	◂ 5.30 Football: WSL – Live		8.00 Rob & Romesh vs Strongman		9.00 Film: Game of Death			
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 I, Jack Wright		10.00 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Portrait Artist of the Decade			9.30 Alec Guinness: A Class Act		
	132 U&W	◂ 6.35 Interior Design Masters with Alan Carr		8.00 Pete Wicks: For Dogs' Sake				10.00 Stacey Dooley: Inside the Convent	
DOCUMENTARY	125 DISCOVERY	7.00 Junkyard Empire		8.00 Hoffman Family Gold		9.00 Filthy Fortunes			
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Isle of Jaws: Blood Brothers		9.00 Deadliest Sharks		10.00 Alaska: The Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Destruction Decoded		9.00 Construction Fails		10.00 Car S.O.S.	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Evidence of the Unexplained		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Great British Railway Journeys				9.00 Great Canal Journeys		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Superpowered: The DC Story		8.00 Black Widow		9.00 The Two Escobars			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.05 Between the Temples		8.00 Trap				10.00 Smile 2	
	302 APOCALYPTIC	◂ 5.20 2012		8.00 Children of Men				10.00 Furiosa: A Mad Max Saga	
	303 HITS	◂ 6.00 You've Got Mail		8.00 Vanilla Sky					10.20 MaXXXine
	304 GREATS	◂ 6.30 The Naked Gun		8.00 Raiders of the Lost Ark				10.00 Pulp Fiction	
	305 ANIMATION	◂ 5.45 Happy Feet	7.45 Happy Feet Two				9.40 Sinbad: Legend of the Seven Seas		
	306 FAMILY	◂ 6.25 Jackie Chan's The Tuxedo		8.05 Little Vampire			9.35 Jackie Chan's The Tuxedo		
	307 ACTION	◂ 5.40 The Mummy Returns		8.00 Mission: Impossible				9.55 Terminator Salvation	
	308 COMEDY	◂ 5.55 It's Complicated		8.00 See No Evil, Hear No Evil				9.50 Weird Science	
	309 THRILLER	◂ 6.10 Eileen		8.00 Hypnotic			9.45 Inception		
	310 DRAMA	◂ 5.45 Spotlight		8.00 The Blind Side				10.10 Love Story	
	311 HORROR	◂ 6.15 Ouija		8.00 Ouija: Origin of Evil				9.50 The Invisible Man	
	313 FILM4	◂ 6.55 Sleepless in Seattle				9.00 Gemini Man			
SPORT	401 MAIN EVENT	◂ 5.30 Football: WSL – Live: Aston Villa v Arsenal (Kick-off 6.00); Manchester United v Chelsea (Kick-off 8.15)							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL 100: Jimmy...	8.00 PL Review		9.00 PL Stories	9.30 PL 100: Pete...	10.00 PL Icons	
	403 FOOTBALL	◂ 5.30 Football: WSL – Live: Aston Villa v Arsenal (Kick-off 6.00); Manchester United v Chelsea (Kick-off 8.15)							10.30 EFL Highlights
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Coverage from a semi-final first-leg tie (Kick-off 8.00)							10.30 Match Officials...
	411 TNT SPORTS 2	◂ 6.30 MLB Highlights	7.30 MLB Plays of...	8.00 MLB – Live: Los Angeles Dodgers v Miami Marlins (Start-time 8.10)					

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Rip Off Britain** New edition (S)
10.15 **Dr Xand's Con or Cure** New edition A look at why some people believe apple cider vinegar helps with weight loss. (S)
10.45 **Animal Park** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition (S)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **The Bidding Room** New edition Items include a boat sculpture. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Race Across the World

7 PM

7.00 **The One Show** Alex Jones and Clara Amfo present the topical show. (S)
7.30 **EastEnders** Nicola and Teddy are at odds, Felix's words disappoint Johnny, and Joel surprises Avani. (S)(AD)

8 PM

8.00 **The Repair Shop** New edition Experts restore a portable drumkit from the 1940s, an oil painting thought to be 175 years old, a pair of baby shoes and a patchwork toy hippopotamus. (S)(AD)

9 PM

9.00 **Race Across the World** New edition 2/9. The teams set out on their journey to the second checkpoint in Sanya, one of China's most southerly cities on Hainan Island – but a typhoon threatens to stop all ferries to the island. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Match of the Day: Champions League** Mark Chapman introduces action from the semi-final first-leg ties, as the remaining teams continued their bids to lift the trophy won by Real Madrid last season. (S)
11.25 **Who Do You Think You Are?** 2/8. Journalist and broadcaster Mishal Husain's journey into her family tree takes her from India to the east coast of America, where she discovers some revolutionary ancestors. (S)(R)(AD)
12.25 AM **Pointless Celebrities** (S)(R)
1.10 **Blankety Blank** (S)(R)
1.45 **Weather for the Week Ahead** (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** With Kimberly Wyatt and Ryan Thomas. (S)(R)
9.00 **BBC News** (S)
10.00 LIVE **Snooker: World Championship** Coverage of the morning session on day 12 from the Crucible Theatre in Sheffield, featuring the quarter-finals. (S)
11.15 **Politics Live** (S)
1.00 PM LIVE **Snooker: World Championship** Coverage of the afternoon session on day 12, featuring the quarter-finals. (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great British Railway Journeys** New edition 18/20. Michael Portillo visits Chelmsford. (S)(AD)

8.00 Secret Genius of Modern Life

7 PM

7.00 LIVE **Snooker: World Championship** Coverage of the evening session on day 12 from the Crucible Theatre in Sheffield, featuring the conclusion of two quarter-finals. (S)
■ Continues on BBC4

8 PM

8.00 **Motorway: The Secret Genius of Modern Life** Series finale 5/5. Hannah Fry delves into the world of motorways, visiting the National Highways control centre and learning about the history behind these super-roads. (S)(AD)

9 PM

9.00 **Saving Lives in Cardiff** New edition 4/6. Neurosurgeon Amr Mohamed is pushed to his limit by an unexpected issue during a complex operation to remove a tumour from 41-year-old Alyn's brain. (S)(AD)

10 PM

10.00 **Live at the Apollo** Geoff Norcott introduces Michelle De Swarte and Sean McLoughlin to the stage at the Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** The week's major global news stories. (S)
11.30 **Louis Theroux: The Settlers** The presenter visits the West Bank to meet some of the Israeli settlers living there. (S)(R)(AD)
12.35 AM **Snooker: World Championship Extra** Extended quarter-final action on day 12. (S)
2.35 **Sign Zone: Pilgrimage – The Road Through the Alps** (S)(R)(AD)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts a celebrity special, with Joe Lycett, Chizzy Akudolu and Nick Knowles attempting to guess well-known phrases to win £50,000 for charity. (S)(R)(AD)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7 PM

7.30 **Emmerdale** Caleb and Ruby make a horrifying discovery, Vanessa attempts to get Sarah to come clean, while Tracy confides in John. (S)(AD)

8 PM

8.00 **Coronation Street** Daisy overhears Christina and Dom talking, Carla exposes Betsy for faking her injury, while Maria pours cold water on Gary's ambition. (S)(AD)

9 PM

9.00 NEW SERIES **Genius Game** 1/8. Game show in which host David Tennant guides 11 players with exceptional abilities through a series of mind-bending rounds. *See feature, page 12.* (S)(AD)
■ Continues tomorrow

10 PM

10.15 **ITV News** (S)
10.45 **Local News** (S)
10.55 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.55 **Genius Game** (S)(R)(AD)
12.55 AM **Teleshopping**
3.00 **Tonight: Rising Bills – How to Save Money** A look at what people can do to soften the blow of increasing bills. (S)(SL)(R)
3.25 **The Dry** 6/8. Caroline and Rory agree to open up their relationship, while Ant and his dad try to patch things up. (S1) (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.10 **to 6.00** AM **99 to Beat** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 4-7/22. (S1) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 1-4/24. (S6) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A property search in Correze, France. (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** Richard and Eileen host an outdoor wedding in 40 degree heat. (S)(R)
5.00 **Chateau DIY** New edition Jon and Carmen get to work on a smoke-damaged room at Château de Cézérac. (S)(AD)
6.00 **A Place in the Sun** New edition A couple seek a permanent home on Portugal's Silver Coast. (S)

8.00 Worst House on the Street

7 PM

7.00 **News** (S)

8 PM

8.00 **Worst House on the Street** New edition Scarlette and Stuart Douglas help turn around a property in Leicester. With just £20,000 to hand, the siblings need all of their cost-saving tips and tricks to pull off the project. (S)(AD)

9 PM

9.00 NEW **Groomed: A National Scandal** One-off documentary in which five young women share their experiences of being abused by grooming gangs, exposing failings by police and social services across decades. (S)(AD)

10 PM

10.30 **Building Monaco's Superhomes** Series finale 2/2. Property developer Guy Phoenix comes under pressure to complete his luxury £16million apartment in time for the forthcoming Monaco Grand Prix. (S)(AD)
11.35 **Britain's Most Expensive Houses** Featuring a home overlooking Regents Park Lake. (S)(R)(AD)
12.35 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.25 **Remarkable Places to Eat** (S)(R)
2.20 **The Piano** (S)(SL)(R)(AD)
3.15 **Love My Face** (S)(SL)(R)(AD)
4.10 **Britain's Most Expensive Houses**
4.35 **Kirstie's Fill Your House for Free**
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **A Diet to Die For** Fact-based drama starring Jennifer Grey and Vincent Walsh. (S) (2023, PG, 105min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** It's a sea day on the *Regal Princess* as it cruises from Gibraltar to Marseille. (S)(R)(AD)
5.00 **News** (S)
6.00 **Police Interceptors** An officer pursues a pick-up truck that is being driven at speeds of more than 100mph. (S)(R)(AD)
6.55 **News** (S)

7.00 Shop Smart, Save Money

7.00 **Shop Smart, Save Money** New edition Gaby Roslin and Ortis Deley test three pairs of men's jeans at different price points, with the help of three builders. (S)

7.55 **News** (S)

8.00 NEW **The Drowning of Paula Leeson** One-off documentary examining the death of Paula Leeson, who in June 2017 was found in the pool at a Danish holiday home on during a weekend break with her husband. (S)

10.00 **Ambulance: Code Red** Paramedics rush to the aid of a 53-year-old joiner who has fallen through the first floor of a building, and a 43-year-old man who has cut himself in the abdomen with a chainsaw. (S)(R)(AD)

11.00 **Skin A&E** (S)(R)(AD)
12.00 M'T **Motorway Cops: Catching Britain's Speeders** (S)(R)(AD)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Friends** 20&21/25. (S3) (S)(R)
3.50 **Autumn Gardening with Carol Klein** Tips and advice. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S)(R)
11.00 **Shadowlands** (S)(R)(AD)
12.00 NOON **Manifest** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 10/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *D'Oh-in' in the Wind:* Homer follows in the footsteps of his long-lost mother and becomes a hippie. (S)(R) **5.30** *The Father, the Son and the Holy Guest Star:* Bart becomes a Catholic. (S)(R)
6.00 **The Office (US)** 24/25. Michael, Jim and Karen vie for a corporate position. (S)(R) **6.30** 25/25. Part two of two. Jan decides to move in with a hesitant Michael. (S3) (S)(R)

6.00 The Office (US)

7.00 **The Simpsons** *Lisa Gets an A:* Lisa tries to make amends after cheating in an exam. (S)(R) **7.30** *Homer Simpson in Kidney Trouble:* Homer offers to donate one of his kidneys to Grampa. (S)(R)

8.00 LIVE **Football: WSL** Manchester United v Chelsea: Coverage of the Women's Super League match staged at the Leigh Sports Village. Chelsea are looking to secure their sixth successive league title and their first under the management of Sonia Bompastor – but a win for United would keep them in contention. Kick-off is at 8.15.

10.30 **An Idiot Abroad 2** 6/8. Karl Pilkington travels along America's Route 66. Activities during the journey include performing with a high-school choir and a cuddle party with New Age therapists. (S)(R)(AD)

11.30 **The Force: Manchester** Following the work of Greater Manchester Police. (S)(R)
12.30 AM **Brit Cops: Frontline Crime UK** The work of police officers in Devon and Cornwall. (R)
1.30 **Road Wars** Double bill of the documentary series. (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30pm Politics Scotland New edition (S) **3.15-3.45** Expert Witness (S)(R) **11.25** Debate Night (S)(R) **12.25am** Scotcast (S)(R) **12.55** Pointless Celebrities (S)(R) **1.40** Weather for the Week Ahead (S) **1.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Hardy Bucks New episode (S)

WALES
Sky 968, Freesat 968
No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Welsh Whisperer – Ni'n Teithio Nawr! (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Cosmos **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Sir Benfro (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Cartrefi Cymru New edition **8.55** Newyddion a'r Tywydd **9.00** Bariau (AD) **9.40** Cynefin **10.40-11.45pm** Ar Brawf (AD)

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Gladiators** 10/11. The second semi-final.
7.55 **The Catch Up**
8.00 NEW SERIES **Glow Up: Britain's Next Make-Up Star** 1/8. Ten new make-up artists create looks for fashion house HARRI.
9.00 **Just Act Normal** New episode 5/6. Tiana enjoys a night out with Shanice but things begin to fall apart at home. **9.45** Series finale 6/6. Tiana, Tionne and Dr Feelgood rally together when Tanika goes missing. (S1)
■ Entire series on BBC iPlayer
10.25 **Suits** 11/16. Mike must face ruthless government prosecutor Anita Gibbs. **11.05** 12/16. Mike and Louis must work to identify an anonymous tipster. (S5)
11.50 **Glow Up: Britain's Next Make-Up Star** As 8.00pm.
12.50 AM **Teen Predator/Online Killer** 1-3/3. Documentary.
2.20 **Lazy Susan** Sketch show.
2.35 **to 3.55** AM **Just Act Normal**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Britain's Greatest Generation** 3/4. The story of a man who was captured by the Japanese and put to work on the Burma Railway.
8.00 LIVE **Snooker: World Championship** Coverage of the evening session on day 12 from the Crucible Theatre in Sheffield, featuring the conclusion of two quarter-finals.
10.00 NEW **Jimmy McGovern Remembers... Priest** The screenwriter looks back on his 1994 drama *Priest*.
10.15 **Priest** Jimmy McGovern's one-off drama starring Linus Roache as a tormented Catholic priest who is struggling with his sexuality and his vow of celibacy.
12.00 M'T **Tutankhamun in Colour** Documentary.
1.00 AM **Life of a Mountain: A Year on Blencathra**
2.00 **Davis v Taylor: The '85 Black Ball Final**
3.00 **to 3.35** AM **On Cue with Steve Davis: 1985 World Championship Final**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me**
5.15 **Four in a Bed** The competition begins at the Old Stables in Somerset. **5.45** The second visit of the week is to Rigsby's Guest House in Hertfordshire. **6.20** The third visit is to The Fairway in Blackpool. **6.50** The final visit is to the converted Dent Station in the Yorkshire Dales.
7.25 **Four in a Bed** The week's winner is announced.
7.55 **Kirstie and Phil's Love It or List It** Phil catches up with Amber and Martin from Cambridgeshire, who could not agree what to do with their three-bedroom semi.
9.00 **24 Hours in A&E** Seventy-year-old lung cancer patient Marion is rushed into St George's with suspected sepsis. **10.00** A 12-year-old is airlifted to St George's after he is struck by a motorcycle on his way home from school.
11.05 **Emergency Helicopter Medics** A collision on the M25 creates chaos. **12.05** AM Medics urgently treat a five-year-old child who is suffering seizures.
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *CE D'oh.*
7.00 **Hollyoaks** Accusations are made at the hospital.
7.30 **Married at First Sight Australia** New edition The Final Test week continues and the remaining couples are given a task to test their commitment to one another and help with their decisions at the Final Vows.
9.00 **The Honesty Box** New edition 3/9. The Truth Terrace delivers a shocking revelation, spelling the end for an original couple.
10.00 **Gogglebox** Opinions on *Britain's Got Talent* and *Mary Berry's Elephant Hospital.*
11.05 **Naked Attraction**
12.05 AM **First Dates**
1.05 **Married at First Sight Australia** As 7.30pm.
2.40 **The Honesty Box**
3.35 **The Goldbergs**
4.25 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

Wednesday primetime primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Bull** 15/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Cleaning Lady** 11/12. Thony and Fiona work with the FBI to help Nadia. (S3)
2.00 **Chicago Med** 10/13. Charles searches for answers after a woman's suicide attempt. (S9)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 The Equalizer

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Iron Pipeline:* 1/22. The Fugitive Task Force investigate the murder of a family in Georgia. (S4)

9 PM
9.00 **The Equalizer** New episode *Trust No One:* 12/18. McCall and the team go on the hunt for buried treasure. (S5)

10 PM
10.00 **Fire Country** *Happy to Help:* 7/22. Bode's crew are accused of taking an expensive watch during a fire mop-up. (S1)
11.00 **The Rookie** 21/22. (S5)
12.00 M'T **FBI** 1/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **Law & Order: Special Victims Unit** New episode 5/20. (S26)
3.00 **The Good Doctor** 4/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **Boardwalk Empire** (S3)
10.10 **Billions** (S2)
12.20 PM **Game of Thrones** (S2)
1.20 **My Brilliant Friend** (S4)
2.30 **Das Boot** 1/8. A sequel to the 1981 German film, set during World War Two. Subtitled. (S1)
3.40 **Boardwalk Empire** 2/12. Eli returns to a much-changed Atlantic City. **4.45** 3/12. Nucky's search for Billie is interrupted. (S3)
5.50 **Billions** 1/12. Chuck faces scrutiny from his office. (S2)

11.15 Homicide: Life on the...

7 PM
6.55 **Billions** *Dead Cat Bounce:* 2/12. Axe spars with a rival hedge fund manager, and Chuck tries to salvage his career. (S2)

8 PM
8.00 **Game of Thrones** *The Old Gods and the New:* 6/10. Joffrey's rule prompts the people of King's Landing to riot. (S2)

9 PM
9.00 **The Last of Us** 3/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

10 PM
10.10 **Gangs of London** 6/8. A showdown between Elliot and Zeek leads to a shocking discovery. (S3)
11.15 **Homicide: Life on the Street** 21/22. A radio talk-show host is murdered. (S4)
12.15 AM **Succession** 4&5/10. (S4)
2.45 **The Pacific** 4/10. Leckie and his comrades fall ill. (S1)
3.50 **Game of Thrones** (S2)
4.55 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **Manifest** 7/13. (S3)
9.00 **Stargate SG-1** (S6)
11.00 **Supergirl** 7/23. (S3)
12.00 NOON **Manifest** 8/13. (S3)
1.00 PM **Hawaii Five-0** (S4)
2.55 **Magnum P.I.** 11/20. (S5)
3.45 **Stargate SG-1** 11/22. Part one of two. A reporter threatens to expose a secret military project. **4.40** 12/22. Part two of two. Thor asks for help. (S6)
5.30 LIVE **Football: WSL** Aston Villa v Arsenal: From Villa Park. Kick-off is at 6.00.

3.45 Stargate SG-1

7 PM
LIVE **Football: WSL** (started at 5.30pm)

8 PM
8.00 **Rob & Romesh vs Strongman** Romesh Ranganathan and Rob Beckett enter the world of strongman competitions.

9 PM
9.00 FILM **Game of Death** Martial arts thriller starring Bruce Lee. A famous kung fu movie star fakes his own death as part of a plot to get back at his enemies. (1978, 18, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM
11.00 **Joe Lycett's United States of Birmingham** 2/4. The comedian visits Ohio, the state with most Birminghams.
12.00 M'T **An Idiot Abroad 2**
1.00 AM **Hacks** 4/10. (S4)
1.30 **Supergirl** 6/23. (S3)
2.30 **Road Wars**
3.00 **Magnum P.I.** 11/20. (S5)
4.00 **S.W.A.T.** 10/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 21/22. Zoe finds herself taking the blame when one of her friends falls ill. (S1)
4.00 **Gilmore Girls** 21/22. Logan is discharged from hospital. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests Fiona Bruce, Josie Gibson and Scott Mills.

11.05 Family Guy

7 PM
7.00 **Deal or No Deal** Stephen Mulhern hosts as Meg takes on the Banker for the chance to win a life-changing prize

8 PM
8.00 **Wheel of Fortune** Graham Norton invites Fillie, Craig and Becky to spin the wheel to win a possible £50,000.

9 PM
9.00 **Family Guy** 2/21. Peter's father moves in with the Griffin family. **9.30** 4/21. Brian falls in love with Lois. (S2)

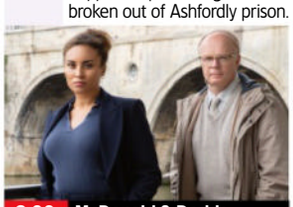
10 PM
10.00 **Plebs** 3/8. Marcus's parents pay a visit. **10.30** 4/8. Grumio is cast to play the part of Cupid in a play. (S3)
11.05 **Family Guy** 2/7. Peter breaks the town's TV transmitter. (S1)
11.35 **American Dad!** (S6&5)
12.30 AM **Bob's Burgers** (S10)
1.25 **Plebs** 3&4/8. (S3)
2.25 **Extraordinary** 3/8. (S1)
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.25 **Agatha Christie's Poirot**
10.35 **The Royal** *Consequences.*
11.40 **Heartbeat** Double bill.
1.40 PM **Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 3/7. Mary is smitten by handsome houseguest Kemal Pamuk. (S1)
6.00 **Heartbeat** *Accidents Happen:* A prisoner gets broken out of Ashfordly prison.


8.00 McDonald & Dodds

7 PM
7.00 **Heartbeat** *C'est La Vie:* A French woman arrives to help with preparations for Aidensfield's twinning with her home town.

8 PM
8.00 **McDonald & Dodds** *Belvedere:* 1/4. A young woman dies in a busy park, and the uncovering of her identity leads Dodds to confront secrets in his own past. Guest stars Alan Davies and Catherine Tyldesley. (S3)

10 PM
10.00 **Scott & Bailey** 5/6. Janet moves a step closer to tracking down Veronica's killer while investigating a recent murder. (S1)
11.00 **Scott & Bailey** 6/6. Rachel avoids being run over. (S1)
11.55 **Cracker** 3/7. (S1)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *Consequences.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 LIVE **Sportscene: Football – Scottish Youth Cup Final** Kilmarnock v Dundee: Coverage of the showpiece match for under-18 teams, held at Hampden Park. Kick-off is at 7.20.
9.30 **Debate Night** New edition Topical discussion on the big issues affecting Scotland and beyond.
10.30 **River City** New episode Lenny sets his plan into motion – with disastrous consequences.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** The criminologist examines two cases of murder by women.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S4)
9.15 **The Conners** (S4)
10.15 **Veep** 1&2/7. (S7)
11.25 **Romantic Getaway**
11.50 **Insecure** 1/8. (S1)
12.25 PM **Curb Your Enthusiasm** (S10)
1.55 **Veep** 1&2/7. (S7)
3.05 **Romantic Getaway**
3.35 **Silicon Valley** (S4)
4.55 **Insecure** 1/8. (S1)
5.30 **The Office (US)** (S3)
6.30 **The Conners** (S4)
7.30 **Curb Your Enthusiasm**
9.00 **The Righteous Gemstones** New episode *On Your Belly You Shall Go:* 8/9. Comedy. (S4)
9.50 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
10.50 **Brett Goldstein: The Second Best Night of Your Life** Stand-up.
12.00 M'T **Entourage** (S7)
1.15 AM **Sex and the City**
2.35 **Girls** 5&6/10. (S2)
3.50 **to 5.00** AM **Silicon Valley**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Classic FM Live: Classical Anthems**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Van Gogh by Vincent**
3.00 **The Art of Architecture**
4.00 **Discovering: Alan Rickman** A profile.
5.00 **Landscape Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Portrait Artist of the Decade** With Judi Dench.
9.30 **Alec Guinness: Class Act**
11.30 **Cold War & Cinema**
12.30 AM **Art Matters**
2.00 NEW SERIES **Classic Movies: The Story of The Ipcress Files**
3.00 **Discovering: Michael Caine** A profile.
4.00 **Sky Arts from Hay**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Border Security: America's Front Line**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 6/7. (S4)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** *Pathfinder:* 10/26. (S6)
8.00 **Hawaii Five-0** (S10)
9.00 **The Rookie** (S3)
11.00 **Grimm** *Over My Dead Body:* 6/22. A Wesen puts a contract out on Monroe. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Backyard Builds**
8.10 **The Family Diaries**
9.10 **Celebrity Homes**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **The Family Diaries**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
7.00 **Celebrity Homes**
8.00 **Dinner Date**
9.00 **The Bardsley Bunch** New edition
10.00 **The Only Way Is Essex**
11.00 **The Fortune Hotel**
12.05 AM **The Only Way Is Essex** Reality series.
1.10 **Be Beautiful**
1.20 **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 14/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 12/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 19/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S8&9)
9.00 **Randall and Hopkirk (Deceased)** *Somebody Just Walked Over My Grave:* 17/26. (S1)
10.00 **The New Avengers** *The Eagle's Nest:* 1/13. Steed investigates colleague's death. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S8&9)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 90s**
6.10 **Minder**
7.10 **The Sweeney**
8.10 **The Saint**
9.20 **Magnum, PI**
10.20 **Kojak**
11.25 **BattleBots** New edition The most outrageous moments.
12.25 PM **The Saint**
1.30 **Magnum, PI**
2.30 **Kojak**
3.35 **Minder**
4.40 **The Sweeney**
5.55 **The Chase** Quiz show.

8.00 Octopussy

7.00 Gallagher Premiership Unleashed Action from the 15th round of the season, including Leicester Tigers v Harlequins.

8.00 FILM **Octopussy** James Bond adventure starring Roger Moore. British secret agent 007 tangles with an international smuggling gang led by the mysterious Octopussy. With Maud Adams and Louis Jourdan. (1983, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 Wrestling: AEW Collision Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Bryan Danielson and Miro.
12.40 AM **Dark Side of the Ring** The story of Gino Hernandez, whose family believed that his death was a drug-related murder for 30 years.
1.35 **Minder**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 9/26. (S5)
2.00 **Atlantis** 3/13. (S2)
3.00 **Stargate Universe** 14/20. (S1)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 9/26. (S5)
6.00 **Star Trek: Enterprise** 20/26. The crew come to the aid of a vessel that has crashed on a desolate planet. (S1)

10.00 The Walking Dead

7.00 Atlantis *Telemon:* 3/13. Ariadne finds it hard to resist when a stranger offers to help save her vulnerable city. (S2)

8.00 Stargate Universe *Human:* 14/20. Lt Scott, Eli, Chloe and Greer explore a planet's underground ruins. (S1)

9.00 Grimm *Double Date:* 15/22. Monroe goes undercover to trap two con-artists who are secretly worm-like creatures. (S4)

10.00 The Walking Dead *Twice as Far:* 14/16. Supply excursions from Alexandria are placed in very real danger. (S6)
11.00 FILM **5-Headed Shark Attack** Sci-fi thriller starring Nikki Howard and Jorge Navarro. (2017, 15, 90min) ★
12.50 AM FILM **6-Headed Shark Attack** Thriller sequel starring Brandon Auret and Thandi Sebe. (2018, 15, 86min) ★★
2.40 **Twin Peaks: The Return** (S1)
3.50 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 13/13. (S1)
11.00 **Hudson & Rex** 14/16. (S6)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 14/16. Charlie and Rex find a stranger dying in their kitchen. (S6)
6.00 **Body of Proof** 11/20. A bride falls to her death on her wedding day. (S2)

10.00 Catch Me a Killer

7.00 The Mentalist *Orange Blossom Ice-Cream:* 3/13. Jane and Lisbon head to Beirut on a mission. With Morena Baccarin. (S7)

8.00 Death in Paradise *Dark Memories:* 7/8. Someone from JP's past is caught red-handed at a murder scene. (S7)

9.00 I, Jack Wright New episode *Fight Like Hell:* 2/6. Gray is pursued by loan shark Eddie. (S1)
■ Entire series on U

10.00 Catch Me a Killer *The Station Strangler – Part One:* 1/11. Drama based on the true story of Micki Pistorius. (S1)
11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 22/24. A spat between Sherlock and Mycroft leads to life-or-death consequences. (S2)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.35 **I Didn't Know You Cared**
10.10 **Hi-de-Hi!**
10.50 **Porridge**
11.25 **Last of the Summer Wine**
12.45 PM **Keeping Up Appearances**
1.25 **I Didn't Know You Cared**
2.00 **Dad's Army**
2.35 **Porridge**
3.15 **Hi-de-Hi!**
3.50 **Last of the Summer Wine**
5.05 **Keeping Up Appearances**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

10.20 Absolutely Fabulous

7.00 Dad's Army A German pilot is trapped on top of the town clock.
7.40 The Vicar of Dibley Local election fever hits Dibley and Geraldine proves to be a popular candidate. **8.20** Geraldine holds a special service for the animals of the village.

9.00 The Fast Show Steve Davis guest stars in the comedy sketch show.
9.40 Bottom The boys visit a dating agency to find their perfect matches.

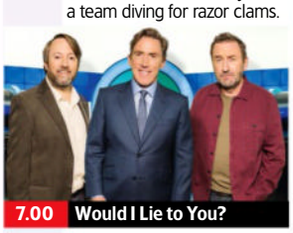
10.20 Absolutely Fabulous Edina goes into a panic when she hits 40.
11.00 **dinnerladies**
11.35 **Miranda**
12.15 AM **The Fast Show**
12.55 **Bottom**
1.35 **dinnerladies**
2.20 **Absolutely Fabulous**
2.55 **Miranda**
3.25 **to 4.00** AM **Absolutely Fabulous**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gordon's Great Escape**
8.00 **Special Ops: Crime Squad UK**
10.00 **Railroad Australia**
11.00 **Outback Pilots**
12.00 NOON **Storage Hunters UK**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The culinary histories of some of Britain's many islands.
6.00 **Rick Stein's Cornwall** Rick creates his version of a Greek Horta pie with foraged greens. **6.30** The seafood chef joins a team diving for razor clams.


7.00 Would I Lie to You?

7.00 Would I Lie to You? With Laurence Llewelyn-Bowen, Jayde Adams, MIST and Ellie Simmonds.
7.40 Richard Osman's House of Games With Rob Deering and Phil Tufnell. **8.20** Andi Oliver, Ivo Graham, Phill Jupitus and Kate Humble take part.

9.00 QI XL Comedians Phill Jupitus, Rich Hall and Jimmy Carr join regular panellist Alan Davies and host Stephen Fry.

10.00 Have I Got a Bit More 2019 News for You Extended compilation edition looking back at the big news of 2019.
11.00 **8 Out of 10 Cats** With Wes Nelson, Scarlett Moffatt, Rosie Jones and Harriet Kemsley.
12.00 M'T **Mock the Week** With Tom Allen and Ed Gamble.
12.40 AM **Would I Lie to You?**
2.00 **Mock the Week**
2.30 **to 4.00** AM **Mike**

+1 hour 211/212 327 74 259

Wednesday 7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** Five editions.
2.30 PM **A Place in the Sun**
3.00 **A New Life in the Sun: Where Are They Now?**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Kirstie and Phil head to Glasgow.
7.00 **George Clarke's Amazing Spaces** An eco-cabin made from disused supermarket delivery van fridges.
8.00 **The Dog House**
9.00 **Gogglebox**
10.00 **The Piano**
11.00 **The Great Celebrity Bake Off for Stand Up to Cancer**
12.05 AM **Secrets of Supermarket Buyers**
1.05 **Celebrity Gogglebox**
2.10 **to 4.35** AM FILM **First Knight** Romantic mythical drama. (1995, PG, 134min) ★★★

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 1-3/20. (S17)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Ephemera:* 16/20. The team investigate the suicide of a retired navy officer. **7.00** *In a Nutshell:* 17/20. The team look into the death of an officer murdered in the same way as his parents. **8.00** *Schooled:* 18/20. The body of a well-regarded navy technician is found in a lake. (S17)
9.00 **Criminal Minds** *Tribute:* 19/22. Emily Prentiss tracks an international serial killer. **10.00** *Inner Beauty:* 20/22. The agents pursue a killer who disfigures their victims. (S11)
11.00 **Law & Order: Special Victims Unit** (S20)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Medical series.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition**
10.00 **A&E: Crash Scene Emergency** A 60-year-old biker has a high impact collision.
11.00 **Skin A&E**
12.00 M'T **Call the Bailiffs: Time to Pay Up**
1.00 AM **The Block** New editions
3.25 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Outback Truckers**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.15 PM FILM **Angel and the Badman** Western. (1947, b/w, U, 100min) ★★★
2.25 FILM **Decision at Sundown** Western. (1957, PG, 77min) ★★
4.00 **Outback Truckers**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** PC Ian Cosgrove attends a serious crash on the M6.
9.00 **Traffic Cops** Officers target the suspected trafficking of drugs.
10.00 **Police: Night Shift 999** A man refused entry to a nightclub pushes officers.
11.00 **Yellowstone** 7/9. (S1)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Michael McIntyre's The Wheel** With AJ Odudu.
5.20 **Gavin & Stacey**
6.35 **Interior Design Masters with Alan Carr**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a puppy that needs treatment for a badly broken leg. **9.00** Pete travels to Northern Ireland to pick up three stray dogs.
10.00 **Stacey Dooley: Inside the Convent**
11.00 **Katie Piper: Locked Up in Louisiana**
12.00 M'T **One Born Every Minute** Documentary.
1.00 AM **Amanda & Alan's Italian Job**
1.30 **to 3.00** AM **My Kitchen Rules: Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.05 AM **At Home with the Braithwaites**
7.55 **Doctors**
9.10 **Holby City**
10.05 **Classic Casualty**
11.25 **The Bill**
12.30 PM **Classic EastEnders**
1.55 **Eldorado**
3.15 **Hetty Wainthropp Investigates**
4.15 **At Home with the Braithwaites**
5.20 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Marple** *Murder at the Vicarage:* A colonel is found dead in the vicarage of St Mary Mead.
10.00 **New Tricks**
11.20 **Bergerac**
12.30 AM **Dancing on the Edge**
1.50 **Sister Boniface Mysteries** 1/10. (S1)
2.50 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Mallorca.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Money for Nothing** Double bill.
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Izzie Balmer and Tim Medhurst conclude their road trip around Wales. **8.00** James Braxton and Irita Marriott search for antiques in Kent.
9.00 **My 600lb Life** New edition A pastor's love of food has made him too big to preach and sing to his congregation.
11.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Who Wants to Be a Millionaire?** Quiz show.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Items include a puzzle box and a surgical light.
7.00 **Who Wants to Be a Millionaire?** Quiz show.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** A team of five teachers and firefighters take part in the quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **FILM The Last Days of Frank and Jesse James** Western. (1985, PG, 99min) ★★★★
10.30 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Panhandle** Western drama. (1948, b/w, U, 85min) ★★
2.55 **FILM Bad Man's River** Western. (1972, 12) ★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM Out of Reach** Action thriller starring Steven Seagal. (2004, 15, 82min) ★
10.55 **FILM Mosquito Squadron** War drama. (1968, U, 90min) ★★
1.00 AM **FILM Lucky Number Slevin** Thriller. (2006, 18, 110min) ★★★
3.30 **to 5.00** AM **Wild West Chronicles**
+1hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Midnight in St Petersburg** Thriller. (1995, 15, 86min) ★★
12.00 NOON **Heathrow: Britain's Busiest Airport**
1.00 PM **FILM I Almost Married a Serial Killer** Thriller. (2019, 12) ★★
3.00 **FILM Living with the Enemy** Crime thriller. (2005, PG, 86min) ★★
5.05 **FILM Garage Sale Mysteries: Pandora Box Murders** Drama. (2018, PG, 85min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Exodus: Gods and Kings** Biblical drama. (2014, 12, 147min) ★★★
12.05 AM **FILM Last Knights** Action adventure. (2015, 15, 112min) ★★
2.30 **Air Rescue** Triple bill.
4.00 **to 6.00** AM **FILM Pregnant and Alone** Drama. (2020, PG) ★★
+1hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Just My Type** Comedy. (2020, PG) ★★
10.05 **FILM Love at the Ranch** Drama. (2020, PG) ★★
12.05 PM **FILM Key to Love** Drama. (2023, U) ★★
2.00 **FILM Hello, It's Me** Romantic drama. (2015, PG, 85min) ★★
3.55 **FILM Picture Perfect Romance** Drama. (2022, U, 89min) ★★
6.05 **FILM The Baker's Son** Fantasy. (2021, PG) ★★
8.00 **FILM Christmas with a Prince: Becoming Royal** Romantic drama. (2019, PG, 92min) ★★
10.05 **FILM Christmas with a Prince: The Royal Baby** Drama. (2022, U) ★★
12.05 AM **FILM Love at the Parade** Romantic drama. (2012, PG, 84min) ★★
2.00 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love on a Limb** Drama. (2016, PG, 90min) ★★
+1hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
8.30 **Arthur C Clarke**
9.00 **Stereo Underground**
10.00 **Surgical Spirit** (S3)
10.30 **Watching** 6/7. (S6)
11.00 **A Fine Romance** (S1)
11.30 **The Monkees** (S1)
12.00 NOON **The Beiderbecke Connection** (S1)
2.00 PM **Mapp and Lucia**
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S1)
5.30 **The Monkees** (S1)
6.00 **Watching** 6/7. (S6)
6.30 **Don't Drink the Water**
7.00 **Mapp and Lucia** (S2)
8.00 **Department S** (S1)
9.00 **Sapphire and Steel**
10.00 **Don't Drink the Water**
10.30 **Game On** (S3)
11.05 **Whose Line Is It Anyway?** Double bill.
12.05 AM **Department S** (S1)
1.00 **Sapphire and Steel**
2.00 **Shine on Harvey Moon**
3.00 **Stereo Underground**
4.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** The Raneys rescue a single-father homesteader in Montana.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Phil and Sig's experiment in trading their deckhands comes to a close. **8.00** The deckhands transfer back to their home boats.
9.00 **Alaska: Homestead Rescue** Oregon homesteaders find their dream in jeopardy following an accident.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Michel Roux's Provence Masterclass**
7.00 **Rachel Khoo: My Swedish Kitchen**
9.00 **Jamie's 15 Minute Meals** Four editions.
11.00 **The Great British Bake Off** Double bill.
1.00 PM **Michel Roux's Provence Masterclass**
2.00 **James Martin's French Adventure**
3.00 **Rachel Khoo: My Swedish Kitchen**
5.00 **Jamie's 15 Minute Meals** Four editions.
7.00 **The Great British Bake Off** Double bill.
9.00 **Ottolenghi's Mediterranean Island Feast** From Corsica.
10.00 **Marcus Wareing's Tales from a Kitchen Garden**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Yum and Yummer** New editions
+1hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 26/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 7/22. (S1)
11.00 **FILM Moby Dick** Thriller. (2010, 12, 87min) ★★
1.00 PM **FILM Gunfighters** Western adventure. (1947, PG, 87min) ★★
2.50 **FILM The Last Command** Western. (1955, PG, 110min) ★★★
5.00 **Star Trek** 20/24. (S3)
6.00 **Knight Rider** 8/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Welcome to the Punch** Crime thriller. (2013, 15, 98min) ★★★
11.00 **FILM Code Name: Geronimo** Drama. (2012, 15, 96min) ★★
1.00 AM **FILM Wheels of Terror** Action drama. (1987, 15, 101min) ★★
3.05 **to 4.50** AM **FILM The Internecine Project** Espionage thriller. (1974, 15, 89min) ★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Triassic Hunt**
8.00 **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
10.00 **Farscape** 12/22. (S4)
11.00 **FILM Warbirds** Drama. (2008, 15, 87min) ★★
1.00 PM **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
3.00 **Farscape** 12/22. (S4)
4.00 **The A-Team** 4/14. (S1)
5.00 **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
7.00 **Farscape** 13/22. (S4)
8.00 **The A-Team** 5/14. (S1)
9.00 **FILM Backdraft** Action drama starring William Baldwin and Kurt Russell. (1991, 15, 131min) ★★★
11.40 **FILM Acts of Vengeance** Drama with Antonio Banderas. (2017, 15, 87min) ★★
1.25 **to 3.00** AM **FILM Aquaslash** Horror comedy. (2020, 15) ★★
+1hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Close Encounters...**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Proof Is Out There**
1.05 **Secrets in the Ice**
2.05 **Pawn Stars**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Close Encounters Down Under**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
10.00 **Mysteries from Above**
11.00 **Bermuda Triangle: Into Cursed Waters**
12.00 M'T **MonsterQuest**
1.00 AM **Close Encounters...**
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Susan Calman's Grand Day Out** Exploring the Channel Islands.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **Walking Victorian Britain** In Birmingham.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Europe's Greatest Train Journeys** Passing mythical sites in Greece.
10.00 **Amazing Railway Journeys with Nick Knowles** From Slovenia.
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover** (S1)
2.00 **Bargain-Loving Brits in the Sun** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Derelict Rescue** Sean and Mary set out to transform a water tower.
9.00 **Rich House, Poor House** A wealthy events manager swaps homes with a couple living in a council house.
10.00 **Home Town Takeover** Ben and Erin add function to a Craftsman owned by a pair of theatre enthusiasts.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **7 Little Johnstons** Reality series.
2.00 PM **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Seeking Sister Wife**
9.00 **Love & Translation** New edition
10.00 **Forbidden Love** New edition
11.00 **Sex Sent Me to the ER**
12.00 M'T **Monsters Inside Me**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Forbidden Love**
3.00 **Sex Sent Me to the ER**
4.00 **Seeking Sister Wife**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S2)
8.00 **Friends** 23/24. Phoebe catches chickenpox. **8.30** 24/24. Rachel's former fiancé gets married. (S2)
9.00 **Kevin Bridges: The Story Continues**
10.00 **8 Out of 10 Cats**
11.00 **Reno 911!** New episode 2/11. Comedy. (S8)
11.30 **Lee Evans Live: The Different Planet Tour**
1.00 AM **Whose Line Is It Anyway? USA**
2.00 **South Park** (S9&10)
3.00 **The Pep Talk**
3.05 **Al Murray: And a Glass of White Wine for the Lady** Stand-up show.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 8&9/13. (S6)
11.00 **Friends** 5-8/24. (S4)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Filming with the Stars**
3.00 **Daria** 6&7/13. (S3)
4.00 **Guessable?**
5.00 **Becker** 8&9/13. (S6)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **South Park** (S1&4)
10.00 **South Park: The End of Obesity** Animated one-off comedy special.
11.05 **South Park: The 25th Anniversary Concert**
1.20 AM **Beavis and Butt-Head Do the Universe**
3.10 **Beavis and Butt-Head**
3.30 **Reno 911!** 6/13. (S3)
3.50 **Becker** 8&9/13. (S6)
4.30 **Al Murray: One Man, One Guvnor Uncut**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Celebrity Four Weddings** Reality series.
9.00 **Four Weddings**
10.00 **Border Security USA**
11.00 **Nothing to Declare**
12.00 NOON **DC's Legends of Tomorrow** (S5)
2.00 PM **Motorway Patrol**
3.00 **Border Security: America's Front Line**
4.00 **Border Security USA**
5.00 **911 Crisis Centre**
6.05 **Blood & Treasure** (S2)
8.00 **Caught on Dashcam**
10.00 **The Force: North East**
11.00 **The Flight Attendant**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** Series outtakes.
2.00 **Last King of the Cross**
3.10 **Duck Quacks Don't Echo** Series highlights.
4.00 **Celebrity Four...**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs UK**
6.25 **16 and Pregnant**
7.15 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The Dramatic**
12.00 NOON **Catfish: The TV Show** Triple bill.
3.00 PM **Catfish: Wannabees**
4.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** New edition
9.00 **Catfish: The TV Show**
10.00 **Sex on the Streets** Examining the lives of three sex workers.
11.00 **The Challenge: All Stars** New edition
12.00 M'T **Ridiculousness** New edition Rob, Steelo, and Nina are joined by *Jersey Shore's* Mike.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs UK**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Roadworthy Rescues**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** A perilous plunge wreaks havoc with Chris McCully's air compressor. **4.00** Shawn moves in on Vernon's spot on Claim 56.
5.00 **Deadliest Catch** Sig is blown off course in extreme seas.
6.00 **Wheeler Dealers: Dream Car** A Porsche Cayman.

10.00 Filthy Fortunes

7.00 **Junkyard Empire** Bobby Cohen spots a British cab at the junkyard and vows to save it, but his son Andy has his doubts.

8.00 **Hoffman Family Gold** When meltwater infiltrates Todd's wash plants, Andy must re-engineer the water circulation system.

9.00 **Filthy Fortunes** In California, Matt Paxton searches for classic motorcycles and rare, high-priced toys.

10.00 **Filthy Fortunes** New edition In New England, Matt tackles the largest hoard he's seen in 20 years of business.

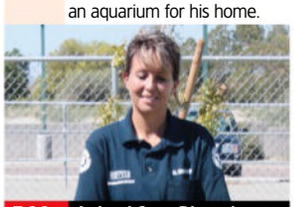
11.00 **Lost Monster Files** The team investigate a mystery involving the Wildman of Minnesota.
12.00 M'T **Mountain Monsters** Jeff learns the grave the team found is related to a morbid tradition.
1.00 AM **Filthy Fortunes**
3.00 **Texas Metal** Documentary.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Animal Cops Phoenix**
10.00 **Dogs 101** Active companions.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Treetop Cat Rescue**
3.00 **Tanked** With Ryan Newman.
4.00 **Bad Dog!** A monkey has free reign of a house.
5.00 **Alaska: Homestead Rescue** The Raneys create a self-automated homestead.
6.00 **Tanked** Nick Carter wants an aquarium for his home.



7.00 Animal Cops Phoenix

7.00 **Animal Cops Phoenix** McHugh tries to save a dog on a motorway, then helps a Chihuahua with a spinal injury.

8.00 **Isle of Jaws: Blood Brothers** Solving the mystery of where great white sharks mate, and where their pups are born.

9.00 **Deadliest Sharks** A look into whether oceanic white tip sharks deserve their reputation as the 'world's deadliest sharks.'

10.00 **Alaska: The Last Frontier** The Kilchers expand a road, while Atz Sr and Bonnie try to salvage vital resources.

11.00 **Swimming with Monsters with Steve Backshall** The naturalist swims with the voracious Humboldt squid.
12.00 M'T **Pit Bulls & Parolees** Tia has high hopes for Richard.
1.00 AM **Alaska: The Last Frontier**
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Disaster Autopsy**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Bloody Tales of the Tower** Documentary.
1.00 PM **The Lost Tomb of Alexander the Great**
2.00 **The Battle for Britain: Drain the Oceans**
3.00 **Nazi Megastructures: Battle Ready** Documentary.
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A 1963 Alfa Romeo.
6.00 **Lost Treasures of Egypt**

8.00 Deconstruction Decoded

7.00 **Air Crash Investigation** Aviation experts examine the events surrounding a mid-air collision over Brazil in September 2006.

8.00 **Destruction Decoded** New edition Some of the most dramatic collapses in history, including the destruction of towers.

9.00 **Construction Fails** When a UK power station reached the end of the road, it took all the power with it.

10.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a Wolseley Hornet, a car that has no manual and requires rare parts.

11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler**
1.00 AM **History: The Interesting Bits** Documentary.
2.00 **Food Factory**
2.30 **Lords of War** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **World War Weird**
7.45 **Storm Stories**
8.45 **Forged in Fire**
9.35 **Dirty Old Cars**
10.05 **Storage Wars**
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Soviet Storm: WWII in the East** Double bill of editions.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** A helmet signed by 28 Heisman Trophy winners.
6.00 **American Pickers**

10.00 Mysteries Unearthed

7.00 **Forged in Fire** Four smiths face an enormous challenge when they must salvage steel from five tons of junk.

8.00 **Evidence of the Unexplained** A look at 'aerial phenomena' and reports of so-called 'first contact' moments.

9.00 **The Curse of Oak Island** New edition Spirits are high and the Fellowship is hopeful as the team dig into Aladdin's cave.

10.00 **Mysteries Unearthed with Danny Trejo** New edition A Chinese curse known for being more than just a myth.

11.00 **World War Weird** A bizarre plan to spray German and Japanese officers with a foul-smelling substance.
12.00 M'T **Kings of Pain**
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **The UnBelievable with Dan Aykroyd** A city where the commute requires a zip line.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **WW2: Battles for Europe**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **WW2: Battles for Europe** Hitler's launch of his counter-offensive against the Allies in the Ardennes.
5.00 **The World at War** The Nazi quest to create an Aryan race.
6.00 **Antiques Roadshow** From Sefton Park in Liverpool.

6.00 Antiques Roadshow

7.00 **Great British Railway Journeys** Michael Portillo arrives in Herne Bay. **7.30** Michael learns about the life of Charlie Chaplin.

8.00 **Great British Railway Journeys** Michael explores the Britain of his youth. **8.30** Michael is in Greater Manchester.

9.00 **Great Canal Journeys** Timothy and Prunella return to the Oxford Canal, where they first fell in love with boating.

10.00 **Bangers & Cash** Derek makes the short trip to a Yorkshire beauty spot to pick up a 1920s style bus that isn't all that it seems.

11.00 **Bangers & Cash** Dave heads to Bolton to pick up a Lancia Fulvia 1.3 Sport.
12.00 M'T **Dream Car Fixers** Peter wants a Triumph Herald Convertible like the one he had when he learned to drive.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM

8 PM

9 PM

10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **The Yorkshire Auction House** Double bill.
10.00 **The Derbyshire Auction House** Irita visits the home of a former popstar and uncovers a never-before-seen photo of an undressed David Bowie.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars** Four editions.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Four editions.
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** The murders of Nicola Fellows and Karen Hadaway.
8.00 **Murder on CCTV**
9.00 **I'd Kill for You** The murder of Mel Dyson.
10.00 **Deadly Women** The case of Jane Carpenter.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Julie Heath.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **New Scotland Yard Files** Police officers investigate the murder of Nisha Patel-Nasri.
8.00 **48 Hours** New edition The story of Colby Trickle, who called 911 and said he woke up to his ears ringing and saw his wife bleeding next to him in the bed.
9.00 **Storm of Suspicion** New edition Investigators try to catch a violent predator lurking around Nashville.
10.00 **Millionaire Murders** New edition The story of Mike Williams, who was rumoured to have drowned.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Millionaire Murders**
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
11.00 **Medical Detectives**
2.00 PM **Murder by the Sea** Gary Hampson's family feared the worst after he missed an appointment. **3.00** A look at the story of Edwin Rose.
4.00 **Medical Detectives** A look into how authorities traced a gun without a serial number. **4.30** Investigating how the FBI identified a St Louis serial killer. **5.00** The hunt for a Philadelphia rapist. **5.30** A family contract deadly illnesses. **6.00** A renowned surgeon is found killed. **6.30** Police suspect a woman of murdering her own husband.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops: Law & Disorder** Documentary.
11.00 **Killer in My Village**
12.00 NOON **The Killer Within**
1.00 PM **Forensics: Catching the Killer** True-crime.
2.00 **Killer Siblings**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **The Killer Within**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Murder Uncut**
10.00 **Forensics: Catching the Killer** Sarah Payne.
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Snapped** Documentary.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

6.00 AM **D-Day 360**
7.00 **Her Name Was Grace Kelly** Profile of the actor.
8.00 **Grand Tours of Scotland**
8.50 **China: Treasures of...**
9.55 **The Six Queens of...**
10.50 **Inside Japan's War**
11.55 **China: Treasures of the Jade Empire**
1.00 PM **Grand Tours of...**
1.50 **China: Treasures of the Jade Empire**
2.55 **The Six Queens of Henry VIII**
4.00 **Inside Japan's War**
5.10 **Grand Tours of Scotland**
5.50 **China: Treasures of the Jade Empire**
6.55 **The Six Queens of Henry VIII**
7.55 **Inside Japan's War**
9.00 **Massacre in Vietnam: My Lai** Documentary.
10.50 **The Six Queens of Henry VIII**
12.00 M'T **Inside Japan's War**
1.10 **to 2.00** AM **Grand Tours of Scotland**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Eighties**
7.00 **Discovering: Hugh Grant**
8.00 **The Directors**
9.00 **Angel City**
10.00 **The Lady and the Dale**
11.00 **Black Widow**
12.00 NOON **Queen of Speed**
2.00 PM **The Janes**
4.00 **The Directors**
5.00 **Discovering: Hugh Grant**
6.00 **The Story of Late Night**
7.00 **Superpowered: The DC Story** 3/3. In order to give a voice to under-represented characters, DC's creators look to a future that is inclusive of everyone in their ever-expanding universe.
8.00 **Black Widow** 3/3. The police finally execute a warrant for Dena Thompson's arrest.
9.00 **The Two Escobars** How the fates of two Colombians were permanently linked.
11.00 **Dave Not Coming Back**
1.00 AM **King of the Apocalypse**
2.45 **Dettori** The life and career of jockey Frankie Dettori.
5.00 **to 6.00** AM **Discovering: Hugh Grant**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **Wild Animal Babies**
11.00 **Shadowlands**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **Wild Animal Babies**
5.00 **Great Blue Wild**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Wild Sky** The Amazon's oxygen-breathing trees.
9.00 **Africa's Underwater Wonders** Unable to swim, life for South Africa's seal pups is tough.
10.00 **Africa's Wild Horizons**
11.00 **Great Blue Wild**
12.00 M'T **Shadowlands**
1.00 AM **Into the Wild: Colombia**
2.00 **Wild Sky** As 8.00pm.
3.00 **Africa's Underwater Wonders**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **History's Greatest Aircraft**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **Secrets of Great British Castles** Arundel Castle.
3.00 **Ancient Superstructures**
4.00 **History's Greatest Aircraft**
5.00 **Mysteries from Above**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **Great Escapes with Morgan Freeman** Efforts to escape penal colony Devil's Island.
9.00 **How Disney Built America** How the Disney brand has become a cultural and worldwide phenomenon.
10.00 **Secrets in the Ice**
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **Secrets of Great British Castles** Arundel Castle.
3.00 **Ancient Superstructures**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Mysteries from Above**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Murdered By Morning**
9.00 **Murder at My Door**
10.00 **Imperfect Murder**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **Murder at the Motel**
3.00 **Murder at My Door**
4.00 **Murdered By Morning**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48**
8.00 **Imperfect Murder**
9.00 **When Missing Turns to Murder** New edition The disappearance of a seven-year-old child.
10.00 **Vanished: The Kamiyah Mobley Story** Documentary.
11.00 **Gypsy Rose: Life After Lock Up**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **When Missing Turns to...**
2.00 **Vanished: The Kamiyah...**
3.00 **Green Eyed Killers**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo**
9.00 **World's Deadliest Snakes**
10.00 **Bizarre Animal Friends**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's National Parks**
3.00 **Europe's New Wild**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** It's breeding season at the zoo as two koalas reunite.
8.00 **OceanXplorers** A look at how Svalbard's polar bears are adapting to their environment. **8.45** The team encounter the bowhead whale and the Greenland shark.
9.30 **When Sharks Attack**
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Monster Fish**
1.00 AM **Lawless Island**
2.00 **Yukon Vet**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Spontaneous Combustion: Investigation X**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Spontaneous Combustion: Investigation X** Exploring the phenomenon of humans inexplicably bursting into flames.
9.00 **Unexplained and Unexplored** Following Justin Fornal and Emiliano Ruprah as they investigate an international conspiracy involving the highest levels of government.
10.00 **How Do They Do It?**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Top of the Pops**
11.05 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.05 **Celebrity Mastermind**
7.00 **The Onedin Line** *A Woman Alone:* 3/14. James is convinced that Anne will not survive on her own after leaving him and vowing never to return. **8.00** Fetch and Carry: 4/14. Mystery surrounds the voyage of the *Samantha*. (S2)
9.00 **Top of the Pops** Triple bill featuring classic chart-toppers.
11.15 **Celebrity Mastermind** With Wayne Sleep, Yvette Fielding, DJ Spoony and Brian Sewell. **11.55** Kaye Adams, Simon Rimmer, Danny Wallace and Nicholas Parsons compete. **12.35** AM Goldie, Paul O'Grady, Gail Emms and Loyd Grossman take part in the quiz show.
1.10 **The Onedin Line**
3.10 **Top of the Pops**
4.55 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Wonderland Murders**
9.00 **Pandora's Box: Unleashing Evil**
11.00 **In Pursuit with John Walsh**
1.00 PM **The Perfect Murder**
3.00 **Evil Lives Here**
5.00 **Homicide City: Charlotte**
7.00 **Faking It: Tears of a Crime** The murder of Shana Grice. **8.00** The case of Ben Butler, who killed his young daughter Ellie while in a rage.
9.00 **Body Cam** A police officer tracks down an armed carjacker and comes under heavy fire. Plus, a stabbing in broad daylight forces the police to take decisive action.
10.00 **Crime Scene Confidential** CSI Alina Burroughs travels to Texas to investigate the 1988 murder of Nancy DePriest.
11.00 **Good Cop, Bad Cop** The murder of a Syrian immigrant in Jacksonville, Florida.
12.00 M'T **In Pursuit with John Walsh**
2.00 AM **Homicide City: Charlotte**
4.00 **to 6.00** AM **Faking It: Tears of a Crime**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** A shed filled with American muscle cars.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers**
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Wheeler Dealers**
1.00 AM **Shed and Buried: Classic Cars** As shown at 12.00noon.
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **G.A.S. Extreme Customs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.35 AM **Between the Temples**
8.35 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
10.20 **Transformers One** Animation. (2024, PG, 104min) ★★★★
12.10 PM **Trap** As 8.00pm.
2.05 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★
4.15 **A Mistake** Medical drama. (2024, 15, 101min) ★★★★
6.05 **Between the Temples** Comedy drama with Jason Schwartzman. (2024, 15, 111min) ★★★★

10.00 Smile 2

8.00 Trap Director M Night Shyamalan's psychological thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. With Ariel Donoghue and Saleka Shyamalan. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Smile 2 Horror thriller sequel starring Naomi Scott and Kyle Gallner. A pop sensation faces increasingly terrifying events, leading her down a dark path into her past. (2024, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **A Mistake** As 4.15pm.
2.15 **Greedy People** Crime comedy starring Himesh Patel and Joseph Gordon-Levitt. (2024, 15, 108min) ★★★★
4.15 **to 6.00** AM **Cuckoo** Horror starring Hunter Schafer. (2024, 15, 102min) ★★★

Sky Cinema Hits

303 303 403 503 517

6.15 AM **A Sacrifice** As 4.10am.
8.05 **The Book of Clarence** Comedy. (2023, 15) ★★★
10.20 **Sweethearts** As 2.20am.
12.00 NOON **The Three Musketeers: Milady** Adventure sequel. (2023, 12, 115min) ★★★★
2.00 PM **It** Horror. (2017, 15) ★★★★
4.15 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
6.00 **You've Got Mail** Romantic comedy starring Meg Ryan. (1998, PG, 114min) ★★★

6.00 You've Got Mail

8.00 Vanilla Sky Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 MaXXXine Thriller starring Mia Goth. In 1980s Hollywood, adult film star and aspiring actress Maxine Minx is stalked by a mysterious killer. With Lily Collins. (2024, 18, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Monkey Man** Thriller. (2024, 18, 121min) ★★★★
2.20 **Sweethearts** Comedy. (2024, 15, 94min) ★★★
4.10 **to 6.00** AM **A Sacrifice** Drama starring Eric Bana. (2024, 15, 94min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Miranda's Victim** (2023)
9.30 **The Last Rifleman** Drama. (2022, 15, 115min) ★★★
11.25 **Jarhead** Military drama. (2005, 15, 123min) ★★★★
1.35 PM **A League of Their Own** Comedy. (1992, PG) ★★★★
3.50 **Dance First** Biographical drama. (2023, 12, 100min) ★★★
5.45 **Spotlight** Fact-based drama. (2015, 15, 129min) ★★★★★

8.00 The Blind Side Fact-based drama starring Oscar-winning Sandra Bullock. A wealthy white southerner adopts a homeless black teenager and spurs him on to sporting success. With Tim McGraw and Quinton Aaron. (2009, 12, 129min) ★★★
10.10 Love Story Romantic melodrama starring Ali MacGraw and Ryan O'Neal as young lovers whose idyllic romance is struck by tragedy. (1970, PG, 100min) ★★★★

11.55 **The Swimmer** Israeli drama. Subtitled. (2021, 18, 84min) ★★★
1.25 AM **The Shamrock Spitfire** Biopic. (2024, 12, 108min) ★★★
3.25 **Miranda's Victim** Drama. (2023, 15, 127min) ★★★
5.40 **to 6.00** AM **The Cinema List: The 90s** With Alex Zane.

Sky Cinema Horror

311 311 411 511 525

7.20 AM **The Pact** As 5.05am.
9.00 **The Ritual** As 1.45am.
10.50 **The Exorcist: Believer** Horror sequel. (2023, 15, 111min) ★★★
12.55 PM **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
2.30 **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
4.40 **The Purge** Horror thriller starring Ethan Hawke and Lena Headey. (2013, 15, 85min) ★★★

6.15 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
8.00 **Ouija: Origin of Evil** Horror prequel with Elizabeth Reaser. When a Ouija board is introduced to a scam seance act, it does more than spice up a stale routine. (2016, 15, 99min) ★★★
9.50 **The Invisible Man** Thriller starring Elisabeth Moss. An abused woman flees for her life, but then fears her apparently dead partner has come after her. (2020, 15, 124min) ★★★★

12.10 AM **Videodrome** Offbeat sci-fi thriller starring James Woods. (1982, 18, 88min) ★★★★
1.45 **The Ritual** Horror thriller. (2017, 15, 94min) ★★★
3.30 **Out of Darkness** As 12.55pm.
5.05 **to 6.40** AM **The Pact** Mystery thriller. (2012, 15, 85min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **Ghost Squad** As 3.45am.
8.15 **Beethoven's 2nd** As 12.45am.
9.50 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★
11.20 **Cats & Dogs: The Revenge of Kitty Galore** (2010, U) ★★
12.45 PM **Paul Blart: Mall Cop** Comedy. (2009, PG, 91min) ★
2.20 **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG) ★★
4.00 **Hook** Fantasy. (1991, U) ★★★
6.25 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★

8.05 Little Vampire

8.05 Little Vampire Animation. A friendship forms between a young vampire and an orphan, but a monster throws obstacles in their paths. (2020, PG, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

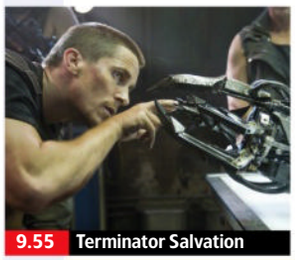
9.35 Jackie Chan's The Tuxedo Action comedy starring Jackie Chan. A chauffeur tries on a secret agent's tuxedo and discovers that it gives the wearer amazing powers. (2002, 12, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Little Vampire** As 8.05pm.
12.45 AM **Beethoven's 2nd** Comedy sequel with Charles Grodin. (1993, U, 89min) ★★
2.20 **A Tiger's Tail** Family drama starring Will Spencer. (2014, U, 81min) ★★★
3.45 **Ghost Squad** Fantasy adventure with Will Spencer. (2015, PG, 86min) ★★★
5.15 **to 7.15** AM **The Horse Dancer** Drama starring Sophie Bolen. (2017, PG, 114min) ★★★

Sky Cinema Action

307 307 407 507 521

6.45 AM **Chappie** As 11.55pm.
8.55 **The Bricklayer** Action thriller. (2023, 15, 110min) ★★
10.50 **Once Upon a Time in China**
1.10 PM **Fast & Furious 5** Action thriller sequel with Vin Diesel. (2011, 12, 130min) ★★★
3.30 **The Mummy** Adventure. (1999, 15, 124min) ★★★★
5.40 **The Mummy Returns** Action adventure sequel with Brendan Fraser and Rachel Weisz. (2001, 12, 129min) ★★★★


9.55 Terminator Salvation

8.00 Mission: Impossible Action thriller based on the cult 1960s TV series, starring Tom Cruise. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Terminator Salvation Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Chappie** Sci-fi action thriller. (2015, 15, 120min) ★★
2.00 AM **Once Upon a Time in China** Martial arts adventure. (1991, 15, 120min) ★★★★★
4.15 **to 6.15** AM **Once Upon a Time in China II** Adventure sequel. (1991, 15, 120min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **The Brits Are Coming**
9.15 **Mr Deeds** Comedy. (2002, 12, 96min) ★★★
11.00 **Sausage Party** Animation. (2016, 15, 89min) ★★★
12.35 PM **David Brent: Life on the Road** Comedy. (2016, 15) ★★
2.15 **The Boss** Comedy. (2015, 15, 89min) ★★★
4.00 **Howard the Duck** Comedy. (1986, PG, 104min) ★★★
5.55 **It's Complicated** Comedy drama. (2009, 15) ★★★★

5.55 It's Complicated

8.00 See No Evil, Hear No Evil Comedy thriller starring Gene Wilder and Richard Pryor. Two men – one deaf, the other blind – are arrested for a murder they didn't commit. With Kevin Spacey. (1989, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Weird Science Teen fantasy comedy starring Kelly LeBrock, Anthony Michael Hall and Ilan Mitchell-Smith. Two high-school nerds use a computer to conjure up their dream woman. (1985, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Buddy Games** Comedy. (2019, 15, 90min) ★
1.10 AM **The Brits Are Coming** Crime caper. (2018, 15) ★
2.50 **Paint** Comedy drama. (2023, 12, 96min) ★★★
4.30 **to 6.00** AM **Am I OK?** Romantic comedy drama. (2022, 15, 86min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **To Catch a Thief** (1955)
8.00 **Barbarians** Horror thriller. (2021, 15, 89min) ★★★
9.40 **Mona Lisa and the Blood...**
11.40 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
2.00 PM **Jack Reacher: Never Go Back** Thriller. (2016, 12) ★★★
4.10 **Mona Lisa and the Blood Moon** Mystery thriller. (2021, 15, 106min) ★★★★
6.10 **Eileen** Psychological thriller. (2023, 15, 97min) ★★★★

8.00 Hypnotic

8.00 Hypnotic Action thriller starring Ben Affleck and Alice Braga. A detective investigates a mystery involving his missing daughter and a secret government programme. (2023, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Inception Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Caddo Lake** Thriller. (2024, 12, 99min) ★★★
2.10 **The Royal Hotel** Thriller. (2023, 18, 91min) ★★★
3.55 **To Catch a Thief** Romantic Hitchcock comedy thriller. (1955, PG, 102min) ★★★★
5.50 **to 7.50** AM **Cult Killer** Thriller. (2024, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Man from Colorado** Western. (1948, PG) ★★★
1.05 PM **The Man Between** Thriller. (1953, b/w, U, 100min) ★★★
3.10 **Ten Tall Men** Adventure. (1951, U, 97min) ★★★
5.10 **The Desert Fox** Biopic. (1951, b/w, PG, 88min) ★★★
6.55 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. (1993, PG, 105min) ★★★★★

9.00 Gemini Man

Sleepless in Seattle (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Gemini Man Action drama starring Will Smith and Mary Elizabeth Winstead. An ageing assassin is targeted by a mysterious enemy that seems able to anticipate his every move. With Clive Owen and Benedict Wong. (2019, 12, 117min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **A Most Wanted Man** Thriller starring Philip Seymour Hoffman. Intelligence agencies try to determine the identity of a victim of torture trying to claim an inheritance. (2014, 15, 119min) ★★★
1.40 **to 3.50** AM **Book Club** Comedy drama starring Diane Keaton and Jane Fonda. (2018, 12, 104min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Apocalyptic

302 302 402 502 516

6.25 AM **Pompeii** As 2.30am.
8.15 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
9.50 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
11.20 **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
1.10 PM **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
3.15 **World War Z** Action thriller. (2013, 15, 116min) ★★★★
5.20 **2012** Epic disaster drama. (2009, 12, 158min) ★★★
8.00 **Children of Men** Sci-fi thriller based on the novel by PD James, with Clive Owen, Michael Caine and Julianne Moore. (2006, 15, 109min) ★★★★★
10.00 **Furiosa: A Mad Max Saga** Fantasy adventure starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2023, 15, 148min) ★★★★
12.30 AM **Blade Runner** Thriller. (1982, 15, 130min) ★★★★★
2.30 **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★
4.20 **The War of the Worlds** Thriller. (1953, PG, 85min) ★★★★
5.50 **to 6.05** AM **The Cinema List: Spectacular Sci-Fi**

Sky Cinema Greats

304 304 404 504 518

6.35 AM **Five Easy Pieces** Drama. (1970, 15, 98min) ★★★★★
8.15 **Stalag 17** As 3.50am.
10.20 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
12.25 PM **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
2.10 **Robin Hood: Prince of Thieves** Fantasy adventure starring Kevin Costner. (1991, PG, 138min) ★★
4.35 **The Return of the Pink Panther** Crime comedy sequel. (1974, PG, 113min) ★★★
6.30 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
8.00 **Raiders of the Lost Ark** Steven Spielberg's rollicking adventure movie starring Harrison Ford. (1981, PG, 115min) ★★★★★
10.00 **Pulp Fiction** Quentin Tarantino's black comedy thriller starring John Travolta and Bruce Willis. (1994, 18, 154min) ★★★★★
12.40 AM **The Deer Hunter** Michael Cimino's Oscar-winning drama with Robert De Niro, Christopher Walken and Meryl Streep. (1978, 18, 183min) ★★★★★
3.50 **to 6.00** AM **Stalag 17** World War Two comedy drama. (1953, b/w, PG, 120min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.25 AM **Batman: Return of the Caped Crusaders** As 2.15am.
8.50 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
10.10 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
11.05 **Monster House** Animation. (2006, PG, 91min) ★★★★
12.50 PM **Captain Underpants** Animation. (2017, U) ★★★★
2.25 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
4.00 **Kung Fu Panda 2** Animated comedy adventure sequel. (2011, PG, 90min) ★★★★
5.45 **Happy Feet** Animated comedy. (2006, U, 108min) ★★★★
7.45 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
9.40 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
11.10 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
12.30 AM **The Inventor** Animation. (2023, PG, 100min) ★★★
2.15 **Batman: Return of the Caped Crusaders** (2016, PG) ★★★★
3.40 **Spirit: Stallion of the Cimarron** Animation. (2002, U) ★★★
5.10 **to 6.45** AM **The Inseparables** Animation. (2023, U) ★★★

Movies 24

312 313 419

7.00 AM **Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
9.00 **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
11.00 **The Love Subscription** Romantic comedy drama. (2023, PG, 86min) ★★
1.00 PM **Campfire Romance** Comedy. (2022, PG, 90min) ★★
3.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
5.00 **Dare to Say Yes** Romantic drama starring Amy Douglass. (2023, PG, 87min) ★★
7.00 **The Presence of Love** Romantic drama starring Eloise Mumford and Julian Morris. (2022, PG, 84min) ★★
9.00 **Rip in Time** Romantic fantasy drama starring Torrey DeVitto and Niall Matter. An organic farmer falls for a man who claims to have travelled through time from the year 1787. (2022, PG, 84min) ★★
11.00 **A Very Venice Romance** Comedy. (2023, PG, 84min) ★★
1.00 AM **The Story of Love** Comedy. (2022, PG, 91min) ★★
3.00 **to 5.00** AM **Be Mine, Valentine** Comedy. (2022, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.05 **Tread Softly** Crime thriller. (1952, b/w, PG, 70min) ★★★
8.35 **There Was a Young Lady** Comedy starring Dulcie Gray. (1952, b/w, U, 85min) ★★
10.15 **Look at Life**
10.25 **The Fabulous Dorseys** Musical. (1947, b/w, U, 91min) ★★
12.10 PM **Captain Pirate** Adventure. (1952, U, 85min) ★★
1.55 **The Brothers** 8/14. (S4)
3.00 **Return of the Texan** Drama. (1952, b/w, U, 88min) ★★★
4.45 **A Town Like Alice** World War Two drama starring Virginia McKenna and Peter Finch. (1956, b/w, PG, 111min) ★★★★
7.00 **Z Cars** 10/13. (S11)
8.00 **Manhunt** 22/26. (S1)
9.05 **Maigret** 2/3. (S9)
10.55 **An Affair in Mind** Thriller based on a Ruth Rendell novel, starring Amanda Donohoe. (1988, 12, 90min) ★★★
12.45 AM **The Secret of Seagull Island** Thriller with Prunella Ransome. (1982, 15, 102min) ★★★
2.50 **Patterns of Power** Drama. (1956, b/w, U, 83min) ★★★
4.30 **to 6.00** AM **The Voice Within** Crime drama with Kieron Moore. (1946, b/w, PG, 74min) ★★★

WEDNESDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show**
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
12.30 PM **LIVE Horse Racing** The Turf flat continues at Doncaster and Ascot has National Hunt racing today.
3.00 **LIVE IPL Chennai Super Kings v Punjab Kings.** Coverage of the T20 match from M. A. Chidambaram Stadium, Chennai.
5.30 **LIVE WSL Aston Villa v Arsenal.** Coverage of the Women's Super League match from Villa Park. Kick-off **6.00pm**.
8.00 **LIVE WSL Manchester United v Chelsea.** Coverage of the Women's Super League match from Leigh Sports Village. Chelsea are looking to secure their sixth successive league title and their first under the management of Sonia Bompastor, but a win for United would keep them in contention. Kick-off **8.15pm**.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League Highlights** Brighton v West Ham United. **1.30** Highlights of Newcastle United v Ipswich Town. **2.00** Wolves v Leicester City. **2.30** Southampton v Fulham.
3.00 **Premier League Highlights**
5.00 **PL Best Goals 2011/12**
6.00 **Premier League 100: Peter Schmeichel** A look back at the career of the former goalkeeper.
6.30 **Premier League 100 Club**
7.00 **Premier League Stories**
7.30 **PL 100: Jimmy Floyd Hasselbaink** Top-flight goals.
8.00 **Premier League Review**
9.00 **Premier League Stories**
9.30 **PL 100: Peter Crouch**
10.00 **Premier League Icons**
11.00 **Premier League Years** Memorable moments from the 2015/16 season.
1.00 AM **PL Retro** A replay of Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Retro League One**
8.00 **EFL Cup Highlights**
8.30 **EFL** Goals from 2017/18.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **EFL** Reading v Swansea City.
12.00 NOON **EFL Greatest Games**
12.30 PM **Scottish Premiership Round-Up** Top-flight action.
12.45 **SPFL Highlights**
1.00 **EFL Highlights**
2.00 **Bundesliga Highlights Show**
3.00 **EFL Highlights**
4.45 **SPFL Highlights**
5.00 **EFL Greatest Games**
5.30 **LIVE WSL Aston Villa v Arsenal.** Coverage of the Women's Super League match from Villa Park. Kick-off **6.00pm**.
8.00 **LIVE WSL Manchester United v Chelsea.** The Women's Super League match staged at Leigh Sports Village. Kick-off **8.15pm**.
10.30 **EFL Highlights** Championship.
11.30 **WSL** Manchester Utd v Chelsea.
12.00 M'T **EFL Highlights**
1.00 AM **EFL** Bolton v Oxford.
2.00 **EFL Highlights**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A chance to see Delhi Capitals v Kolkata Knight Riders.
10.10 **Ashes Greats** Action from 2005.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM **LIVE IPL Chennai Super Kings v Punjab Kings.** Coverage of the T20 match from the M. A. Chidambaram Stadium, Chennai. Punjab won this meeting last year thanks to a seven-wicket victory. Chennai made 162-7 in their 20 overs, but it wasn't enough as Bairstow hit 46 from 30 balls to lead Punjab to victory.
7.00 **LIVE Pakistan Super League Lahore Qalandars v Islamabad United.** Coverage of the T20 match at Gaddafi Stadium. These two sides met on the opening day of last season as the visitors came away with an eight-wicket victory.
8.00 **Best of ICC WT20**
9.00 **IPL** Highlights of Chennai Super Kings v Punjab Kings. **10.00** Action from Delhi Capitals v Kolkata Knight Riders.
11.00 **Pakistan Super League**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **LPGA Tour Golf**
10.00 **The Greatest Solheim Cup**
12.00 NOON **LPGA Tour Golf**
4.00 PM **The Open Zone**
4.30 **Roots** Annika Sorenstam profile.
5.00 **DP World Tour Golf**
6.00 **PGA Tour Champions** Highlights of the Mitsubishi Electric Classic.
7.00 **PGA Tour: The Cut**
7.30 **DP World Tour Golf** Action from the Hainan Classic.
8.30 **PGA Tour Golf** Highlights from the Zurich Classic of New Orleans.
9.30 **PGA Tour Champions** The Mitsubishi Electric Classic.
10.30 **DP World Tour Golf** Action from the Hainan Classic.
11.30 **PGA Tour: The Cut** Behind the scenes of the PGA Tour.
12.00 M'T **PGA Tour Golf** Action from the Zurich Classic of New Orleans.
1.00 AM **PGA Tour Champions**
2.00 **DP World Tour Golf**
3.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of day nine of the Madrid Open, a clay-court tournament in Madrid, Spain.
7.00 PM **LIVE WTA & ATP Tennis** Further coverage of day nine of the Madrid Open staged at Park Manzanares in Madrid, Spain.
11.00 **WTA Tennis** Miami Open review.
11.30 **ATP Tour This Week**
12.00 M'T **ATP Tennis** Monte-Carlo.
1.00 AM **US Open Classic Matches**
2.00 **Bitesize Tennis** Highlights.
2.45 **Frances Tiafoe Podcast 2024**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Isuzu A-League Highlights**
6.30 **Premier League Stories**
7.00 **Premier League Review**
8.00 **Marathons** Boston Marathon. **9.00** The London Marathon.
10.00 **NWSL** Highlights from Orlando Pride v Angel City FC. **11.00** Action from Washington Spirit v NJ/NY Gotham FC.
12.00 NOON **SailGP: Racing on the Edge** A look at SailGP and the sport's best athletes.
12.30 PM **LIVE Men's Cycling Pro Series** Coverage of stage four of the Tour of Turkey, a 115.4km route from Marmaris to Akyaka.
2.30 **LIVE Cycling** Coverage from the men's first stage of the Tour of Romandy, starting in Munchenstein and finishing in Fribourg.
5.00 **Premier League Review**
6.00 **The Football's On**
7.00 **LIVE UEFA Champions League** Coverage from a semi-final first-leg. Kick-off **8.00pm**.
10.30 **Match Officials Mic'd Up**
11.00 **The Club That George Built**
12.30 AM **LIVE NBA** Coverage tonight's play-off match.
3.00 **NBA Classic** From 2012/13.
5.00 **to 6.00** AM **NBA Originals**

TNT Sports 2

411 414 522 409 431

6.00 AM **British Speedway**
7.00 **Formula E Flashback**
7.30 **The Rugby Review**
8.15 **NBA on Fire** The latest news.
8.45 **MotoGP Rewind**
9.00 **Ninja A-League Women Highlights** The elimination finals.
9.30 **Men's Cycling** Recent action.
10.30 **Men's Cycling Pro Series**
11.30 **WRC Review** Rally Islas Canarias.
12.30 PM **MLB Plays of the Week**
1.00 **MLB Highlights** Baseball action.
2.00 **NBA** Two play-off matches.
5.00 **Ultimate Pool** Highlights.
6.30 **MLB Highlights** Baseball action.
7.30 **MLB Plays of the Week**
8.00 **LIVE MLB Los Angeles Dodgers v Miami Marlins.** Coverage of the National League match staged at Dodger Stadium. Start-time **8.10pm**.
11.15 **Premier League Reload**
11.30 **LIVE MLB Philadelphia Phillies v Washington Nationals.** Coverage of the National League match at Citizens Bank Park. Start-time **11.45pm**.
2.45 AM **MotoGP Rewind**
3.00 **MotoGP Classics: Suzuka 1994**
4.00 **MotoGP Classics: Suzuka 1995**
5.00 **to 6.00** AM **MotoGP Classics**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **PDC Classics** Archive action.
7.00 **Premier League Darts**
11.00 **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **Super Bowl LIX Highlights** Kansas City Chiefs v Philadelphia Eagles at Caesars Superdome.
4.00 **Top Rank Boxing Archive** A chance to see James Toney v Mike McCallum from 1991.
5.15 **Women's State of Origin** Queensland Maroons v New South Wales Blues.
5.30 **NBC's Pro-Football Talk**
7.30 **Premier League Darts** Another chance to see night 12 of the tournament staged at M&S Bank Arena in Liverpool.
11.30 **NFL Bitesize Highlights** Action from Philadelphia Eagles v Washington Commanders. **11.45** Highlights of Philadelphia Eagles v Atlanta Falcons.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **NFL Bitesize Highlights** Action from Philadelphia Eagles v Los Angeles Rams.
1.15 **Women's State of Origin**
2.00 **Super League** Leeds v Hull KR.
4.45 **Women's State of Origin**
5.30 **to 6.00** AM **My Icon**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **The Football Show** A detailed look at the major stories making the football headlines this morning.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **Sports Centre**
7.00 **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews with headline-makers.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
1.00 AM **Premier League Darts** Another chance to see night 12 of the tournament at M&S Bank Arena in Liverpool, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals were Luke Humphries v Nathan Aspinall, Michael van Gerwen v Luke Littler, Rob Cross v Stephen Bunting, and Gerwyn Price v Chris Dobey.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **IPL** Recent highlights.
8.00 **Pakistan Super League**
9.00 **DP World Tour Golf**
10.00 **PGA Tour Golf**
11.00 **PL Greatest Games**
12.00 NOON **EFL Greatest Games**
1.00 PM **IPL** Recent highlights.
2.00 **PL Greatest Games**
2.30 **Best of ICC WT20** From 2014.
2.45 **Ashes Greats** Andrew Flintoff.
2.55 **Pakistan Super League**
3.50 **LIVE Pakistan Super League Lahore Qalandars v Islamabad United.** Coverage of the T20 match at Gaddafi Stadium. These two sides met on the opening day of last season as the visitors came away with an eight-wicket victory.
8.00 **Best of ICC WT20**
8.30 **Ashes Greats** Archive action.
9.00 **PGA Tour Golf** Highlights.
10.00 **Premier League Darts**
2.00 AM **Fight Night International**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Men's Cycling**
7.00 **Men's Cycling Pro Series**
8.00 **Snooker World Championship**
10.00 **LIVE Snooker World Championship** The first session on the second day of the quarter-finals from the Crucible Theatre.
1.00 PM **Ally's Social Club**
1.30 **British Speedway**
2.30 **LIVE Snooker World Championship** The second session on the second day of the quarter-finals from Sheffield.
5.30 **Serie A – Full Impact**
6.00 **TNT Sports Reload**
6.30 **LIVE Snooker World Championship** The third session on the second day of the quarter-finals in Sheffield.
10.00 **IFSC Climbing World Cup**
12.00 M'T **UEFA Champions League**
1.00 AM **Snooker World Championship** The 12th day.
3.00 **Men's Cycling** Recent action.
5.00 **to 6.00** AM **British Speedway**

TNT Sports 4

414 416 524 411 434

6.00 AM **Ally's Social Club**
6.30 **AFL** Recent action.
2.00 PM **IFSC Climbing World Cup Highlights** From Wujiang, China.
3.00 **The Rugby Review**
3.45 **UEFA Europa League & Conference League Magazine**
4.45 **Premier League Reload**
5.00 **MotoGP Films**
6.30 **Discovery Golf**
7.00 **Ninja A-League Women Highlights** The elimination finals.
7.30 **Isuzu A-League Highlights**
8.00 **Men's Cycling Pro Series** The fourth stage of the Tour of Turkey.
9.00 **Cycling** The first stage of the Men's Tour of Romandy.
10.00 **MotoGP Highlights** Action from the MotoGP Grand Prix of Spain.
11.00 **British Speedway** Action from King's Lynn Stars v Oxford Spires.
12.00 M'T **Gallagher Premiership Rugby Union** Recent action.
5.00 AM **The Rugby Review**
5.45 **to 6.00** AM **MotoGP Rewind**

Premier Sports 1

419 551

6.00 AM **Asian Le Mans Series**
7.00 **World Surf League**
8.00 **LaLiga Highlights**
9.00 **Ultimate Karting Championship**
10.00 **DTM Highlights**
11.00 **Transworld Sport** Magazine.
12.00 NOON **World Surf League**
1.00 PM **NHL Tonight**
2.00 **URC in 60** Recent action.
3.00 **PSA Squash Highlights**
4.00 **NASCAR Highlights**
5.00 **DTM Highlights**
6.00 **Viva LaLiga** The latest news.
7.30 **Women's Football Weekly**
8.00 **PSA Squash Highlights**
9.00 **Ultimate Karting Championship**
10.00 **DTM Highlights**
11.00 **Women's Football Weekly**
11.30 **Sporting Countdowns**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Top 14 Rugby Union**
3.30 **Women's Football Weekly**
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **DTM Highlights**

Premier Sports 2

420 552

6.00 AM **LaLiga** Valencia v Espanyol.
8.00 **Top 14 Rugby Union**
10.00 **Bike World** Magazine.
10.30 **FastZone** Motorsports highlights.
11.00 **Champions Cup**
1.00 PM **GP Confidential**
1.30 **Indy Autonomous Challenge**
2.00 **LaLiga News**
2.30 **Temples of Sport**
3.00 **FastZone** Motorsports highlights.
3.30 **Bike World** Magazine.
4.00 **United Rugby Championship** A chance to see Ulster v Sharks. **6.00** Ospreys v Dragons.
8.00 **GP Confidential** All the latest Formula One news.
8.30 **FastZone** Motorsports highlights.
9.00 **LaLiga** Another chance to see Barcelona v Mallorca.
11.00 **NHL Ice Hockey** Another chance to see a play-off match.
1.00 AM **Temples of Sport**
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.00 **to 6.00** AM **NHL: This is Hockey**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Miami Grand Prix.
9.00 **Formula 1** Action from the 2023 and 2024 Las Vegas Grand Prix.
11.00 **Graham Hill: World Champion**
11.30 **Formula 1** Chinese Grand Prix. **12.30** PM Japanese Grand Prix.
2.45 **Eddie Jordan: In Memoriam**
2.55 **F1 Feature**
3.00 **Formula 1** Bahrain Grand Prix.
5.15 **Naomi & Oscar Piastri**
5.25 **F1 Feature**
5.30 **Formula 1** A chance to see the Saudi Arabian Grand Prix.
7.45 **F1 Features**
8.00 **Formula 1** Highlights of the Miami Grand Prix from 2022-2024.
1.00 **to 6.00** AM **The Home of F1**

Thursday

1 May

Evening Planner

Thursday

OnDemand

prime

Another Simple Favor

Available today

Comedy sequel in which jailbird Emily (Blake Lively) asks Stephanie (Anna Kendrick) to be her maid of honour.

NEW

OnDemand

NETFLIX

The Four Seasons

Available today

An eight-part comedy charting the unravelling of a long friendship between a trio of married couples.

NEW

Documentary

NEW

VE Day 80: We Were There

BBC2, 9pm

Rachel Burden speaks to Britain's last veterans about their memories of the end of World War Two on 8 May 1945.

Entertainment

NEW

Taskmaster

C4, 9pm

Mathew Baynton and Rosie Ramsey take part alongside Fatiha El-Ghorri, Jason Mantzoukas and Stevie Martin.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Interior Design Masters with Alan Carr		9.00 Ambulance		10.00 News; Local News	10.40 Would...
	102 BBC2	7.00 Snooker: The World Championship Live		8.00 Digging for Britain		9.00 VE Day 80: We Were There		10.00 Detectorists	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Genius Game		10.15 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bad Dog Academy		9.00 Taskmaster		10.00 Ramsay's Kitchen Nightmares USA	
	105 5	7.00 Michael Portillo's Travel Diaries		8.00 The Yorkshire Vet		9.00 The Plot to Murder Holly Willoughby			10.30 The Baby...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 An Idiot Abroad 2		9.00 Gangs of London		10.00 The Essex Murders	
ENTERTAINMENT	115 BBC3	7.00 Gladiators		8.00 Dragons' Den US – Shark Tank		9.00 Man Like Mobeen		10.00 Film: The Beach	
	116 BBC4	7.00 Britain's Greatest Generation		8.00 Snooker: The World Championship – Live				10.00 Film: West Side Story	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy		10.00 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	◂ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Car S.O.S.			
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia			9.00 The Inbetweeners		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	◂ 6.55 Billions		8.00 Game of Thrones		9.00 Gangs of London		10.00 Penelope	
	110 U&GOLD	◂ 6.50 Dad's Army	7.30 The Vicar of Dibley			9.00 The Fast Show	9.40 Bottom		10.20 Mrs Brown's Boys
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Scott & Bailey	
	120 ITV4	7.00 The Motorbike Show		8.00 Underwater Grand Fishing Adventure		9.00 Film: Mad Max 2			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: National Lampoon's Loaded Weapon 1			10.35 Whose...
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad 2		9.00 Peacemaker		10.00 Resident Alien	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Movies: The Story of The...		9.00 Film: The Ladykillers			
	132 U&W	◂ 6.35 Interior Design Masters with Alan Carr		8.00 Ambulance Australia		9.00 Katie Piper: Locked Up in Louisiana		10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Junkyard Empire		8.00 Hoffman Family Gold		9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Project Grizzly				10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.		9.00 David Blaine Do Not Attempt	9.45 Northwoods Survival		10.45 Air...
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Mysteries from Above	
	155 U&YESTERDAY	7.00 Great British Railway Journeys		8.00 Bangers & Cash: Restoring Classics				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 The Anarchists		8.00 The Wimbledon Kidnapping				10.00 The Essex Murders	
FILMS – Sky Cinema	301 PREMIERE	◂ 6.10 A Mistake		8.00 Trap				10.00 Twisters	
	302 APOCALYPTIC	◂ 6.00 Children of Men		8.00 Arrival				10.00 Blade Runner	
	303 HITS	◂ 6.05 Jackie Chan's The Tuxedo		8.00 Blue Beetle					10.10 The Flash
	304 GREATS	◂ 6.20 The Naked Gun 2½: The Smell of Fear		8.00 Indiana Jones and the Temple of Doom				10.05 The Deer Hunter	
	305 ANIMATION		7.10 Surf's Up		8.45 Two by Two				10.20 The Adventures of...
	306 FAMILY		7.05 Batteries Not Included			8.55 Patch Adams			
	307 ACTION	◂ 6.05 Mission: Impossible		8.00 Mission: Impossible – Dead Reckoning Part One					
	308 COMEDY	◂ 5.50 Baywatch		8.00 School of Rock				10.05 Dinner for Schmucks	
	309 THRILLER	◂ 5.50 The Bourne Identity		8.00 Inception					10.30 Sleepers
	310 DRAMA	◂ 6.40 Boy Meets Boy		8.00 Horizon: An American Saga – Chapter 1					
	311 HORROR	◂ 6.20 The Nun		8.00 The Nun II				10.00 Videodrome	
	313 FILM4	◂ 6.15 Midway				9.00 Nope			
SPORT	401 MAIN EVENT	7.00 Premier League – Live: Nottingham Forest v Brentford (Kick-off 7.30)						10.00 Premier League Darts – Live	
	402 PREMIER LEAGUE	7.00 Premier League – Live: Nottingham Forest v Brentford (Kick-off 7.30)							10.15 The Big Interview
	403 FOOTBALL	7.00 EFL Highlights		8.00 Scottish...	8.30 WSL	9.00 Bundesliga	9.30 Bundesliga Weekly	10.15 SPFL	10.30 EFL Highlights
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL		10.00 Pakistan Super League Highlights	
	410 TNT SPORTS 1	7.00 UEFA Europa League – Live: Coverage of a semi-final first-leg tie (Kick-off 8.00)							10.30 PL Netbusters
	411 TNT SPORTS 2	7.00 UEFA Conference League – Live: Coverage of a semi-final first-leg tie							10.30 The Football's...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Rip Off Britain** New edition (S)
10.15 **Dr Xand's Con or Cure** New edition The dangers of nicotine pouches and patches. (S)
10.45 **Animal Park** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Hampshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition (S)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Bidding Room** New edition Featuring an oxygen dispenser. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Interior Design Masters

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** A dangerous situation unfolds at Harry's Barn, Barney worries for Avani, and Anna attempts to build bridges. (S)(AD)

8 PM

8.00 **Interior Design Masters with Alan Carr** New edition 4/8. Tonight, the remaining designers create a home from home for dogs at Battersea, with Sue Perkins helping Michelle Ogundehin to judge their efforts. (S)(AD)

9 PM

9.00 **Ambulance** New edition *After Dark:* 2/6. Paramedics on a nightshift rush to help an eight-year old in the grip of a sickle cell crisis and assist an elderly man who has suffered catastrophic trauma after a fall downstairs. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Would I Lie to You?** Rob Brydon hosts as guest panellists Jo Brand, Amol Rajan, Lucy Martin and Joe Wilkinson join team captains Lee Mack and David Mitchell. (S)(R)
11.10 **Elections 2025** Laura Kuenssberg introduces coverage of the outcomes of local council and mayoral elections. Professor Sir John Curtice is on hand to offer vast psephological knowledge and insights. Plus, representatives of all the main political parties give their reaction to the emerging political landscape. (S)
3.00 AM **Weather for the Week Ahead** Seven-day forecast. (S)
3.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Escape to the Country** (S)(R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.50 PM **Lifeline** (S)(R)
1.00 LIVE **Snooker: World Championship** Coverage of the opening session of the first semi-final on day 13 from the Crucible Theatre in Sheffield. (S)
4.00 **Natural World: Jimmy and the Wild Honey Hunters** (S)(R)(AD)
5.00 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** Johnny Cochrane, Shobna Gulati, Dermot Murnaghan and Laura Smyth take part. (S)(R)
6.30 **Great British Railway Journeys** New edition 19/20. Michael Portillo arrives in the Essex market town of Witham. (S)(AD)

6.30 Great British Railway Journeys

7.00 LIVE **Snooker: World Championship** Evening session coverage of the second semi-final on day 13 at the Crucible Theatre. (S)
■ Continues on BBC4

8.00 **Digging for Britain** 5/6. Archaeologists in Somerset are blown away by the discovery of an entirely new Roman town in the intended pathway of some new electricity cables. (S)(R)(AD)

9.00 NEW **VE Day 80: We Were There** As the nation marks 80 years since the end of World War Two in Europe, Rachel Burden speaks to Britain's last veterans about their memories of the VE Day celebrations in 1945. (S)(AD)

10.00 **Detectorists** 4/6. Andy has a job interview, while Lance has a lot of catching up to do. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 FILM **The Heart of Me** Romantic period drama set in 1930s London, starring Helena Bonham Carter, Paul Bettany and Olivia Williams. (S) (2002, 15, 95min) ★★
12.35 AM **Sign Zone: Saving Lives in Cardiff** Documentary. (S)(R)(AD)
1.35 **Sign Zone: Doctor Who** (S)(R)(AD)
2.25 **Sign Zone: Pilgrimage – The Road Through the Alps** (S)(R)(AD)
3.25 **Sign Zone: Amol Rajan Interviews... Gary Lineker** (S)(R)
4.10 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show, with Jenny Ryan, David Baddiel and Hollie Arnold trying to guess the well-known phrases to win £50,000 for charity. (S)(R)(AD)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Steph succumbs to a full meltdown, Billy is in despair, and Cain makes a decision. (S)

8.30 **Tonight: After the Inferno – LA from the Ashes** New edition Romilly Weeks explores the impact of the Los Angeles wildfires, with residents, workers and businesses facing a slow and often overwhelming journey to rebuild. (S)

9.00 **Genius Game** New edition 2/8. David Tennant hosts as the 10 remaining players are set against one another in a game in which they must navigate their way through a zombie apocalypse and emerge triumphant. (S)(AD)

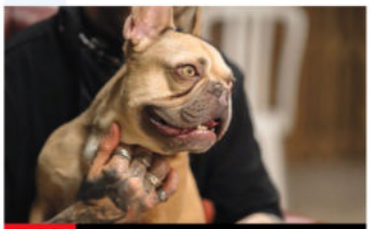
10.15 **ITV News** (S)
10.45 **Local News** (S)
10.55 **Bradley & Barney Walsh: Breaking Dad** 5/6. In Bangkok, the pair visit a floating market on a turbo longtail speedboat. (S)(R)(AD)
11.30 **For the Love of Dogs with Alison Hammond** (S)(R)(AD)
11.55 **Gallagher Premiership Unleashed** Action from the 15th round of the season. (S)(R)
12.20 AM **Teleshopping**
3.00 LIVE **LIV Golf** Day one from the Jack Nicklaus Golf Club in South Korea. *Continues on ITVX.* (S)
4.00 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 8-11/22. (S1) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 5-8/24. (S6) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A search for a holiday home in Madeira. (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** Glamping site owner Kerry wants to take her business in a new direction. (S)(R)
5.00 **Chateau DIY** New edition Tim and Sasha prepare for this year's wedding season at Château du Puits es Pratx. (S)(AD)
6.00 **A Place in the Sun** New edition A Scottish couple seek a holiday home in the south of Tenerife. (S)



8.00 Bad Dog Academy

7.00 **News** (S)

8.00 **Bad Dog Academy** New edition A couple are at loggerheads over whether their rescue dog's intense reactions to strangers and apparent obsession with destroying balls is acceptable. Hosted by Nick Grimshaw. (S)(AD)

9.00 NEW SERIES **Taskmaster** 1/10. Fatiha El-Ghorri, Jason Mantzoukas, Mathew Baynton, Stevie Martin and Rosie Ramsey compete. Alex Horne will be setting the tasks, while Greg Davies decides the winners. *See feature, page 12.* (S)(AD)

10.00 NEW SERIES **Ramsay's Kitchen Nightmares USA** The fiery chef attempts to help the owners of Iberville Cuisine and Oyster Bar in New Orleans. They hope to be reinvigorated before Super Bowl LIX kicks off in the city's Caesars Superdome. (S)
11.00 **24 Hours in A&E** (S)(R)(AD)
12.55 AM FILM **Unsane** Horror starring Claire Foy and Joshua Leonard. (S)(SL) (2018, 15, 100min) ★★★★
2.35 **Barristers: Fighting for Justice** Documentary. (S)(SL)(R)(AD)
3.30 **Ramsay's Kitchen Nightmares USA** From Arizona. (S)(SL)(R)
4.20 **Britain's Most Expensive Houses** In Northumberland. (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

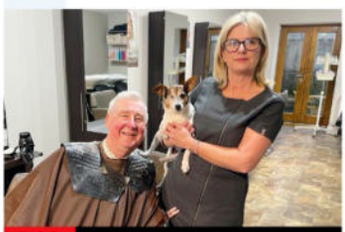
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **Big Lies in a Small Town** Thriller starring Rhonda Dent. (S) (2022, 12, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** It is day four, and the *Regal Princess* has arrived in Marseille. (S)(R)(AD)
5.00 **News** (S)
6.00 **Inside Longleat** Staff prepare for three-day festival Icons of the Sky, but a bleak weather forecast has everyone crossing their fingers. (S)(R)(AD)
6.55 **News** (S)



8.00 The Yorkshire Vet

7.00 Michael Portillo's Travel Diaries In Milan, Michael examines the Italian love affair with the car when he takes a spin in a classic Alfa Romeo. (S)(R)
7.55 **News** (S)

8.00 The Yorkshire Vet New edition Julian Norton visits a farm on a historic estate in Leeds to help a goat with one horn, while Peter Wright operates on an 11-year old Jack Russell with a serious eye problem. (S)

9.00 NEW The Plot to Kill Holly Willoughby One-off documentary about how Gavin Plumb plotted to kidnap and then kill the TV presenter after spending nearly a decade developing a twisted fixation on her. (S)

10.30 The Baby Scandal That Shook the World The story of the internet adoptions of twin babies by two separate families on different continents, and the custody battle and media storm that ensued. (S)(R)

12.30 AM **Friends** 11/25. Rachel's attractive and influential new friend sends Ross into a jealous frenzy. (S3) (S)(R)(AD)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Autumn Gardening with Carol Klein** Double bill. (S)(R)
4.40 **The Wonderful World of Chocolate** A Christmas-themed edition. (S)(SL)(R)
5.25 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S6) (S)(R)
11.00 **Shadowlands** (S)(R)(AD)
12.00 NOON **Manifest** (S3) (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 11/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Mayored to the Mob:* Homer becomes Mayor Quimby's bodyguard. (S)(R) **5.30** *Lard of the Dance:* Lisa tries to join a new classmate's social clique. With the guest voice of Lisa Kudrow. (S)(R)
6.00 **The Office (US)** 1/19. Part one of two. Michael accidentally hits Meredith with his car. (S)(R) **6.30** 2/19. Part two of two. A guilty Michael decides to host a charity fun run. (S4) (S)(R)

8.00 An Idiot Abroad 2

7.00 The Simpsons *Viva Ned Flanders:* Homer takes Ned to Las Vegas, where they go on a drunken binge at a casino. (S)(R) **7.30** *Wild Barts Can't Be Broken:* Chief Wiggum enforces a curfew. (S)(R)

8.00 An Idiot Abroad 2 7/8. Karl prepares for his final journey – a 15-hour trek to the summit of Mount Fuji. Plus, he receives sumo-wrestling training and experiences state-of-the-art robotics. (S)(R)(AD)

9.00 Gangs of London New episode 7/8. Elliot finds himself the most wanted man in London and, with time running out, he is forced to put his trust in an unlikely ally. (S3) (S)(AD)
■ Entire series on Box Sets

10.00 The Essex Murders *Ecstasy and Agony:* 1/3. Documentary about the killing of three notorious criminals known as the Essex Boys, who were shot dead in December 1995. (S)(R)(AD)

11.00 **The Essex Murders** 2/3. The questions remain about the convictions of Michael Steele and Jack Whomes. (S)(R)(AD)
12.00 M'T **Veep** 7/7. The fight between Selina and her rivals reaches its climax. (S7) (S)(R)(AD)
12.50 AM **The Force: Manchester** (R)
1.40 **Road Wars** Double bill. (S)(R)
3.00 **Magnum P.I.** 12/20. (S)(R)(AD)
4.00 **S.W.A.T.** 11/23. (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **7.00-7.30pm** River City (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S) **11.20pm-3.00am** Elections 2025 (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm The Crime I Can't Forget (S)(R) **11.55** Upstart Crow (S)(R) **12.25-12.35am** Barra on the Foyle (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
10.55-11.30pm The Assembly (S)(R)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Colleen Ramsey: Bywyd a Bwyd **1.30** Ralïo+ **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cysgu O Gwmpas (AD) **6.30** Clwb Rygbi **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Iolo: Natur Fregus Cymru: The state of nature in Wales. (AD) **10.00** Ysbyty **11.00-11.35pm** Arfordir Cymru: Sir Benfro (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Gladiators** 11/11. Bradley and Barney Walsh host the Grand Final.
8.00 **Dragons' Den US: Shark Tank** New edition 17/24. Featuring a convenient way to eat healthier meals while bettering the planet.
8.40 **The Catch Up**
8.45 **Zen Motoring**
9.00 NEW SERIES **Man Like Mobeen** 1/6. Mobeen's plan to get to Aqsa goes awry. **9.20** New episode 2/6. Nida offers to get Mobeen a fake passport. (S5)
9.50 NEW **Donkey** Comedy short with Fatiha El-Ghorri.
10.00 FILM **The Beach** Exotic drama starring Leonardo DiCaprio. A US backpacker sets out to reach an idyllic beach community. (2000, 15, 118min) ★★★
11.55 **Charlotte in Sunderland**
12.55 AM **Man Like Mobeen**
1.45 **Just Act Normal**
3.10 **My Mate's a Bad Date**
3.30 **to 4.00** AM **Charlotte in Sunderland**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Britain's Greatest Generation** 4/4. A look at individuals who played their part in creating a more culturally diverse post-war Britain, including Earl Cameron, George Montague and Brian Rix.
8.00 LIVE **Snooker: World Championship** Coverage of the opening session of the second semi-final on day 13 from Sheffield's Crucible Theatre.
10.00 FILM **West Side Story** Dynamic Bernstein-Sondheim musical starring Natalie Wood and Richard Beymer as young lovers caught between rival gangs in 1950s New York. (1961, PG, 152min) ★★★★★
12.20 AM **Omnibus: Leonard Bernstein's West Side Story** Leonard Bernstein conducts a recording of his classic musical in 1984.
1.50 **Classic British Cars: Made in Coventry**
2.50 **to 3.50** AM **Tutankhamun in Colour**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** Five editions of the culinary contest from Hertfordshire.
5.15 **Four in a Bed** The contest begins at the Black Lion in Halland, East Sussex. **5.45** From the Wheatsheaf Inn in Exning, Suffolk. **6.20** From the Sherwood Guesthouse, New Brighton. **6.50** The final visit is to the Big Bear Lodge, Shropshire.
7.25 **Four in a Bed** The week's winners are announced.
7.55 **Kirstie and Phil's Love It or List It** The duo visit Nilesh and Raakhee in Maidenhead to help them decide whether to renovate their home or list it for sale.
9.00 **Car S.O.S** Fuzz Townshend and Tim Shaw attempt to restore a tatty Mk.1 Toyota MR2, but soon discover there's more to this sports car than meets the eye. **10.00** Fuzz and Tim head to Cambridgeshire to pick up their first supercar – a rare 1989 Ultima race car.
11.00 **Emergency Helicopter Medics** A farm worker tears his arm using a harvester. **12.05** AM A boy is dragged into the air by a large kite.
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Double bill.
7.30 **Married at First Sight Australia** New edition The six remaining couples come together one last time.
9.00 **The Inbetweeners** 3/6. Will plans to celebrate his birthday with a dinner party. **9.35** 4/6. The friends go clubbing in London. (S2)
10.05 **Gogglebox** Opinions on *The Third Day*, *Who Wants to Be a Millionaire?* and *Des*.
11.10 **Naked Attraction**
12.15 AM **First Dates**
1.15 **Rick and Morty**
1.50 **YOLO: Rainbow Trinity** New episode 3/8. (S3)
2.00 **Mike Tyson Mysteries** New episode 3/20. (S3)
2.15 **Married at First Sight Australia** As 7.30pm.
3.30 **Gogglebox**
4.25 **The Goldbergs**
5.15 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Bull** 16/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Cleaning Lady** 12/12. Russo receives a terrifying warning from Sin Cara. (S3)
2.00 **Chicago Med** 11/13. Ripley struggles to keep Sully's diagnosis a secret. (S9)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Law & Order: Special...

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **FBI: Most Wanted** *Taxman:* 2/22. The Fugitive Task Force hunt down a mysterious killer targeting IRS offices. (S4)

9 PM
9.00 **Law & Order: Special Victims Unit** New episode *Economics of Shame:* 5/20. Benson helps a TV reporter. (S26)

10 PM
10.00 **FBI: International** *He Who Speaks Dies:* 14/22. The team investigate a bomb threat on a plane flying to Athens. (S2)
11.00 **The Good Doctor** 11/20. (S3)
12.00 M'T **FBI** 2/19. (S2)
1.00 AM **NEW SERIES Chicago Med** 1/22. (S10)
2.00 **NEW SERIES Chicago Fire**
3.00 **NEW SERIES Chicago PD**
4.00 **Highway Patrol**
5.00 to 6.00 AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
8.00 **Boardwalk Empire** (S3)
10.10 **Billions** (S2)
12.25 PM **Game of Thrones** (S2)
1.25 **Das Boot** 2&3/8. (S1)
3.45 **Boardwalk Empire** 4/12. Nucky is forced into hiding while tracking down a thief. **4.45** 5/12. Rosetti pays the price for interfering with Rothstein's shipments. (S3)
5.50 **Billions** 3/12. Bobby sets his sights on buying an NFL franchise and Lara launches a business venture. (S2)

10.00 Penelope

6.55 **Billions** 4/12. Chuck develops a new strategy and Axe considers donating half his net worth to charity. (S2)

8.00 **Game of Thrones** *A Man Without Honour:* 7/10. Theon embarks on a hunt as he tries to prove his Ironborn status. (S2)

9.00 **Gangs of London** New episode 7/8. Elliot puts his trust in an ally to uncover the truth. (S3) ■ Entire series on Box Sets

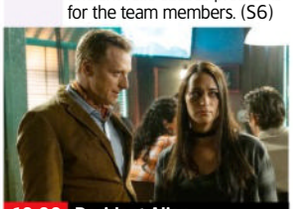
10.00 **Penelope** New episodes 3/8. An uninvited guest crashes the campsite. **10.35** 4/8. Penelope goes out for supplies. (S1)
11.10 **Homicide: Life on the Street** 22/22. The hard-bitten cops investigate a shooting at a fast-food restaurant. (S4)
12.10 AM **The Gilded Age** (S1)
2.20 **Game of Thrones** (S2)
3.25 **In Treatment** (S1)
3.55 to 6.00 AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **Manifest** 8/13. (S3)
9.00 **Stargate SG-1** (S6)
11.00 **Supergirl** 8/23. (S3)
12.00 NOON **Manifest** 9/13. (S3)
1.00 PM **Hawaii Five-0** (S4)
3.00 **Magnum P.I.** 12/20. (S5)
4.00 **S.W.A.T.** 11/23. (S2)
5.00 **Supergirl** 7/23. Winn and the team discover an alien ship has crashed in deep water beneath National City. (S3)
6.00 **Stargate SG-1** 13/22. An ancient relic causes problems for the team members. (S6)


10.00 Resident Alien

7.00 **Stargate SG-1** *Smoke and Mirrors:* 14/22. O'Neill is accused of assassinating a well-regarded politician. (S6)

8.00 **An Idiot Abroad 2** 7/8. Karl Pilkington prepares for a 15-hour trek to the summit of Mount Fuji.

9.00 **Peacemaker** *A Whole New Whirled:* 1/8. The hero returns home after his encounter with Bloodsport. (S1)

10.00 **Resident Alien** *Girls' Night:* 3/16. Harry meets a woman unlike any other and realises she is the key to his mission. (S2)
11.00 **Resident Alien** 4/16. Asta is concerned about Harry. (S2)
12.00 M'T **The Force: Manchester**
1.00 AM **Road Wars**
2.00 **Hacks** New episode 5/10. Comedy drama. (S4)
2.40 **Road Wars**
3.10 **Magnum P.I.** 12/20. (S5)
4.05 **S.W.A.T.** 11/23. (S2)
5.00 to 6.00 AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.55 **Dress to Impress**
11.55 **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 22/22. George realises he has feelings for Zoe on his wedding day. (S1)
4.00 **Gilmore Girls** 22/22. Rory throws a party. (S6)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests James Buckley, Mwaksy Mudenda and Mark Labbett.

10.00 Getting Filthy Rich

7.00 **Deal or No Deal** Stephen Mulhern hosts as Mark takes on the Banker for the chance to win a life-changing cash prize.

8.00 **Wheel of Fortune** Graham Norton hosts the game show as three contestants compete to solve word puzzles.

9.00 **Family Guy** 5/21. Peter fights with his friends over a trophy. (S2) **9.30** 3/7. Stewie's first birthday arrives. (S1)

10.00 **Olivia Attwood: Getting Filthy Rich** 1/6. Olivia meets women using the modern acronyms MILFs and GILFs.
11.00 **Family Guy** 4/7. Lois becomes a sultry singer. (S1)
11.30 **American Dad!** (S6&5)
12.30 AM **Bob's Burgers** (S10)
1.25 **Extraordinary** 4/8. (S1)
2.00 **The Stand Up Sketch Show**
3.00 **Teleshopping**
4.30 to 5.00 AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.25 **Agatha Christie's Poirot**
10.35 **The Royal** *Poison.*
11.40 **Heartbeat** Double bill.
1.40 PM **Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 4/7. The fair arrives in the village. (S1)
6.00 **Heartbeat** *Old Scores:* Rob investigates when an ex-convict becomes the target of a hate campaign.

6.00 Heartbeat

7.00 **Heartbeat** *Intelligence Matters:* A Russian trawlerman found hiding in a local woman's shed is accused of being a spy.

8.00 **Vera** *Cold River:* The detective investigates when a businesswoman's sister is found dead in the River Tyne, and suspects the victim was about to bring a secret to light.

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** 2/7. Properties in the north east and Northern Isles.
8.00 **Beechgrove Garden** New edition Horticultural advice.
8.30 **Landward** New edition A climb up one of the nation's favourite mountains in Wester Ross, An Teallach.
9.00 **Mrs Brown's Boys** 1/7. Agnes falls under a hypnotist's spell. (S3)
9.30 **Two Doors Down** 5/6. Everyone is encouraged to reveal their hidden talents. (S3)
10.00 **Paramedics on Scene** A man calls emergency services threatening to detonate a bomb.
11.00 **Scotcast** New edition
11.30 PM to 12.00 M'T **Scot Squad**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S4)
9.15 **The Conners** (S4)
10.15 **Veep** 3&4/7. (S7)
11.25 **Insecure** (S1)
12.35 PM **Curb Your Enthusiasm** (S10)
1.55 **Veep** 3&4/7. (S7)
3.05 **Silicon Valley** (S4)
4.20 **Insecure** (S1)
5.30 **The Office (US)** (S4)
6.30 **The Conners** (S4)
7.30 **Curb Your Enthusiasm**
9.00 **Girls** 7/10. Jessa visits her estranged father. **9.40** 8/10. Hannah tries to hide her anxiety. (S2)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.20 **Barry** 7/8. Sally takes a stand against a major television producer. **11.55** 8/8. Barry seeks vengeance. (S2)
12.35 AM **Veep** 7/7. (S7)
1.30 **Seth Meyers: Dad Man Walking** Stand-up.
2.40 **Silicon Valley** (S4)
4.25 to 5.00 AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Cirque du Soleil**
7.30 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **World War II & Cinema**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Landscape Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **NEW SERIES Classic Movies: The Story of The Ipcress Files**
9.00 **FILM The Ladykillers** (1955, U) ★★★★★
10.45 **The Story of British Cinema: Pioneer Years**
12.15 AM **Sean Connery vs James Bond**
1.30 **A Brush with Comedy**
3.30 **Auction**
4.00 **The South Bank Show Originals** Double bill.
5.00 to 6.00 AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Border Security: America's Front Line**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 7/7. (S4)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** *Fair Haven:* 11/26. Janeway becomes romantically entangled. (S6)
8.00 **Hawaii Five-0** (S10)
9.00 **Murdered at First Sight**
10.00 **How I Caught the Killer**
11.00 **Grimm** 7/22. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 to 6.00 AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

7.00 AM **Unwind**
7.40 **Backyard Builds**
8.10 **The Family Diaries**
9.10 **Celebrity Homes**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **The Family Diaries**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
7.00 **Celebrity Homes**
8.00 **Dinner Date**
9.00 **Instagram's Worst Con Artist** Documentary.
10.00 **The Real Housewives of Miami** Reality series.
11.00 **The Fortune Hotel**
12.15 AM **The Only Way Is Essex** Reality series.
1.15 **Unwind**
1.30 **Teleshopping**
2.30 to 6.00 AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 15/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 13/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 20/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 3-6/20. (S9)
9.00 **Randall and Hopkirk (Deceased)** *Could You Recognise the Man Again?* 18/26. (S1)
10.00 **The New Avengers** *The House of Cards:* 2/13. The trio uncover an assassination ring. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S9)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.10 **Minder**
7.10 **The Sweeney**
8.15 **The Saint**
9.25 **Magnum, PI**
10.25 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **The Saint**
1.35 **Magnum, PI**
2.40 **Kojak**
3.45 **Minder**
4.50 **The Sweeney**
5.55 **The Chase** Quiz show hosted by Bradley Walsh.

9.00 Mad Max 2

7.00 **The Motorbike Show** Henry Cole goes through The Mendip Hills, visiting landmarks and cheese shops along the way.
8.00 **Underwater Grand Fishing Adventure** Ali Hamidi and Bobby Zamora go on a tricky mission to catch a koi.
9.00 FILM **Mad Max 2** Futuristic action thriller sequel starring Mel Gibson as a lone road warrior rescuing a beleaguered community from barbarian bikers. With Bruce Spence. (1981, 18, 95min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **Two and a Half Men** (S2)
11.55 **On the Road** A test of the ultimate open-top sports cars.
12.55 AM **The Sweeney**
1.50 **Minder**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 6.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 10/26. (S5)
2.00 **Atlantis** 4/13. (S2)
3.00 **Stargate Universe** 15/20. (S1)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 10/26. (S5)
6.00 **Star Trek: Enterprise** 21/26. Mayweather and Archer are imprisoned after entering a military zone. (S1)

11.00 The Ark

7.00 **Atlantis** *The Marriage of True Minds:* 4/13. Ariadne faces danger while travelling to Telemon's homeland. (S2)
8.00 **Stargate Universe** *Lost:* 15/20. Greer is trapped in rubble and left for dead on a desolate planet. (S1)
9.00 **Grimm** *Heartbreaker:* 16/22. A frog-like Wesen preys on men that are attracted to her. (S4)
10.00 **The Walking Dead** *East:* 15/16. Alexandria mounts a wide-scale search when a resident goes missing. (S6)
11.00 **The Ark** 3/12. The crew must secure humanity's future. **12.00** M'T 4/12. When two alternative realities intertwine, two theories on what could and shouldn't have been are revealed. (S2)
1.00 AM **True Blood** 7&8/12. (S3)
3.00 **Twin Peaks: The Return** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries**
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 1/13. (S2)
11.00 **Hudson & Rex** 15/16. (S6)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 15/16. The duo protect a political figure at risk of assassination. (S6)
6.00 **Body of Proof** 12/20. The body of an undercover detective is discovered. (S2)

10.00 Father Brown

7.00 **The Mentalist** *Black Market:* 4/13. Lisbon poses as a psychic to catch a killer. (S7)
8.00 **Death in Paradise** *Melodies of Murder:* 8/8. A reggae band's reunion is blighted when the guitarist is found dead. (S7)
9.00 **Murdoch Mysteries** New episode *The Wrong Man:* 13/22. Several women are strangled during an election campaign. (S18)
10.00 **Father Brown** *Gardeners of Eden:* A celebrity florist brings glamour and murder to Kembleford. Guest stars Elaine Paige.
11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 23/24. A seemingly routine murder investigation takes a twist when MI6 intervene. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Highlights**
9.00 **I Didn't Know You Cared**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.15 PM **The Green Green Grass**
12.55 **I Didn't Know You Cared**
1.35 **Dad's Army**
2.15 **Porridge**
2.55 **Hi-de-Hi!**
3.35 **Last of the Summer Wine**
4.55 **The Green Green Grass**
5.30 **Hi-de-Hi!**
6.10 **Porridge**

10.20 Mrs Brown's Boys

6.50 **Dad's Army** The platoon guard a captured German U-boat crew.
7.30 **The Vicar of Dibley** Geraldine tries to bring Alice and Hugo together. **8.20** The villagers set up a radio station, and Frank makes a startling admission on his show.
9.00 **The Fast Show** Comedy sketch show, with soccer pundit Ron Manager.
9.40 **Bottom** Richie and Eddie's TV is repossessed, giving them ample opportunity to amuse themselves.
10.20 **Mrs Brown's Boys** Agnes worries about Dermot's choice of best man.
11.00 **The Good Life**
11.40 **Miranda**
12.20 AM **The Fast Show** As 9pm.
1.00 **Bottom** As 9.40pm.
1.40 **Mrs Brown's Boys** As 10.20pm.
2.30 **The Good Life**
3.00 **Miranda**
3.30 **to 4.00** AM **The Fosters**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gordon's Great Escape**
8.00 **Special Ops: Crime Squad UK**
10.00 **Outback Pilots**
12.00 NOON **Storage Hunters UK**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers celebrate British markets.
6.00 **Rick Stein's Cornwall** Rick discovers how much the Cornish landscape influenced the artist Turner's work. **6.30** Rick visits a mausoleum with a rather macabre story.

5.00 The Hairy Bikers' Best of...

7.00 **Would I Lie to You?** With guests Jo Brand, Lucy Martin, Amol Rajan and Joe Wilkinson.
7.40 **Richard Osman's House of Games** With Rob Deering and Phil Tufnell. **8.20** Andi Oliver, Ivo Graham, Phill Jupitus and Kate Humble take part.
9.00 **QI XL** Sarah Millican, Jimmy Carr, Johnny Vegas and Alan Davies answer Stephen Fry's questions about invertebrates.
10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the quiz, with guests Roisin Conaty and James O'Brien.
11.00 **8 Out of 10 Cats** With guests Joe Swash, Harriet Kemsley, Dotty and Suzi Ruffell.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Mock the Week**
2.35 **Mike** Double bill.
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

Thursday

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** Five editions.
2.30 PM **A Place in the Sun**
3.00 **A New Life in the Sun: Where Are They Now?**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** From Cumbria.
7.00 **Grand Designs Revisited** From Hackney.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Featuring Danny Dyer, Rhod Gilbert, Leigh Francis and Yinka Bokinni.
9.00 **24 Hours in Police Custody** Documentary.
10.45 **8 Out of 10 Cats Does Countdown**
11.50 **Gogglebox**
12.50 AM FILM **Fantasy Island** Horror comedy. (2020, 15, 105min) ★★
3.00 **Taskmaster**
4.00 **to 4.30** AM **Come Dine with Me**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 4-6/20. (S17)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Rendezvous:* 24/24. A US Navy SEAL disappears in a part of Paraguay controlled by violent rebels. (S14) **7.00** *The Arizona:* 20/20. A man who claims he served on the USS *Arizona* during the attack on Pearl Harbor. (S17) **8.00** *Sturgeon Season:* 1/16. Gibbs and Fornell track down the person who supplied drugs to Fornell's daughter. (S18)
9.00 **Blue Bloods** *Good Cop Bad Cop:* 2/22. Frank faces backlash after disciplining a cop. (S7)
10.00 **Law & Order: Special Victims Unit** (S21 &20)
1.50 AM **Quantum Leap** (S1)
2.45 **The Good Wife** (S4)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Medical series.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** An elderly man suffers a fall.
9.00 **A&E After Dark**
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Don't Tell the Doctor** Helping people who have self-diagnosed their medical problems.
1.00 AM **Junior Doctors Down Under**
2.00 **The Block** New editions
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Outback Truckers**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.20 PM FILM **Six Black Horses** Western starring Audie Murphy. (1961, PG, 80min) ★★
2.00 FILM **Abilene Town** Western starring Randolph Scott. (1946, b/w, 15, 91min) ★★★
4.00 **Trucking Hell: Rollover Specials**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Trucking Hell: After Dark** New edition In the north east, Alpha's team rig three wreckers to pull a 44-ton truck from a ditch.
10.00 **Outback Truckers** Jonny Rayner faces a difficult choice.
11.00 **Yellowstone** 8/9. (S1)
11.55 **Outback Truckers**
1.50 AM **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Michael McIntyre's The Wheel** With Sue Perkins.
5.20 **Gavin & Stacey**
6.35 **Interior Design Masters with Alan Carr** The designers transform bridal, homeware and lingerie shops.
8.00 **Ambulance Australia** Paramedics go to a warehouse where a forklift has rolled over.
9.00 **Katie Piper: Locked Up in Louisiana** Following life at the New Orleans Parish Prison.
10.00 **One Born Every Minute**
12.00 M'T **Inside the Ambulance: Wonder Women** Documentary.
1.30 **to 3.00** AM **Gangsta Granny**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.15 AM **At Home with the Braithwaites**
8.05 **Doctors**
9.15 **Holby City**
10.15 **Classic Casualty**
11.20 **The Bill**
12.20 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Hetty Wainthropp Investigates**
4.20 **At Home with the Braithwaites**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 NEW SERIES **Signora Volpe** *A Debt of Honour:* 1/3. The police arrest Antonella's friend for murder. (S2)
10.00 **New Tricks**
11.20 **Bergerac**
12.20 AM **Dancing on the Edge**
1.50 **Sister Boniface Mysteries** 1/10. (S3)
2.40 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

THURSDAY Entertainment

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Money for Nothing** Double bill.
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures** New edition Zak tries to summon the legendary Harry Houdini's spirit.
10.00 NEW SERIES **Celebrity Help! My House Is Haunted** Dom Joly has heard opera singing coming from a bedroom.
11.00 **Help! My House Is Haunted** Poltergeists are plaguing a pub.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Who Wants to Be a Millionaire?** Quiz show.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room**
7.00 **Who Wants to Be a Millionaire?** Quiz show hosted by Chris Tarrant.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** Warwick Davis hosts the quiz as five youth leaders from Derbyshire take part.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles**
8.50 **War Machines**
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **The Texican** Western. (1966, PG) ★★
2.55 FILM **Fort Ti** Western. (1953, U, 73min) ★
4.40 FILM **Kentucky Rifle** Western. (1956, U) ★★
6.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 FILM **Halls of Montezuma** World War Two drama. (1950, U, 109min) ★★★
11.25 FILM **Phantom** Cold War action drama. (2013, 15, 94min) ★★
1.35 AM FILM **Prairie Fever** Western. (2008, PG, 81min) ★★★
3.30 **to 5.00** AM **Wild West Chronicles**
+1hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM FILM **Sub-Zero** Action adventure. (2004, 15, 90min) ★★
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM FILM **Lost and Found** Crime thriller. (2019, 12, 90min) ★★
3.00 FILM **A Daughter's Deception** Thriller. (2019, 12, 85min) ★★
5.05 FILM **Garage Sale Mysteries: The Mask Murders** Crime thriller. (2018, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 FILM **Den of Thieves** Crime thriller. (2018, 15, 137min) ★★★
11.55 FILM **Redemption Day** Thriller. (2021, 15) ★★
2.05 AM FILM **And So It Goes** Romantic comedy. (2014, 12, 90min) ★★★
4.00 **to 6.00** AM FILM **Grandma Dearest** Thriller. (2020, PG) ★★
+1hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM FILM **One Perfect Wedding** Drama. (2021, PG, 84min) ★★
10.05 FILM **Love on the Rise** Drama. (2020, U) ★★
12.00 NOON FILM **A Perfect Match** Romantic drama. (2021, PG, 84min) ★★
2.05 PM FILM **A Country Romance** Drama. (2021, PG, 83min) ★★
4.00 FILM **Baked with a Kiss** Comedy. (2022, PG) ★★
6.10 FILM **The Perfect Pairing** Romantic drama. (2022, U, 82min) ★★
8.00 FILM **Royal New Year's Eve** Romantic drama. (2017, U, 84min) ★★
9.55 FILM **Hometown Holiday** Romantic drama. (2017, PG, 84min) ★★
11.50 FILM **Love Map** Comedy. (2022, PG, 89min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Cupid, Inc** Comedy. (2012, PG, 90min) ★★
+1hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Surgical Spirit** 2/7. (S3)
10.30 **Watching** 7/7. (S6)
11.00 **A Fine Romance** (S2)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** 1/7. (S1)
1.50 **Roobarb** 2/30. (S1)
2.00 **Mapp and Lucia** (S2)
3.00 **Shine on Harvey Moon**
4.00 **Bubblegum & Cheese**
5.00 **A Fine Romance** (S2)
5.30 **The Monkees** (S1)
6.00 **Watching** 7/7. (S6)
6.30 **Don't Drink the Water**
7.00 **Mapp and Lucia** (S2)
8.00 **Please Sir!** 1/7. (S1)
8.50 **Roobarb** 2/30. (S1)
9.00 **Carry On Laughing** (S1)
9.30 **The Cuckoo Waltz** (S1)
10.00 **Don't Drink the Water**
10.30 **Game On** 2/6. (S3)
11.05 **Department S** (S2)
12.05 AM **Sapphire and Steel**
1.05 **Shine on Harvey Moon**
2.05 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The *Northwestern* crew search for the fabled blue king crab. **8.00** The *Time Bandit* crew head toward the dangerous False Pass for their final offload.
9.00 **Mystery Diagnosis** A man learns he may have a deadly infection. **10.00** A woman develops a rash that leaves her fighting for her life.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Ottolenghi's Mediterranean Island Feast** From Corsica.
7.00 **Rachel Khoo's Simple Pleasures** Four editions.
9.00 **Jamie's 15 Minute Meals**
11.00 **The Great British Bake Off** Double bill.
1.00 PM **Ottolenghi's Mediterranean Island Feast** From Corsica.
2.00 **James Martin's French Adventure** In Marseille.
3.00 **Rachel Khoo's Simple Pleasures** Four editions.
5.00 **Jamie's 15 Minute Meals**
7.00 **The Great British Bake Off** Double bill.
9.00 **Ainsley's Caribbean Kitchen** From Barbados.
10.00 **James Martin's Islands to Highlands**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Yum and Yummer** New editions
+1hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 27/27. (S4)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 8/22. (S1)
11.00 FILM **Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
1.00 PM FILM **Lost City Raiders** Sci-fi adventure. (2008, 12, 90min) ★★
3.00 FILM **Memoirs of an Invisible Man** Thriller. (1992, PG, 99min) ★★
5.00 **Star Trek** 21/24. (S3)
6.00 **Knight Rider** 9/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Deepwater Horizon** Drama. (2016, 12, 105min) ★★★★
11.10 FILM **The Wall** Thriller. (2017, 15, 88min) ★★★★
12.50 AM FILM **Hidden Agenda** Action thriller. (2001, 18, 91min) ★★
2.50 **to 4.45** AM FILM **Fighting Back** Thriller. (1982, 15, 98min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **The Gambler Returns: The Luck of the Draw** Western.
8.00 FILM **Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
10.00 **Farscape** 13/22. (S4)
11.00 FILM **Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
1.00 PM FILM **Eye of the Beast** Horror thriller. (2007, 15, 90min) ★★
3.00 **Farscape** 13/22. (S4)
4.00 **The A-Team** 5/14. (S1)
5.00 **The Gambler Returns: The Luck of the Draw**
7.00 **Farscape** 14/22. (S4)
8.00 **The A-Team** 6/14. (S1)
9.00 FILM **Armed Response** Thriller starring Wesley Snipes and Anne Heche. (2017, 15, 93min) ★
10.55 FILM **Jack's Back** Thriller starring James Spader. (1988, 18, 93min) ★★
1.00 **to 3.00** AM FILM **Armed Response** (2017)
+1hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **Curse of Skinwalker...**
12.10 PM **The Proof Is Out There** Documentary.
1.05 **Secrets in the Ice**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There: Alien Edition**
11.00 **Close Encounters**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Close Encounters**
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Susan Calman's Grand Day Out** Nottinghamshire.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Victorian Britain** Exploring the history of Edinburgh.
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Princess Margaret: Queen of Mustique** The princess's visits to the Caribbean island.
10.00 **Princess Anne: The 7 Loves of Her Life**
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover** (S1)
2.00 **Bargain-Loving Brits in the Sun** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun: Home or Away**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun: Home or Away**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **Christina on the Coast** New edition Christina Hall brings a coastal vibe to a couple's home.
10.00 **Fixer to Fabulous** New edition The Marrs continue to renovate a mid-century home.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World** Double bill.
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **1000-lb Sisters**
5.00 **to 6.00** AM **Extreme Cheapskates**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S2&3)
8.00 **Friends** 7/25. Monica buys a bed from Janice's husband. **8.30** 8/25. Phoebe convinces herself she is a walking jinx. (S3)
9.00 FILM **National Lampoon's Loaded Weapon 1** Zany action thriller spoof starring Emilio Estevez. (1993, PG, 83min) ★★★
10.35 **Whose Line Is It Anyway? USA**
11.35 **8 Out of 10 Cats**
12.35 AM **South Park** (S10)
2.35 **The Pep Talk** 1/10. (S1)
2.40 **Lee Evans Live: The Different Planet Tour**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 10&11/13. (S6)
11.00 **Friends** (S4)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Sideline Smack Talk**
3.00 **Daria** 1&8/13. (S3)
4.00 **Guessable?**
5.00 **Becker** 10&11/13. (S6)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 12/23. Jess tries to befriend Coach. **9.30** 13/23. Nick tries to throw Jess the perfect birthday party. (S3)
10.00 **Friends** 5-10/24. (S2)
1.00 AM **The Ren & Stimpy Show** Double bill.
2.00 **Reno 911!** 7&8/13. (S3)
3.00 **Al Murray: One Man, One Guvnor Uncut**
3.45 **Becker** 10&11/13. (S6)
4.30 **New Girl** 12&13/23. (S3)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Celebrity Four Weddings** Reality series.
9.00 **Four Weddings**
10.00 **Border Security USA**
11.00 **Nothing to Declare**
12.00 NOON **DC's Legends of Tomorrow** 7&8/15. (S5)
2.00 PM **Motorway Patrol**
3.00 **Border Security: America's Front Line**
4.00 **Border Security USA**
5.00 **911 Crisis Centre**
6.00 **Supergirl** 1&2/20. (S1)
8.00 **Caught on Dashcam**
10.00 **The Force: North East**
11.00 **The Flight Attendant**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Gareth Bale.
2.00 **Last King of the Cross**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs UK**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: Models**
2.00 **Catfish: Scammed**
3.00 **Catfish: Worst Offenders** Reality series.
4.00 **Catfish: The TV Show**
5.00 **Catfish: Teams**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint**
9.00 **Teen Mom: The Next Chapter** Reality series.
10.00 **Dating Naked UK**
11.00 **Aussie Shore**
12.00 M'T **Love & Hip Hop: Atlanta** New edition There's new baby mama drama thanks to Momma Dee's latest antics.
1.00 AM **Just Tattoo of Us**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Roadworthy Rescues**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** Chris pushes his new equipment to the brink. **4.00** Shawn takes a pivotal leap of faith to save the season.
5.00 **Deadliest Catch** Keith suffers a cardiac event at sea.
6.00 **Wheeler Dealers** Mike brings back a modern classic, a rare 2001 Audi S4 Avant.

9.00 Naked and Afraid

7.00 Junkyard Empire Andy and Bobby set out to transform a wrecked K-9 explosives police wagon into a hunting truck.

8.00 Hoffman Family Gold A routine mining decision leads to disaster, and Todd attempts an engineering solution.

9.00 Naked and Afraid New edition Two survival instructors put their skills to the test during 21 days in the Philippine jungle while fighting king cobras and debilitating illness.

11.00 **Lost Monster Files** A predator preys on orcas off the frozen coast of Kodiak, Alaska.
12.00 M'T **Mountain Monsters** The team head out to do a field investigation.
1.00 AM **Naked and Afraid**
3.00 **Texas Metal** Documentary.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** An aquarium.
9.00 **Animal Cops Phoenix**
10.00 **Dogs 101** Family pets.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Great White Invasion**
3.00 **Man-Eating Super Snake**
4.00 **Bad Dog!** A cat that rides a skateboard to the beach.
5.00 **Alaska: Homestead Rescue** An unexpected accident leads to a construction site injury.
6.00 **Tanked** Rapper 2 Chainz requests an aquarium.

8.00 Project Grizzly

7.00 Animal Cops Phoenix An investigator has to act quickly to save the pups of a dog that has given birth in an alley.

8.00 Project Grizzly Jeff Watson sets out on an adventure to teach his two 700lb grizzly bears how to survive in the wild.

9.00 Project Grizzly Jeff Watson tries to teach his rescued grizzly bears Bob and Screech how to fish, but it proves difficult.

10.00 Alaskan Bush People The *Integrity* shows its age, stranding the Browns in the middle of the water.

11.00 **Swimming with Monsters with Steve Backshall** The Pantanal wetland region.
12.00 M'T **Pit Bulls & Parolees: Tia's Tales** Documentary.
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Disaster Autopsy**
9.00 **To Catch a Smuggler: Tropical Takedown**
10.00 **Air Crash Investigation**
12.00 NOON **Paranatural**
1.00 PM **Secrets of Area 51**
2.00 **WW2 Wrecks: Draining the Ocean** Documentary.
3.00 **Nazi Sunken Sub**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw repair a Golf GTI.
6.00 **Lost Treasures of Egypt** Researching Alexandria, Ancient Egypt's lost megacity.

9.00 David Blaine

7.00 Air Crash Investigation How a serious design flaw in a cargo door brought down a DC-10 aircraft.

8.00 Car S.O.S New edition Tim and Fuzz work to restore a VW Polo G40.

9.00 David Blaine: Do Not Attempt Series finale In Japan, David explores the concept of mastery.

9.45 Northwoods Survival New edition The homesteaders race to complete crucial projects.

10.45 Air Crash Investigation The 1999 plane crash that killed John F Kennedy Jr and his wife.

11.45 **To Catch a Smuggler**
12.45 AM **History: Interesting Bits**
1.45 **Food Factory**
2.15 **Lords of War**
3.15 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **Evidence of the Unexplained**
7.45 **Britain's Most Historic Towns**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Soviet Storm: WWII in the East** The Battle of Berlin.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** An autographed *Casablanca* movie poster.
6.00 **American Pickers**

9.00 The UnBelievable

7.00 Forged in Fire The smiths create the ultimate weapon – an oversized version of a traditional pig hunting spear.

8.00 Swamp People New edition Troy and Pickle rely on shaded lines to protect their catch from the blistering sun.

9.00 The UnBelievable with Dan Aykroyd New edition A look at some of the more unusual ways people have died.

10.00 Mysteries from Above New edition Visions from above, including a spinning island in an Argentinian marsh.

11.00 **Alien Disclosure Files** Claims that alien spacecraft are located at secret facilities in the US. **11.30** Some places in the world record far more UAP sightings than elsewhere.
12.00 M'T **Kings of Pain**
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Hitler's British Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **WW2 – Battles for Europe**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **WW2 – Battles for Europe** The Allies' attempts to get across the River Rhine.
5.00 **The World at War** A look at the fall of the Third Reich.
6.00 **Antiques Roadshow** From Clissold Park in the London Borough of Hackney.

8.00 Bangers & Cash...

7.00 Great British Railway Journeys Michael Portillo is in London's East End. **7.30** Travelling from Hampstead to Islington.

8.00 Bangers & Cash: Restoring Classics New edition The team cannot believe their luck when a Volvo 144 rolls in.

9.00 Bangers & Cash: Restoring Classics The team re-commission a 1991 Nissan Figaro in the pursuit of cute.

10.00 Bangers & Cash Paul is off to the Lake District for a poignant collection from a Mathewsons regular.

11.00 **Bangers & Cash** Derek rubs shoulders with pop music royalty when he picks up a Morgan sports car.
12.00 M'T **Dream Car Fixers** Rupert has decided to follow his dream of owning a Morris Traveller.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Thursday

7 PM 8 PM 9 PM 10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Outback Crystal Hunters** Documentary.
9.00 **Outback Opal Hunters** New edition The Bushmen are greeted by a fierce creature in their underground mine.
10.00 **The Ultimate Cycling Show** New edition
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars** Triple bill.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress** Double bill.
7.00 **Say Yes to the Dress: Atlanta** Four editions.
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New edition A woman pays a price for leaving her abusive husband.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Crystal Houston.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **New Scotland Yard Files** The disappearance of Alice Gross, a case which sparked a large search operation.
8.00 **48 Hours** New edition Police find 51-year-old Amy Fanion dead on the dining room floor.
9.00 **Storm of Suspicion** New edition Police are called to the home of Bryce and Virginia Durham, where they find the family strangled.
10.00 **Killers: Caught on Camera** New edition The tragic murder cases of Kira Steger and Whitney Gray.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
11.00 **Medical Detectives**
2.00 PM **Murder by the Sea**
4.00 **Medical Detectives** A woman jailed for life for killing her mother in a car fire appeals against the conviction. **4.30** A murderer sends his victim's family her last will and testament. **5.00** Toxicologists try to determine whether a man was poisoned. **5.30** A trail of stolen goods helps solve a murder of a young girl who was shot at home. **6.00** A murderer is brought to justice 24 years after the crime. **6.30** Handwriting experts help with a murder case.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **Killer in My Village**
12.00 NOON **The Killer Within**
1.00 PM **Catching the Killer**
2.00 **Killer Siblings**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **The Killer Within**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** Daniel Gonzalez.
9.00 **Murder Next Door**
10.00 **Murdered at First Sight**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Snapped** True-crime.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Bronze Age Apocalypse**
9.35 **The Six Queens of Henry VIII**
10.35 **Inside Japan's War**
11.50 **Witness to a Massacre: Nanjing 1937**
1.00 PM **America the Bountiful** Documentary.
1.35 **Bronze Age Apocalypse**
2.35 **The Six Queens of Henry VIII**
3.35 **Inside Japan's War**
4.40 **Witness to a Massacre: Nanjing 1937**
5.55 **Bronze Age Apocalypse**
6.55 **The Six Queens of Henry VIII**
7.55 **Inside Japan's War**
9.00 **Witness to a Massacre: Nanjing 1937** The story of the Nanjing massacre.
10.10 **The Six Queens of Henry VIII**
11.10 **America the Bountiful**
12.00 M'T **Inside Japan's War**
1.10 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

THURSDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Eighties**
7.00 **Discovering: Leonardo...**
8.00 **The Directors**
9.00 **Angel City**
10.00 **The Lady and the Dale**
11.00 **Urban Secrets**
12.00 NOON **JFK Revisited: Through the Looking Glass**
2.10 PM **Faye** Documentary.
4.00 **The Directors**
5.00 **Discovering: Leonardo DiCaprio** Profile of the actor.
6.00 **The Story of Late Night**
7.00 **The Anarchists** New edition 5/6. As the sixth Anarchapulco gets underway, the community reels from accusations of a fraudulent crypto scheme – and another shocking death.
8.00 **The Wimbledon Kidnapping** The mysterious disappearance of Muriel McKay in 1969.
10.00 **The Essex Murders** 1-3/3. Documentary about the killing of three notorious criminals.
1.00 **to 6.00** AM **The Dark Money Game** 1&2/2. Investigating the shadowy world of political donations and fundraising.

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **Wild Animal Babies**
11.00 **Shadowlands**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **Wild Animal Babies**
5.00 **Great Blue Wild**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Living Beach** The vast array of wildlife along the coast of Mexico's Yucatan Peninsula.
9.00 **Macro Worlds** A look at how insects survive the winter.
10.00 **Africa's Wild Horizons**
11.00 **Great Blue Wild**
12.00 M'T **Shadowlands**
1.00 AM **Into the Wild: Colombia**
2.00 **Living Beach** As 8.00pm.
3.00 **Macro Worlds** As 9.00pm.
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **History's Greatest Aircraft**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **WW2 Treasure Hunters: WW1 Special**
3.00 **Ancient Superstructures**
4.00 **History's Greatest Aircraft**
5.00 **Mysteries from Above**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **The Secret Nazi Expeditions** Nazi Germany's search for the legendary continent of Atlantis.
9.00 **Scary Tales of New York** Investigating real-life crimes in the age of film noir.
10.10 **Secrets in the Ice** Mysteries that have been frozen in time.
11.05 **Colosseum**
12.00 M'T **Ancient Aliens**
2.00 AM **WW2 Treasure Hunters: WW1 Special**
3.00 **Ancient Superstructures**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Mysteries from Above**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murder at My Door**
10.00 **Murdered By Morning**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **The Real Murders of Atlanta**
3.00 **When Missing Turns to Murder**
4.00 **Murdered By Morning**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files**
7.00 **The First 48 Presents: Critical Minutes** A murderer uses a rock to kill a homeless man.
8.00 **Imperfect Murder**
9.00 **The First 48**
10.00 **Ozark Law** New edition
11.00 **Court Cam**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Homicide Squad: New Orleans** New edition
2.00 **Ozark Law**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **World's Deadliest Snakes**
10.00 **Bizarre Animal Friends**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's National Parks**
3.00 **Europe's New Wild**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** The animal care staff train a new female Malayan tiger.
8.00 **Lawless Island** Squibb tackles a threat to all life in the Bay. **9.00** Curly Leach spends some final moments with a very dear old friend.
10.00 **Ice Road Rescue: Highway Havoc** Highlights from the documentary series.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Storming Area 51**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Experts explain the science behind the microcosmos.
8.00 **Storming Area 51** Joe and Emmett Hayes head to Nevada desert to observe, investigate and embrace the pandemonium of storming Area 51, and dive into the history of the facility.
9.00 **Unexplained and Unexplored** Unravelling the mystery of the Mayan empire's fate.
10.00 **How Do They Do It?**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Bill**
9.35 **Top of the Pops**
11.20 **Celebrity Mastermind**
1.15 PM **The Onedin Line**
3.20 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Yellow Jack:* 5/14. Yellow fever breaks out. **8.00** *Survivor:* 6/14. James picks up a shipwreck survivor. (S2)
9.00 **Top of the Pops** Triple bill featuring classic chart-toppers.
10.50 **Celebrity Mastermind** Darren Bennett, Stuart Maconie, Linda Papadopoulos and Andrew Lancel compete. **11.25** Alastair Stewart, Steve Backshall, Dave Vitty and Saira Khan take part in the quiz. **12.05** AM With Joe Pasquale, Roger Black, Tony Audenshaw and Diane Louise Jordan.
12.40 **The Onedin Line**
2.40 **Top of the Pops**
4.10 **The Bill**
4.35 **The Onedin Line**
5.25 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

ID

154 141 166

8.00 AM **Homicide City: Charlotte**
9.00 **The Perfect Murder**
11.00 **Evil Lives Here**
1.00 PM **A Crime to Remember**
3.00 **Forbidden: Dying for Love**
5.00 **American Detective with Lt Joe Kenda** Detective Ben Elkins is called in to search for a missing farmhand.
6.00 **The Perfect Suspect**
7.00 **Disappeared** Double bill.
9.00 **What Happened at Fells Acres?** The allegation of sexual abuse at a day-care in Malden, Massachusetts.
10.00 **How (Not) to Get Rid of a Body** The case of a missing 17-year-old pregnant girl goes cold. When the case reopens, investigators are relentless in hunting down a suspect.
11.00 **Feuds Turned Fatal**
12.00 M'T **I Almost Got Away with It**
2.00 AM **American Detective with Lt Joe Kenda** As 5.00pm.
3.00 **The Perfect Suspect**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Shed and Buried: Classic Cars** Henry and Fuzz revisit 'the one that got away'.
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers**
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Wheeler Dealers**
1.00 AM **Shed and Buried: Classic Cars** As shown at 12.00noon.
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **G.A.S. Extreme Customs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.10 AM **The Cinema List: Family**
6.30 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
8.15 **Between the Temples** (2024)
10.15 **Touch** Icelandic drama. (2024, 15, 121min) ★★★★
12.25 PM **Greedy People** Comedy. (2024, 15, 108min) ★★★★
2.25 **Trap** As shown at 8.00pm.
4.15 **Between the Temples** Comedy drama. (2024, 15) ★★★★
6.10 **A Mistake** Medical drama. (2024, 15, 101min) ★★★

12.25 Greedy People

8.00 **Trap** Director M Night Shyamalan's psychological thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. With Ariel Donoghue and Saleka Shyamalan. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **A Mistake** As 6.10pm.
1.55 **Cuckoo** Horror with Hunter Schafer and Jan Bluthardt. (2024, 15, 102min) ★★★
3.55 **My Penguin Friend** Drama starring Jean Reno. (2024, PG, 105min) ★★★★
5.40 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

6.00 AM **Sky Cinema Preview**
6.45 **Hypnotic** (2023, 15) ★★★
8.35 **The American Society of Magical Negroes** Fantasy. (2024, 12, 104min) ★★★★
10.35 **Arthur's Whisky** As 2.35am.
12.25 PM **Robin and the Hoods** Comedy. (2024, PG) ★★
2.20 **Mean Girls** As 12.35am.
4.20 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
6.05 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★

4.20 Harold and the Purple...

8.00 **Blue Beetle** Fantasy adventure starring Xolo Maridueña and Bruna Marquezine. An ancient relic of alien biotechnology chooses a college graduate as its symbiotic host. (2023, 12, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Flash** Comic-book adventure starring Ezra Miller. Barry Allen uses his super speed to change the past, but his attempt to save his family creates a world without superheroes. (2023, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Mean Girls** Musical adaptation of the 2004 teen comedy, starring Angourie Rice. (2023, 12, 112min) ★★★
2.35 **Arthur's Whisky** Comedy. (2023, PG, 91min) ★★★
4.20 **to 6.10** AM **Robin and the Hoods** As shown at 12.25pm.

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Boy Meets Boy** As 6.40pm.
7.20 **Horizon: An American Saga – Chapter 1** As 8.00pm.
10.25 **Five Easy Pieces** As 11.05pm.
12.15 PM **Take Me High** As 12.50am.
1.50 **Six Minutes to Midnight** Thriller starring Judi Dench. (2020, 12, 99min) ★★★
3.35 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★

6.40 **Boy Meets Boy** Drama starring Matthew Morrison and Alexandros Koutsoulis. When two men cross paths in Berlin, a simple afternoon in the big city soon takes on a greater meaning. (2021, 15, 75min) ★★★
8.00 **Horizon: An American Saga – Chapter 1** Western directed and starring Kevin Costner. A cowboy goes on the run with a prostitute and a young boy after killing a fellow gunman. (2024, 15, 181min) ★★★★

11.05 **Five Easy Pieces** Cult drama starring Jack Nicholson. (1970, 15, 98min) ★★★★★
12.50 AM **Take Me High** Musical comedy. (1973, U, 90min) ★
2.30 **The Quiet Man** Romantic drama. (1952, U, 129min) ★★★
4.45 **to 7.55** AM **Meet Joe Black**

Sky Cinema Horror

311 311 411 511 525

6.40 AM **47 Metres Down** (2017)
8.15 **The Watched** As 3.00pm.
10.00 **Night Swim** As 1.40am.
11.40 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
1.15 PM **Ouija: Origin of Evil** Supernatural horror prequel. (2016, 15, 99min) ★★★
3.00 **The Watched** Horror thriller starring Dakota Fanning. (2024, 15, 102min) ★★★

4.45 **Paranormal Activity: The Ghost Dimension** Horror sequel. (2015, 15, 88min) ★
6.20 **The Nun** Horror thriller. (2018, 15, 96min) ★★★
8.00 **The Nun II** Horror sequel starring Taissa Farmiga. (2023, 15, 110min) ★★
10.00 **Videodrome** Surreal sci-fi thriller directed by David Cronenberg and starring James Woods as a TV producer who uncovers a sinister conspiracy. (1982, 18, 88min) ★★★★

11.35 **Hannibal Rising** Thriller prequel. (2007, 18, 116min) ★★★
1.40 AM **Night Swim** Horror thriller. (2024, 15, 98min) ★
3.25 **47 Metres Down** Horror. (2017, 15, 89min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.15 AM **Batteries Not Included**
9.15 **Pups United** As 11.00pm.
10.55 **The Muppets Take Manhattan**
12.40 PM **Step Dogs** Family comedy. (2013, U, 82min) ★
2.20 **Beethoven** Family comedy. (1992, U, 87min) ★★★
4.00 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
5.40 **Yogi Bear** Family comedy. (2010, U, 81min) ★★★
7.05 **Batteries Not Included** Sci-fi fantasy. (1987, PG) ★★★★

8.55 Patch Adams

8.55 **Patch Adams** Fact-based comedy drama starring Robin Williams, about an unorthodox medical student whose views put him at odds with the establishment. With Monica Potter and Philip Seymour Hoffman. (1998, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Pups United** Adventure with Matthew James Roberts. (2015, U, 89min) ★★★
12.35 AM **The Muppets Take Manhattan** Musical comedy featuring guest appearances from a host of showbiz stars. (1984, U, 94min) ★★★★
2.15 **Beethoven** As 2.20pm.
3.50 **Step Dogs** As 12.40pm.
5.25 **to 7.35** AM **Ride On** Action drama starring Jackie Chan. (2023, PG, 126min) ★★★

Sky Cinema Action

307 307 407 507 521

6.15 AM **The Best Man** As 4.15am.
7.50 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
9.35 **Arcadian** As 10.45pm.
11.10 **Mission: Impossible – Dead...**
1.55 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
3.55 **The Mummy Returns** Action adventure sequel. (2001, 12, 129min) ★★★★
6.05 **Mission: Impossible** Thriller. (1996, PG, 110min) ★★★

10.45 Arcadian

8.00 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. With Hayley Atwell, Ving Rhames, Simon Pegg and Rebecca Ferguson. (2023, 12, 163min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

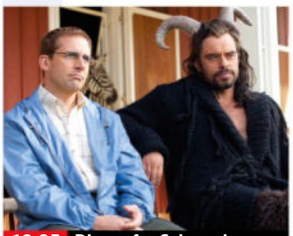
10.45 **Arcadian** Dystopian thriller starring Nicolas Cage. A father and his two sons face off against terrifying creatures in a remote farmhouse. (2024, 15, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Once Upon a Time in China II** Adventure sequel. (1991, 15, 120min) ★★★
2.20 **Absolution** Thriller. (2024, 15, 112min) ★★★
4.15 **to 6.00** AM **The Best Man** Thriller. (2023, 15, 93min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **Dad's Army** As 12.10am.
7.50 **Dinner for Schmucks** (2010)
9.55 **Coming 2 America** (2021)
12.00 NOON **The Little Rascals**
1.40 PM **Talladega Nights: The Ballad of Ricky Bobby** Action comedy starring Will Ferrell. (2006, 15, 108min) ★★★★
3.55 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★
5.50 **Baywatch** Action comedy starring Dwayne Johnson. (2017, 15, 121min) ★★



10.05 Dinner for Schmucks

8.00 **School of Rock** Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his young pupils into a rock band. With Mike White. (2003, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Dinner for Schmucks** Comedy starring Steve Carell and Paul Rudd. A corporate climber tries to get ahead by bringing a dumb acquaintance to amuse his boss at a dinner party for idiots. (2010, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Dad's Army** Comedy. (1971, U, 95min) ★★★★
2.00 **The Little Rascals** Family comedy. (1994, U, 83min) ★★
3.35 **Coming 2 America** Comedy. (2021, 12, 108min) ★★★
5.35 **to 7.35** AM **The Young Ones** Pop musical. (1960, U) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.50 AM **Paradise Highway**
9.55 **Into the Deep** Thriller. (2022, 15, 90min) ★★★
11.35 **Paradise Highway** Drama. (2022, 15, 115min) ★★★★
1.40 PM **Hypnotic** Action thriller. (2023, 15, 93min) ★★★
3.25 **The Island** Sci-fi action thriller starring Ewan McGregor. (2005, 12, 136min) ★★★
5.50 **The Bourne Identity** Spy thriller starring Matt Damon. (2002, 12, 119min) ★★★★★

8.00 Inception

8.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Sleepers** Fact-based drama starring Kevin Bacon, Robert De Niro, Dustin Hoffman, Jason Patric and Brad Pitt. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Cult Killer** Thriller starring Antonio Banderas and Alice Eve. (2024, 15, 105min) ★★★
2.50 **Nighthawks** Action thriller. (1981, 18, 99min) ★★★
4.35 **to 6.15** AM **He Went That Way** Fact-based crime drama. (2023, 15, 96min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Carrington VC** Military courtroom drama. (1954, b/w, PG, 106min) ★★★
1.10 PM **Arizona Raiders** Western. (1965, PG, 88min) ★★
2.55 **They Rode West** Western. (1954, U, 97min) ★★
4.40 **The Black Arrow** Adventure. (1948, b/w, U, 77min) ★★★
6.15 **Midway** World War Two drama starring Ed Skrein. (2019, 12, 138min) ★★★★

9.00 Nope

Midway (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Nope** Jordan Peele's sci-fi horror thriller starring Daniel Kaluuya and Keke Palmer. The residents of a lonely valley in inland California bear witness to an uncanny and chilling discovery. With Steven Yeun and Brandon Perea. (2022, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.35 **Save Yourselves!** Sci-fi comedy starring Sunita Mani. A couple head to a remote cabin to reconnect with each other, blissfully unaware that the planet is under attack. (2020, 15, 93min) ★★★
1.25 **to 3.35** AM **Other People's Children** French drama starring Virginie Efira. Subtitled. (2022, 15, 104min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Apocalyptic

302 302 402 502 516

6.05 AM **Silent Running** As 5.35am.
7.40 **Concrete Utopia** As 1.30am.
9.55 **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
11.55 **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
2.05 PM **World War Z** Action thriller. (2013, 15, 116min) ★★★★
4.15 **The Purge** Horror thriller starring Ethan Hawke and Lena Headey. (2013, 15, 85min) ★★★

6.00 **Children of Men** Sci-fi thriller starring Clive Owen. (2006, 15, 109min) ★★★★★
8.00 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. A linguist must find a way to communicate with an alien race as the world teeters on the brink of global conflict. (2016, 12, 116min) ★★★★★
10.00 **Blade Runner** Ridley Scott's futuristic thriller starring Harrison Ford and Rutger Hauer. (1982, 15, 130min) ★★★★★

12.00 M'T **The Purge** As 4.15pm.
1.30 AM **Concrete Utopia** Drama. (2023, 15, 130min) ★★★★
3.45 **Biosphere** Sci-fi comedy drama. (2022, 15, 106min) ★★★
5.35 **to 7.20** AM **Silent Running** Cult sci-fi drama starring Bruce Dern. (1972, U, 90min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
8.15 **The Man Who Shot Liberty Valance** As shown at 3.40am.
10.30 **The Return of the Pink Panther** Crime comedy sequel. (1974, PG, 113min) ★★★
12.35 PM **The Naked Gun** Spoof thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★

2.15 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
4.20 **The Pink Panther Strikes Again** Comedy. (1976, PG, 103min) ★★
6.20 **The Naked Gun 2½: The Smell of Fear** Police comedy sequel. (1991, 15, 81min) ★★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
10.05 **The Deer Hunter** Drama. (1978, 18, 183min) ★★★★★

1.20 AM **Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★
3.40 **to 6.00** AM **The Man Who Shot Liberty Valance** Classic John Ford Western starring James Stewart and John Wayne. (1962, b/w, U, 122min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.45 AM **The Adventures of Tom Thumb and Thumbelina**
8.05 **Over the Hedge** As 5.40pm.
9.35 **Fireheart** Animated adventure. (2022, U, 92min) ★★★
11.15 **Maya the Bee** As 11.40pm.
12.50 PM **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
2.25 **Dragon Rider** Animation. (2020, PG, 91min) ★★★

4.00 **Barnyard** Children's animated comedy. (2006, PG, 90min) ★
5.40 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
7.10 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
8.45 **Two by Two** Animated adventure. (2015, U, 85min) ★★
10.20 **The Adventures of Tom Thumb and Thumbelina** Animated family adventure. (2002, U, 72min) ★★
11.40 **Maya the Bee** Animated adventure. (2014, U, 86min) ★★

1.15 AM **Tom and Jerry: A Nutcracker Tale** (2007, U) ★★★
2.15 **Megamind vs The Doom Syndicate** (2024, U) ★★★
3.50 **Mavka: The Forest Song** Animation. (2023, PG) ★★
5.40 **to 7.05** AM **Batman Unlimited: Animal Instincts** (2015, PG) ★★

Movies 24

312 313 419

7.00 AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
9.00 **Sweet as Pie** Romantic comedy. (2022, PG, 93min) ★★
11.00 **The Engagement Back-Up** Romantic comedy drama. (2022, PG, 91min) ★★
1.00 PM **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
3.00 **Sense and Sensibility** Romantic drama. (2024, U, 84min) ★★

5.00 **Mr Pawsitively Perfect** Romance starring Christine L Nguyen. (2023, PG, 90min) ★★
7.00 **Inspiring Love** Romantic drama starring Donna Benedicto. (2023, PG, 85min) ★★
9.00 **The Love Issue** Romantic drama starring Alicia Dea Josipovic and Luke Humphrey. A magazine beauty editor persuades a photographer to pretend to be her boyfriend when her ex gets engaged. (2023, PG, 85min) ★★

11.00 **CrimeTime: Freefall** Mystery drama. (2024, PG, 90min) ★★
1.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
3.00 **to 5.00** AM **Love in Whitbrooke** Drama. (2021, PG, 88min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **Once In a New Moon** Sci-fi drama starring Eliot Makeham. (1935, b/w, U, 79min) ★★★
7.50 **Look at Life**
8.05 **Come Back Peter** Comedy. (1952, b/w, U, 80min) ★★★
9.40 **Subway in the Sky** Thriller. (1958, b/w, PG, 85min) ★★
11.25 **Gallant Journey** Biopic. (1946, b/w, U, 85min) ★★★

1.10 PM **Suspected Person** Drama. (1942, b/w, PG, 74min) ★★★
2.45 **The Pretty Things On Film**
3.00 **Crown Court** Triple bill.
4.30 **Notorious** Hitchcock thriller with Cary Grant and Ingrid Bergman. (1946, b/w, U, 101min) ★★★★★
6.25 **Holiday All The Way**
6.55 **Those British Faces: A Tribute to Alastair Sim**
7.30 **The Cheaters** 8/12. (S1)
8.00 **The Brothers** 7/13. (S6)
9.05 **Travelling Man** 6/6. (S1)
10.10 **The Gold Robbers** 10/13. (S1)

11.15 **The Nudist Story** Romantic comedy. (1960, 15, 90min) ★★★
1.05 AM **The Rough and the Smooth** Drama. (1959, b/w, 18) ★★
3.05 **Shadows on the Stairs** Mystery. (1941, b/w, PG, 63min) ★★
4.20 **to 6.00** AM **A Yank in Ermine** Comedy. (1955, U, 85min) ★★

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE Women's State of Origin Queensland Maroons v New South Wales Sky Blues.** Game one of the annual three-match series. Kick-off **10.45am**.
12.45 PM **LIVE WTA & ATP Tennis** Day 10 of the Madrid Open, a clay-court tournament staged at Park Manzanares in Madrid, Spain.
3.00 **LIVE IPL Rajasthan Royals v Mumbai Indians.** The T20 match from Sawai Mansingh Stadium.
7.00 **LIVE Premier League Nottingham Forest v Brentford.** Coverage of the Premier League match from the City Ground. Kick-off **7.30pm**.
10.00 **LIVE Premier League Darts** Night 13 of the tournament at Utilita Arena Birmingham, featuring the quarter-finals, semi-finals and final all in one night.
11.00 **LIVE PGA Tour Golf** The first day of the CJ Cup Byron Nelson.
12.00 M'T **LIVE LPGA Tour Golf** Day one of the Black Desert Championship staged at Black Desert Resort in Ivins, Utah.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Retro** Another chance to see Arsenal v Leeds United in 2003.
5.00 **Best PL Goals 2017/18**
6.00 **Premier League Stories**
6.30 **The Big Interview**
7.00 **LIVE Premier League Nottingham Forest v Brentford.** Coverage of the Premier League match from the City Ground. Kick-off **7.30pm**.
10.15 **The Big Interview**
10.45 **Premier League Stories**
11.15 **Premier League Highlights** Nottingham Forest v Brentford.
11.45 **PL Greatest Games**
12.00 M'T **Premier League Icons**
1.00 AM **PL Retro** Arsenal v Manchester United from 1997.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2018/19**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Retro League One**
8.00 **EFL Cup Highlights**
8.30 **EFL Trophy Football**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2020 final.
11.00 **EFL** Action from West Ham United v Blackpool in 2011/12.
12.00 NOON **WSL** A chance to see Manchester United v Chelsea.
2.00 PM **EFL Highlights**
3.00 **Bundesliga Highlights Show**
4.00 **EFL Highlights** Championship.
5.30 **WSL** Manchester United v Chelsea.
6.00 **Bundesliga** Recent action.
6.30 **Bundesliga Weekly**
7.00 **EFL Highlights** Action from Blackpool v Birmingham City.
7.15 Mansfield v Peterborough.
7.30 Millwall v Swansea City.
7.45 Oxford United v Sunderland.
8.00 **Scottish Premiership Round-Up**
8.15 **SPFL Highlights**
8.30 **WSL** Manchester United v Chelsea.
9.00 **Bundesliga** Recent action.
9.30 **Bundesliga Weekly**
10.00 **Scottish Premiership Round-Up**
10.15 **SPFL Highlights** Action from Dundee United v Celtic.
10.30 **EFL Highlights** Championship.
11.00 **Bundesliga** Recent action.
11.30 **Bundesliga Weekly**
12.00 M'T **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A chance to see Chennai Super Kings v Punjab Kings.
10.10 **Ashes Greats** Archive action.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights.
2.50 PM **LIVE IPL Rajasthan Royals v Mumbai Indians.** Coverage of the T20 match at Sawai Mansingh Stadium. The Royals reached the play-offs last year, but struggled for form in the early stages of the campaign, while the Indians also made a fairly slow start to the season, but have shown some signs of improvement after finishing bottom of the table in 2024.
7.00 **LIVE Pakistan Super League Lahore Qalandars v Quetta Gladiators.** Coverage of the T20 match staged at Gaddafi Stadium.
8.00 **Best of ICC WT20**
9.00 **IPL** Action from Rajasthan Royals v Mumbai Indians.
10.00 **Pakistan Super League Highlights** Recent action.
12.00 M'T **IPL** Action from Chennai Super Kings v Punjab Kings.
1.00 AM A replay of Rajasthan Royals v Mumbai Indians.
5.10 **Ashes Greats** Archive action.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **DP World Tour Golf**
8.30 **PGA Tour Golf**
9.30 **PGA Tour Champions**
10.30 **Suzann Pettersen: Final Putt**
11.15 **PGA Tour: The Cut**
11.45 **DP World Tour Golf**
12.45 PM **LIVE PGA Tour Golf** The early stages of day one of the CJ Cup Byron Nelson from TPC Craig Ranch in McKinney, Texas.
9.00 **LIVE PGA Tour Golf** Further coverage of day one of the CJ Cup Byron Nelson at TPC Craig Ranch.
12.00 M'T **LIVE LPGA Tour Golf** The opening day of the Black Desert Championship from Black Desert Resort in Ivins, Utah.
2.00 AM **PGA Tour Champions Learning Centre**
2.30 **DP World Tour Golf**
3.30 **Golf Academy** Expert advice.
4.30 **PGA Tour Champions Learning Centre** Golf tips.
5.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **LIVE WTA & ATP Tennis** Day 10 of the Madrid Open, a clay-court tournament from Park Manzanares in Madrid.
6.00 PM **LIVE WTA & ATP Tennis** Further coverage of day 10 of the Madrid Open staged at Park Manzanares in Madrid, Spain, featuring the men's quarter-finals and women's semi-finals.
11.00 **ATP Tennis** Recent highlights.
1.00 AM **US Open Classic Matches**
2.00 **Mirra Andreeva Podcast 2024**
2.15 **Bitesize Tennis** Highlights.
2.45 **Tim Henman Podcast 2024**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **TNT Sports Reload**
6.30 **Isuzu A-League Highlights**
7.00 **Ninja A-League Women**
7.30 **Serie A – Full Impact**
8.00 **Discovery Golf**
8.30 **Men's Cycling Pro Series**
9.30 **Men's Cycling** Tour of Romandy.
10.30 **Premier League Reload**
10.45 **TNT Sports Reload**
11.00 **LIVE Cycling** Coverage of the Eschborn Frankfurt one-day race.
4.15 PM **LIVE Cycling** The second stage of the men's Tour of Romandy in La Grande Béroche.
5.00 **UEFA Champions League**
6.00 **The Football's On**
7.00 **LIVE UEFA Europa League** Coverage of a semi-final first-leg match. Kick-off **8.00pm**.
10.30 **Premier League Netbusters**
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB Toronto Blue Jays v Boston Red Sox.** Coverage of the American League match staged at Rogers Centre. Start-time **12.07am**.
3.15 AM **MLB: Off the Bat**
3.45 **MotoGP Rewind**
4.00 **AFL** Bombers v Kangaroos.
5.30 **to 6.00** AM **Serie A – Full Impact**

TNT Sports 2

411 414 522 409 431

6.00 AM **Ultimate Pool**
7.30 **Snooker World Championship**
9.30 **The Rugby Review**
10.15 **LIVE AFL Essendon Bombers v North Melbourne Kangaroos.** Coverage of the match from Marvel Stadium in Melbourne. Bounce-up **10.30am**.
1.15 PM **MLB Highlights**
2.15 **MotoGP Rewind** A look back at the best of the action from the Grand Prix of Spain.
2.30 **LIVE Cycling** Coverage from the second stage of the men's Tour of Romandy, which continues in La Grande Béroche.
5.00 **Premier League Netbusters**
5.30 **Premier League: Big Interview**
6.00 **UEFA Europa League & Conference League Magazine**
7.00 **LIVE UEFA Conference League** Coverage of a semi-final first-leg tie.
10.30 **The Football's On**
11.30 **Serie A – Full Impact** Featuring Inter Milan v AS Roma.
12.00 M'T **NBA** A play-off match.
1.30 AM **NBA Action** Highlights.
2.00 **LIVE NBA** Coverage of a game in the end-of-season play-offs.
4.30 **to 6.00** AM **NBA Classic**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Women's State of Origin**
6.45 **My Icon** With Martin Offiah.
7.00 **Women's State of Origin**
10.00 **LIVE Women's State of Origin Queensland Maroons v New South Wales Sky Blues.** Coverage of game one of the annual three-match series staged at the Suncorp Stadium in Brisbane. Kick-off **10.45am**.
12.45 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **Super Bowl LIX Highlights** Highlights of the showpiece match between Kansas City Chiefs and Philadelphia Eagles at Caesars Superdome in New Orleans.
4.00 **Fight Night International**
5.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show.
7.00 **LIVE Premier League Darts** Coverage of night 13 of the tournament at Utilita Arena Birmingham, with a format featuring quarter-finals, semi-finals and a final all in one night.
11.00 **PDC Classics** Archive action.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Premier League Darts**
5.00 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News** A round-up of the latest sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories and a tip on today's racing.
10.00 **The Football Show** A look at all the major stories making the football headlines this morning.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
12.30 PM **My Ryder Cup** Jose Maria Olazabal shares his memories of the Ryder Cup.
12.45 **LIVE PGA Tour Golf** Coverage of the early stages of day one of the CJ Cup Byron Nelson from TPC Craig Ranch in McKinney.
9.00 **LIVE PGA Tour Golf** Further coverage of day one of the CJ Cup Byron Nelson from TPC Craig Ranch. Taylor Pendrith became the first Canadian to win this event last year, finishing one stroke clear of American Ben Kohles to win his maiden title on the tour.
11.00 **LIVE LPGA Tour Golf** Coverage of day one of the Black Desert Championship from Black Desert Resort in Ivins, Utah.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Champions**
8.00 **DP World Tour Golf**
9.00 **Best of ICC WT20**
9.30 **Pakistan Super League**
11.20 **LIVE Pakistan Super League Multan Sultans v Karachi Kings.** Coverage of the T20 match at Multan Cricket Stadium.
3.30 PM **Ashes Greats**
3.50 **LIVE Pakistan Super League Lahore Qalandars v Quetta Gladiators.** Coverage of the T20 match staged at Gaddafi Stadium.
8.00 **Best of ICC WT20**
8.30 **Ashes Greats** Archive action.
9.00 **PGA Tour Golf** Highlights.
10.00 **IPL** Recent action from India.
12.00 M'T **Pakistan Super League Highlights** Recent actioln.
1.00 AM **Premier League Darts**
5.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
7.00 **UEFA Europa League & Conference League Magazine**
8.00 **The Football's On**
9.00 **Premier League Netbusters**
9.30 **Kenny Allstar's Number 1's**
9.45 **TNT Sports Reload**
10.15 **Discovery Golf**
10.45 **Snooker World Championship**
12.45 PM **LIVE Snooker World Championship** Coverage from the first session on the first day of the semi-finals from Sheffield.
4.00 **WRC Review** Rally Islas Canarias.
5.00 **MLB Highlights**
6.00 **MLB: Off the Bat**
6.30 **LIVE Snooker World Championship** Coverage of the second session of the semi-finals.
10.00 **NBA Action** Highlights.
10.30 **AFL** Bombers v Kangaroos.
12.00 M'T **UEFA Europa League**
2.00 AM **UEFA Conference League**
4.00 **A-League Highlights**
5.00 **to 6.00** AM **British Speedway**

TNT Sports 4

414 416 524 411 434

6.00 AM **WRC Review**
7.00 **MotoGP Highlights**
8.00 **British Speedway**
9.00 **Playing for Our Future**
10.30 **LIVE Men's Cycling Pro Series** Stage five of the Tour of Turkey, a route from Marmaris to Aydin.
12.30 PM **Serie A – Full Impact**
1.00 **NBA** A play-off match.
2.30 **Isuzu A-League Highlights**
3.00 **A-League Women Highlights**
3.30 **Discovery Golf**
4.00 **Ultimate Pool** Recent action.
5.30 **NBA Action** Highlights.
6.00 **NBA** A play-off match.
7.30 **Premier League Reload**
7.45 **LIVE UEFA Europa League** Coverage of a semi-final first-leg match. Kick-off is at **8.00pm**.
10.00 **Men's Cycling** Recent action.
1.00 AM **Snooker World Championship** The 13th day.
3.00 **Marathons** From London.
4.00 **TNT Sports Reload**
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 551

6.00 AM **British Minibikes**
8.00 **PSA Squash Highlights**
9.00 **DTM Highlights**
10.00 **Transworld Sport** Magazine.
11.00 **Champions Cup Highlights**
12.00 NOON **Scottish Football Social Club** The latest news and results.
1.00 PM **PSA Squash Highlights**
2.00 **Sporting Countdowns**
2.30 **Women's Football Weekly**
3.00 **NASCAR Highlights**
4.00 **DTM Highlights**
5.00 **URC in 60** Recent action.
6.00 **Viva LaLiga** The latest news.
7.30 **Sporting Countdowns**
8.00 **Scottish Football Social Club**
9.00 **Transworld Sport** Magazine.
10.00 **PSA Squash Highlights**
11.00 **Sporting Greats**
11.30 **Top 14 Rugby Union Highlights**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Women's Football Weekly**
3.30 **Sporting Greats**
4.00 **to 6.00** AM **Scottish Football**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **LaLiga** Another chance to see Athletic Bilbao v Las Palmas.
10.00 **Africa Eco Race**
10.30 **GP Confidential**
11.00 **Champions Cup** A chance to see Northampton Saints v Castres in the third quarter-final.
1.00 PM **FastZone** Highlights.
1.30 **Bike World** Magazine.
2.00 **LaLiga News**
2.30 **Temples of Sport** Iconic sporting venues from around the globe.
3.00 **Top 14 Rugby Union**
5.00 **LaLiga** Barcelona v Mallorca.
7.00 **FastZone** Motorsports highlights.
7.30 **Bike World** Magazine.
8.00 **United Rugby Championship**
10.00 **Football's Greatest**
11.00 **NHL Ice Hockey** A play-off.
1.00 AM **FastZone** Highlights.
1.30 **GP Confidential**
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Miami Grand Prix.
11.00 **Formula 1** Saudi Arabian GP.
1.15 PM **F1 Feature**
1.20 **Formula 1** Recent highlights.
1.30 **F1 Academy** A race review.
2.00 **Formula 1** Miami Grand Prix.
7.00 **F1 Drivers Press Conference**
7.40 **F1 Feature**
7.45 **Formula 1** Action from the Saudi Arabian Grand Prix.
8.45 **F1 Drivers Press Conference**
9.25 **F1 Feature**
9.30 **Formula 1** Action from the 2024 Miami Grand Prix.
10.30 **F1 Drivers Press Conference**
11.30 **Formula 1** Recent action.
12.30 AM **F1 Academy** A race review.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Evening Planner

Football

Premier League

Sky Sports Main Event & Sky Sports Premier League, kick-off 8pm

Top-four chasing Manchester City face Wolves at the Etihad Stadium tonight.

Thriller

Cleaner

Sky Premiere, 8pm

When activists take hostages at an office building, it's up to Daisy Ridley's soldier-turned-window cleaner to save the day.

Drama

Beyond Paradise

BBC1, 8pm

After a nurse goes missing, could the local legend of a mound called Devil's Hump provide Humphrey with a clue?

Travelogue

Martin Clunes' Islands of the Atlantic

ITV1, 9pm

The *Doc Martin* actor embarks upon on a three-part island-hopping adventure.

Friday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 The Travelling...†	8.00 Beyond Paradise		9.00 Have I Got...	9.30 Austin	10.00 News; Local News	10.40 Man...
	102 BBC2	7.00 Snooker: The World Championship Live		8.00 Gardeners' World		9.00 Black Snow		10.00 Red Dwarf	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Martin Clunes' Islands of the Atlantic		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Millionaire Hoarders		9.00 Gogglebox		10.00 The Honesty Box	
	105 5	7.00 Isle of Wight: Jewel of the South		8.00 Storms from Space		9.00 Michael Portillo's Travel Diaries		10.00 The 70s: Everything We Loved & Lost	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Joe Lycett's United States of Birmingham		9.00 Hacks	9.40 Brett Goldstein: The Second Best Night of Your Life		
ENTERTAINMENT	115 BBC3	7.00 Film: Minions: The Rise of Gru			8.25 Dragons' Den US: Shark Tank	9.10 Hunting the...	9.40 Who Stole Tamara Ecclestone's...		10.35 Ashley...
	116 BBC4	7.00 TOTP: 1997		8.00 Snooker: The World Championship – Live				10.00 TOTP: 1978	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Film: Suicide Squad			
	136 MORE4	◂ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Panda		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Kingsman: The Golden Circle			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	◂ 6.55 Billions		8.00 Game of Thrones		9.00 The Last of Us			10.10 Chernobyl
	110 U&GOLD	7.00 Dad's Army	7.40 The Vicar of Dibley			9.00 The Fast Show	9.40 Bottom		10.15 Bottom Live
	111 U&DAVE	7.00 Would I Lie to You?	7.35 Richard Osman's House of Games			9.00 Live at the Apollo		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Scott & Bailey	
	120 ITV4	◂ 6.30 British Touring Car Championship...		8.00 Beat the Chasers		9.00 Film: The Rock			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm	9.50 The Walking Dead		
	113 SKY MAX	7.00 Stargate SG-1		8.00 Joe Lycett's United States of Birmingham		9.00 Hacks	9.40 Never Mind the Buzzcocks		10.35 Strike...
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Beyond Paradise			10.20 Father Brown
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Close to You: Remembering the Carpenters			9.20 Brian Wilson: Long Promised Road		
	132 U&W	◂ 6.35 Interior Design Masters with Alan Carr		8.00 Inside the Ambulance: Coast and Country		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: White Water				9.00 Expedition X		10.00 Expedition Unknown	
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Dr Jeff: Rocky Mountain Vet		9.00 I Was Prey		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Titanic: The Digital Resurrection			9.30 Titanic: The Final Secret		10.30 Destruction...
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Strangest Things		9.00 Buried: Knights Templar and the Holy...		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Great British Railway Journeys		8.00 Abandoned Engineering		9.00 Tony Robinson's Marvellous Machines		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Urban Secrets		8.00 Ten Years of Darkness: Isis and The...		9.00 Film: Bowling for Columbine			
FILMS – Sky Cinema	301 PREMIERE	◂ 5.55 Twisters		8.00 Cleaner			9.45 Trap		
	302 FAVOURITES	◂ 5.50 The Karate Kid		8.00 Back to the Future				10.00 Mission: Impossible – Dead Reckoning...	
	303 HITS	◂ 6.00 The Fast and the Furious		8.00 2 Fast 2 Furious			9.50 The Fast and the Furious: Tokyo Drift		
	304 GREATS	◂ 6.25 The Naked Gun 33⅓: The Final Insult		8.00 Indiana Jones and the Last Crusade				10.10 Midnight Run	
	305 ANIMATION		7.15 Dr Seuss' The Lorax		8.45 The Nut Job				10.15 Mavka: The Forest Song
	306 FAMILY	◂ 6.05 Bean	7.50 Mr Bean's Holiday				9.30 Small Soldiers		
	307 HEROES	◂ 6.10 Madame Web		8.10 Wonder Woman					10.35 Cleaner
	308 COMEDY	◂ 6.00 The Death of Stalin		8.00 Daddy's Home 2			9.50 The Young Ones		
	309 THRILLER	◂ 6.10 Layer Cake		8.00 The Da Vinci Code					10.35 The Sum...
	310 DRAMA	◂ 6.00 Chicago		8.00 One Life				10.05 The Sons of Katie Elder	
	311 SCI-FI	◂ 5.55 Passengers		8.00 Star Trek Beyond				10.10 Congo	
	313 FILM4	◂ 6.25 Hidden Figures				9.00 Free Guy			
SPORT	401 MAIN EVENT	7.00 FNF – Live: Manchester City v Wolverhampton Wanderers (Kick-off 8.00)						10.00 Formula 1 – Live: The Miami Grand Prix	
	402 PREMIER LEAGUE	7.00 FNF – Live: Manchester City v Wolverhampton Wanderers (Kick-off 8.00)							
	403 FOOTBALL	7.00 EFL...	7.20 Bundesliga – Live: FC Heidenheim 1846 v VfL Bochum (Kick-off 7.30)				9.30 Bundesliga	10.00 EFL Highlights	
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	7.00 Isuzu UTE A-League				9.00 UEFA...	9.30 Grand Slam Track Athletics		10.30 Grand Slam...
	411 TNT SPORTS 2	7.00 MotoGP Highlights		8.00 AFL			9.30 Discovery Golf	10.00 NBA	

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/D67K
*Terms & conditions: magazinesdirect.com/terms.

Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Rip Off Britain** Series finale (S)
10.15 **Dr Xand's Con or Cure** Series finale Milk alternatives. (S)
10.45 **Animal Park** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition Ardingly in West Sussex. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Elections 2025** Laura Kuenssberg continues to monitor the results of the local elections. (S)
4.00 **The Bidding Room** Featuring soda syphons, a *Carry On* film poster and two 1930s suitcases. (S)(R)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Have I Got News for You

7 PM
7.00 **The One Show** Clara Amfo and Roman Kemp present the topical show. (S)
7.30 **The Travelling Auctioneers** A clown needs to sell his huge collection of circus memorabilia, including items that belonged to showman PT Barnum. (S)(R)

8 PM
8.00 **Beyond Paradise** Series finale 6/6. When nurse Lucy vanishes on her way to work, suspicion falls on Josh Woods – Kelby's rival. It seems the legend of the Devil's Hump may hold a vital clue to solving the mystery. (S3) (S)(AD)

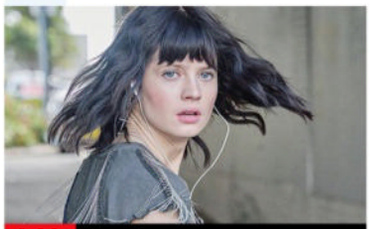
9 PM
9.00 **Have I Got News for You** New edition 5/10. Sue Perkins hosts this week's quiz. (S)
9.30 **Austin** New episode 5/8. Julian contemplates hiring someone to 'scrub' his image. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW TO BBC1 **Man Like Mobeen** 1/6. Return of the comedy starring Guz Khan. Mobeen's plan to get to Aqsa goes awry, and a familiar face shows up with an offer. (S5) (S)(AD)
11.05 **Man Like Mobeen** New episode 2/6. Nida offers to get Mobeen a fake passport if he can steal something from the Turks. *Previously on BBC3.* (S5) (S)(AD)
11.30 FILM **The Gift** Thriller starring Rebecca Hall, Jason Bateman and Joel Edgerton, who also directed. (S) (2015, 15, 105min) ★★★★
1.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Bargain Hunt** (S)(R)(AD)
8.00 **Sign Zone: Chronicles of the Glens** A year in the Glens of Antrim. (S)(R)
8.30 **Sign Zone: Jules and Greg's Wild Swim** The River Tay. (S)(R)(AD)
9.00 **BBC News** (S)
10.00 LIVE **Snooker: World Championship** The first session of a semi-final on day 14 from the Crucible Theatre in Sheffield. (S)
12.00 NOON **Elections 2025** (S)
2.00 PM LIVE **Snooker: World Championship** Coverage of the second session of a semi-final on day 14 at the Crucible Theatre. (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great British Railway Journeys** Series finale 20/20. Michael arrives in Colchester. (S)(AD)



9.00 Black Snow

7.00 LIVE **Snooker: World Championship** Coverage of the third and penultimate session of a semi-final on day 14 from Sheffield's Crucible Theatre. (S)
■ Continues on BBC4

8.00 **Gardeners' World** New edition Monty Don and his team of horticultural experts offer viewers at home more gardening tips from their base in Monty's garden in Herefordshire. (S)

9.00 **Black Snow** New episode *Money:* 5/6. The field of suspect narrows as incriminating evidence is found on a computer. (S2) (S)(AD)
■ Entire series on BBC iPlayer
9.50 **QI XS** Compilation of highlights. (S)(R)

10.00 **Red Dwarf** *DNA:* 2/6. The crew members discover a machine capable of transforming the shape of any living thing by altering its genetic make-up. (S4) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 FILM **Crimes of the Future** Sci-fi horror starring Viggo Mortensen, Léa Seydoux and Kristen Stewart. (S) (2022, 18, 100min) ★★★
12.40 AM **Sign Zone: Panorama – The Truth About Baby Food Pouches**
1.10 **Sign Zone: Who Do You Think You Are?** With Andrew Garfield. (S)(R)
2.10 **Sign Zone: Robson Green's Weekend Escapes** (S)(R)(AD)
2.40 **Sign Zone: Our Changing Planet – Restoring Our Rivers** (S)(R)(AD)
3.40 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 LIVE **Racing** Ed Chamberlin and Francesca Cumani host coverage of a meeting headlined by the Jockey Club Stakes from Newmarket, plus racing from Goodwood. (S)
4.30 **Tipping Point: Best Ever Finals** Compilation of some of the show's most dramatic endgames. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Islands of the Atlantic

7.30 **Emmerdale** Ruby and Caleb worry for their daughter, Gail is over the moon and Tracy is left baffled. (S)(AD)

8.00 **Coronation Street** Maria warns Gary against employing Mick, while Julie advises George to make more of an effort with Eileen, and Daisy makes her departure from Weatherfield. (S)(AD)

9.00 NEW SERIES **Martin Clunes' Islands of the Atlantic** 1/3. The actor explores the ocean's islands, beginning with São Tomé and Príncipe – and the remote Bijagós Islands. *See feature, page 8.* (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The 1% Club** Quiz show hosted by Lee Mack in which 100 contestants have a chance of winning up to £100,000. (S)(R)(AD)
11.40 **Olivia Attwood's Bad Boyfriends** 12/12. The series reaches a dramatic finale as Olivia drops one final shocking twist. (S)(R)
12.30 AM **Teleshopping**
3.00 **Made in Britain** (S)(SL)(R)(AD)
3.30 LIVE **LIV Golf** Day two from Jack Nicklaus Golf Club in Incheon, South Korea. *Continues on ITVX.* (S)
4.30 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 12-15/22. (S1) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 9-12/24. (S6) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **The Great House Giveaway** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** Gîte owners Jonathan and Linda cook up a new idea in France. (S)(R)
5.00 **Chateau DIY** New edition At Château Lagorce, Edward and Anna's preparations are in full swing for their 400th wedding. (S)(AD)
6.00 **A Place in the Sun** New edition A pair of music lovers seek a permanent home in Charente-Maritime, south-west France. (S)

8.00 Millionaire Hoarders

7.00 **News** (S)

8.00 NEW SERIES **Millionaire Hoarders** Following experts as they sift through the contents of Northumberland's Bamburgh Castle in a bid to unearth items that could raise life-changing sums of cash. (S)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 NEW TO C4 **The Honesty Box** 1/9. Vicky Pattison and Lucinda Light present the dating show testing whether honesty is the secret to finding true and everlasting love. *Previously on E4.* (S)(AD)
11.05 **The Honesty Box** New editions 2/9. A lie in the Honesty Box shakes one of the new couples. (S)
12.10 AM 3/9. The Truth Terrace delivers a shocking revelation. (S)
1.05 FILM **I'm Your Man** German comedy drama starring Maren Eggert and Dan Stevens. Subtitled. (S) (2021, 15, 110min) ★★★★
2.55 **Ramsay's Kitchen Nightmares USA** Colorado. (S)(SL)(R)
3.45 **to 6.00** AM **Come Dine with Me**

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **The Disappearance of Cari Farver** Thriller starring Alicia Witt and Zach Gilford. (S) (2022, 12, 105min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** The *Regal Princess* drops anchor in Genoa. (S)(R)(AD)
5.00 **News** (S)
6.00 **Secrets of the Royal Traditions** 1/6. The origins of traditions used by the Royal Family, beginning with some of those on display at Queen Elizabeth II's funeral in 2022. (S)(R)
6.55 **News** (S)

8.00 Storms from Space

7.00 **Isle of Wight: Jewel of the South** In Bembridge, fishmongers Mike and Ruth Curtis are preparing for a busy summer of customer orders. (S)(R)
7.55 **News** (S)
8.00 NEW **Storms from Space** The cutting-edge technology helping meteorologists track dangerous weather systems, warning people about lightning, tornadoes and hurricanes so they can get to safety. (S)
9.00 **Michael Portillo's Travel Diaries** New edition Michael takes in heavenly views of Milan, visits the shopping arcade of Galleria Vittorio Emanuele II, and explores the genius of Leonardo da Vinci. (S)
10.00 **The 70s: Everything We Loved & Lost** A trip back in time to remember precious products from the 1970s, celebrating must-have toys, cutting-edge technology and favourite foodstuffs from that most colourful of decades. (S)(R)
11.30 **The Greatest TV of the '70s** The best programmes of the decade, including *Fawlty Towers* and *The Good Life*. (S)(R)
1.25 AM **PlayOJO Live Casino Show**
3.05 **Autumn Gardening with Carol Klein** Double bill. (S)(R)
4.35 **The Wonderful World of Chocolate** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S6) (S)(R)
11.00 **Shadowlands** (S)(R)(AD)
12.00 NOON **Manifest** (S3) (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 12/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Sunday, Cruddy Sunday:* Featuring the guest voice of Dolly Parton. (S)(R) **5.30** *The Wizard of Evergreen Terrace:* Homer decides to become an inventor. (S)(R)
6.00 **The Office (US)** 3/19. Ryan returns for the first time since his promotion. (S)(R) **6.30** 4/19. Michael and Dwight present food gift baskets to former clients. (S4) (S)(R)

9.00 Hacks

7.00 **The Simpsons** *Homer to the Max:* Homer calls himself Max Power in a bid to avoid being confused with a TV cop. (S)(R) **7.30** *I'm with Cupid:* Apu showers his wife with gifts. With Elton John. (S)(R)
8.00 **Joe Lycett's United States of Birmingham** 2/4. The host continues his American road trip, moving onto Ohio – the state with the highest concentration of Birminghams. (R)
9.00 **Hacks** New episode *Clickable Face:* 5/10. Comedy drama series starring Jean Smart and Hannah Einbinder. (S4)
9.40 **Brett Goldstein: The Second Best Night of Your Life** A stand-up special, covering relationships and sex, with *Ted Lasso* references and musical moments. (R)
10.50 **Sex and the City** *Change of a Dress:* 15/18. Carrie panics about her wedding. (S4) (S)(R)
11.30 **Sex and the City** 16/18. Carrie panics when she is threatened with eviction and turns to Big for help. (S4) (S)(R)
12.10 AM **The Force: Manchester** (R)
1.10 **Brit Cops: Frontline Crime UK**
2.05 **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 12/23. (S2) (S)(R)(AD)
5.00 **Road Wars** (R)
5.30 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am-12.15pm Homes Under the Hammer New edition (S) **7.30-8.00pm** Landward (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm Anna Haugh's Big Irish Food Tour Series finale (S) **10.40** Bikes! Cookstown 100 (S) **11.20** Man Like Mobeen (S)(R)(AD) **12.10am** FILM The Gift (S) (2015, 15, 105min) ★★★★ **1.55-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Two Sisters, One Goal (S)(R) **10.40** Rewind: 60 Years of Welsh Pop (S)(R) **11.10** Man Like Mobeen (S)(R)(AD) **12.00m't** FILM The Gift (S) (2015, 15, 105min) ★★★★ **1.45-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Vanished Wales New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys **12.30** Heno **1.00** Ceffylau Cymru **1.30** Cartrefi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Ysbyty **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pen Llyn Harri Parri (AD) **6.30** Garddio a Mwy **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Fets **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Strip: Revealing stories from a strip club where the women call the shots. **9.15** Strip New edition **9.30** Marw Gyda Kris **10.30** Mini Hana Medi New edition **10.55** Mini Hana Medi New edition **11.25pm-12.00m't** Gareth!

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM FILM **Minions: The Rise of Gru** Animated comedy prequel featuring the voice of Steve Carell. (2022, U, 88min) ★★★
8.20 **The Catch Up**
8.25 **Dragons' Den US: Shark Tank** New edition 18/24. Products include a hand-washing device and a self-cleaning water bottle.
9.10 **Hunting the Rolex Rippers** The search for the watch-stealing gang.
9.40 **Who Stole Tamara Ecclestone's Diamonds?** The 2019 burglary of Tamara Ecclestone and Jay Rutland's London home.
10.35 **Ashley Cain: Into the Danger Zone** 5/6. Ashley heads to Sweden.
11.35 **Glow Up: Britain's Next Make-Up Star**
12.35 AM **Just Act Normal**
1.55 **Charlotte in Sunderland**
2.25 **Laugh Lessons**
2.30 **Hunting the Rolex Rippers**
3.00 **to 3.55** AM **Who Stole Tamara Ecclestone's Diamonds?**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1997** Featuring 911, Spice Girls, Dannii Minogue, Double 99, Puff Daddy and The Charlatans. **7.30** Music from Backstreet Boys, Embrace, Peter Andre, Toni Braxton, Pulp and Aqua.
8.00 LIVE **Snooker: World Championship** Coverage of the third and penultimate session of a semi-final on day 14 at the Crucible Theatre in Sheffield.
10.00 **TOTP: 1978** Performances by The Dooleys, John Paul Young, Ruby Winters, Hi Tension, Tonight and Darts.
10.45 **The Who at the Electric Proms** A 2006 performance by the veteran rock group at the Roundhouse in London.
11.35 **Jethro Tull: The Lively Arts** A look at the many-sided talents of the British rock group.
12.35 AM **TOTP: 1997**
1.30 **The Who at the Electric Proms** As 10.45pm.
2.20 **to 3.20** AM **Jethro Tull: The Lively Arts**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** Five editions from Hull.
5.15 **Four in a Bed** The contest gets under way at One4 B&B in Cheltenham. **5.45** From the Windy Bottom B&B in Maidstone. **6.20** The competition moves to the Jolly Carter in Bolton, Greater Manchester. **6.50** The final visit is to the Alexandra Hotel, Llandudno.
7.25 **Four in a Bed** The winning guest house is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil head to Stevenage where a couple seek to resolve their three-year debate.
9.00 NEW SERIES **Panda** *What Goes Around:* 1/6. French comedy starring Julien Doré as a pacifist former cop who returns to the force to uphold the law in his own laidback, non-violent way. Subtitled. (S1)
10.05 **24 Hours in A&E** Doctors investigate the medical conditions that may have caused a motorist to crash. **11.05** A 95-year-old woman may have sustained life-changing injuries.
12.05 AM **999: On the Front Line**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Three Gays of the Condo:* NASA sends an average man into space . **7.00** *Diary Queen:* Bart finds his old teacher's diary.. **7.30** *Treehouse of Horror XXII:* Halloween stories. **8.00** *Replaceable You:* Homer gets a new assistant. **8.30** *The Food Wife:* Marge, Bart and Lisa taste success in the world of food blogging.
9.00 FILM **Kingsman: The Golden Circle** Comedy sequel starring Taron Egerton. Secret agents Eggsy and Merlin join forces with their US counterparts. (2017, 15, 141 min) ★★★
11.45 **Naked Attraction**
1.50 AM **Gogglebox**
2.50 **First Dates**
3.45 **The Goldbergs**
4.40 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

Friday primetime primetime

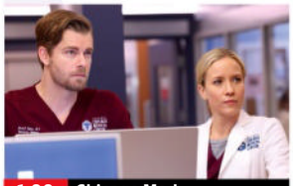
FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Motorway Patrol**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **UK Border Force**
11.00 **Bull** 17/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **Chicago Med** 12/13. An infection threatens Marcel's liver transplant. **2.00** 13/13. Ripley and Charles treat a high-risk prisoner who may have dementia. (S9)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**


1.00 Chicago Med

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 NEW SERIES **Chicago Med** *Sink or Swim:* 1/22. The department struggles to cope when a commuter ship capsizes. (S10)

9 PM
9.00 NEW SERIES **Chicago Fire** *A Monster in the Field:* 1/22. Firehouse 51 welcomes the arrival of a new chief. (S13)

10 PM
10.00 NEW SERIES **Chicago PD** *Ten Ninety-Nine:* 1/22. Voight comes to terms with his close brush with death. (S12)
11.00 **Matlock** 16/18. Olympia tackles a complex case. (S1)
12.00 M'T **FBI** 3/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **The Good Doctor** 5/20. (S4)
3.00 **The Cleaning Lady** 5/12. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **Boardwalk Empire** (S3)
10.10 **Billions** 5&6/12. (S2)
12.25 PM **Game of Thrones** (S2)
1.30 **Das Boot** 4/8. Hoffman and Tennstedt's continued conflict puts their mission in jeopardy. **2.35** 5/8. The crew argue over their loyalties. Subtitled. (S1)
3.40 **Boardwalk Empire** 6/12. Gillian and Lucky begin a feud. **4.45** 7/12. Eli tries to get back into Nucky's good books. (S3)
5.50 **Billions** 5/12. Chuck puts his faith in an anxious insider. (S2)

10.10 Chernobyl

7 PM
6.55 **Billions** *Indian Four:* 6/12. Wendy adds creates even more conflict with Chuck, and Axe negotiates with a reluctant seller. (S2)

8 PM
8.00 **Game of Thrones** *The Prince of Winterfell:* 8/10. Robb Stark discovers he has been betrayed by a close friend. (S2)

9 PM
9.00 **The Last of Us** 3/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

10 PM
10.10 **Chernobyl** *Vichnaya Pamyat:* 5/5. Legasov, Shcherbina and Khomyuk risk everything to expose the truth. (S1)
11.35 **Homicide: Life on the Street** *Hostage – Part One:* Bayliss and Munch are called to a homicide. Stars Richard Belzer.
12.35 AM **The Wire** 10/13. (S4)
1.40 **Gangs of Milan: Blocco 181**
3.50 **The Pacific** 5/10. (S1)
4.55 **to 6.00** AM **Game of Thrones**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **Manifest** 9/13. (S3)
9.00 **Stargate SG-1** (S6)
11.00 **Supergirl** 9/23. (S3)
12.00 NOON **Manifest** 10/13. (S3)
1.00 PM **Hawaii Five-0** (S4)
3.00 **Magnum P.I.** 13/20. (S5)
4.00 **S.W.A.T.** 12/23. (S2)
5.00 **Supergirl** 8/23. First of a four-part crossover with *The Flash*, *Arrow* and *DC's Legends of Tomorrow*. (S3)
6.00 **Stargate SG-1** 15/22. O'Neill and Maybourne get stranded on a deserted moon. (S6)

10.35 Strike Back: Silent War

7 PM
7.00 **Stargate SG-1** *Metamorphosis:* 16/22. The team members hear a disturbing report about the Goa'uld. (S6)

8 PM
8.00 **Joe Lycett's United States of Birmingham** 2/4. Joe heads to Ohio – the state with the most Birminghams.

9 PM
9.00 **Hacks** New episode *Clickable Face:* 5/10. Comedy drama. (S4)
9.40 **Never Mind the Buzzcocks** Comedy music quiz, with guests Sam Campbell, Calum Scott and CMAT.

10 PM
10.35 **Strike Back: Silent War** 2/10. Mac, Wyatt and Novin continue their hunt for the missing Russian jet. (S7)
11.35 **The Force: Manchester**
12.35 AM **Brit Cops: Frontline Crime UK** Documentary.
1.30 **Road Wars** Double bill.
3.00 **Magnum P.I.** 13/20. (S5)
4.00 **S.W.A.T.** 12/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.55 **Dress to Impress**
11.55 **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 1/22. The revelation about George's feelings sparks a rivalry. (S2)
4.00 **Gilmore Girls** 1/22. Lorelai wakes up next to Chris. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests Jane Danson, Eddie Kadi and Tom Rosenthal.

9.00 Suicide Squad

7 PM
7.00 **Deal or No Deal** Stephen Mulhern hosts as Sue takes on the Banker for the chance to win a life-changing prize

8 PM
8.00 **Wheel of Fortune** Graham Norton invites Mubeen, Emma and Paddy to spin the wheel to win a possible £50,000.

9 PM
9.00 FILM **Suicide Squad** Fantasy adventure starring Will Smith, Margot Robbie and Jared Leto. A ragtag team of villains are strong-armed into doing good by a government agent. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM
11.25 **Family Guy** 6/21. Death turns up to claim Peter. (S2)
11.55 **Family Guy** 5/7. (S1)
12.30 AM **American Dad!** (S6&5)
1.35 **Bob's Burgers** 18&19/22. (S10)
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.25 **Agatha Christie's Poirot**
10.35 **The Royal** *Famous for a Day.*
11.40 **Heartbeat** Double bill.
1.40 PM **Emmerdale** Double bill.
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 5/7. Isobel finds herself in conflict with Violet. (S1)
6.00 **Heartbeat** *Please, Please Me:* Rosie receives unwelcome attention from an admirer.

8.00 Midsomer Murders

7 PM
7.00 **Heartbeat** *Memoirs of a Fighting Man:* An ex-Army major shoots a youth who broke into his home. Guest stars Jon Culshaw.

8 PM
8.00 **Midsomer Murders** *A Dying Art:* When the launch of a new sculpture park is marred by murder, the detectives have to get creative as they investigate a case where everything has a deeper meaning.

10 PM
10.00 **Scott & Bailey** 3/8. Rachel makes a shocking discovery about what her brother Dom gets up to in her flat. (S2)
11.00 **Scott & Bailey** 4/8. The duo investigate a murder. (S2)
11.55 **Cracker** 5/7. (S1)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *Famous for a Day.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Sportscene: Championship Football** Coverage of a match from the final round of regular-season fixtures. Kick-off is at 7.45.
10.00 **Still Game** *Flittin':* 1/6. First episode of the sitcom. Neighbours are making Jack's life hell, but a death frees up a space in his best friend's lodgings. (S1)
10.30 NEW SERIES **Sacked in the Morning** 1/10. Craig Levein and Amy Irons explore the ins and outs of football management.
11.00 PM **to 12.00** M'T **Pitch Invasion: How the Scottish and Irish Changed Football** 1/3. The impact of players and managers from Scotland and Ireland on the English game.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S4)
9.15 **The Conners** (S5)
10.15 **Veep** 5&6/7. (S7)
11.25 **Insecure** 4&5/8. (S1)
12.35 PM **Curb Your Enthusiasm** (S10)
2.00 **Veep** 5&6/7. (S7)
3.15 **Silicon Valley** (S4)
4.25 **Insecure** 4&5/8. (S1)
5.35 **The Office (US)** (S4)
6.35 **The Conners** (S4&5)
7.35 **Curb Your Enthusiasm** 9/10. Larry develops a debilitating habit. **8.15** 10/10. Larry causes a rift between some expectant parents. (S10)
9.00 **The Righteous Gemstones** 8/9. (S4)
9.50 **Brett Goldstein: The Second Best Night of Your Life** Stand-up.
11.00 **Sex and the City** (S4)
12.15 AM **The Tonight Show** New edition Chat show.
1.15 **And Just Like That...**
2.55 **Divorce** 1&2/6. (S3)
4.20 **to 5.00** AM **Silicon Valley**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Reinventing the Orchestra**
7.00 **Fragile: A Concert for Uncertain Times**
7.50 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **DH Lawrence: Sex, Exile and Greatness**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Landscape Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Close to You: Remembering the Carpenters**
9.20 **Brian Wilson: Long Promised Road**
11.20 **The Eagles: Desperado**
12.50 AM **Eric Clapton: Nothing But the Blues**
3.00 **Live from the Artists Den** With Ringo Starr.
4.00 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Border Security: America's Front Line**
12.00 NOON **Motorway Patrol**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 1/6. (S5)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** *Blink of an Eye:* 12/26. (S6)
8.00 **Hawaii Five-0** (S10)
10.00 **S.W.A.T.** *SOS:* 5/23. Hondo and Chris go undercover aboard a hijacked cruise ship. (S2)
11.00 **Grimm** 8/22. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

7.00 AM **Unwind**
7.40 **Backyard Builds**
8.10 **Billie and Greg: The Family Diaries**
9.10 **Celebrity Homes**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **Billie and Greg: The Family Diaries**
1.05 **The Only Way Is Essex**
2.05 **Dinner Date**
3.10 **Scott's Vacation House Rules** Property series.
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
7.00 **Celebrity Homes**
8.00 **Dinner Date**
9.00 FILM **The Notebook** Romantic drama. (2004, 12, 124min) ★★★
11.30 **Botched** Double bill.
1.20 AM **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 16/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 14/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 21/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 7-10/20. (S9)
9.00 **Randall and Hopkirk (Deceased)** 19/26. (S1)
10.00 **The New Avengers** *The Last of the Cybernauts:* 3/13. A former double agent seeks revenge on Steed by mobilising a force of cybernauts. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S9)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **The Protectors**
6.50 **The Sweeney**
7.50 **The Saint**
8.55 **Magnum, PI**
9.55 **Kojak**
11.00 **Giant Lobster Hunters**
12.00 NOON **The Saint**
1.05 PM **Magnum, PI**
2.10 **Kojak**
3.15 **Minder**
4.20 **The Sweeney**
5.30 **Giant Lobster Hunters**

9.00 The Rock

6.30 **British Touring Car Championship Highlights** Action from the opening three races of the season staged at Donington Park.

8.00 **Beat the Chasers** Bradley Walsh hosts the quiz as contestants from across the UK take on a team of five Chasers.

9.00 FILM **The Rock** Thriller starring Sean Connery and Nicolas Cage. An FBI chemical weapons expert and a convict try to break into Alcatraz to foil a US Marine general who has seized the island. (1996, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

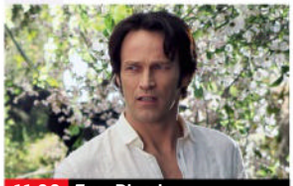
11.45 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.40 AM **Dark Side of the Ring** The story of Gino Hernandez.
2.30 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 6.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 11/26. (S5)
2.00 **Atlantis** 5/13. (S2)
3.00 **Stargate Universe** 16/20. (S1)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 11/26. (S5)
6.00 **Star Trek: Enterprise** 22/26. An alien creature invades the ship, ensnaring members of the crew and feeding off them. (S1)



11.00 True Blood

7.00 **Atlantis** *The Day of the Dead:* 5/13. Jason and his friends battle an army of undead flesh-eating monsters. (S2)

8.00 **Stargate Universe** *Sabotage:* 16/20. The crew are unsettled when the *Destiny* crosses into another galaxy. (S1)

9.00 **Grimm** *Hibernaculum:* 17/22. Nick investigates a Wesen leaves its murders victims frozen solid. (S4)
9.50 **The Walking Dead** *Last Day on Earth:* 16/16. Eugene is captured by Dwight, and Negan, the leader of the Saviours, teaches Rick a lesson. (S6)

11.00 **True Blood** 9/12. Eric is given permission to execute Russell, who has embarked on a bloody vendetta against his enemies. **12.00** M'T 10/12. Bill worries about what the future might hold for Sookie. (S3)
1.00 AM **Wynonna Earp** (S1&2)
3.00 **Twin Peaks: The Return** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 2/13. (S2)
11.00 **Hudson & Rex** 16/16. (S6)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 16/16. Jesse's music teacher is killed at his recording studio. (S6)
6.00 **Body of Proof** 13/20. A woman recently acquitted of murder is found dead. (S2)

6.00 Body of Proof

7.00 **The Mentalist** *The Silver Briefcase:* 5/13. Jane and Lisbon reinvestigate the murder of a colonel's wife. (S7)

8.00 **Death in Paradise** *Murder on the Honore Express:* 1/8. A passenger is stabbed to death on the bus to Honore. (S8)

9.00 **Beyond Paradise** 1/6. The Shipton Abbott Players rope in Humphrey to play a detective, but the fictional crime becomes real when the amateur murder victim gets a real knife in his back. (S2)
10.20 **Father Brown** *The Beast of Wedlock:* The sleuthing priest investigates a missing person, a murder and a mythical wild cat.

11.20 **The Mentalist** As 7pm.
12.15 AM **Body of Proof** As 6pm.
1.15 **Hunt for the I-5 Killer**
3.05 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Last of the Summer Wine**
8.30 **The Green Green Grass**
9.05 **The Good Life**
9.45 **Hi-de-Hi!**
10.25 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **Dad's Army**
2.20 **Porridge**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

9.00 The Fast Show

7.00 **Dad's Army** The first American troops arrive in Walmington-on-Sea.
7.40 **The Vicar of Dibley** Geraldine hits stardom after an appearance on Terry Wogan's radio show. **8.20** Alice shocks Geraldine with a huge pre-wedding revelation.

9.00 **The Fast Show** Comedy sketch show. Bob Fleming goes badger watching.
9.40 **Bottom** Richie and Eddie's nocturnal peace is disturbed by a violent encounter with a burglar.
10.15 **Bottom Live** Stage version of the comedy series from 1993.

12.35 AM **The Outlaws** 1/6. First episode of the crime comedy thriller. Seven strangers begin Community Payback sentences. **1.55** 2/6. The group discover a huge bag of cash in the community centre. (S1)
3.10 **to 4.00** AM **Avoidance**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gordon's Great Escape**
8.00 **Special Ops: Crime Squad UK** Double bill of editions.
10.00 **Outback Pilots** Double bill.
12.00 NOON **Storage Hunters UK**
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers celebrate British pork.
6.00 **Rick Stein's Cornwall** Rick meets two Newlyn chefs who cook mackerel to perfection. **6.30** The chef explores the remote Rame Peninsula.

10.00 Have I Got a Bit More...

7.00 **Would I Lie to You?** With Munya Chawawa, Bob Mortimer, Snoochie Shy and Alice Roberts. **7 PM**
7.35 **Richard Osman's House of Games** With Katya Jones and Phil Tufnell. **8.20** With guests Andi Oliver, Ivo Graham, Phill Jupitus and Kate Humble. **8 PM**

9.00 **Live at the Apollo** Geoff Norcott introduces Sean McLoughlin and Michelle De Swarte to the stage at the Hammersmith Apollo. **9 PM**
10.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with Andy Hamilton and Isabel Hardman. **10 PM**

11.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with guests Maisie Adam and Justin Webb.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Gavin & Stacey**
3.20 **to 4.00** AM **Not Going Out**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** From the Isle of Man.
2.30 PM **A Place in the Sun**
3.00 **A New Life in the Sun: Where Are They Now?**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** From Croydon.
7.00 **Worst House on the Street** From Leicester.
8.00 **George Clarke's Amazing Spaces**
9.00 **Grand Designs Revisited** Catching up with a couple in Hackney.
10.00 **8 Out of 10 Cats Does Countdown**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **Ramsay's Kitchen Nightmares USA**
2.05 **Taskmaster**
3.10 **Secrets of Supermarket Buyers**
4.10 **to 4.40** AM **Britain's Most Expensive Houses**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 7-9/20. (S17)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Everything Starts Somewhere:* 2/16. Flashbacks reveal the murder case that first introduced young Gibbs to NCIS and to Ducky. **7.00** *Blood and Treasure:* 3/16. The team embark on a spot of modern-day treasure hunting. **8.00** *Sunburn:* 4/16. Gibbs' search for Fornell leads to blood. (S18)
9.00 **Person of Interest** *Judgement:* 5/23. A gang kidnap a judge's son. **10.00** *The Fix:* 6/23. Reese keeps tabs on Zoe Morgan, a crisis-management expert. (S1)
11.00 **Law & Order: Special Victims Unit** (S21&20)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Rich Kids Go Skint**
9.00 **Shop Smart, Save Money** Men's jeans.
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **Non-Stop** Action thriller starring Liam Neeson and Julianne Moore. (2014, 12, 106min) ★★★★
11.10 FILM **The Commuter** Thriller with Liam Neeson. (2018, 15, 105min) ★★★
1.20 AM **Gang Wars – Police: Suspect No 1 Special**
2.45 **Police Interceptors**
3.30 **Home and Away**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Motorway Patrol**
9.40 **Trucking Hell: Rollover Specials**
10.40 **Police Interceptors**
11.45 FILM **The Great Sioux Uprising** Western. starring Jeff Chandler and Faith Domergue. (1953, U, 80min) ★★
1.25 PM FILM **Arizona** Western with Jean Arthur and William Holden. (1940, PG, 125min) ★★
4.00 **Trucking Hell: Rollover Specials**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **999: Police Hour of Duty** Double bill.
11.00 **Yellowstone** 9/9. (S1)
12.00 M'T FILM **Rise of the Footsoldier: Extreme & Extended** Fact-based crime thriller starring Ricci Harnett. (2007, 18, 119min) ★★
2.45 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.30 **Simply Nigella**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Michael McIntyre's The Wheel** With Tom Allen.
5.20 **Gavin & Stacey**
6.35 **Interior Design Masters with Alan Carr** The designers transform shepherd huts into boutique boltholes.
8.00 **Inside the Ambulance: Coast and Country** Paramedics attend a man with a mechanical heart valve and a dangerously fast pulse.
9.00 **999 Rescue Squad**
11.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
1.00 **MasterChef USA: United Tastes of America**
1.45 **to 3.00** AM **Billionaire Boy**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **At Home with the Braithwaites**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.10 **Hetty Wainthropp Investigates**
4.20 **At Home with the Braithwaites**
5.20 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
10.00 **New Tricks** *Good Work Rewarded:* The team investigate the death of a talented teenage golfer.
11.20 **Bergerac**
12.30 AM **Dancing on the Edge** 5/5. Drama. (S1)
2.20 **Sister Boniface Mysteries** 2/10. (S3)
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Corfu.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Money for Nothing** Double bill.
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Antiques Road Trip**
5.00 **The Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **Ambulance** Crewmates Paul and Abid attend a 64-year-old woman who has fallen while walking her dog.
10.30 A patient in cardiac arrest takes priority for North West Ambulance Service.
11.30 **Helicopter ER** The crew rescue an injured driver.
12.30 AM **Ghost Bait**
1.00 **Celebrity Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Who Wants to Be a Millionaire?** Quiz show.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room**
7.00 **Who Wants to Be a Millionaire?** Chris Tarrant hosts the big-money quiz show.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Tenable** Warwick Davis hosts as a family of five from Glasgow take part.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West...**
8.50 **War Machines**
10.00 **Wanted: Dead or Alive**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Fury At Gunsight Pass** Western. (1955, b/w, 15, 67min) ★
2.30 **FILM 7th Cavalry** Western. (1956, U) ★★★
4.10 **FILM Decision at Sundown** Western. (1957, PG, 77min) ★★
6.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **FILM Alvarez Kelly** Western. (1966, PG) ★★
10.25 **FILM Fort Ti** Western. (1953, U, 73min) ★
12.10 AM **FILM Midnight in Saint Petersburg** Thriller sequel. (1995, 15) ★★
2.10 **FILM Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
4.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **FILM Polar Storm** Sci-fi action thriller. (2009, PG, 92min) ★★
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM A Date to Die For** Crime thriller. (2015, PG, 88min) ★★
3.00 **FILM The Black Widow Killer** Thriller. (2018, 12, 90min) ★
5.05 **FILM Garage Sale Mystery: Picture a Murder** Crime drama. (2018, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Alien: Covenant** Sci-fi thriller. (2017, 15, 117min) ★★★
11.30 **FILM Settlers** Drama. (2021, 15, 103min) ★★
1.45 AM **FILM Love Birds** Romantic comedy. (2011, PG, 97min) ★★★★
4.00 **to 6.00** AM **FILM Forgotten Abduction** Thriller. (2020, 12) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Summer Villa** Drama. (2016, PG) ★★
10.05 **FILM Rome in Love** Drama. (2019, PG) ★★
12.00 NOON **FILM The Soulmate Search** Drama. (2024, PG, 89min) ★★
2.00 PM **FILM Bottled with Love** Romantic drama. (2019, PG, 85min) ★★
4.05 **FILM Love Strikes Twice** Time travel fantasy. (2021, PG, 84min) ★★
6.05 **FILM Harvest Love** Drama. (2017, PG) ★★
8.00 **FILM A Winter Princess** Romantic drama. (2019, PG, 82min) ★★
9.50 **FILM Christmas in the Highlands** Comedy. (2019, PG, 90min) ★★
11.45 **FILM 40 Below and Falling at Christmas** Comedy. (2015, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Seven Year Hitch** Comedy. (2012, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **Surgical Spirit** 3/7. (S3)
10.30 **Watching** 1/7. (S7)
11.00 **A Fine Romance** (S2)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** 2/7. (S1)
1.50 **Roobarb** 3/30. (S1)
2.00 **Bramwell** 1/7. (S1)
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S2)
5.30 **The Monkees** (S1)
6.00 **Watching** 1/7. (S7)
6.30 **Don't Drink the Water**
7.00 **Bramwell** 1/7. (S1)
8.00 **Please Sir!** 2/7. (S1)
8.50 **Roobarb** 3/30. (S1)
9.00 **Carry On Laughing** (S1)
9.30 **The Cuckoo Waltz** (S1)
10.00 **Don't Drink the Water**
10.30 **Game On** 3/6. (S3)
11.05 **Department S** (S2)
12.05 AM **Sapphire and Steel**
1.05 **Shine on Harvey Moon**
2.05 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** New edition One cameraman battles life-threatening seasickness.
8.00 **Deadliest Catch** Edgar celebrates his birthday.
9.00 **Motor Pickers** Four editions, including at:
10.00 Paul Cowland and Helen Stanley seek the perfect family hatchback.
10.30 A small SUV is sought for a client on a £260 monthly budget.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Ainsley's Caribbean Kitchen** From Barbados.
7.00 **Rachel Khoo's Simple Pleasures** Four editions.
9.00 **Jamie's 15 Minute Meals**
11.00 **The Great British Bake Off** Double bill.
1.00 PM **Ainsley's Caribbean Kitchen** From Barbados.
2.00 **James Martin's French Adventure** The chef visits the distinct region of the Camargue.
3.00 **Rachel Khoo's Simple Pleasures** Four editions.
5.00 **Jamie's 15 Minute Meals**
7.00 **The Great British Bake Off** Double bill.
9.00 **Mary Berry's Foolproof Cooking** Double bill.
10.00 **Paul Hollywood: City Bakes** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Yum and Yummer** New editions

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 1/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 9/22. (S1)
11.00 **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
1.00 PM **FILM Tombstone: The Town Too Tough to Die** Western. (1942, b/w, U, 79min) ★★
2.35 **FILM Zulu Dawn** Historical action drama. (1979, PG, 121min) ★
5.00 **Star Trek** 22/24. (S3)
6.00 **Knight Rider** 10/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Ambushed** Thriller. (2013, 15, 92min) ★★
10.55 **FILM The Business** British gangster drama. (2004, 18, 97min) ★★
12.50 AM **FILM Basic Instinct** Erotic thriller. (1992, 18, 128min) ★★★
3.20 **to 5.05** AM **FILM Bloodthirsty** Horror. (2020, 15, 84min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **The Gambler Returns: The Luck of the Draw** Western.
8.00 **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
10.00 **Farscape** 14/22. (S4)
11.00 **The Gambler Returns: The Luck of the Draw**
1.00 PM **FILM Shark Season** Thriller starring Michael Madsen. (2020, PG, 87min) ★★
3.00 **Farscape** 14/22. (S4)
4.00 **The A-Team** 6/14. (S1)
5.00 **The Gambler Returns: The Luck of the Draw**
7.00 **Farscape** 15/22. (S4)
8.00 **The A-Team** 7/14. (S1)
9.00 **FILM The Virginian** Western starring Trace Adkins and Ron Perlman. (2014, 12, 90min) ★★
10.55 **FILM Assault on Station 33** Thriller. (2021, 15, 90min) ★★
12.55 **to 3.00** AM **FILM The Virginian** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Proof Is Out There**
1.05 **Secrets in the Ice**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Alien Disclosure Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **What on Earth?**
11.00 **Mysteries from Above**
12.00 M'T **Believers: Extreme Hauntings**
1.00 AM **Close Encounters**
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Susan Calman's Grand Day Out** Exploring the West Yorkshire Valleys.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Europe's Greatest Train Journeys** A route passing mythical sites in Greece.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **ABBA's 30 Greatest Moments** Celebrating the seminal and singular career of ABBA, to try identify what it was about the group that made them evergreen.
11.00 **Prisoner: Cell Block H**
1.00 AM **New York Undercover** (S1)
3.00 **The Madame Blanc Mysteries** (S4)
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **A Place in the Sun**
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
8.00 **Derelict Rescue** After years living in London, Rob and Ashley are returning to the country by converting a barn.
9.00 **My Lottery Dream Home** Four editions.
11.00 **Home Town** A mentor that Ben advised is looking to buy his first modern-style home.
12.00 M'T **Good Bones** Mina and Karen work to transform a 2,800-square-foot home.
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Too Large** Jasmin knows that she must get bariatric surgery.
8.00 **My 600lb Life** A woman who relies on her kids to clean and feed her.
10.00 A man whose food addiction has ruined his relationship.
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **to 6.00** AM **My 600lb Life**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S3)
9.00 **Michael McIntyre's Big Show** With Josh Groban.
10.00 **Whose Line Is It Anyway? USA** New edition Wayne, Ryan and Colin sing a doowop tribute to Rachel.
10.30 **Whose Line Is It Anyway? USA**
11.00 **Kevin Bridges: The Story Continues**
12.00 M'T **8 Out of 10 Cats**
1.00 AM **Al Murray: And a Glass of White Wine for the Lady** Stand-up.
2.00 **South Park** (S10)
3.00 **Beavis and Butt-Head**
3.10 **Reno 911!** 2/11. (S8)
3.30 **Key & Peele**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show** 6&8/14. (S4)
10.00 **Becker** 12&13/13. (S6)
11.00 **Friends** (S4&5)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Daria** 9&10/13. (S3)
4.00 **Guessable?**
5.00 **Becker** 12&13/13. (S6)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 14/23. Guest stars Prince.
9.30 15/23. (S3)
10.00 **Friends** 11-14/24. (S2)
12.00 M'T **Al Murray: One Man, One Guvnor Uncut**
1.00 AM **Frank Skinner Live at Birmingham Hippodrome** Stand-up.
2.00 **Jessica Fostekew: Silence of the Nans**
3.25 **Beavis and Butt-Head Do the Universe**
4.50 **New Girl** 15/23. (S3)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Border Security USA**
11.00 **Nothing to Declare**
12.00 NOON **DC's Legends of Tomorrow** (S5)
2.00 PM **Motorway Patrol**
3.00 **Border Security: America's Front Line**
4.00 **Border Security USA**
5.00 **911 Crisis Centre**
6.00 **Supergirl** 3&4/20. (S1)
8.00 **Caught on Dashcam**
10.00 **The Force: North East** Police deal with a samurai sword attack.
11.00 **The Flight Attendant**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Maisie Adam and James Maddison.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs UK**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Meltdowns**
4.00 **Catfish: The TV Show**
6.00 **Catfish: The Dramatic**
7.00 **Fresh Out Live**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **Skin A&E** A patient has a cyst on his neck the size of a golf ball.
10.00 **FILM Resident Evil: Apocalypse** Sci-fi horror thriller sequel starring Milla Jovovich. (2004, 15, 94min) ★★★
12.00 M'T **Beavis and Butt-Head** 6&7/31. (S3)
12.30 AM **Fall Out Boy: I Want My MTV**
1.00 **Just Tattoo of Us**
2.00 **Ink Master**
3.10 **to 4.00** AM **Celebrity Ex on the Beach**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Roadworthy Rescues**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** Shawn Pomrenke moves back to Tomcod. **4.00** Shawn clears the ice on his gold-rich inland claim.
5.00 **Deadliest Catch** Keith fights for his life in hospital.
6.00 **Wheeler Dealers** Mike and Ant turn their attention to a rare 2004 MX-5 Mazdaspeed.

9.00 Expedition X

7.00 Gold Rush: White Water Dustin Hurt and his crew set out on their most ambitious, difficult and dangerous season ever as they risk it all in the raging creeks of Alaska.

9.00 Expedition X New edition Heather and Phil continue their study of Nazi occult activity in Poland.

10.00 Expedition Unknown Josh's chase for Alexander's fortune ramps up, as the clues mount up in Egypt.

11.00 **Lost Monster Files** The team conduct their most ambitious hunt yet.
12.00 M'T **Mountain Monsters**
1.00 AM **Expedition X** As 9.00pm.
2.00 **Expedition Unknown**
3.00 **Texas Metal** Documentary.
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** With 2 Chainz.
9.00 **Animal Cops Phoenix**
10.00 **Dogs 101** Travel companions.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Blue Serengeti**
3.00 **Pit Bulls & Parolees**
4.00 **Bad Dog!** A dog that keeps chasing an ice-cream van.
5.00 **Alaska: Homestead Rescue** Matt finds a humane approach to deal with a predator.
6.00 **Tanked** Music star Prince Royce wants an aquarium.

8.00 Dr Jeff

7.00 Animal Cops Phoenix An X-ray provides crucial evidence in an investigation into a case of three starving dogs.

8.00 Dr Jeff: Rocky Mountain Vet The team are faced with saving a dog that goes into cardiac arrest after arriving at the clinic.

9.00 I Was Prey A man who went to investigate a noise outside his cabin, only to find a massive grizzly bear standing there.

10.00 Alaskan Bush People The four eldest Brown brothers prepare for a second solo mission in the hope of redemption.

11.00 **Project Grizzly** A bear handler teaches his two grizzlies how to survive in the wild. **12.00** M'T Jeff teaches his grizzlies how to fish.
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Megastructures**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Paranatural**
1.00 PM **Draining Loch Ness: In Search of the Monster**
2.00 **Hitler Youth** Double bill.
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A VW Polo G40.
6.00 **The Forever Walk: China** Journalist Paul Salopek walks the Tea Horse Road. **6.30** Paul Salopek traces the ancient Min River.

8.00 Titanic

7.00 Air Crash Investigation How a China Airlines 747 broke up in mid-air 20 minutes after taking off from the airport in 2002.

8.00 Titanic: The Digital Resurrection A team of experts produce the first high-resolution, 3D digital reproduction of the world's most famous shipwreck.

9.30 Titanic: The Final Secret How Dr Robert Ballard inadvertently located the wreck of the ill-fated liner while conducting a covert investigation for the US Navy during the Cold War.

10.30 Destruction Decoded A look at some of the most dramatic collapses in history.

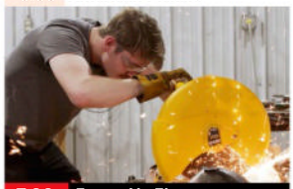
11.30 **Air Crash Investigation**
12.30 AM **To Catch a Smuggler: Tropical Takedown**
1.30 **Drain the Oceans: Deep Dive**
2.30 **Lords of War** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
6.50 **Swamp People**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Soviet Storm: WWII in the East** Double bill.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** Chum checks out a vintage pinball game.
6.00 **American Pickers**



7.00 Forged in Fire

7.00 Forged in Fire Visits to bladesmiths in their home forges in every state in the US, starting in Texarkana, Texas.

8.00 Strangest Things Analysing the shattered skull of a 19th-century American railway worker at Harvard University.

9.00 Buried: Knights Templar and the Holy Grail The fate of the Knights Templar and the whereabouts of the Holy Grail.

10.00 Ancient Aliens New edition Compelling and covert projects that have studied the UFO phenomenon.

11.00 **Alien Disclosure Files** The possibility of alien life living at the bottom of Earth's oceans. **11.30** The possibilities of advanced life in the universe.
12.00 M'T **Kings of Pain**
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Commando Missions**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** As 4.00pm.
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics** Double bill.
4.00 **Nazi Hunters** The search for Nazi war criminals.
5.00 **The World at War** A look at Japan's early victories.
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Wollaton Hall in Nottingham.

8.00 Abandoned Engineering

7.00 Great British Railway Journeys Michael Portillo tracks the River Thames. **7.30** The origins of the London Underground map.

8.00 Abandoned Engineering New edition Exploring a concentration camp in the Czech Republic used for a publicity stunt.

9.00 Tony Robinson's Marvellous Machines Tony Robinson explores artificial intelligence, including humanoid robots.

10.00 Bangers & Cash Derek's running late as usual, to collect a Triumph TR8 from Kirkby Stephen East Railway Station.

11.00 **Bangers & Cash** Derek takes delivery of a beautiful green Renault van, previously used as a bread van in Paris.
12.00 M'T **Dream Car Fixers** Eric loves open-top motoring, but his sports car is too low.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM 8 PM 9 PM 10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **The Repair Shop**
8.00 **Shed and Buried**
9.00 **The Repair Shop** A family heirloom needs the restoration skills of bookbinder Chris. **10.00** Restoring a pinball machine, an antique weather device and a rocking horse.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars** Four editions.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress** Double bill.
7.00 **Say Yes to the Dress: Atlanta** Four editions.
9.00 **Say Yes to the Dress**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** The case of Michelle Gunshon.
8.00 **Murder on CCTV**
9.00 **Michelle Carter: Love, Texts & Death**
11.00 **Murder on CCTV**
12.00 M'T **The Murder of Caroline Crouch: A Faking It Special**
1.00 AM **Boris Johnson: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **New Scotland Yard Files** A re-investigation into the case of Michael Menson who was found by police on fire.
8.00 **48 Hours** New edition Nicki Myers Bates was seven years old when her mother vanished, and the man her mum lived with told police he watched her die.
9.00 **Storm of Suspicion** New edition A young woman's life is violently taken in the aftermath of a snowstorm.
10.00 **Cold Cases Reopened** Patricia 'Patti' Berry's disappearance sparked a 19-year long mystery.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Cold Cases Reopened**
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
11.00 **Medical Detectives**
2.00 PM **Murder by the Sea**
4.00 **Medical Detectives** A physics helps detectives improve the quality of CCTV footage. **4.30** A series of robberies in Florida in 1993 lead to murder. **5.00** Detectives question dated forensic techniques used to secure an arrest. **5.30** Police try to link two cases of alleged murder after two women are found dead. **6.00** A nurse discovers she is HIV positive with the help of forensics. **6.30** A film plot gives investigators clues to the murder of a woman.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **Killer in My Village**
12.00 NOON **The Killer Within**
1.00 PM **Forensics: Catching the Killer**
2.00 **Killer Siblings**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** Geoffrey Evans.
9.00 **Killer Siblings**
10.00 **Who Killed Garrett Phillips?** Double bill.
1.35 AM **Killer in My Village**
2.35 **Murdered at First Sight**
3.35 **Snapped** Documentary.
4.30 **The Force: Manchester**
5.30 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Bronze Age Apocalypse**
9.35 **Symbols of Evil**
10.45 **Her Name Was Grace...**
11.50 **Witness to a Massacre: Nanjing 1937**
1.00 PM **America the Bountiful** Documentary.
1.35 **Bronze Age Apocalypse**
2.35 **Symbols of Evil**
3.50 **Her Name Was Grace...**
5.00 **Witness to a Massacre: Nanjing 1937**
6.10 **Bronze Age Apocalypse**
7.15 **NEW Symbols of Evil** Exploring how harmless symbols become propaganda tools.
8.30 **Her Name Was Grace Kelly** The actor's life through the eyes of those who knew her.
9.40 **Witness to a Massacre: Nanjing 1937**
10.50 **Symbols of Evil**
12.00 M'T **Her Name Was...**
1.15 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Eighties**
7.00 **Discovering: Kate Winslet**
8.00 **The Directors**
9.00 **Angel City**
10.00 **Lockerbie**
2.00 PM **Elizabeth Taylor: The Lost Tapes** Profile of the actor.
4.00 **The Directors**
5.00 **Discovering: Kate Winslet**
6.00 **The Story of Late Night**
7.00 **Urban Secrets** From Brighton.
8.00 NEW **Ten Years of Darkness: ISIS and The Yazidis** Alex Crawford investigates the 2014 Yazidi genocide.
9.00 FILM **Bowling for Columbine** Michael Moore's documentary. (2002, 15, 114min) ★★★★
11.20 **Villeneuve Pironi: Racing's Untold Tragedy** The relationship between F1 drivers Gilles Villeneuve and Didier Pironi.
1.20 AM **Steve McQueen: The Lost Movie** Documentary.
3.10 **Magic & Bird: A Courtship of Rivals** The lives and careers of Magic Johnson and Larry Bird.
5.00 **to 6.00** AM **Discovering: Kate Winslet**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **Wild Animal Babies**
11.00 **Shadowlands**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **Wild Animal Babies**
5.00 **Great Blue Wild**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Wild Tales from the Farm** The cows enjoy holiday treats.
9.00 **Malawi Wildlife Rescue** The staff say goodbye to a rehabilitated crocodile.
10.00 **Africa's Wild Horizons**
11.00 **Great Blue Wild**
12.00 M'T **Shadowlands**
1.00 AM **Into the Wild: Colombia**
2.00 **Wild Tales from the Farm**
3.00 **Malawi Wildlife Rescue**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **History's Greatest Aircraft**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **WW2 Treasure Hunters**
3.00 **Ancient Superstructures**
4.00 **History's Greatest Aircraft**
5.00 **Mysteries from Above**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **Greatest Heists with Pierce Brosnan** The 1978 Lufthansa heist at JFK International Airport, New York City.
9.00 **Secrets of the Hells Angels** The story of Sonny Barger, commander of the world's most infamous biker gang.
10.00 **Secrets in the Ice** Insights into prehistoric penguin evolution.
11.00 **Sex: A Bonkers History**
12.00 M'T **Ancient Aliens**
2.00 AM **WW2 Treasure Hunters**
3.00 **Ancient Superstructures**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Mysteries from Above**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Murdered By Morning**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **The Real Murders of Atlanta**
3.00 **When Missing Turns to Murder**
4.00 **Murdered By Morning**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files** D
7.00 **The First 48 Presents: Critical Minutes** A fight between cousins turns deadly.
8.00 **Imperfect Murder**
9.00 **Court Cam** New editions
10.00 **Ross Kemp: Mafia and Britain** Ross learns how prevalent cocaine is in Colombia.
11.00 **The Chicano Squad**
1.00 AM **Court Cam**
2.00 **Interrogation Cam**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **Bizarre Animal Friends**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **America's National Parks**
3.00 **Europe's New Wild**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** A look back at highlights from the series.
7.00 **Secrets of the Zoo: Tampa** A field trip explores safe routes for the panthers.
8.00 **Africa's Wild Side** Footage of the continent's wildlife, beginning with a look at mating. **9.00** Footage of animals raising their young in the Botswanan wilderness.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **UFOs Over Phoenix**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** New discoveries that have revealed alien worlds.
8.00 **UFOs Over Phoenix** The mysterious sighting of lights over the city in 1997, for which officials have failed to come up with a reasonable explanation.
9.00 **Unexplained and Unexplored** Explorers Justin Fornal and Emiliano Ruprah search for the Ark of the Covenant.
10.00 **How Do They Do It?**
11.00 **Blowing Up History**
1.00 AM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **The Bill**
9.30 **Top of the Pops**
11.15 **Celebrity Mastermind**
1.15 PM **The Onedin Line**
3.20 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Coffin Ship:* 7/14. James's curiosity gets him into trouble. **8.00** *'Frisco Bound:* 8/14. James tests his abilities by making a trip around the Horn. (S2)
9.00 **Top of the Pops** Double bill.
10.15 **Celebrity Mastermind** With Ed Byrne, John Bishop, Anneka Rice and Tristan Gemmill.
10.55 **Top of the Pops**
11.30 **Celebrity Mastermind** Mark Lawrenson, Hilary Kay, Samantha Giles and Richard Herring compete in the quiz. **12.10** AM Giles Coren, Dean Macey, Pixie McKenna and Samira Ahmed take part.
12.50 **The Onedin Line**
2.50 **Top of the Pops**
4.15 **The Bill**
4.40 **to 6.00** AM **The Onedin Line**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Perfect Suspect**
9.00 **A Crime to Remember**
11.00 **Forbidden: Dying for Love**
1.00 PM **Reasonable Doubt**
3.00 **Murder Under the Friday Night Lights** Double bill.
5.00 **Murder in the Heartland**
7.00 **Someone You Thought You Knew** The case of Lisa Stukey. **8.00** The 2010 disappearance of 19-year-old Kathy Chou.
9.00 **The Price of Glee** Cast and crew recount the rise of *Glee* and reveal how sudden stardom and the unrelenting pressure of making a hit TV show can have tragic consequences. **10.00** Friends reveal *Glee* star Cory Monteith's final moments. **11.00** Misfortune plagues the legacy of *Glee*, leaving cast and crew wondering whether their hit show is cursed or if misery is the cost of success.
12.00 M'T **The Playboy Murders**
2.00 AM **Murder in the Heartland**
4.00 **to 6.00** AM **Someone You Thought You Knew**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Workshop** Accountant Kamla gives Richard a reality check.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Wheeler Dealers** Mike and Elvis try to make an Audi RS6 estate car faster than a sports car.
9.00 **Motor Pickers**
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Wheeler Dealers**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **World's Top 5**

+1 hour 261/272

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **Touch** Icelandic drama with Egill Olafsson. Subtitled. (2024, 15, 121min) ★★★★
8.40 **Between the Temples**
10.40 **Transformers One** Animation. (2024, PG, 104min) ★★★★
12.30 PM PREMIERE **Cleaner**
2.15 **Trap** As shown at 9.45pm.
4.05 **A Mistake** As 11.45pm.
5.55 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. (2024, 12, 122min) ★★★★

8.00 Cleaner

8.00 PREMIERE **Cleaner** Action thriller with Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. (2025, 15, 97min) ★★★ *See feature, page 11 & review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Trap** Director M Night Shyamalan psychological thriller's starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **A Mistake** Medical drama starring Elizabeth Banks. (2024, 15, 101min) ★★★
1.35 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
3.45 **The Parenting** Horror comedy starring Nik Dodani. (2025, 15, 94min) ★★★
5.25 **to 7.20** AM **Between the Temples** Comedy drama. (2024, 15, 111min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.10 AM **Black Dog** As 4.35am.
8.00 **Please Don't Destroy: The Treasure of Foggy Mountain** Comedy. (2023, 15) ★★★
9.50 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
11.35 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
1.25 PM **Blue Beetle** Fantasy. (2023, 12, 127min) ★★★★
3.35 **The Flash** (2023, 12) ★★★
6.00 **The Fast and the Furious** Action thriller. (2001, 15) ★★★

9.50 The Fast and the Furious...

8.00 **2 Fast 2 Furious** Thriller sequel with Paul Walker and Tyrese. A former cop and his ex-con friend set out to clear their names by going undercover to infiltrate the world of a drugs baron. (2003, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Fast and the Furious: Tokyo Drift** Thriller starring Lucas Black and Bow Wow. After relocating to Japan, a rebellious American teenager gets involved in the local car racing scene. (2006, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx. (2012, 18, 165min) ★★★★
2.30 AM **Monkey Man** Thriller. (2024, 18, 121min) ★★★★
4.35 **to 6.15** AM **Black Dog** Drama starring Jamie Flatters. (2023, 15, 96min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.55 AM **Six Minutes to Midnight** Thriller. (2020, 12, 99min) ★★★
9.45 **The Sons of Katie Elder**
11.50 **The Quiet Man** Romantic drama. (1952, U, 129min) ★★★
2.10 PM **Charming the Hearts of Men** As shown at 12.20am.
4.05 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
6.00 **Chicago** Oscar-winning musical. (2002, 12, 112min) ★★★★
8.00 **One Life** Fact-based drama starring Anthony Hopkins. Months before World War Two, a London stockbroker tries to rescue hundreds of children from Nazi-occupied Czechoslovakia. (2023, 12, 105min) ★★★★
10.05 **The Sons of Katie Elder** Western starring John Wayne, Dean Martin, Michael Anderson Jr and Earl Holliman. Four brothers reunite to find their father's killers. With Martha Hyer. (1965, U, 122min) ★★★
12.20 AM **Charming the Hearts of Men** Historical romantic drama. (2021, 12, 107min) ★★★
2.20 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
5.05 **to 7.10** AM **Footloose** Teen dance drama remake. (2011, 12, 113min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.00 AM **Doom** As 12.05am.
7.55 **Turn Me On** As 2.00am.
9.45 **Slingshot** As 3.50am.
11.40 **Upgrade** Sci-fi thriller. (2018, 15, 100min) ★★★★
1.30 PM **Little Bone Lodge** Horror. (2023, 15, 93min) ★★★
3.15 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy starring Haley Joel Osment. (2001, 12, 145min) ★★★★
5.55 **Passengers** Sci-fi drama with Jennifer Lawrence and Chris Pratt. (2016, 12, 116min) ★★★
8.00 **Star Trek Beyond** Sci-fi adventure, starring Chris Pine, Zachary Quinto and Idris Elba. (2016, 12, 122min) ★★★★
10.10 **Congo** Michael Crichton's jungle adventure starring Laura Linney as a scientist travelling into the heart of the Congo in search of diamonds needed to fuel an ultra-powerful laser gun. (1995, 12, 108min) ★★★
12.05 AM **Doom** Sci-fi horror thriller. (2005, 15, 105min) ★★★
2.00 **Turn Me On** Fantasy comedy starring Bel Powley and Luke Kirby. (2024, 15, 99min) ★★★
3.50 **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★
5.45 **to 7.35** AM **Upgrade** (2018)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.35 AM **Patch Adams** Comedy drama starring Robin Williams. (1998, 12, 115min) ★★
9.35 **Mee-Shee: The Water Giant**
11.15 **Reuniting the Rubins** (2010)
12.55 PM **Look Who's Talking** Comedy. (1989, 12) ★★★
2.35 **Yogi Bear** Family comedy. (2010, U, 81min) ★★★
4.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
6.05 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★

6.05 Mr Bean's Holiday

7.50 **Mr Bean's Holiday** Slapstick comedy starring Rowan Atkinson. Accident-prone Mr Bean wins a holiday to the south of France. (2007, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Small Soldiers** Fantasy adventure starring Kirsten Dunst and Gregory Smith. A toy company launch a new range of deadly action dolls with a life of their own. (1998, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Ride On** Chinese comedy action drama with Jackie Chan and Liu Haocun. Subtitled. (2023, PG, 126min) ★★★
1.40 AM **Mee-Shee: The Water Giant** Fantasy adventure. (2005, PG, 94min) ★★★
3.20 **Reuniting the Rubins** Comedy drama starring Timothy Spall. (2010, PG, 98min) ★
5.05 **to 6.45** AM **A Tiger's Journey** Drama starring Sunny Pawar. (2023, PG, 94min) ★★★

Sky Cinema Heroes

307 307 407 507 521

6.00 AM **The Killer** As 2.20pm.
8.10 **Crouching Tiger, Hidden...**
10.15 **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
12.25 PM **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
2.20 **The Killer** Action thriller. (2024, 15, 125min) ★★★★
4.30 PREMIERE **Cleaner** (2025)
6.10 **Madame Web** Fantasy. (2024, 12, 116min) ★★★

6.10 Madame Web

8.10 **Wonder Woman** Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. With Connie Nielsen, Robin Wright and Danny Huston. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 PREMIERE **Cleaner** Action thriller with Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. (2025, 18, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Crouching Tiger, Hidden Dragon** Director Ang Lee's romantic period adventure. (2000, 12, 120min) ★★★★★
2.20 **Wanted** Fantasy action thriller. (2008, 18, 105min) ★★★
4.15 **to 6.05** AM **Cult Killer** Thriller. (2024, 15, 105min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **Talladega Nights: The Ballad of Ricky Bobby** Action comedy. (2006, 15) ★★★★
9.45 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★
11.40 **Baywatch** Action comedy. (2017, 15, 121min) ★★
1.50 PM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
3.55 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
6.00 **The Death of Stalin** Satire. (2017, 15, 106min) ★★★★

6.00 The Death of Stalin

8.00 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their intrusive fathers during the holidays. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Young Ones** Pop musical starring Cliff Richard and Robert Morley. The leader of a youth club clashes with his property tycoon father. (1960, U, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Coming 2 America** Comedy starring Eddie Murphy. (2021, 12, 108min) ★★★
1.40 AM **Ferris Bueller's Day Off** John Hughes' teen comedy starring Matthew Broderick. (1986, 12, 103min) ★★★★
3.30 **48 Hrs** Action comedy thriller. (1982, 15, 97min) ★★★★★
5.15 **to 7.20** AM **How to Lose a Guy in 10 Days** As 3.55pm.

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **Along Came a Spider**
8.05 **K-19: The Widowmaker**
10.25 **Contraband** As 5.00am.
12.20 PM **The Wasp** Thriller. (2024, 15, 96min) ★★★★
2.05 **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
4.10 **RocknRolla** Guy Ritchie's crime comedy thriller. (2008, 15, 110min) ★★
6.10 **Layer Cake** Gangster thriller starring Daniel Craig. (2004, 15, 105min) ★★★★

6.10 Layer Cake

8.00 **The Da Vinci Code** Conspiracy thriller based on Dan Brown' novel, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **The Sum of All Fears** Action thriller based on the novel by Tom Clancy, starring Ben Affleck. (2002, 12, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Along Came a Spider** Thriller with Morgan Freeman. (2001, 15, 103min) ★★★
2.35 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford. (2002, 12, 138min) ★★★
5.00 **to 6.55** AM **Contraband** Thriller with Mark Wahlberg. (2012, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Far from the Madding Crowd** Romantic drama. (1967, U, 156min) ★★★
2.20 PM **Payroll** Crime thriller. (1961, b/w, PG, 105min) ★★★
4.35 **Patrick** Family comedy. (2018, PG, 94min) ★★★
6.25 **Hidden Figures** Fact-based drama with Taraji P Henson, Octavia Spencer, Janelle Monae and Kevin Costner. (2016, PG, 127min) ★★★★

11.15 Alone

Hidden Figures (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Free Guy** Comedy adventure starring Ryan Reynolds. A bank employee discovers that he's a non-playable character inside a massive open world video game. With Jodie Comer and Taika Waititi. (2020, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **10 PM**

11.15 **Alone** Horror thriller starring Jules Willcox. A woman is kidnapped by a murderer, but escapes into the wilderness, battling against the elements as her pursuer closes in on her. (2020, 15, 98min) ★★★★
1.10 **to 3.35** AM **Dead Presidents** Crime drama with Larenz Tate, Keith David and Chris Tucker. (1995, 18, 119min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Favourites

302 302 402 502 516

7.20 AM **Dumb and Dumber** (1994)
9.10 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
10.40 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
12.10 PM **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★
1.40 **Death Becomes Her** Fantasy. (1992, PG, 103min) ★★★
3.25 **Forrest Gump** Multi-Oscar-winning whimsical fable. (1994, 12, 136min) ★★★★
5.50 **The Karate Kid** Martial arts adventure with Ralph Macchio. (1984, 12, 127min) ★★★★
8.00 **Back to the Future** Time-travel comedy fantasy starring Michael J Fox and Christopher Lloyd. (1985, PG, 115min) ★★★★★
10.00 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. (2023, 12, 163min) ★★★★
12.45 AM **Bad Boys** Action comedy with Martin Lawrence and Will Smith. (1995, 15, 118min) ★★★
2.45 **Dumb and Dumber** Comedy with Jim Carrey and Jeff Daniels. (1994, 12, 107min) ★★★
4.35 **to 6.00** AM **The Naked Gun 33⅓: The Final Insult** (1994)

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Wayne's World** As 12.20am.
7.40 **Wayne's World 2** As 2.00am.
9.20 **Airplane!** As 5.25am.
10.50 **The Pink Panther Strikes Again** Comedy. (1976, PG, 103min) ★★
12.50 PM **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
2.50 **Revenge of the Pink Panther** Comedy starring Peter Sellers. (1978, PG, 98min) ★★★
4.45 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
6.25 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★
8.00 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★
10.10 **Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★
12.20 AM **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
2.00 **Wayne's World 2** Comedy sequel. (1993, PG, 95min) ★★★
3.40 **Dazed and Confused** Comedy drama. (1993, 15) ★★★★
5.25 **to 6.55** AM **Airplane!** Spoof. (1980, 12, 86min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.05 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem...**
8.30 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
10.10 **Barnyard** (2006, PG) ★
11.55 **Tom and Jerry: A Nutcracker Tale** Animated adventure. (2007, U, 47min) ★★★
12.55 PM **Megamind vs The Doom Syndicate** Animated adventure. (2024, U, 83min) ★★★
2.30 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
4.00 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
5.50 **Migration** Animated comedy. (2023, U, 83min) ★★★
7.15 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
8.45 **The Nut Job** (2014, U) ★★★
10.15 **Mavka: The Forest Song** Animation. (2023, PG) ★★
12.05 AM **Batman Unlimited: Animal Instincts** (2015, PG) ★★
1.30 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
3.00 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
4.30 **to 6.00** AM **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog**

Movies 24

312 313 419

7.00 AM **A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
9.00 **A Pinch of Portugal** Romantic drama. (2023, PG, 84min) ★★
11.00 **The Story of Love** Romantic comedy. (2022, PG, 91min) ★★
1.00 PM **Write Place, Write Time** Romantic comedy drama. (2023, PG, 85min) ★★
3.00 **Modeled with Love** Romantic drama. (2023, PG, 90min) ★★
5.00 **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★
7.00 **Harmony From the Heart** Romantic comedy with Jessica Lowndes and Jesse Metcalfe. (2022, PG, 87min) ★★
9.00 **Return to Office** Romantic drama starring Janel Parrish and Scott Michael Foster. Two co-workers who share a desk but work on different days begin a romance through notes left at the office. With Erik Gow. (2025, PG, 84min) ★★
11.00 **Destination Love** Romantic comedy. (2021, PG, 90min) ★★
1.00 AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Sweet as Pie** Comedy. (2022, PG, 93min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Lily of Killarney** Musical. (1934, b/w, U, 88min) ★★★
7.35 **Stars in Your Eyes** Musical comedy. (1956, U, 96min) ★★★
9.30 **Stranger in Town** Crime drama. (1957, b/w, U, 74min) ★★★
11.00 **The Green Cockatoo** Drama. (1937, b/w, U, 65min) ★★★
12.20 PM **Tread Softly Stranger** Crime thriller starring Diana Dors. (1957, b/w, PG, 91min) ★★
2.05 **A Home of Your Own** Comedy. (1964, U, 43min) ★★★
3.00 **The Writing on the Wall**
3.40 **Waterloo Road** Wartime drama. (1944, b/w, PG, 73min) ★★★
5.15 **Calling All Cars**
6.05 **Look at Life**
6.20 **The Thirty Nine Steps** Adventure with Robert Powell. (1978, PG, 102min) ★★★
8.25 **Strange But True**
9.05 **Doomwatch** 8/13. (S2)
10.10 **The Dark Eyes of London** Horror. (1939, b/w, PG, 76min) ★★★
11.45 **Dr Jekyll and Mr Hyde** Horror. (1980, 15, 115min) ★★★
2.05 AM **During One Night** Drama. (1961, b/w, 15, 80min) ★★
3.45 **The Girl on the Pier** Drama. (1953, b/w, PG, 65min) ★★★
5.00 **Tell Me Another** 10/13. (S3)
5.30 **to 6.00** AM **Time to Remember**

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
9.00 **LIVE NRL Cronulla-Sutherland Sharks v Parramatta Eels.** From Brisbane. Kick-off 9.00am.
11.00 **Total Football**
1.00 PM **LIVE PGA Tour Golf** The early stages of day two of the CJ Cup Byron Nelson from TPC Craig Ranch in McKinney, Texas.
3.00 **LIVE WTA & ATP Tennis** Day 11 of the Madrid Open at Park Manzanares in Madrid, Spain.
5.00 **LIVE Formula 1** The Miami Grand Prix first practice session.
7.00 **LIVE FNF Manchester City v Wolverhampton Wanderers.** The Premier League match at the Etihad Stadium. Kick-off 8.00pm.
10.00 **LIVE Formula 1** The Miami Grand Prix sprint qualifying session at Miami International Autodrome. Start-time 9.30pm.
11.00 **LIVE PGA Tour Golf** Further coverage of day two of the CJ Cup Byron Nelson in McKinney, Texas.
12.00 M'T **LIVE LPGA Tour Golf** Coverage of day two of the Black Desert Championship staged at Black Desert Resort in Ivins, Utah.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
7.30 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
9.30 **Premier League Highlights**
10.00 **Total Football** Live press conferences and interviews.
5.00 PM **Best PL Goals: Arsenal**
6.00 **The Big Interview** Featuring a star of the past or present.
6.30 **Premier League Preview**
7.00 **LIVE FNF Manchester City v Wolverhampton Wanderers.** Coverage of the Premier League match at the Etihad Stadium. The Citizens came back from behind to beat Wolves 2-1 in October's reverse fixture. Kick-off 8.00pm.
10.45 **The Big Interview**
11.15 **Premier League Stories**
11.45 **FNF** Manchester City v Wolverhampton Wanderers.
12.15 AM **PL Greatest Games**
12.30 **The Big Interview**
1.00 **PL Retro** A replay of Fulham v Manchester United from 2007.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **Best Goals: EFL Cup 2020/21**
8.30 **EFL Trophy** Highlights.
9.00 **EFL Greatest Games**
10.00 **EFL Cup** Recent action.
11.00 **Best Moments from the Championship Play-Off Final**
11.30 **Best Moments from the League 1 & 2 Play-Off Final**
12.00 NOON **Bundesliga**
1.00 PM **WSL** Recent action.
1.30 **EFL Highlights**
2.00 **SPFL Highlights**
2.30 **EFL Highlights**
3.00 **Bundesliga** Recent action.
4.00 **SPFL Highlights**
4.30 **WSL** Manchester Utd v Chelsea.
5.00 **Bundesliga** Recent action.
6.00 **EFL Highlights** Championship.
7.15 **Bundesliga Legends**
7.20 **LIVE Bundesliga FC Heidenheim 1846 v VfL Bochum.** Kick-off 7.30pm.
9.30 **Bundesliga** Recent highlights.
10.00 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup** The 2008 final.
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A match replay.
10.10 **Ashes Greats** Glenn McGrath.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM **LIVE IPL Gujarat Titans v Sunrisers Hyderabad.** The T20 match at Narendra Modi Stadium. The Titans missed out on the play-offs last year, but made a strong start to this season. In contrast, the Sunrisers were runners-up in 2024, but struggled in the early stages of the campaign this time.
7.00 **LIVE Pakistan Super League Peshawar Zalmi v Islamabad United.** Coverage of the T20 match staged at Gaddafi Stadium.
8.00 **Best of ICC WT20**
9.00 **IPL** Highlights from Gujarat Titans v Sunrisers Hyderabad.
10.00 Action from Rajasthan Royals v Mumbai Indians.
11.00 **Pakistan Super League Highlights** Action from Peshawar Zalmi v Islamabad United.
12.00 M'T **IPL** Highlights from Rajasthan Royals v Gujarat Titans in Jaipur.
1.00 AM **IPL** A chance to see Gujarat Titans v Sunrisers Hyderabad.
5.10 **Ashes Greats** Archive action.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Champions**
7.00 **PGA Tour Golf** Highlights.
10.00 **LPGA Tour Golf**
12.00 NOON **My Ryder Cup**
12.15 PM **PGA Tour Champions Learning Centre** Golf tips.
12.45 **LIVE PGA Tour Golf** Day two of the CJ Cup Byron Nelson from TPC Craig Ranch in McKinney.
12.00 M'T **LIVE LPGA Tour Golf** Coverage of the second day of the Black Desert Championship, the inaugural edition of this tournament staged at Black Desert Resort in Ivins, Utah.
2.00 AM **PGA Tour Champions**
3.00 **PGA Tour Golf** Highlights.
4.00 **Playing Lessons** Expert tips.
5.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **ATP Tour This Week**
10.30 **WTA & ATP Tennis**
12.30 PM **LIVE WTA & ATP Tennis** Coverage of day 11 of the Madrid Open, a clay-court tournament from Park Manzanares in Spain.
9.00 **ATP Tour This Week**
9.30 **WTA Tennis** Recent finals.
11.30 **ATP Tennis** Highlights.
1.30 AM **ATP Tour This Week**
2.00 **Billie Jean King: My Story**
2.15 **Martina Navratilova: Unstoppable** An interview.
2.30 **Sizzle Reel 2024**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League**
7.00 **The Football's On**
8.00 **Isuzu A-League Highlights**
8.30 **LIVE Isuzu UTE A-League Wellington Phoenix v Perth Glory.** Kick-off 8.30am.
10.30 **LIVE Isuzu UTE A-League Central Coast Mariners v Brisbane Roar.** Kick-off 10.35am.
12.30 PM **LIVE Men's Cycling Pro Series** Coverage from stage six of the Tour of Turkey.
2.30 **LIVE Cycling** The third stage of the men's Tour of Romandy.
5.00 **TNT Sports Reload**
5.15 **The Fantasy Show**
5.45 **Sign Up – Into Football**
6.30 **Premier League Preview**
7.00 **Isuzu UTE A-League**
9.00 **UEFA Champions League**
9.30 **Grand Slam Track Athletics**
10.30 **LIVE Grand Slam Track Athletics** Day one of the second round of the competition in Miami.
12.30 AM **TNT Sports Reload**
1.00 **Snooker World Championship**
3.00 **LIVE IFSC Climbing World Cup** Coverage of the men's and women's lead semi-finals from the third round of the season in Bali.
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling** Highlights.
9.00 **TNT Sports Reload**
9.15 **LIVE Superbike World Championship** The first Superbike practice session from the fourth round of the season.
10.15 **Superbike Rewind**
11.00 **MotoGP Highlights**
12.00 NOON **British Speedway**
1.00 PM **LIVE Women's Circuit Racing World Championship** Coverage of the Superpole race.
1.45 **LIVE Superbike World Championship** Coverage of the second Superbike practice session.
3.00 **LIVE Superbike World Championship** Coverage of the Supersport Superpole race.
4.00 **MotoGP Highlights**
5.00 **NBA Action** Highlights.
5.30 **NBA on Fire** The latest news.
6.00 **WRC Review** Rally Islas Canarias.
7.00 **MotoGP Highlights**
8.00 **AFL** Saints v Dockers.
9.30 **Discovery Golf**
10.00 **NBA** A play-off match.
11.30 **NBA on Fire** The latest news.
12.00 M'T **LIVE NBA** Coverage of a game in the play-offs.
2.30 AM **LIVE NBA** A play-off match.
5.00 **to 6.00** AM **NBA Classic**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **State of Origin Rugby League** Recent action.
9.00 **LIVE NRL Cronulla-Sutherland Sharks v Parramatta Eels.** Coverage of the match from the magic round of fixtures at Suncorp Stadium. Kick-off 9.00am.
11.00 **Fight Night International**
12.00 NOON **Super Bowl LIX Highlights** Action from Kansas City Chiefs v Philadelphia Eagles.
1.00 PM **Good Morning Football**
3.00 **Darts Gold** Archive action.
4.00 **State of Origin Rugby League** Action from a match in Australia's annual best-of-three series.
5.00 **NBC's Pro-Football Talk**
7.00 **Premier League Darts** Another chance to see night 13 of the tournament at Utilita Arena Birmingham, with a format featuring quarter-finals, semi-finals and a final all in one night.
11.00 **PDC Classics** Archive action.
12.00 M'T **The Insiders** NFL news.
1.00 AM **One Championship Weekly**
1.30 **Darts Gold** Premier League.
2.00 **State of Origin Rugby League**
4.00 **Darts Gold** Archive action.
5.00 **to 6.00** AM **Super League Highlights**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus interviews with headline-makers.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Total Football** Live press conferences, interviews and the biggest headlines ahead of the Premier League weekend to come.
12.30 PM **My Ryder Cup** Paul McGinley shares Ryder Cup memories.
12.45 **LIVE PGA Tour Golf** Coverage of the second day of the CJ Cup Byron Nelson staged at TPC Craig Ranch in McKinney, Texas. Taylor Pendrith became the first Canadian to win this event last year, finishing one stroke clear of American Ben Kohles to win his maiden title on the tour.
11.00 **LIVE LPGA Tour Golf** Coverage of the second day of the Black Desert Championship, the inaugural edition of this tournament staged at Black Desert Resort in Ivins, Utah.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **IPL** Recent action.
8.00 **LIVE Super Rugby Blues v Force.** Kick-off is at 8.05am.
10.00 **Premier League Darts**
2.00 PM **PDC Classics**
2.30 **Best of ICC WT20**
2.45 **Ashes Greats** Andrew Flintoff.
2.55 **Pakistan Super League**
3.50 **LIVE Pakistan Super League Peshawar Zalmi v Islamabad United.** Coverage of the T20 match staged at Gaddafi Stadium.
8.00 **Best of ICC WT20**
8.30 **LIVE Indycar** Coverage of the Children's of Alabama Indy Grand Prix first practice session.
10.00 **Formula 1** Saudi Arabian GP.
11.00 **Fight Night** A top bout.
12.00 M'T **Pakistan Super League**
1.00 AM **IPL** Recent action.
2.00 **EFL Greatest Games**
3.00 **LIVE Super Rugby Drua v Reds.** Kick-off 3.05am.
5.00 **to 6.00** AM **Pakistan Super League Highlights**

TNT Sports 3

413 415 523 410 432

6.00 AM **IFSC Climbing World Cup**
7.00 **Training Day** From Brentford.
7.30 **Discovery Golf** The latest news.
8.00 **Snooker World Championship**
10.00 **LIVE Snooker World Championship** First session of the second day of the semi-finals.
1.00 PM **Discovery Golf**
1.30 **Premier League Stories**
2.00 **TNT Sports Reload**.
2.15 **LIVE Snooker World Championship** Second session of day two of the semi-finals.
5.30 **Marathons** From London.
6.30 **LIVE Snooker World Championship** The third session.
10.00 **Premier League Features**
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB Atlanta Braves v Los Angeles Dodgers.**
3.15 AM **Premier League Preview**
3.45 **TNT Sports Reload**
4.00 **to 7.00** AM **LIVE AFL Western Bulldogs v Port Adelaide Power.** Bounce-up 4.20am.

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Europa League**
8.00 **UEFA Conference League**
10.00 **Serie A – Full Impact**
10.30 **LIVE AFL St Kilda Saints v Fremantle Dockers.** Coverage of the match staged at Marvel Stadium. Bounce-up 10.40am.
1.30 PM **MLB Highlights**
2.30 **NBA** A play-off match.
4.00 **UEFA Europa League**
6.00 **UEFA Conference League**
8.00 **UEFA Champions League** Action from a semi-final first-leg.
9.00 **Men's Cycling Pro Series** The sixth stage of the Tour of Turkey.
10.00 **Cycling** Action from the third stage of the Tour of Romandy.
11.00 **HSBC SVNS Highlights** The sixth round of the season in Singapore.
12.00 M'T **LIVE HSBC SVNS** Coverage of the first session on the first day of the seventh and final round of the season at Dignity Health Sports Park in LA.
5.00 **to 6.00** AM **HSBC SVNS**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **UK Independent Kart Racing**
8.30 **Sporting Countdowns**
9.00 **Scottish Football Social Club**
10.00 **Ultimate Karting Championship**
11.00 **NASCAR Highlights**
12.00 NOON **PSA Squash Highlights**
1.00 PM **Sporting Countdowns**
2.00 **DTM Highlights**
3.00 **Transworld Sport** Magazine.
4.00 **Top 14 Rugby Union Highlights**
4.30 **Women's Football Weekly**
5.00 **LaLiga Highlights** Action from the latest round of games in Spain.
6.00 **Champions Cup Highlights** Action from the quarter-finals.
7.00 **EPCR Challenge Cup**
10.30 **Transworld Sport** Magazine.
11.30 **NHL: This is Hockey**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **NHL: This is Hockey**
3.30 **EPCR Challenge Cup**
5.30 **to 6.00** AM **Top 14 Rugby Union Highlights**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **United Rugby Championship**
10.00 **Football's Greatest**
11.00 **Champions Cup** A quarter-final.
1.00 PM **Bike World** Magazine.
1.30 **FastZone** Motorsports highlights.
2.00 **LaLiga News**
2.30 **Temples of Sport** Iconic sporting venues from around the globe.
3.00 **Africa Eco Race** Action from stages 10, 11 and 12 of the rally held in North and West Africa.
4.00 **LaLiga** Getafe v Real Madrid.
6.00 **Viva LaLiga** The latest news.
7.30 **LIVE LaLiga Rayo Vallecano v Getafe.** Coverage of the Spanish top-flight match staged at Estadio de Vallecas. Kick-off 8.00pm.
10.30 **Bike World** Magazine.
11.00 **NHL Ice Hockey** A play-off.
1.00 AM **GP Confidential**
1.30 **FastZone** Motorsports highlights.
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Miami Grand Prix.
8.00 **F1 Academy** A race review.
8.30 **Formula 1** Saudi Arabian GP.
9.30 **F1 Features**
10.15 **Formula 1** Miami Grand Prix.
12.15 PM **Formula 1** Highlights.
1.15 **F1 Features**
2.00 **Formula 1** Miami Grand Prix.
4.00 **F1 Feature**
4.05 **Formula 1** Season highlights.
4.15 **F1 Features**
5.00 **LIVE Formula 1** The Miami Grand Prix first practice session.
7.00 **LIVE F1 Academy** The Miami Grand Prix qualifying session.
8.00 **Formula 1** Season highlights.
8.30 **LIVE Formula 1** The Miami Grand Prix sprint qualifying session at Miami International Autodrome. Start-time 9.30pm.
11.00 **Indycar** Recent action.
12.30 AM **Formula 1** Highlights.
4.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NETFLIX Asterix & Obelix: The Big Fight

Wednesday, Netflix

The Roman Empire is determined to conquer the last independent village in Gaul – which is, of course, the home of pals Asterix and Obelix. The reason these plucky locals have been able to resist the mighty Roman army is a magic potion that provides the villagers with enhanced strength and fearsome fighting prowess.

So there's trouble in store (and glum faces all round) in this animated five-parter when elderly druid Getafix forgets the potion's recipe.

The timing couldn't be worse... Emperor Julius Caesar has come up with a fiendish new plan to conquer the indomitable village for good.

BBC iPLAYER Pickle Storm

Weekdays, 6.00pm, CBBC & BBC iPlayer

Season two of the magical comedy about nine-year-old girl Pickle Storm (Kassidi Roberts, left) who, along with her parents, had to flee the magic-filled world of Kelftania and seek refuge in Middlington in England.

The opening episode sees young Pickle's magic accidentally transform ordinary rubbish bins into monsters that end up terrorising the school.

You may well recognise the voice of Swumpy the Warthoffle – it's Justin Fletcher (Mr Tumble).

More great shows to watch this week...

Hey Duggee's Squirrel Club NEW

Weekdays, 7.10am, CBeebies

This brand new spin-off show for preschoolers follows the friendly big brown dog as he encourages his animal pals to try new things.

RoboGobo

Disney+

Preschooler fun with kindhearted young inventor Dax, who adopts five cute-and-cuddly homeless pets and sets about turning them into Team RoboGobo, a superhero squad that rescues other pets in need...

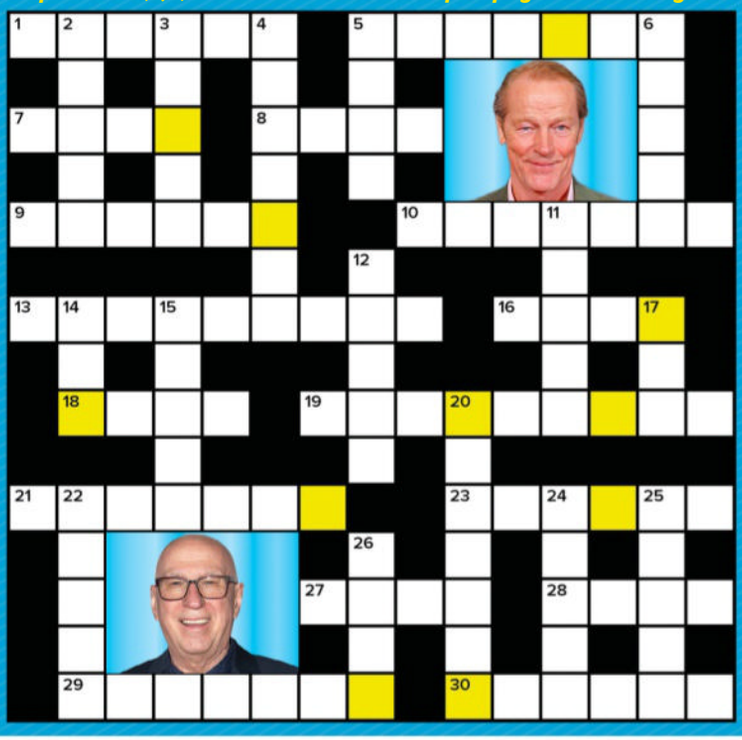
Puffin Rock

Weekdays, CBeebies

This delightful animation (which started two weeks ago) follows young puffin Oona and her baby brother, Baba, as they explore their island home, situated off the Irish coastline.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an English radio presenter (6,5). Answers at the bottom of the page – no cheating!



ACROSS

1 *Music and* ------, 2007 romcom starring Hugh Grant (6)
5 ------- Gallagher, Bernie in 1991 drama *The Commitments* (7)
7 English model and actor, ---- Waterhouse (4)
8 See picture clue: *Game of Thrones'* Jorah Mormont, ---- Glen (4)
9 American rock group, --- --- Chili Peppers (3,3)
10 Blur album released in 1993, *Modern Life Is* ------- (7)
13 Anne Hegerty's nickname on game show *The Chase* (9)
16 ---- Whitehall, comedian and actor in *Fresh Meat* (4)
18 British stand-up comic, Stephen K ---- (4)
19 Dawn French's role in sitcom *The Vicar of Dibley*, --------- Granger (9)
21 Leonardo DiCaprio film from 2003, *Gangs of* --- ---- (3,4)
23 Best known as the voice of Marge Simpson, Julie ------ (6)
27 Welsh wildlife-series presenter, ---- Williams (4)
28 Eliot ----, lead character in 1987 thriller *The Untouchables* (4)
29 Broadcaster and 2023 *Strictly* contestant, Angela ------- (7)
30 US actor, Vin ------ (6)

DOWN

2 Tom Hanks and Meg Ryan movie from 1999, ----- *Got Mail* (5)
3 1987 hit single for The Pogues and The Dubliners, *The* ----- *Rover* (5)
4 Actor who played the White Witch in the Chronicles of Narnia films, Tilda ------- (7)
5 Alison ----, star of cult US sitcom *Community* (4)
6 *The* -----, 2003 movie about Virginia Woolf starring Nicole Kidman and Meryl Streep (5)
11 Jo -----, co-host of *The Great British Bake Off: An Extra Slice* (5)
12 Gavin -----, 2021 *Celebrity MasterChef* contestant (5)
14 Singer, Rita --- (3)
15 ----- *and Ivory*, 1982 hit for Sir Paul McCartney and Stevie Wonder (5)
17 See picture clue: --- Bruce, Scottish broadcaster (3)
20 Star of 1984's *Ghostbusters* and 1983's *Trading Places*, Dan ------- (7)
22 Singer of 1979 hit *Oliver's Army*, ----- Costello (5)
24 Noel Fielding's role in comedy *The Mighty Boosh*, ----- Noir (5)
25 Pat Phoenix's role in *Coronation Street*, ----- Tanner (5)
26 Late actor, Rip ---- (4)

WORDS: JAMES AVANN. PHOTOS: GETTY.

CROSSWORD SOLUTION

ANSWER: Nikita Kanda **ACROSS:** 1 Lyrics 5 Brough 7 Suki 8 Iain 9 Red Hot 10 Rubbish 13 Governess 16 Jack 18 Amos 19 Geraldine 21 New York 23 Kayner 27 Iolo 28 Ness 29 Scanlon 30 Diesel **DOWN:** 2 You've 3 Irish 4 Swinton 5 Brie 6 Hours 11 Brand 12 Esler 14 Ora 15 Ebony 17 Ken 20 Aykroyd 22 Elvis 24 Vince 25 Elsie 26 Torn

Coming soon

Diane Kruger as Jess

FIRST LOOK

Little Disasters

Diane Kruger and Jo Joyner star in a thriller about a fractured friendship

Loyalties are put to the ultimate test when a doctor has to make an unenviable choice in Paramount+'s psychological thriller *Little Disasters*, available from Thursday 22 May.

The six-part series, based on Sarah Vaughan's novel, centres on Jess (Diane Kruger) and Liz (Jo Joyner), who forged a bond when they were pregnant at the same time.

But now, A&E medic Liz faces a dilemma over whether to call social services when Jess brings her daughter to hospital with a head injury that raises suspicions. Amid the devastating fallout, secrets and old tensions come to light as the truth emerges…

EMOTIONAL DRAMA

Shelley Conn co-stars as Jess and Liz's corporate-lawyer friend Charlotte, while Emily Taaffe is their pal Mel. JJ Feild plays Jess' husband Ed, Ben Bailey Smith is Liz's spouse Nick, Patrick Baladi is Charlotte's hubby Andrew and Stephen Campbell Moore is Mel's other half Rob.

'I think this series will offer a relatable story, which examines the crippling judgement levied upon mothers by society,' says Kruger. 'The story explores the fragility of reputation, with the rapid unravelling of Jess' seemingly perfect life.'

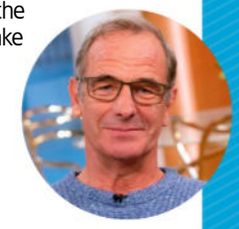
'We meet Liz at a moment when she has to make an impossible choice between her duty as a doctor and loyalty to her friend,' adds Joyner. 'I'm looking forward to exploring the impact of Liz's decision.'

Jo Joyner plays Liz

WHAT'S NEXT FOR…

Robson Green

In U&Yesterday's eight-part series, **World's Most Amazing Walks with Robson Green**, the actor will undertake a range of epic treks in various countries from Poland to Spain and England's Jurassic Coast.



Dougray Scott

The actor will appear in C4's six-part drama **Summerwater**, based on Sarah Moss' novel, which is set at a holiday park beside a Scottish loch, but dark events bring trauma for the families staying there.

Christopher Dean & Jayne Torvill

ITV1's documentary **Torvill & Dean: The Last Dance** will follow the champion ice skaters as they embark on their final tour and reflect on the finest moments from their 50-year partnership.

Coming Back

Alan Carr and Amanda Holden are again digging out their power tools for BBC1's **Amanda and Alan's Greek Job**, in which they will tackle an ambitious property renovation in Corfu and explore the local culture.

Next week On sale Tuesday 29 April

Poker Face

The second run of Sky Max's comedy crime drama sees Charlie (Natasha Lyonne) back on the run.

VE Day 80

The BBC marks 80 years since the end of World War Two in Europe with special programming.

Marie Antoinette

As the BBC2 period saga returns, the royal (Emilia Schüle) finds herself under threat.

The Handmaid's Tale

In the final instalment of the C4 drama, can June (Elisabeth Moss) bring down her enemies?

Standard Subscription rates (1 year): UK £74.99, Europe £39 Euros, USA $60, Rest of World £469. For inquiries, contact TV&Satellite Week Subscriptions, Freepost Future Plc, or email help@magazinesdirect.com. If you require any other issues of Future Plc magazines, these are available online at magazinesdirect.com

WORDS: CAREN CLARK. PHOTOS: BBC, C4, GETTY, PARAMOUNT+, SKY, SHUTTERSTOCK, PEACOCK, ©2025 DISNEY & ITS RELATED ENTITIES

TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR
Email tv&satweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
email help@magazinesdirect.com

Printed by Walstead UK Ltd

International Licensing and Syndication
TV&Satellite Week is available for licensing and syndication. Contact us at **licensing@futurenet.com** or view our available content at **futurecontenthub.com**

Head of Print Licensing
Rachel Shaw **licensing@futurenet.com**

FUTURE
Connectors. Creators. Experience Makers.

Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR)
www.futureplc.com

Chief Executive Officer **Kevin Li Ying**
Non-Executive Chairman **Richard Huntingford**
Chief Financial Officer **Sharjeel Suleman**

Tel +44 (0)1225 442 244

ipso. Regulated **Editorial Complaints** *TV&Satellite Week* is a member of IPSO (Independent Press Standards Organisation), which regulates the UK print and digital news industry. We abide by the Editors' Code of Practice and are committed to upholding the highest standards of journalism. If you think that we have not met those standards and want to make a complaint, please email us at tv&satweek@futurenet.com or write to The Editor, *TV&Satellite Week*, 121-141 Westbourne Terrace, London W2 6JR. If we are unable to resolve your complaint, or if you would like more information about IPSO or the Editors' Code, contact IPSO on 0300 123 2220 or visit ipso.co.uk

Recycle We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.

85TH Anniversary

THE FEW

Mechanical Art Watch

"Never in the field of human conflict was so much owed by so many to so few"

- Winston Churchill -

Exposed working mechanism

Features Philip E. West's artwork of Spitfire Fighter aircraft protecting Britain

Reverse engraved with a unique edition number

INDIVIDUALLY NUMBERED

Shown larger than actual size. Watch case measures 1.8 inches (4.5 cm) in diameter. Watch strap measures 7.7 inches (19.5 cm) in length excluding watch case and buckle.

The Battle of Britain was one of history's defining moments—a time when the brave pilots of the Royal Air Force took to the skies, defending Britain against overwhelming odds. In proud commemoration, The Bradford Exchange presents the prestigious *Battle of Britain 85th Anniversary Mechanical Watch* – an exclusive collector's timepiece featuring the artwork of Philip E. West.

Mechanical movement, Philip E. West artwork, and unique edition number

Masterfully crafted from **stainless steel with rose-gold plating** and leather strap, this commemorative edition showcases the precision of an **exposed mechanical movement**. The **artwork of Philip E. West** on the watch face captures a dramatic scene of Douglas Bader's Spitfire Fighter soaring in the skies above Britain in defence of our nation. Rose-gold plated hour markers and luminous watch hands enhance the design, while a bold **tribute to THE FEW** pays homage to the legendary RAF pilots. An **expertly engraved case back** features an 85th anniversary Battle of Britain tribute, Philip E. West's signature, and a unique edition number – ensuring no two timepieces are alike.

Not available on the high street – order your numbered watch now!

The individually numbered *Battle of Britain 85th Anniversary Mechanical Watch* will be accompanied by a custom presentation case, a Certificate of Authenticity and our 120-day money back guarantee – subject to production commencing. It will be available for just 5 interest-free instalments of £39.99 – that's only £199.95 (plus £9.99 S&S)*. Pay nothing now – complete and return your Priority Order Form today! Production dependent on total reservations received. We will notify you should production not proceed within 60 days.

© Philip E. West © The Bradford Exchange. *S&S – Shipping & Service. Offer applies to UK only. Production dependent on total reservations received. We will notify you should production not proceed within 60 days. No payment requested until product is ready for delivery. YU25-006.01

FASTEST WAY TO ORDER

www.bradford.co.uk/85fewmechwatch

Or call on **0333 003 0019**

Lines are open: Mon-Thurs 10-6 Fri 9-5 Sat 9-4

and quote reference code 463829

PAY NOTHING NOW

PRIORITY ORDER FORM

Please Respond Promptly

To: The Bradford Exchange, PO Box 653, Stoke-on-Trent ST4 4RA

YES! Please order __ (Qty) of the **BATTLE OF BRITAIN 85TH ANNIVERSARY MECHANICAL WATCH** for me as described in this advertisement.

Complete today or Call 0333 003 0019

Title..... Name..... (PLEASE PRINT)

Address.....

.....

Postcode..... Phone.....

Email Address.....

Applicants must be aged 18 or over. Please note, we may contact you via mail, email and mobile with information about your reservation. For details of our privacy policy, please go to www.bradford.co.uk/privacypolicy or contact us at the above address or phone number.

The Bradford Exchange - Since 1978 -

YU25-006.01

Order Ref:463829

THE MOBILITY FURNITURE COMPANY

SALE!

Truly made-to-measure rise & recline chairs and adjustable beds

Choose from our extensive range of chairs and selection of 400 fabrics & upholsteries

BOTH SEATS RISE & RECLINE

Kent two-seater rise and recline settee. Bespoke sizes and motor options

- CHOICE OF **WIDTH**
- CHOICE OF **DEPTH**
- CHOICE OF **HEIGHT**

DRAWERS FOR EXTRA STORAGE

£300 OFF
PART EXCHANGE FOR YOUR OLD FURNITURE

50% OFF
A SECOND ITEM OF FURNITURE*

FLEXIBLE FINANCE
PACKAGES AVAILABLE

5 YEAR
WARRANTY FREE WITH EVERY MECHANISED ITEM

- **FREE** home demonstration
- **FREE** home delivery and set up
- **FREE** nation-wide service
- **NO** cold calling
- **FREE** removal of old furniture

"Key benefits of elevating the legs include less swelling, enhanced healing, improved mobility... better quality of life"
Dr Rob Hicks

BHTA

APPROVED CODE TRADINGSTANDARDS.UK

CALL FREE TODAY FOR A FREE BROCHURE & HOME DEMONSTRATION

0800 810 8805

www.mobilityfurniturecompany.co.uk/sale

*The 50% offer is taken from the least expensive item and must be ordered at the same time

HANDCRAFTED IN GREAT BRITAIN

9001

9000